



THE STITCH FITZ
knowME
BY mimi g

ME2053

BIN #9

Average

MISSES' KNIT TOP AND PANTS

Suggested Fabrics: **A:** Stretch Knits only such as ITY, Jersey, Rib Knit, Sweater Knit. See Stretch Gauge. **B:** Cotton Blends, Gabardine, Lightweight Wool, Linen Blends, Stretch Wovens. **Lining:** Cotton Blends, Polyester Blends. **Interfacing B:** Lightweight Fusible.

Notions: **B:** 7" (18cm) zipper (cut to fit), two 3/8" (1.5cm) button, one hook and bar closure.

Sizes	6	8	10	12	14	16	18	20	22	24
European	32	34	36	38	40	42	44	46	48	50

BODY MEASUREMENTS: Select pattern size based on body measurements

Bust	30½	31½	32½	34	36	38	40	42	44	46	Ins.
Waist	23	24	25	26½	28	30	32	34	37	39	"
Hip-9" below waist	32½	33½	34½	36	38	40	42	44	46	48	"
Back-neck to waist	15½	15¾	16	16¼	16½	16¾	17	17¼	17½	17¾	"

Top A	60**	1½	1½	1½	1½	1½	1½	1½	1½	1½	Yds.
Pants B	45**	2%	2%	2¾	2¾	2¾	2¾	2¾	3	3	Yds.
	60**	2%	2%	2%	2%	2%	2%	2½	2%	2%	"
Lining	45*** - ½ yd.										
Interfacing	20"	1	1	1	1	1½	1½	1¾	1¾	1¾	Yds.

FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)

A Bust	30½	31½	32½	34	36	38	40	42	44	46	Ins.
A Waist	26	27	28	29½	31½	33½	35½	37½	39½	41½	"
B Hip	39½	40½	41½	43	45	47	49	51	53	55	"
Width, lower edge											
Top A	32½	33½	34½	36	38	40	42	44	46	48	Ins.
Width, each leg											
Pants B	21	21½	22	22½	23	23½	24	24½	25	25½	Ins.
Finished back length from base of neck											
Top A	20½	20¾	21	21¼	21½	21¾	22	22¼	22½	22¾	Ins.
Finished side length from waist											
Pants B	41	41¼	41½	41¾	42	42¼	42½	42¾	43	43¼	Ins.

*with nap **without nap

Moins Facile

HAUT EN TRICOT ET PANTALON POUR JEUNES FEMMES

Tissus Conseillés: **A:** tricot extensibles seulement tels que ITY (Tricot interlock en fil retors), Jersey, Tricot à côtes, Tricot pour chandail. Reportez-vous au taux d'élasticité. **B:** Cotonnades, Gabardine, Laine légère, Toile de lin mélangé, Tissus tissés extensibles. **Doubleure:** Cotonnades, Tissus mélangés de polyester. **Entoilage B:** thermocollant léger.

Merceria: **B:** fermeture à glissière de 18cm (à ajuster), un bouton de 1.5cm, 2 crochet pour pantalon.

Tailles	6	8	10	12	14	16	18	20	22	24
Françaises	34	36	38	40	42	44	46	48	50	52
Européen	32	34	36	38	40	42	44	46	48	50

MESURES DU CORPS: Choisissez la taille du patron basée sur les mesures du corps

Poitrine	78	80	83	87	92	97	102	107	112	117	cm
Taille	58	61	64	67	71	76	81	87	94	99	"
Hanches (23cm au-dessous de la taille)	83	85	88	92	97	102	107	112	117	122	cm
Dos du cou à la taille	39.5	40	40.5	41.5	42	42.5	43	44	44.5	45	"
Haut A	150cm*	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.5	1.5	m
Pantalon B	115cm*	2.4	2.4	2.4	2.5	2.5	2.5	2.5	2.7	2.7	m
	150cm*	2.1	2.1	2.2	2.2	2.2	2.2	2.3	2.3	2.4	"
Doubleure	115cm** - 0.5m										
Entoilage	51cm	0.8	0.9	0.9	0.9	1.0	1.0	1.1	1.1	1.3	"

MESURES DES VÊTEMENTS FINI (Motif et aisance de port compris)

