

S9902

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easy-to-sew



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Use the 1 inch (2.54cm) box to ensure you are using rule at 100%

Utilisez la boîte de 2.54 cm pour vous assurer d'utiliser la règle à 100%.

Utilizar un cuadrado de 2.54 cm para asegurarse de estar usando la regla al 100%.

PICK-A-KNIT® RULE

FOR THIS PATTERN - 4" (10 cm) OF KNIT FABRIC MUST STRETCH CROSSWISE FROM HERE
POUR CE PATRON - LE JERSEY DOIT S'ÉTIRER DANS LA LARGEUR DE 4" (10 cm) DEPUIS ICI
PARA ESTE PATRON - LAS MALLAS DEBEN ESTIRARSE A LO ANCHO POR 4" (10 cm) DESDE AQUÍ



TO HERE 35%
JUSQUE LA 35%
HASTA ALLA 35%



When using the Pick-A-Knit® rule to measure your fabrics stretch capacity, rule must be viewed or printed at 100%.

Quand vous utilisez la règle Pick-A-Knit® pour mesurer la capacité d'élasticité des tissus, la règle doit être visible ou imprimée à 100%.

Al utilizar la regla Pick-A-Knit® para medir la capacidad de elasticidad de las telas, la regla debe estar visible o impresa al 100%.

Very Easy

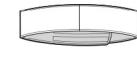
WRAP, SLEEVES, MITTS AND SLING

Suggested Fabrics: A,F: Cotton/Cotton Blends, Denim Twill. D, E and Contrasts A,F: Fleece. B, C and Contrasts D,E: Knit. See Pick-A-Knit® Rule.

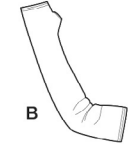
Notions: A: ¾ yd. (0.8m) of 1" (2.5cm) hook and loop tape. F: 2 yds. (1.9m) of 1" (2.5cm) webbing, one 1" (2.5cm) D-Ring, ¾ yd. (0.7m) of 1" (2.5cm) hook and loop tape.

Sizes	XS	S	M	L	
Wrap A	60** - ½ yd. (150cm* - 0.5m).				
Contrast (Wrap)	45, 60** - ½ yd. (115, 150cm* - 0.5m).				
Sleeve B	60** 150cm*	¾ 0.6	¾ 0.6	¾ 0.7	¾ 0.8 Yd. m
Sleeve C	60** 150cm*	¾ 0.4	¾ 0.5	¾ 0.5	¾ 0.5 Yd. m
Mitt D	60** 150cm*	½ 0.5	½ 0.5	¾ 0.6	¾ 0.6 Yd. m
Contrast (Band) D,E - 60** - ¼ yd. (150cm* - 0.2m)					
Mitt E	60** 150cm*	¾ 0.4	¾ 0.4	¾ 0.5	¾ 0.5 Yd. m
Sling F	45, 60** 115, 150cm*	¾ 0.4	¾ 0.5	¾ 0.5	¾ 0.5 Yd. m
Contrast (Sling, Long and Short Inside Arm Straps, Shoulder Pad) 60** - ½ yd. (150cm* - 0.5m)					

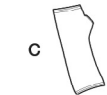
*with nap **without nap



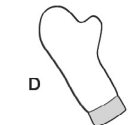
A



B



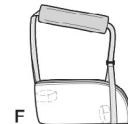
C



D



E



F

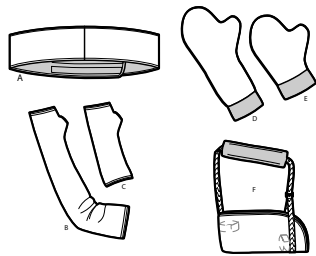
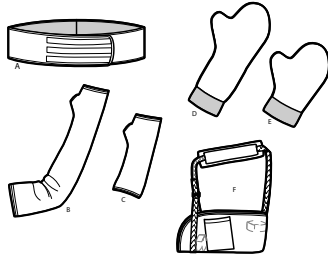
Simplicity®
by design

