



THE STITCH FITZ

knowME<sup>™</sup>

BY MIMI G

ME2114



A

B



A

B

Scan QR code for a Sew-Along video tutorial.



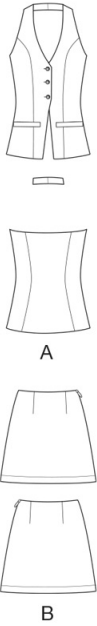
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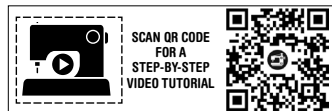


Designed and printed in USA

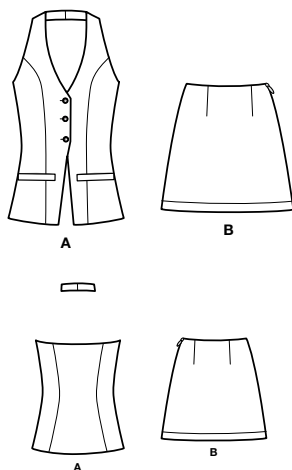
Average										
MISSES' TOP AND SKIRT										
<b>Suggested Fabrics:</b> Boucle, Chintz, Cotton Blends, Denim, Gabardine, Linen Blends, Stretch Wovens, Twill. <b>Lining:</b> Cotton Blends, Polyester Blends. <b>Interfacing:</b> Lightweight Fusible.										
<b>Notions:</b> A: Three ¾" (2cm) buttons. B: One 7" (18cm) invisible zipper.										
Sizes	6	8	10	12	14	16	18	20	22	24
European	32	34	36	38	40	42	44	46	48	50
BODY MEASUREMENTS: Select pattern size based on body measurements										
Bust	30½	31½	32½	34	36	38	40	42	44	46 Ins.
Waist	23	24	25	26½	28	30	32	34	37	39 "
Hip-9" below waist	32½	33½	34½	36	38	40	42	44	46	48 "
Back-neck to waist	15½	15¾	16	16¼	16½	16¾	17	17¼	17½	17¾ "
Top A	45**	1¾	1¾	1¾	1¾	1¾	1¾	1¾	1¾	1¾ Yds.
	60**	1¼	1¼	1¼	1¼	1¼	1½	1½	1½	1½ "
	45***	¾	¾	¾	¾	¾	1¼	1¼	1¼	1¼ "
Lining	20"	1	1	1¾	1¾	1¾	1¾	1¾	1¾	1¾ "
Interfacing	20"	¾	¾	¾	¾	¾	¾	¾	¾	¾ "
Skirt B	45**	1¾	1¾	1¾	1¾	1¾	1¾	1¾	1¾	1¾ Yds.
	60**	¾	¾	¾	¾	¾	¾	¾	¾	1 "
Interfacing	20"	¾	¾	¾	¾	¾	¾	¾	¾	¾ "
FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)										
A Bust	34½	35½	36½	38	40	42	44	46	48	50 Ins.
A Waist	29	30	31	32½	34½	36½	38½	40½	42½	44½ "
B Hip	36½	37½	38½	40	42	44	46	48	50	52 "
Width, lower edge										
Skirt B	42½	43½	44½	46	48	50	52	54	56	58½ Ins.
Finished back length from base of neck										
Top A	25½	25¾	26	26¼	26½	26¾	27	27¼	27½	27¾ Ins.
Finished back length from waist										
Skirt B (sits 1" below waist)	16	16	16	16	16	16	16	16	16	16 Ins.
*with nap    **without nap										