A Poitrine	77	80	83	86	91	97	102	107	112	117	cm
A Taille	66	69	71	75	80	85	90	95	100	105	"
B Hanches	100	103	105	109	114	119	124	130	135	140	"
Largeur à l'ourlet											
Haut A	83	85	88	91	97	102	107	112	117	122	cm
Largeur, chaque jambe											
Pantalon B	53	55	56	57	58	60	61	62	64	65	cm
Longueur finie – dos, votre nuque à l'ourlet											
Haut A	52	53	53	54	55	55	56	57	57	58	cm
Longueur finie – côté, taille à l'ourlet											
Pantalon B	104	105	105	106	107	107	108	109	109	110	cm

*avec sens **sans sens



A



B

Use the 1 inch (2.54cm) box to ensure you are using rule at 100%

Utilisez la boîte de 2.54 cm pour vous assurer d'utiliser la règle à 100%.

Utilizar un cuadrado de 2.54 cm para asegurarse de estar usando la regla al 100%.

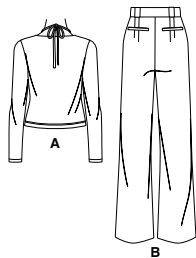
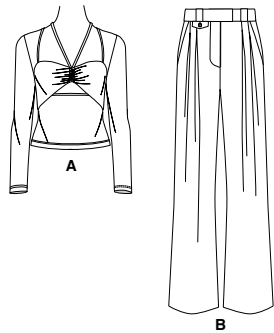
4" of crosswise folded knit must **STRETCH** from here
10 cm de tricot pîlé sur le travers doivent s'étire d'ici
10 cm de tejido de punto doblado al través deben estirarse desde acá

To Here (50%)
jusqu'ici (50%)
hasta acá (50%)

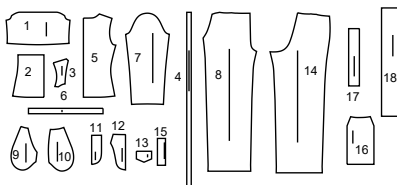
When using the Pick-A-Knit® rule to measure your fabrics stretch capacity, rule must be viewed or printed at 100%.
Quand vous utilisez la règle Pick-A-Knit® pour mesurer la capacité d'élasticité des tissus, la règle doit être visible ou imprimée à 100%.
Al utilizar la regla Pick-A-Knit® para medir la capacidad de elasticidad de las telas, la regla debe estar visible o impresa al 100%.



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18 PATTERN PIECES



- 1 Upper Front-A
- 2 Lower Front-A
- 3 Yoke Front-A
- 4 Tie End-A
- 5 Back-A
- 6 Neck Facing-A
- 7 Sleeve-A
- 8 Front-B
- 9 Pocket Facing-B
- 10 Side Front and Pocket-B
- 11 Right Fly Facing-B
- 12 Left Fly-B
- 13 Flap-B
- 14 Back-B
- 15 Welt-B
- 16 Back Pocket-B
- 17 Carrier-B
- 18 Waistband-B

PATTERN MARKINGS

GRAINLINE: Place on straight grain of fabric, parallel to selvage or fold.

FOLDLINE: Place line on fold of fabric.

BUTTONHOLE MARKING: Indicates exact length and placement of buttonholes.

BUTTON MARKING: Indicates button placement.

NOTCHES AND SYMBOLS: For matching seams and construction details.

Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.

SEAM ALLOWANCE: 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

ADJUST IF NECESSARY

Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.

TO SHORTEN: Crease along adjustment line. Make a fold half the amount needed. Tape in place.

TO LENGTHEN: Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.

When Alteration lines are not on tissue, lengthen or shorten at lower edge.

CUTTING AND MARKING

SHRINK FABRIC if not labeled pre-shrunk. Press.

CIRCLE LAYOUT for View, Size, Fabric Width.

Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.

For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.

*** DOUBLE THICKNESS (WITHOUT FOLD)** - For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).

For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)

★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.

Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.

Before **CUTTING** place all pieces on fabric according to layout. Pin. (**Layouts show approximate position of pattern pieces; position may vary according to your pattern size.**) Cut **ACCURATELY**, cutting notches outward.

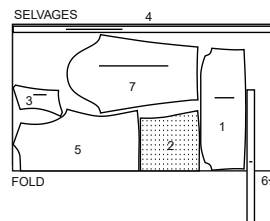
Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

NOTE: Broken-line boxes (a| b| c|) in layouts represent pieces cut by measurements provided.