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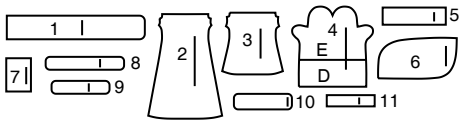
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Thank you for purchasing this Simplicity pattern.
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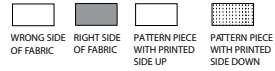


11 PIECES



- 1 Wrap-A
- 2 Sleeve-B
- 3 Sleeve-C
- 4 Mitten-D,E
- 5 Band-D,E
- 6 Sling-F
- 7 Pocket-F
- 8 Long Inside Arm Strap-F
- 9 Short Inside Arm Strap-F
- 10 Shoulder Pad-F
- 11 Channel-F

Cutting Layouts



General Directions For Cutting

PRE-SHRINK and iron all fabric.

FOR DOUBLE THICKNESS -Fold fabric with **RIGHT** sides together. Pin pattern to **WRONG** side of fabric.

FOR SINGLE THICKNESS -Pin pattern to **RIGHT** side of fabric.

★ If layout shows a piece extending past fold, cut out all pieces except piece that extends. Open out fabric to single thickness. Cut extending piece on **RIGHT** side of fabric in position shown.

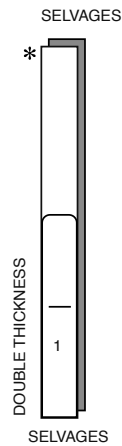
✱ Mark small arrows along both selvages in indicating direction of nap or design. Fold fabric crosswise with **RIGHT** sides together, and cut along fold. Turn one fabric layer around so arrows on both layers go in the same direction. Place **RIGHT** sides together.

POSITION OF PATTERN PIECES MAY VARY
SLIGHTLY ACCORDING TO YOUR PATTERN SIZE

WRAP A

USE PIECES 1

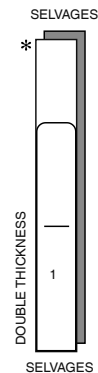
60" (150CM)
WITH NAP
ALL SIZES



CONTRAST A

USE PIECES 1

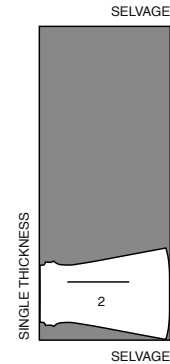
45"/60" (115CM/150CM)
WITH NAP
ALL SIZES



SLEEVE B

USE PIECE 2

60" (150CM)
WITH NAP
ALL SIZES



SLEEVE C

USE PIECE 3

60" (150CM)
WITH NAP
ALL SIZES



MITTEN D,E

USE PIECES 4

NOTE: DASHED LINE SHOWN ON PATTERN PIECES IN CUTTING LAYOUTS INDICATES CUTTING LINE FOR SHORTER LENGTH

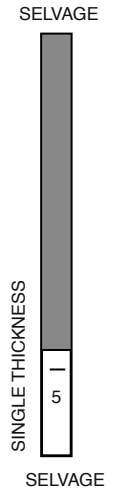
60" (150CM)
WITH NAP
ALL SIZES



CONTRAST D,E (CUFF)

USE PIECE 5

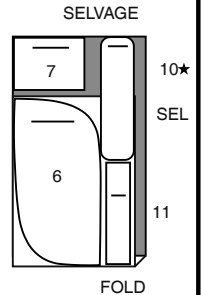
60" (150CM)
WITH NAP
ALL SIZES



SLING F (SLING,POCKET,SHOULDER PAD)

USE PIECES 6 7 10 11

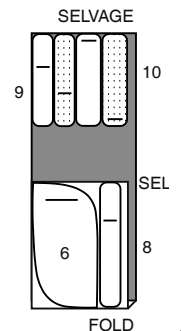
45"/60" (115CM/150CM)
WITH NAP
ALL SIZES



CONTRAST F (SLING,SHOULDER PAD)