HAUT ET JUPE POUR JEUNES FEMMES											Moins Facile	
<b>Tissus Conseillés:</b> Bouclé, Chintz, Cotonnades, Denim, Gabardine, Lin mélangés, Tissus tissés extensibles, Twill. <b>Doublure:</b> Cotonnades, Mélanges de polyester. <b>Entoilage:</b> Thermocollant léger.												
<b>Mercurie:</b> A: 3 boutons de 2cm. B: 1 fermeture à glissière invisible de 18cm.												
Tailles	6	8	10	12	14	16	18	20	22	24		
Françaises	34	36	38	40	42	44	46	48	50	52		
Européen	32	34	36	38	40	42	44	46	48	50		
<b>MESURES DU CORPS: Choisissez la taille du patron basée sur les mesures du corps</b>												
Poitrine	78	80	83	87	92	97	102	107	112	117	cm	
Taille	58	61	64	67	71	76	81	87	94	99	"	
<b>Hanches (23cm au-dessous de la taille)</b>												
	83	85	88	92	97	102	107	112	117	122	cm	
Dos du cou à la taille	39.5	40	40.5	41.5	42	42.5	43	44	44.5	45	"	
<b>Haut A</b>	115cm*	1.5	1.5	1.5	1.5	1.6	1.6	1.6	1.6	1.6	1.7	m
	150cm*	1.0	1.0	1.0	1.1	1.1	1.3	1.4	1.4	1.5	1.5	"
<b>Doublure</b>	115cm**	0.8	0.8	0.8	0.8	0.8	1.0	1.1	1.1	1.1	1.1	"
<b>Entoilage</b>	51cm	0.9	0.9	0.9	1.0	1.0	1.0	1.0	1.0	1.0	1.0	"
<b>Jupe B</b>	115cm*	1.0	1.0	1.0	1.0	1.0	1.0	1.3	1.3	1.3	1.3	m
	150cm*	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.9	"
<b>Entoilage</b>	51cm	0.6	0.6	0.6	0.6	0.6	0.6	0.7	0.7	0.7	0.7	"
<b>MESURES DES VÊTEMENTS FINI (Motif et aisance de port compris)</b>												
<b>A Poitrine</b>	88	90	93	97	102	107	112	117	122	127	cm	
<b>A Taille</b>	74	76	79	83	88	93	98	103	108	113	"	
<b>B Hanches</b>	93	95	98	102	107	112	117	122	127	132	"	
<b>Largeur à l'ourlet</b>												
<b>Jupe B</b>	108	110	113	117	122	127	132	137	142	147	cm	
<b>Longueur finie – dos, votre nuque à l'ourlet</b>												
<b>Haut A</b>	65	65	66	67	67	68	69	69	70	70	cm	
<b>Longueur finie – dos, taille à l'ourlet</b>												
<b>Jupe B (repose 2.5cm dessous de la taille)</b>	41	41	41	41	41	41	41	41	41	41	cm	
*avec sens    **sans sens												

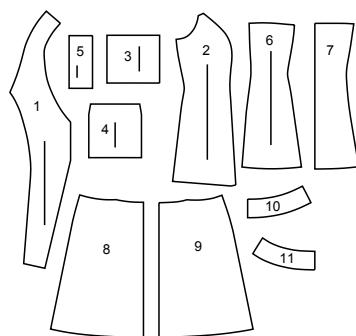




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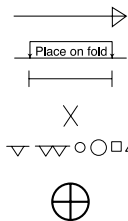


## 11 PATTERN PIECES



- 1 Front-A
- 2 Side Front-A
- 3 Pocket Lining-A
- 4 Pocket-A
- 5 Welt-A
- 6 Side Back-A
- 7 Back-A
- 8 Front-B
- 9 Back-B
- 10 Front Facing-B
- 11 Back Facing-B

## PATTERN MARKINGS



**GRAINLINE:** Place on straight grain of fabric, parallel to selvage or fold.

**FOLDLINE:** Place line on fold of fabric.

**BUTTONHOLE MARKING:** Indicates exact length and placement of buttonholes.

**BUTTON MARKING:** Indicates button placement.

**NOTCHES AND SYMBOLS:** For matching seams and construction details.

Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.

**SEAM ALLOWANCE:** 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

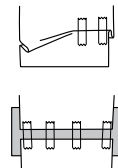
## ADJUST IF NECESSARY

Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.

**TO SHORTEN:** Crease along adjustment line. Make a fold half the amount needed. Tape in place.

**TO LENGTHEN:** Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.

When Alteration lines are not on tissue, lengthen or shorten at lower edge.



## CUTTING AND MARKING

**SHRINK FABRIC** if not labeled pre-shrunk. Press.

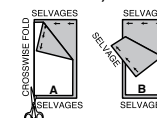
**CIRCLE LAYOUT** for View, Size, Fabric Width.

Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.

For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.

**\*DOUBLE THICKNESS (WITHOUT FOLD)** - For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).

For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)



★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.

Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.