CUTTING LAYOUTS

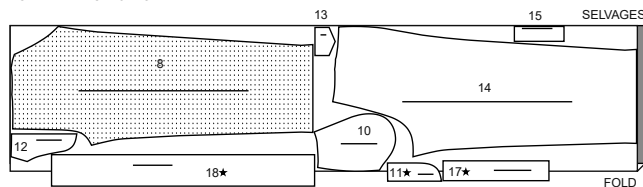
TOP A
 use pieces: 1 2 3 4 5 6 7

60" (150 cm)
 with nap
 all sizes

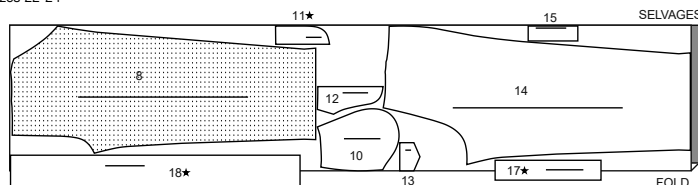


PANTS B
 use pieces: 8 10 11 12 13 14 15 17 18

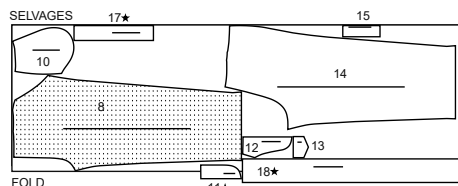
45" (115 cm)
 with nap
 sizes 6-8-10-12-14-16-18-20



45" (115 cm)
 with nap
 sizes 22-24



60" (150 cm)
 with nap
 all sizes

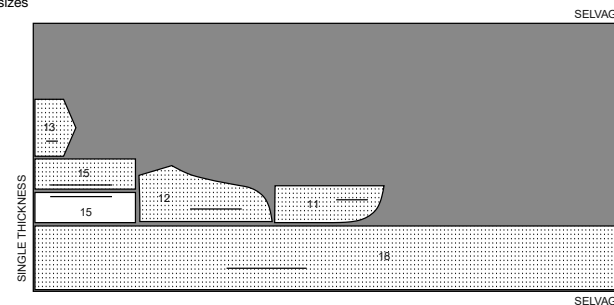


RIGHT SIDE OF PATTERN	WRONG SIDE OF PATTERN	RIGHT SIDE OF FABRIC	WRONG SIDE OF FABRIC
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INTERFACING

use pieces: 11 12 13 15 18

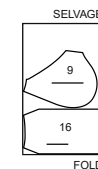
20" (51 cm)
 all sizes



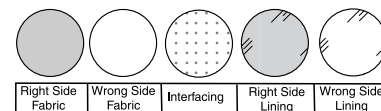
LINING

use pieces: 9 16

45" (115 cm)
 without nap
 all sizes

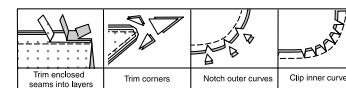


SEWING INFORMATION
FABRIC KEY



SEAM ALLOWANCES

Use 5/8" (1.5cm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, **RIGHT SIDE TOGETHER**, matching notches. Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

DOUBLE - STITCH - Stitch seam along seamline; stitch again 1/4" (6mm) away in seam allowance using a straight stitch OR zigzag stitch; trim close to second stitching OR overlock seam.

EASESTITCH - Stitch along seamline, using long machine stitches. Pull thread ends when adjusting to fit.

NOTE: For sleeve caps, make a second row of long machine stitches 1/4" (6mm) away in seam allowance. for more control.

EDGESEW - Stitch close to finished edge or seam.

FINISH - Stitch 1/4" (6mm) from raw edge and finish with one of the following: (1) Pink OR (2) Overcast OR (3) Turn in along stitching and stitch close to fold OR (4) Overlock.

NARROW HEM - Turn in hem; press, easing in fullness if necessary. Open out hem. Turn in again so raw edge is along crease; press. Turn in along crease; stitch.

OPTIONAL FOR HEMS: Apply Seam Binding.

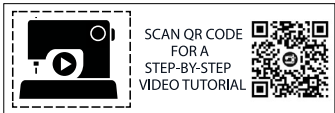
REINFORCE - Stitch along seamline where indicated in sewing instructions, using small machine stitches.