USE PIECES 6 8 9 10

60" (150CM)
WITH NAP
ALL SIZES



SEWING TUTORIALS



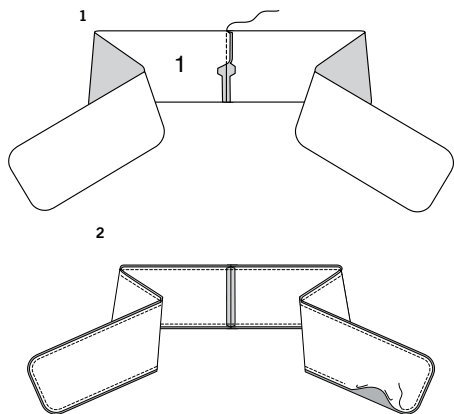
Build your skills viewing short, easy-to-follow videos at simplicity.com/sewingtutorials

SIMPLY THE BEST SEWING TECHNIQUES FOR KNITS

- Use a ball point or stretch needle.
- Narrow zig-zag stitch or a stretch stitch.

FOR OVERLOCK/SERGER

- The Overlock/Serger can be used alone or as a supplement to your conventional sewing machine.
- For stress areas such as the sleeve seams, the four thread overlock/safety stitch is best...OR, use a three thread overlock, and stitch along seam with a conventional machine to reinforce.
- The two or three thread overlock stitch is a perfect finish for edges of hems and seam allowances.



Sewing Directions

FABRIC KEY



Read **General Directions** on page 1 before you begin.

Sewing methods in **BOLD TYPE** have Sewing Tutorial Video available. Scan QR CODE to watch videos:

EDGE STITCH – see **Machine Stitches: “how to sew an edgestitch”** video.

SLIP STITCH – see **Hand Stitching: “how to slip stitch”** video.

TOPSTITCH – see **Machine Stitches: “how to topstitch”** video.

TRIM SEAM – see **Seams: “how to trim, clip and layer seams”** video.

PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

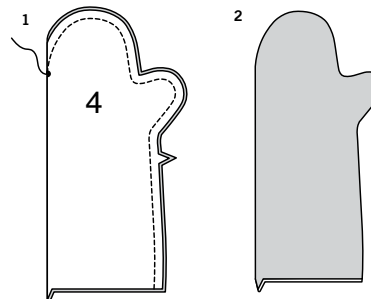
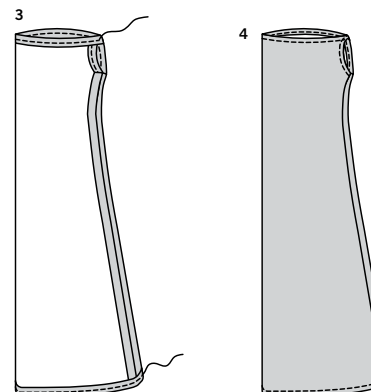
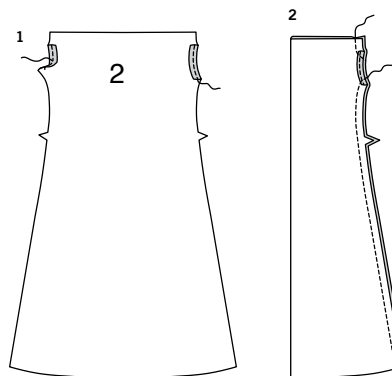
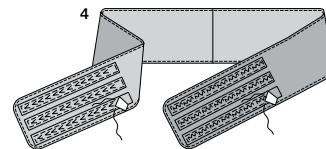
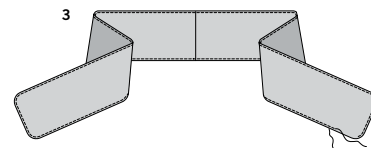
STITCH 1/2" (1.3CM) SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

SIMPLY THE BEST TECHNIQUES FOR SEWING FLEECE

- Fleece fabric is strong, hard to puncture or tear and doesn't ravel or get pilly. Since cut edges of fleece fabrics do not ravel, inner edges of seams and hems can be left raw.
- When pinning pieces together, use long pins with bead heads that won't get lost in the fleece.
- Use a ball point needle.
- When stitching, try using a narrow zig-zag stitches, adjusting the width and length for the type of fleece you are using. Always test first on some scraps and keep for reference.
- Sew slowly and carefully the first time you stitch a seam as stitches are hard to remove.
- When sewing around shaped areas sew slowly being careful not to stretch the fleece as you feed fabric through your machine.
- Finger press or steam press on a low temperature setting using a press cloth.
- Raw edges can also be cut with pinking shears.