Before **CUTTING** place all pieces on fabric according to layout. Pin. (Layouts show approximate position of pattern pieces; position may vary according to your pattern size.) Cut **ACCURATELY**, cutting notches outward.

Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk/Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

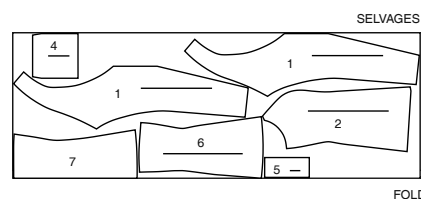
**NOTE:** Broken-line boxes (at bl cl) in layouts represent pieces cut by measurements provided.

## CUTTING LAYOUTS

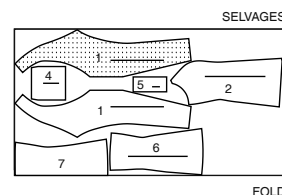
## TOP A

USE PIECES: 1 2 4 5 6 7

45" (115 CM)  
 WITH NAP  
 ALL SIZES



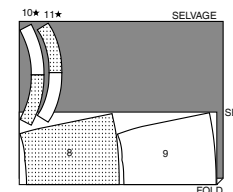
60" (150 CM)  
 WITH NAP  
 ALL SIZES



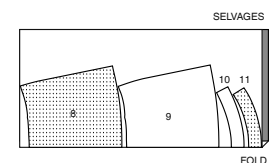
## SKIRT B

USE PIECES: 8 9 10 11

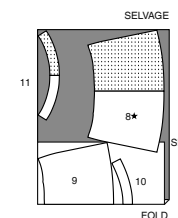
45" (115 CM)  
 WITH NAP  
 SIZES 6 8 10 12 14 16



45" (115 CM)  
 WITH NAP  
 SIZES 18 20 22 24



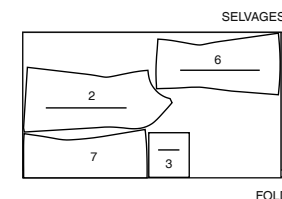
60" (150 CM)  
 WITH NAP  
 ALL SIZES



## LINING (SIDE FRONT AND BACK, POCKET LINING, BACK)

USE PIECES: 2 3 6 7

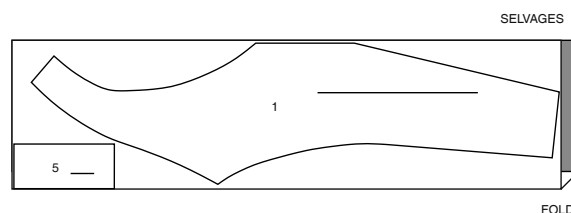
45" (115 CM)  
 WITHOUT NAP  
 ALL SIZES



## INTERFACING A

USE PIECES: 1 5

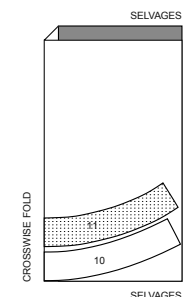
20" (51 CM)  
 ALL SIZES



## INTERFACING B

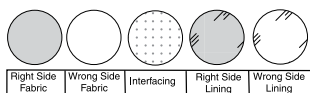
USE PIECES: 10 11

20" (51 CM)  
 ALL SIZES



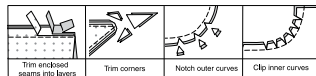
## SEWING INFORMATION

### FABRIC KEY



### SEAM ALLOWANCES

Use 5/8" (1.5cm) seam allowances unless otherwise indicated.



### PIN AND FIT

Pin or baste seams, **RIGHT SIDE TOGETHER**, matching notches. Fit garment before stitching major seams.

### PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

## GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

**EDGESTITCH** - Stitch close to finished edge or seam.

**FINISH** - Stitch 1/4" (6mm) from raw edge and finish with one of the following: (1) Pink OR (2) Overcast OR (3) Turn in along stitching and stitch close to fold OR (4) Overlock.

**OPTIONAL FOR HEMS:** Apply Seam Binding.

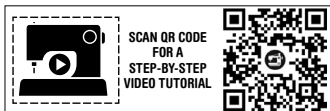
**REINFORCE** - Stitch along seamline where indicated in sewing instructions, using small machine stitches.