SLIPSTITCH - Slide needle through a folded edge, then pick up a thread of underneath fabric.

STAYSTITCH - Stitch 1/8" (3mm) from seamline in seam allowance (usually 1/2" (1.3cm) from raw edge).

TOPSTITCH - On outside, stitch 1/4" (6mm) from edge, seam or previous stitching, using presser foot as guide, or stitch where indicated in instructions.

UNDERSTITCH - Open out facing or underside of garment; stitch to seam allowance close to seam.



@thesitchfity

TOP A

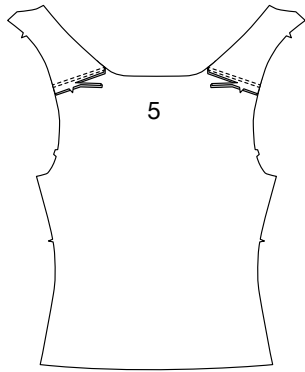
NOTE: Stretch fabric evenly in front and back of needle while stitching.

FRONT AND BACK

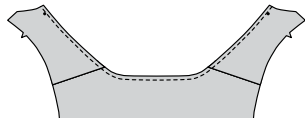
1. **STAYSTITCH** lower edge of **YOKE FRONT** (3), as shown.



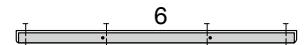
2. Stitch yoke fronts to **BACK** (5) at shoulder edges in **DOUBLE-STITCHED** seams. Press seams toward back.



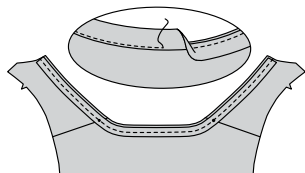
3. To prevent neck edge from stretching, stitch 1/4"(6mm) from raw edge.



4. With wrong sides together, fold **NECK FACING** (6) in half lengthwise. Press. Pin raw edges together.



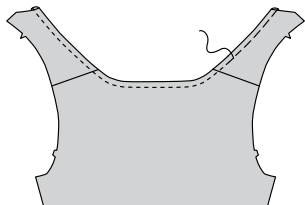
5. On outside, pin neck facing to neck edge, matching centers, placing small dots at shoulder seams. Stitch in a 3/8" (1cm) seam, stretching facing to fit. Trim. **UNDERSTITCH** facing.



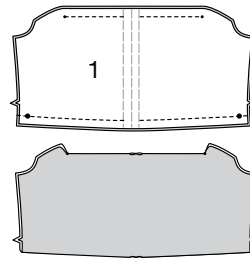
6. Turn facing to inside along seam. Press. Baste in place.



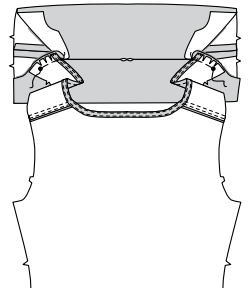
7. On outside, stitch along basting.



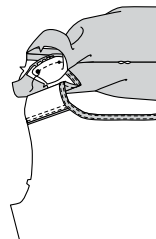
8. With right sides together, pin **UPPER FRONT** (1) sections together matching centers and symbols. Stitch upper edge between small dots, leaving open between outer stitching lines, as shown. Stitch lower edge, leaving open between outer stitching lines. Trim. Turn. Press.



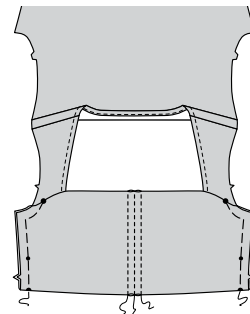
9. Pin lower edges of yoke fronts to one upper front section, matching symbols, clipping yoke fronts where necessary. Baste. The remaining upper front section will be referred to as upper front facing.



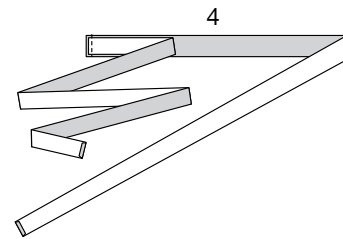
10. Pin right side of upper front facing to wrong side of yoke front. Stitch remainder of upper front seams, as shown, connecting with previous stitching.