WRAP A

1. Stitch notched ends of fabric WRAP (1) in a 1/4" (6mm) seam. Press seam open.
2. Stitch notched ends of fleece wrap in the same manner as fabric wrap. With right sides together and raw edges even, pin fabric wrap to fleece wrap, matching centers. Stitch in a 1/4" (6mm) seam, leaving an opening for turning.



3. Turn wrap; press. **SLIPSTITCH** opening closed. On outside, **TOPSTITCH** 1/8" (3mm) from finished edge.

4. Cut three pieces of hook and loop tape 10" (26cm) long. Separate the tape. On outside (fabric side), pin the hook sections of tape to left side of wrap between placement lines. **EDGE STITCH** tape in place. On inside (fleece side), pin loop sections of tape to right side of wrap between placement lines. **EDGE STITCH** in place. **Lap loop section of wrap over hook section of wrap when wearing.**

SLEEVE B, C

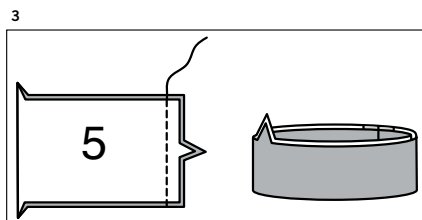
1. To hem thumb opening edges of SLEEVE (2) or SLEEVE (3), press under 1/2" (1.3cm). Stitch 1/4" (6mm) from pressed edge, using a stretch stitch. Trim raw edge close to stitching.
2. Fold sleeve in half, bringing notched edges together. Stitch notched edge and inner thumb edge. Press seam open.

3. Hem upper and lower edges of sleeve in the same manner as thumb opening.

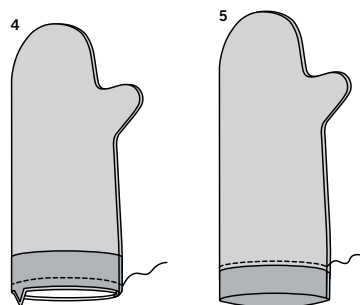
4. Turn sleeve; press.

MITTEN D, E

1. Fold MITTEN (4) in half with right sides together, matching notches. Stitch from lower edge to small dot, backstitching at dot to reinforce the seam. **TRIM SEAM**, clipping to stitching along curves.
2. Turn mitten; press.

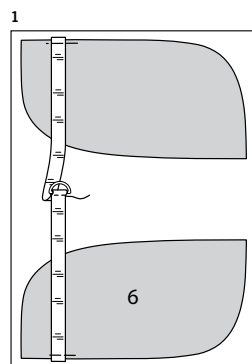


3. Stitch ends of BAND (5). Fold band in half, lengthwise, with wrong sides together, matching notches, pin.



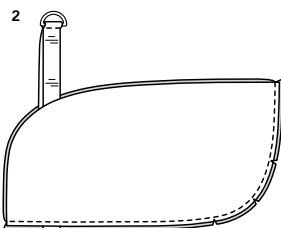
4. With the underside of band facing you, pin band to mitten matching seams and notches. Stitch along seam line, stretching the band to fit. Press seam toward mitten, pressing out the band.

5. On outside, **TOPSTITCH** mitten, catching in seam allowance of band on inside.

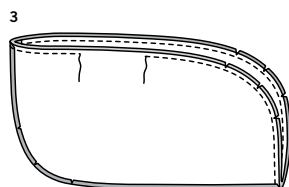


SLING F

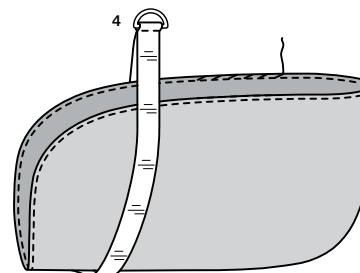
1. Cut a piece of webbing for front of sling, size Extra Small 19" (49cm) long, size Small 21" (54cm) long, size Medium 24" (61cm) long, for Large 27" (69cm) long. Fold webbing in half. Thread webbing through D-ring, bringing D-ring to fold. Stitch 3/8" (1cm) from fold encasing the ring. On outside, pin ends of webbing to SLING (6) sections, between the placement lines. Baste across 1/4" (6mm) seamline.



