



DUANA M. CHANDLER

knowME
BY mimi g

ME2051

BIN #5




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@duana_m_chandler



Designed and printed in USA

Average

MISSES' JACKET, BRA TOP AND LEGGINGS

Suggested Fabrics: A: Cotton Blends, Ponte, Ripstop Nylon, Terry Knit. B,C: Activewear Knits. See Stretch Gauge. **Lining A:** Cotton Blends, Polyester Blends. **Contrast C** also in Mesh.

Notions: A: 32" (81cm) separating zipper (adjust to fit), 1 3/4 yds. (1.7m) of 1/4" (6mm) twill tape or cording, two barrel stops (optional), two 3/8" (1cm) grommets, 3/4 yd. (0.7m) of 1" (2.5cm) elastic. B: 1 1/2 yds. (1.10m) of 1 1/4" (3cm) elastic. C: 1 1/2 yds. (1.10m) of 3/8" (1cm) elastic.

Sizes	8	10	12	14	16	18	20	22	24	26
European	34	36	38	40	42	44	46	48	50	52

BODY MEASUREMENTS: Select pattern size based on body measurements

Bust	31 1/2	32 1/2	34	36	38	40	42	44	46	48	Ins.
Waist	24	25	26 1/2	28	30	32	34	37	39	41	"
Hip-9" below waist	33 1/2	34 1/2	36	38	40	42	44	46	48	50	"
Back-neck to waist	15 3/4	16	16 1/4	16 1/2	16 3/4	17	17 1/4	17 1/2	17 3/4	18	"

Jacket A	45**	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/2	2 1/2	2 1/2	2 1/2	2 3/8	Yds.
	60**	1 1/2	1 1/2	1 1/2	1 3/4	1 3/4	1 3/4	1 7/8	1 7/8	1 7/8	1 7/8	"

Contrast A (Upper Side Front, Upper Side Back, Welts, Flanges, Under Sleeve)

45, 60**	3/4	3/4	3/4	3/4	3/4	3/4	3/4	3/4	3/4	7/8	Yd.
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Lining A 45*** - 3/8 yd.

Interfacing A 20" - 1 1/4 yds.

Bra Top B	60**	3/4	3/4	7/8	7/8	7/8	7/8	7/8	7/8	7/8	7/8	Yd.
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Leggings C	60**	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 1/2	1 3/4	1 1/2	2	Yds.
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Contrast C (Pockets)

60** - 3/8 yd.

NOTE: Please refer to the sewing instructions for **FINISHED GARMENT MEASUREMENTS**.

*with nap **without nap

Moins Facile

VESTE, SOUTIEN-GORGE ET COLLANT POUR JEUNES FEMMES

Tissus Conseillés: A: Cotonnades, Ponte, Nylon indéchirable, Tricot éponge. B,C: Tricots pour vêtements de sport. Reportez-vous au taux d'élasticité. **Doublure A:** Cotonnades, Tissus mélangés de polyester. **Contraste C** aussi en Tissue à mailles.

Merci: A: Fermeture à glissière séparable de 81cm (à ajuster), 1.7m de galon croisé ou cordon de 6mm, 2 arrêts de cordon cylindre (facultatif), 2 œillets de 1 cm, 0.7m d'élastique de 2.5cm. B: 1.1m d'élastique de 3cm. C: 1.1m d'élastique de 1cm.

Tailles	8	10	12	14	16	18	20	22	24	26
Françaises	36	38	40	42	44	46	48	50	52	54
Européen	34	36	38	40	42	44	46	48	50	52

MESURES DU CORPS: Choisissez la taille du patron basée sur les mesures du corps

Poitrine	80	83	87	92	97	102	107	112	117	122	cm
Taille	61	64	67	71	76	81	87	94	99	104	"

Hanches (23cm au-dessous de la taille)

	85	88	92	97	102	107	112	117	122	127	cm
Dos du cou à la taille	40	40.5	41.5	42	42.5	43	44	44.5	45	46	"

Veste A	115cm*	1.9	2.1	2.1	2.1	2.1	2.2	2.3	2.3	2.4	m
	150cm*	1.4	1.4	1.4	1.6	1.6	1.6	1.7	1.7	1.7	"

Contraste A (Côté devant supérieur, Côté dos supérieur, Bordures, Rebords, Dessous De Manche)

115, 150cm*	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.7	0.8	m
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Doublure A 115cm** - 0.3m

Entoilage A 51cm - 0.8m

Soutien-gorge B	150cm*	0.7	0.7	0.7	0.7	0.8	0.8	0.8	0.8	0.8	m
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Collant C	150cm*	1.3	1.3	1.4	1.4	1.4	1.4	1.4	1.6	1.7	1.8	m
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Contraste C (Poches)

150cm* - 0.3m

NOTE: S'il vous plaît, reportez-vous au instructions de couture pour les **MESURES DU VÊTEMENTS FINI**.