11. Baste raw edges. To form casings for tie ends, stitch upper front along stitching lines.



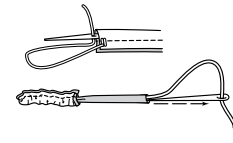
12. Stitch **TIE END** (4) sections together at one end. Turn in 1/4" (6mm) seam allowance on ends. Press.



13. With right sides together, fold tie end in half lengthwise. Stitch, leaving ends open. Trim.



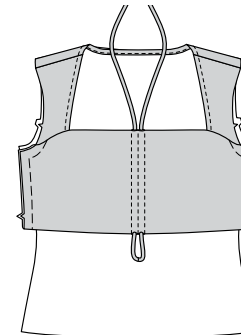
14. To turn, fasten a heavy thread securely to one end of tie end. Push needle (eye first) through tie end. Press.



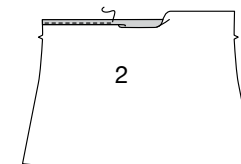
15. **SLIPSTITCH** pressed edges together.



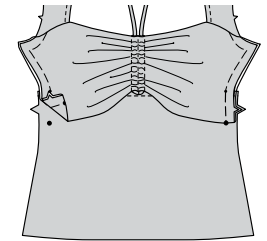
16. Insert tie end through one upper opening in casing, continuing through lower opening in remaining casing, extending ends evenly.



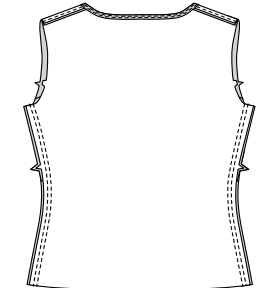
17. Make 5/8" (1.5cm) **NARROW HEM** at upper edge of **LOWER FRONT** (2).



18. With right sides up, lap upper front over lower front, matching centers and symbols. Baste side edges.

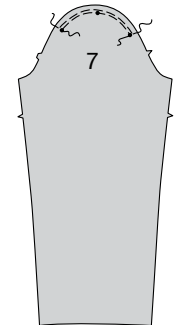


19. Stitch front to back at sides in **DOUBLE-STITCHED** seams. Press seams toward back.

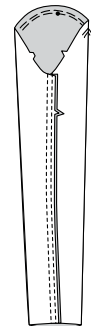


SLEEVE AND FINISHING

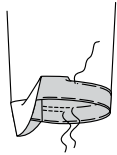
20. **EASESTITCH** upper edge of **SLEEVE** (7) between outer small dots.



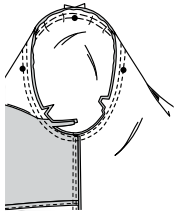
21. Stitch sleeve seam in a **DOUBLE-STITCHED** seam. Press seam toward back.



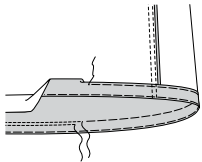
22. Turn up sleeve hem. Baste close to fold. Turn in 1/4" (6mm) on raw edge. Baste hem in place close to upper edge. Press.
TOPSTITCH hem along upper basting. **TOPSTITCH** again 1/4" (6mm) below previous stitching, as shown.



23. With right sides together, pin sleeve into armhole, placing center small dot at shoulder seam. Adjust ease; baste. Stitch. Stitch again 1/4" (6mm) away in seam allowance. Trim close to stitching. Press seam allowances flat. Turn seam toward sleeve.



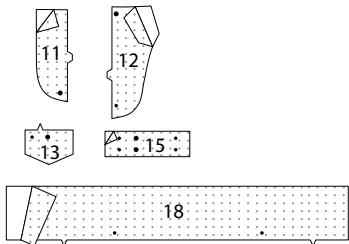
24. Turn up hem on lower edge of top. Baste close to fold. Turn in 1/4" (6mm) on raw edge. Baste hem in place close to upper edge. Press.
TOPSTITCH hem along upper basting. **TOPSTITCH** again 1/4" (6mm) below previous stitching, as shown.