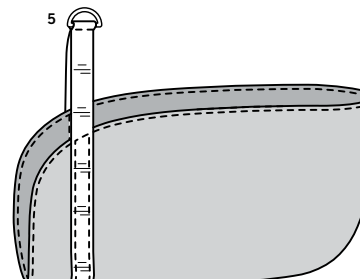
2. Pin sling sections with right sides together. Stitch back and lower edge in a 1/4" (6mm) seam. **TRIM SEAM**, clipping to stitching along curves.



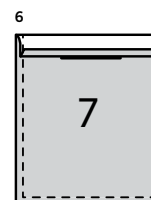
3. Stitch lower and back edge of sling sections of fleece in the same manner as sling. This will be the sling lining. With right sides together and raw edges even, pin sling to lining at front and upper edge. Stitch in a 1/4" (6mm) seam, leaving an opening for turning. **TRIM SEAM**.



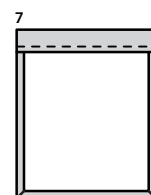
4. Turn sling; press. **SLIPSTITCH** opening edges closed. On outside, **TOPSTITCH** 1/8" (3mm) from finished edge.



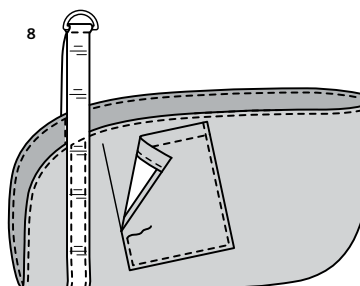
5. On outside, pin webbing front straps to sling between the placement lines. **EDGE STITCH** and stitch over previous topstitching.



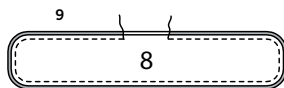
6. Press under 1/4" (6mm) on upper edge of POCKET (7). Turn upper edge to outside along fold line, forming facing. Stitch along seam line on raw edges.



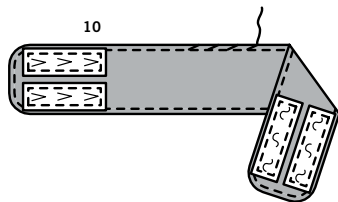
7. Turn corners right side out, turning facing to the wrong side; press, pressing under raw edges along stitching. Stitch facing close to inner edge.



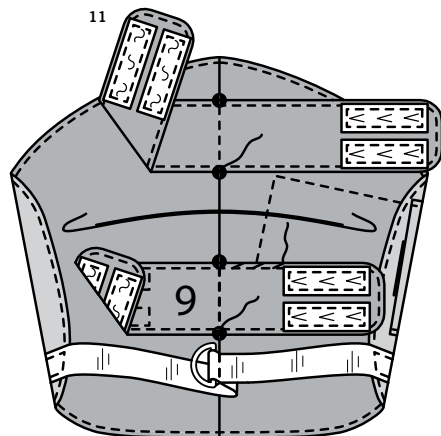
8. On outside, pin pocket to front of sling along pocket line. Stitch close to side and lower edges through all thicknesses.



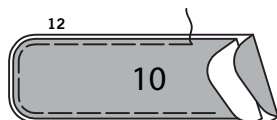
9. Pin LONG INSIDE ARM STRAP (8) sections with right sides together. Stitch in a 1/4" (6mm) seam, leaving an opening for turning. **TRIM SEAM.**



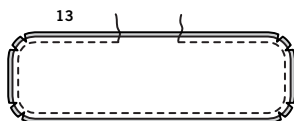
10. Turn strap; press. **SLIPSTITCH** opening closed. On outside, **TOPSTITCH** 1/8" (3mm) from finished edge. Cut two pieces of hook and loop tape 3" (7.5cm) long. Separate the tape. Pin loop sections of tape to outside of strap between the placement lines. **EDGE STITCH** in place. Pin hook sections of tape to inside of strap between placement lines. **EDGE STITCH** in place.