*avec sens **sans sens



A



B



C

Use the 1 inch (2.54cm) box to ensure you are using rule at 100%

Utilisez la boîte de 2.54 cm pour vous assurer d'utiliser la règle à 100%.

Utilizar un cuadrado de 2.54 cm para asegurarse de estar usando la regla al 100%.

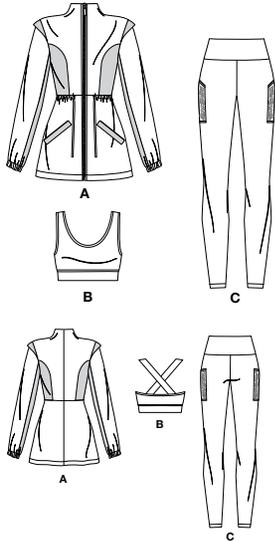
4" of crosswise folded knit must **STRETCH** from here
10 cm de tricot pilé sur le travers doivent s'étire d'ici
10 cm de tejido de punto doblado al través deben estirarse desde acá

To Here (50%)
jusqu'ici (50%)
hasta acá (50%)

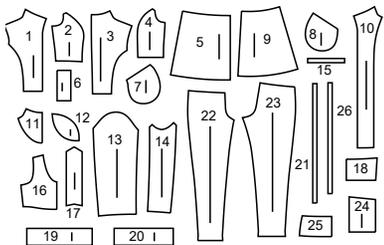
When using the Pick-A-Knit® rule to measure your fabrics stretch capacity, rule must be viewed or printed at 100%.
Quand vous utilisez la règle Pick-A-Knit® pour mesurer la capacité d'élasticité des tissus, la règle doit être visible ou imprimée à 100%.
Al utilizar la regla Pick-A-Knit® para medir la capacidad de elasticidad de las telas, la regla debe estar visible o impresa al 100%.



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26 PATTERN PIECES



- 1 UPPER FRONT-A
- 2 UPPER SIDE FRONT-A
- 3 UPPER BACK-A
- 4 UPPER SIDE BACK-A
- 5 LOWER FRONT-A
- 6 WELT-A
- 7 POCKET-A
- 8 POCKET FACING-A
- 9 LOWER BACK-A
- 10 FRONT FACING-A
- 11 BACK FACING-A
- 12 FLANGE-A
- 13 SLEEVE-A
- 14 UNDER SLEEVE-A
- 15 ELASTIC GUIDE FOR SLEEVE-A
- 16 FRONT-B
- 17 STRAP-B
- 18 BACK-B
- 19 FRONT BAND-B
- 20 BACK BAND-B
- 21 GUIDE FOR ELASTIC-B
- 22 FRONT-C
- 23 BACK-C
- 24 POCKET-C
- 25 YOKE FRONT AND BACK-C
- 26 GUIDE FOR ELASTIC-C

PATTERN MARKINGS

- GRAINLINE:** Place on straight grain of fabric, parallel to selvage or fold.
- FOLDLINE:** Place line on fold of fabric.
- BUTTONHOLE MARKING:** Indicates exact length and placement of buttonholes.
- BUTTON MARKING:** Indicates button placement.
- NOTCHES AND SYMBOLS:** For matching seams and construction details.
- Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.
- SEAM ALLOWANCE:** 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

ADJUST IF NECESSARY

- Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.
- TO SHORTEN:** Crease along adjustment line. Make a fold half the amount needed. Tape in place.
- TO LENGTHEN:** Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.
- When Alteration lines are not on tissue, lengthen or shorten at lower edge.