**SLIPSTITCH** - Slide needle through a folded edge, then pick up a thread of underneath fabric.

**STAYSTITCH** - Stitch 1/8" (3mm) from seamline in seam allowance (usually 1/2" (1.3cm) from raw edge).

**TOPSTITCH** - On outside, stitch 1/4" (6mm) from edge, seam or previous stitching, using presser foot as guide, or stitch where indicated in instructions.

**UNDERSTITCH** - Open out facing or underside of garment; stitch to seam allowance close to seam.



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PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

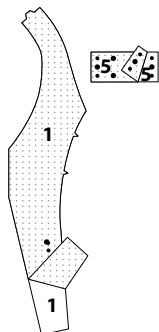
STITCH 5/8" (1.5CM) SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

## SEWING DIRECTIONS

### TOP A

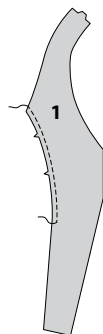
### INTERFACING

1. Pin **INTERFACING** to wrong side of each matching **FABRIC** section. Fuse, following manufacturer's instructions.

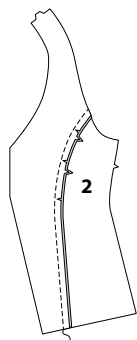


### FRONT AND BACK

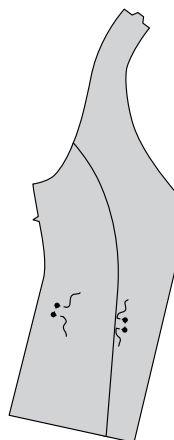
2. **STAYSTITCH** side edge of uninterfaced **FRONT** (1) sections above lower notch, as shown. **NOTE:** Interfaced front sections will be used as facing.



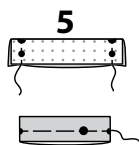
3. With **RIGHT** sides together, pin **SIDE FRONT** (2) to side edge of front, matching notches, clipping front where necessary. Baste. Stitch.



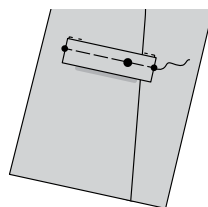
4. **REINFORCE** inner corners of front along stitching lines, pivoting at small dots, as shown.



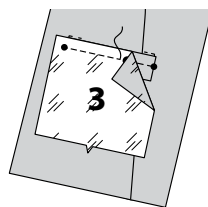
5. With **RIGHT** sides together, fold **WELT** (5) in half lengthwise. Stitch ends. Trim seams. Turn **RIGHT** side out. Baste raw edges.



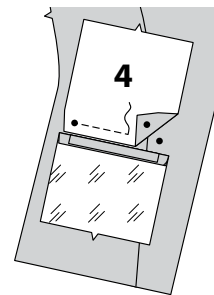
6. Pin welt to front, placing seamline along lower stitching line, matching small and large dots. Baste.



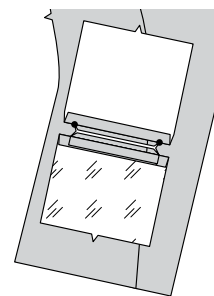
7. With **RIGHT** sides together, pin **POCKET LINING** (3) to front, over welt, matching small dots, placing pocket lining seamline along lower stitching line. Stitch between small dots.



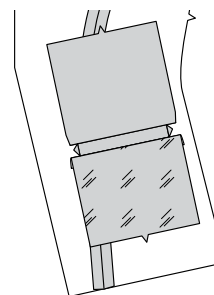
8. With **RIGHT** sides together, pin **POCKET** (4) to front, matching small dots, placing seamline along upper stitching line. Stitch between small dots.



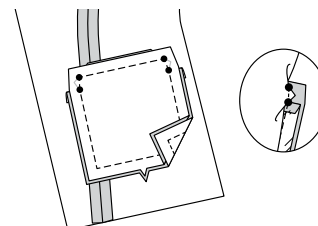
9. Slash along line between pocket and pocket facing, clipping diagonally to small dots, being careful not to cut pocket or welt.



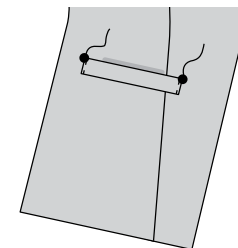
10. Turn pocket, pocket facing and triangular ends to inside, turning up welt. Press.