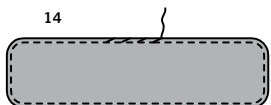
11. Make SHORT INSIDE ARM STRAP (9) in the same manner as long strap. Pin short inside arm strap to inside of sling between the front set of large dots, placing stitching line along seam. Pin long inside strap to inside of sling between back set of large dots, placing stitching line along seam. Stitch straps in place along stitching lines through all thicknesses.



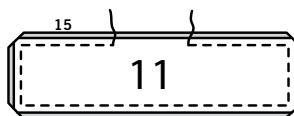
12. To make the shoulder pad, baste sections of fleece SHOULDER PAD (10) with wrong sides together.



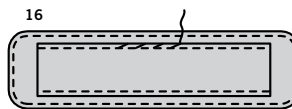
13. With right sides together, pin fabric shoulder pad to fleece shoulder pad with raw edges even. Stitch in a 1/4" (6mm) seam, leaving an opening for turning. **TRIM SEAM.**



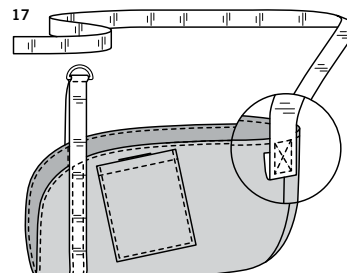
14. Turn shoulder pad; press. **SLIPSTITCH** opening closed. On outside, **TOPSTITCH** 1/8" (3mm) from finished edge.



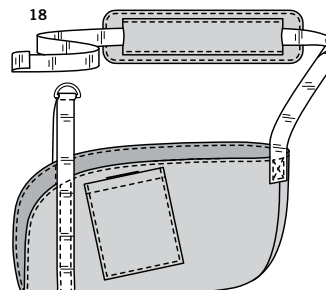
15. With right sides together, pin CHANNEL (11) sections with raw edges even. Stitch in a 1/4" (6mm) seam, leaving an opening in one long edge for turning. **TRIM SEAM.**



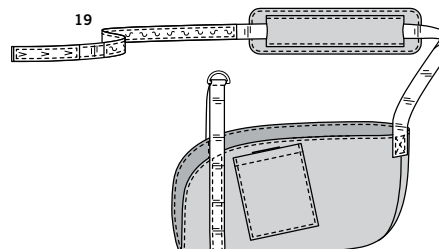
16. Turn channel; press. **SLIPSTITCH** opening closed. On outside, pin channel to shoulder pad between the placement lines. **EDGE STITCH** long edges of channel in place through all thicknesses.



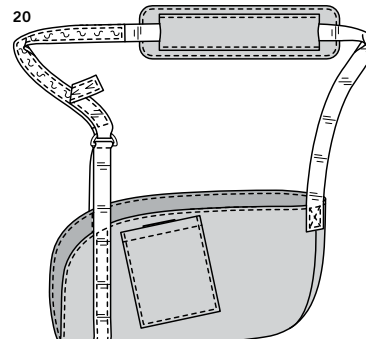
17. Cut a piece of webbing for back of sling, size Extra Small 30" (76cm) long, size Small 34" (87cm) long, size Medium 38" (97cm) long, for Large 43" (109cm) long. Fold under 1" (2.5cm) on one end; press. On outside, pin pressed edge of webbing to upper back of sling between the stitching lines. Stitch in place along stitching lines through all thicknesses.



18. Thread webbing through shoulder pad. Turn remaining end to outside 1" (2.5cm). Press.



19. Cut a piece of hook and loop tape 4-1/2" (11.5cm) long. Separate the tape. On outside, pin hook section of tape to webbing (over pressed end). **EDGE STITCH** in place. Cut a piece of hook and loop tape 12" (31cm) long. Separate the tape. Pin loop section of tape to outside of webbing 1-1/2" (3.8cm) from hook section. **EDGE STITCH** in place. (Save remaining hook and loop sections for another project.)



20. Thread webbing through front strap D-ring and fold toward back at opening in tape section, or as far as needed to adjust length, comfortably.



Congrats!

You've completed your sewing adventure

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