PANTS B

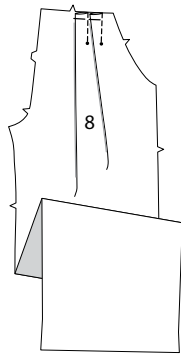
INTERFACING

1. Pin Interfacing to wrong side of each matching fabric section. Fuse, following manufacturer's instructions.

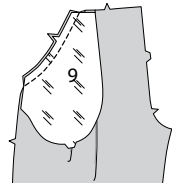


FRONT

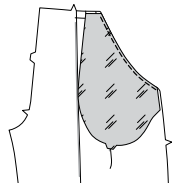
2. To make pleats in FRONT (8), on inside, bring broken lines together. Stitch along broken line to small dot. Press pleats toward center front. Baste across upper edge.



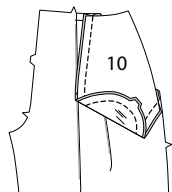
3. With right sides together, pin POCKET FACING (9) to upper side edge of front, matching notches and small dots. Stitch. Trim. **UNDERSTITCH** pocket facing.



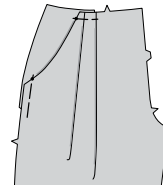
4. Turn pocket to inside. Press.



5. Open out pocket facing. With right sides together, pin SIDE FRONT AND POCKET (10) to pocket facing, matching notches. Stitch lower edges together.

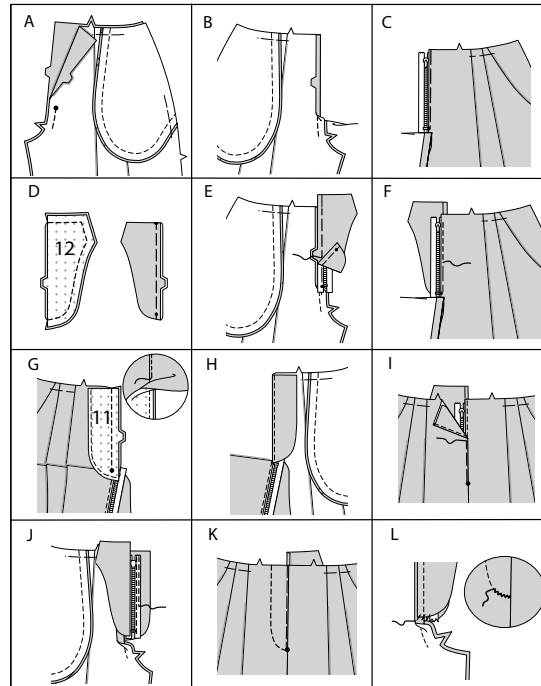


6. Turn in pocket facing and pocket. Baste upper and side edges.



7. Construct fly front as follows:

- A-**Stitch front sections together at center front between large dot and notch.
- B-**Turn in left front opening edge along foldline; press.
- C-**Place closed zipper (face up) under left front opening edge, having pressed edge close to zipper teeth and zipper stop at small dot. Using a zipper foot, baste close to pressed edge.
- D-**Stitch LEFT FLY (12) sections together, along outer unnotched edges, as shown. Trim. Turn. Press. Baste raw edges.
- E-**On inside, pin left fly to left front opening edge (over zipper), matching notches and small dots, having inner raw edges even. Baste along previous basting for zipper. **NOTE:** Left fly extends past upper edge.
- F-**On outside, using a zipper foot, stitch close to pressed edge of front through all layers.
- G-EDGE FINISH** outer edge of RIGHT FLY FACING (11). Pin fly facing to right front opening edge, matching notches, and large dots. Stitch, ending at large dot. Trim.
- H-UNDERSTITCH** fly facing. Turn facing to inside.
- I-**Lap right front over left, matching centers. Baste close to edge through all thicknesses.
- J-**Pin left fly out of the way. Open out fly facing. Pin remaining zipper tape to fly facing, keeping right front free. Using a zipper foot, stitch in place close to zipper teeth and along center of zipper tape.
- K-**Turn facing down. On outside, stitch right front along stitching line, keeping left fly free.
- L-**Turn left fly back in place. On inside, hand tack fly and facing together at lower edge, as shown. Trim away excess zipper tape even with lower edge of fly, if needed. If desired, on outside, machine-stitch a bar tack across lower end of fly through all thicknesses.



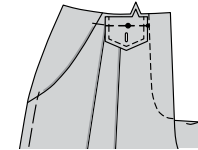
8. With right sides together, pin FLAP (13) sections together, having raw edges even. Stitch, leaving notched edge open. Trim.