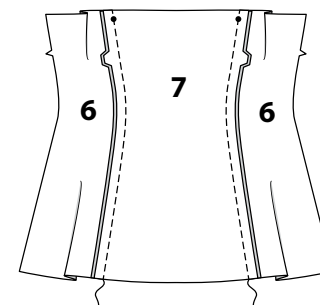
11. Stitch pocket edges together; catching triangular ends, keeping front and welt free.



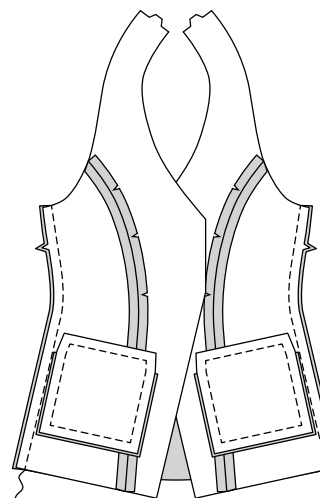
12. On **OUTSIDE**, pin ends of welt to front, matching large dots. **EDGESTITCH** ends.



13. With **RIGHT** sides together, pin **SIDE BACK** (6) sections to side edges of **BACK** (7), matching notches. Baste. Stitch.

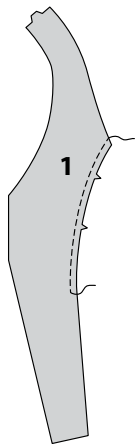


14. Stitch front sections to back at side edges.

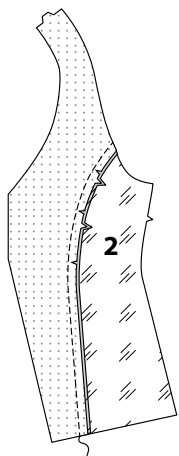


## LINING AND FINISHING

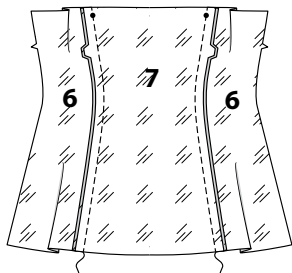
**15. STAYSTITCH** side edge of front FACING sections above lower notch, as shown.



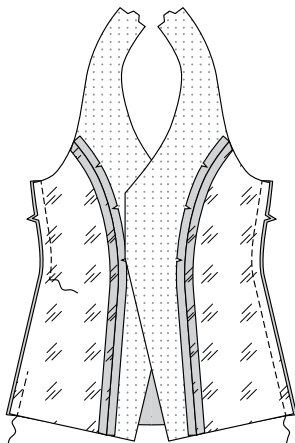
**16.** With RIGHT sides together, pin side front LINING (2) to side edge of front facing, matching notches, clipping front facing where necessary. Baste. Stitch.



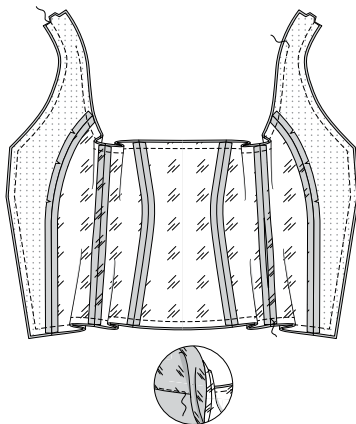
**17.** With RIGHT sides together, pin side back LINING (6) sections to side edges of back LINING (7), matching notches. Baste. Stitch.



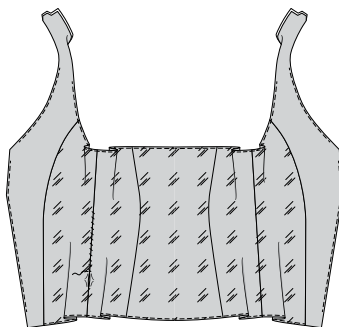
**18.** Stitch front lining sections to back lining at side edges, leaving an opening in one side for turning.