9. Turn. Press. Baste raw edges. Make buttonhole in flap at marking. **OPTIONAL: TOPSTITCH** finished edges.

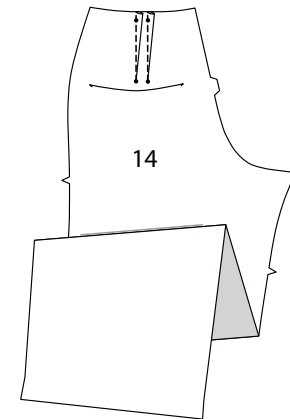


10. With right sides up, pin flap to upper edge of right front, matching symbols and notches, having raw edges even. Baste across upper edge.

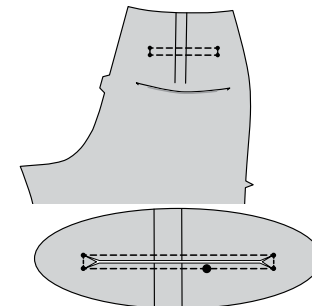


BACK AND CARRIERS

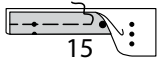
11. Stitch darts in BACK (14). Press darts toward center.



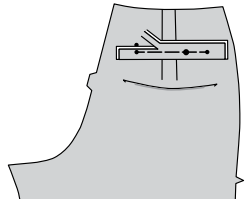
12. REINFORCE inner corner of back along stitching lines, pivoting at small dots. Slash along slash line, clipping diagonally to small dots.



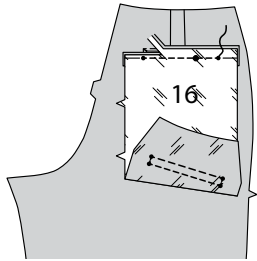
13. With wrong sides together, fold WELT (15) along foldline. Baste raw edges together.



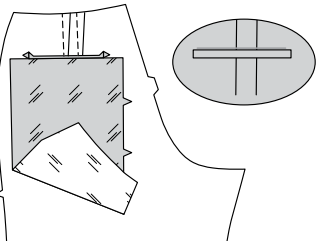
14. Pin welt to back, placing seamline along lower stitching line, matching symbols, as shown. Baste.



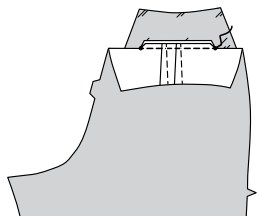
15. With right sides together, pin lower edge of BACK POCKET (16) to back, over welt, matching symbols. Stitch along stitching line between small dots. Trim welt and pocket even with opening edge.



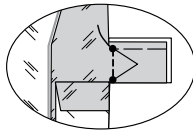
16. Turn pocket and triangular ends to inside, turning welt up over pocket. Press.



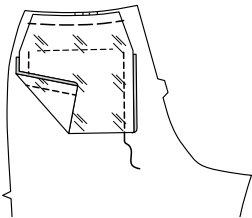
17. Fold pocket along foldline. With right sides together, pin upper pocket opening edge to back pocket, matching upper stitching lines. Stitch along stitching line between small dots.



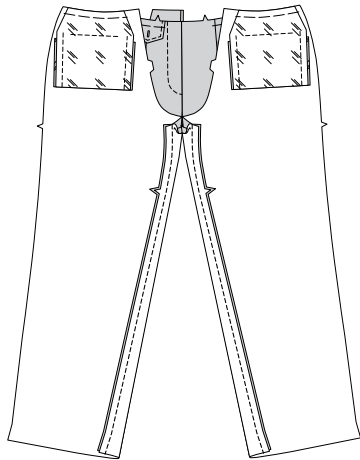
18. Stitch welt and triangular ends to pocket, as shown.



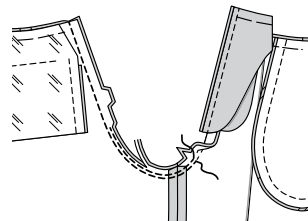
19. Stitch pocket edges together, keeping back free. Baste upper edge of pocket to back.



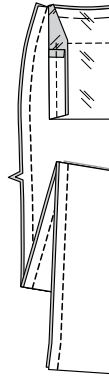
20. Stitch front and back together at inner leg edge.



21. Stitch crotch seam, connecting to previous stitching in front. Stitch again 1/4" (6mm) away in seam allowance along curve. Trim close to second stitching.



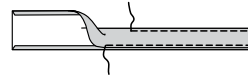
22. Stitch front to back at sides.



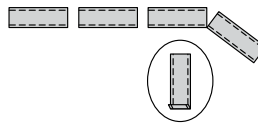
23. Turn in 1/4" (6mm) on long edges of CARRIERS (17); press.



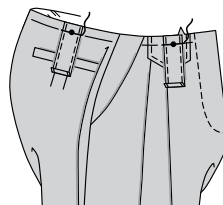
24. With wrong sides together, fold carriers in half lengthwise, having edges even; press. EDGESTITCH, as shown.



25. Cut carriers into four sections, each 3 3/4" (9.5cm) long. Turn in 1/4" (6mm) on one end of carrier. Press.

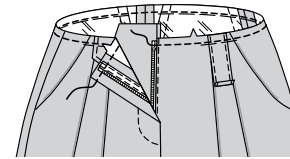


26. Pin carriers to upper edge of pants, centering unpressed end over large dots, having raw edges even. Baste along waist seamline.

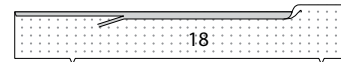


WAISTBAND AND FINISHING

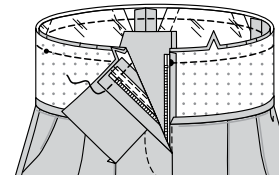
27. STAYSTITCH upper edge of pants.



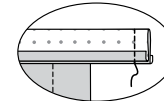
28. Turn in 3/8" (1cm) seam allowance on left front edge of WAISTBAND (18). Press. Turn in seam allowance on long unnotched edge of waistband. Press. Trim pressed seam allowance to 3/8" (1cm).



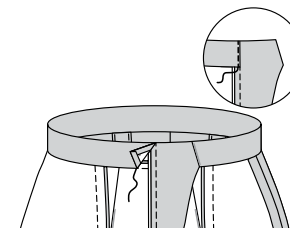
29. Pin waistband to upper edge of pants, matching centers, placing small dots at side seams, clipping pants where necessary. Baste. Stitch. Trim. Press seam toward waistband, pressing in remainder of seam allowance on lower edge of right waistband extension.



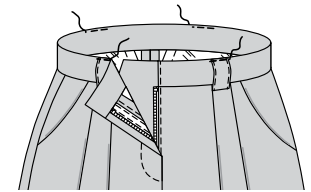
30. With right sides together, fold waistband along foldline. Stitch right front edge. Trim.



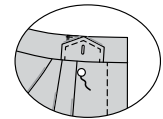
31. Turn waistband to inside along foldline. Press. SLIPSTITCH pressed edge over seam and extension edges together. Stitch left front waistband close to pressed edge, as shown, through all thicknesses.



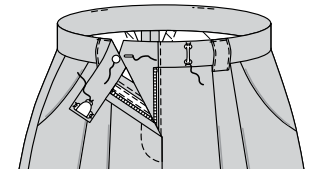
32. Turn up carriers over waistband, centering pressed end over large dots, having upper edges even. Baste. Stitch close to pressed edges, through all thicknesses.



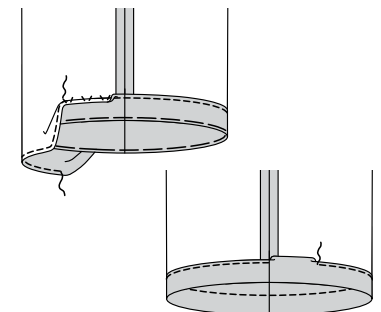
33. Using buttonhole in flap as guide, make button marking in right front. Sew button at marking.



34. Make buttonhole in left fly at marking. On outside, sew bar to left waistband at small dot, as shown. On inside, sew button to right waistband at inner small dot, as shown. On inside, sew hook to right waistband at remaining small dot.



35. Turn up 1 3/4" (4.5cm) hem on lower edge of pants. Baste close to fold. FINISH raw edge. Sew in place. Press. OPTIONAL HEM FINISHING: Turn up pants hem. Baste close to fold. Turn in 1/4" (6mm) on raw edge. Baste hem in place close to upper edge. Press. TOPSTITCH hem along upper basting.





Congrats!

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