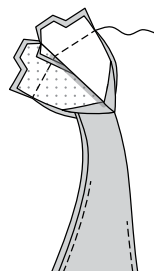
**19.** With RIGHT sides together, pin lining to top, having raw edges even. Stitch upper, front and lower edges, ending stitching 2 1/2" (6.4cm) from center back on upper edge of front, as shown. Trim. **UNDERSTITCH** facing as far as possible.



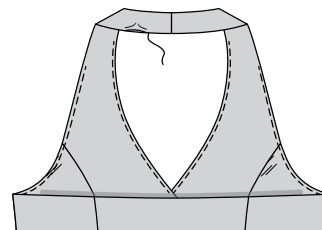
**20.** Turn RIGHT side out. Press. **SLIPSTITCH** opening in lining.



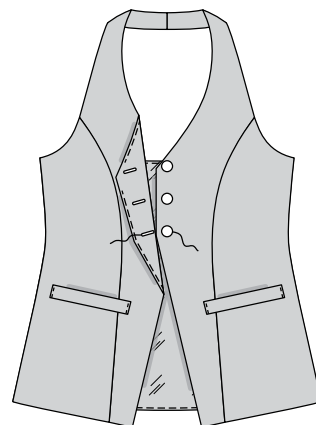
**21.** Open out lining at center back edge. Pin front edges together; pin lining edges together. Stitch in one continuous seam.



**22.** Turn in remainder of seam allowances on back edges. Press. **SLIPSTITCH** pressed edges.



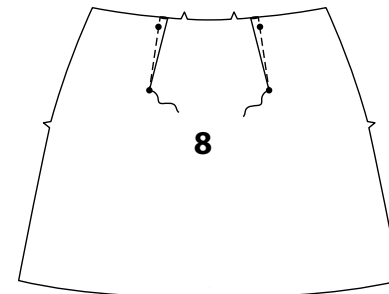
**23.** Make buttonholes in right front at markings. Lap opening edges, matching centers. Using buttonholes as guide, make button markings on left front. Sew buttons at markings.



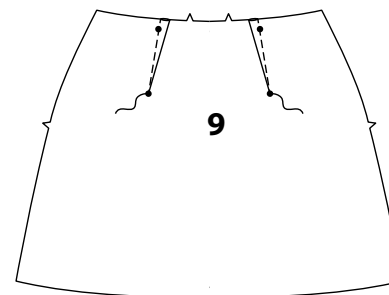
## SKIRT B

## FRONT AND BACK

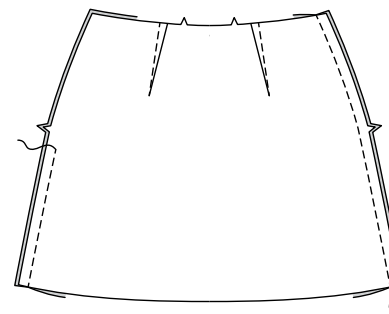
**1.** Stitch darts in FRONT (8). Press darts toward center.



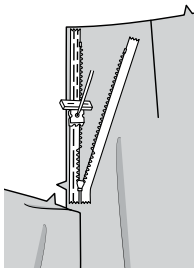
**2.** Stitch darts in BACK (9). Press darts toward center.



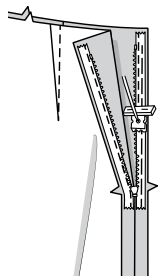
**3.** Stitch front to back at sides, leaving left side open from 1" (2.5cm) below notch.  
**NOTE:** Stitch the invisible zipper using an invisible zipper foot. If the zipper is longer than the zipper opening, adjust after the zipper is inserted.



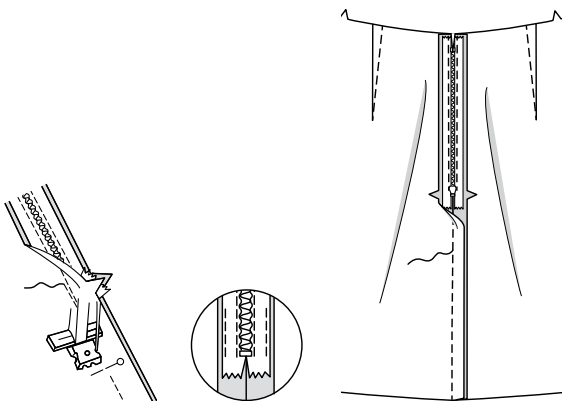
4. Open the zipper and press the tape using a cool iron. On OUTSIDE, pin RIGHT side of the zipper face down on the RIGHT side of the zipper opening. Have the coil along the seam line, the tape within the seam allowance and the top stop 3/4" (2cm) below upper edge, as shown. Hand-baste along center of the tape. Position zipper foot at the top of the zipper with RIGHT groove of the foot over coil. Stitch along tape to the notch. Back-stitch to reinforce.



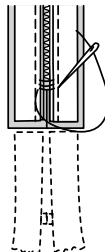
5. Pin the remaining half of the zipper to the LEFT side of the zipper opening in same manner. Hand-baste along the center of the tape. Position zipper foot at the top of the zipper with LEFT groove over the coil. Stitch along tape to lower notch, keeping skirt free. Back-stitch to reinforce.



6. Close zipper and check that it is invisible from the OUTSIDE. Pull the free ends of the zipper tape away from the seam allowance. Pin remaining left side seam together below zipper. Position zipper foot all the way to the LEFT so the needle goes down through the outer notch of the foot. Start stitching seam 1/4" (6mm) above lowest stitch and slightly to the LEFT. Stitch, connecting with previous stitching.

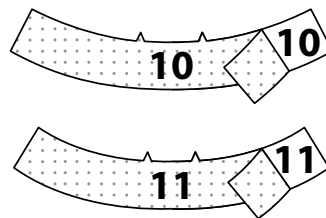


7. If the zipper is longer than the opening, using a strong thread, hand-sew a few small stitches across ends of coils at end of opening. Trim away lower end of zipper tape to within 5/8" (1.5cm) of hand-stitches.

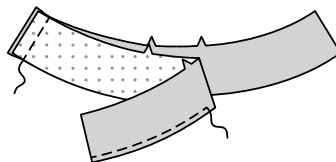


### FINISHING

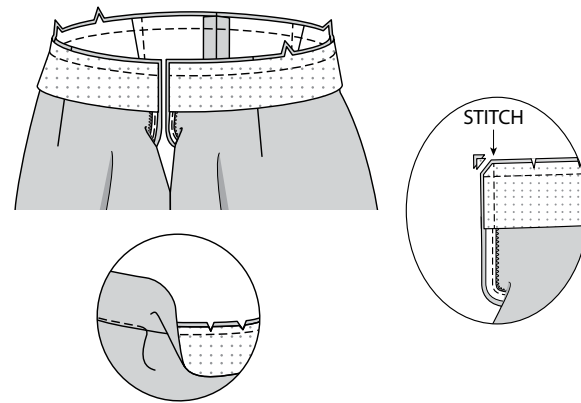
8. Pin INTERFACING (10) and (11) to wrong side of FRONT FACING (10) and BACK FACING (11). Fuse, following manufacturer's instructions.



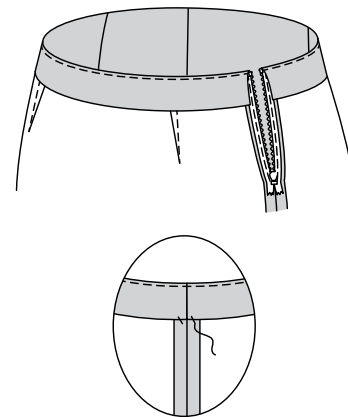
9. Stitch front facing to back facing at right side edge. **FINISH** lower edge of facing.



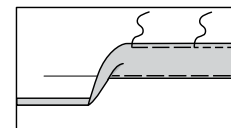
10. Open out left side opening edges of dress, rolling the zipper teeth away from the opening edge. With RIGHT sides together, pin facing to skirt, matching centers and notches; pin left side opening edges together. Stitch upper edge. Using an adjustable zipper foot, stitch 1/2" (1.3cm) from left side edges, keeping zipper teeth free. Do not trim side edges. **UNDERSTITCH** facing as far as possible.



11. Turn facing to INSIDE, rolling zipper teeth back in place; press. Tack facing to right side seam.



12. Turn up skirt hem. Baste close to fold. Turn in 1/4" (6mm) on raw edge. Baste hem in place close to upper edge. Press. **TOPSTITCH** hem along upper basting.





# Congrats!

You've completed your sewing adventure

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