CUTTING AND MARKING

- SHRINK FABRIC** if not labeled pre-shrunk. Press.
- CIRCLE LAYOUT** for View, Size, Fabric Width.
- Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.
- * DOUBLE THICKNESS (WITHOUT FOLD)** - For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- For **SINGLE THICKNESS** - place fabric right side up. (For Fur Flee fabrics, place pile side down.)
- ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.
- Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.
- Before **CUTTING** place all pieces on fabric according to layout. Pin. (**LAYOUTS show approximate position of pattern pieces; position may vary according to your pattern size.**) Cut **ACCURATELY**, cutting notches outward.
- Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
- NOTE:** Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

CUTTING LAYOUTS

Sizes	8	10	12	14	16	18	20	22	24	26
European	34	36	38	40	42	44	46	48	50	52

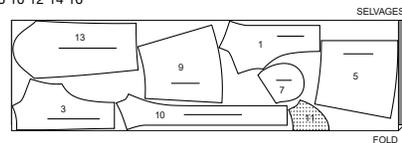
FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)

A Bust	37 1/2	38 1/2	40	42	44	46	48	50	52	54	Ins.
B Bust	27 1/2	28 1/2	30	32	34	36	38	40	42	44	Ins.
C Waist	25	26	27 1/2	29 1/2	31 1/2	33 1/2	35 1/2	37 1/2	39 1/2	41 1/2	Ins.
C Hip	31	32	33 1/2	35 1/2	37 1/2	39 1/2	41 1/2	43 1/2	45 1/2	47 1/2	Ins.
Width, lower edge											
Jacket A	50	51	52 1/2	54 1/2	56 1/2	58 1/2	60 1/2	62 1/2	64 1/2	66 1/2	Ins.
Width, each leg											
Leggings C	9	9 1/2	10	10 1/2	11	11 1/2	12	12 1/2	13	13 1/2	Ins.
Finished back length from base of neck											
Jacket A	29 1/2	29	29 1/2	29 1/2	29 1/2	30	30 1/2	30 1/2	30 1/2	31	Ins.
Bra Top B (including band)											
Finished side length from waist	13 1/2	14	14 1/2	14 1/2	14 1/2	15	15 1/2	15 1/2	15 1/2	16	Ins.
Leggings C	36 1/2	37	37 1/2	37 1/2	37 1/2	38	38 1/2	38 1/2	38 1/2	39	Ins.

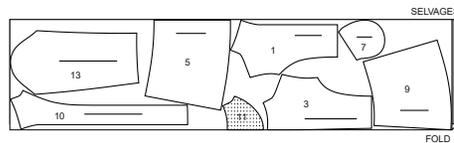
JACKET A

use pieces: 1 3 5 7 9 10 11 13

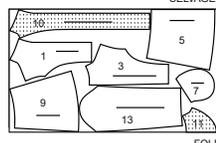
45" (115 cm) with nap
 sizes 8 10 12 14 16



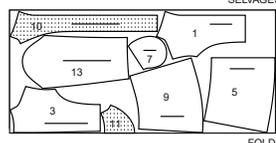
45" (115 cm)
 with nap
 sizes 18 20 22 24 26



60" (150 cm)
 with nap
 sizes 8 10 12



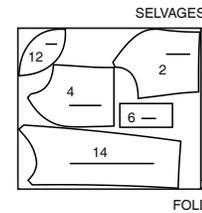
60" (150 cm)
 with nap
 sizes 14 16 18 20 22 24 26



CONTRAST A (FLANGE, WELT, UPPER SIDE FRONT & BACK, UNDER SLEEVE)

use pieces: 2 4 6 12 14

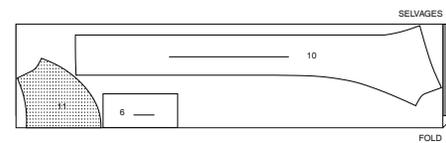
45", 60" (115, 150 cm)
 with nap
 all sizes



INTERFACING A (WELT, FRONT & BACK FACING)

use pieces: 6 10 11

20" (51 cm)
 all sizes



LINING A (POCKET FACING)

use piece: 8

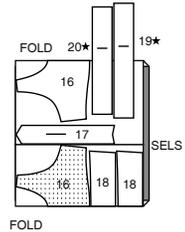
45" (115 cm)
 without nap
 all sizes



BRA TOP B

use pieces: 16 17 18 19 20

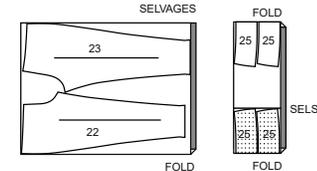
60" (150 cm)
 with nap
 all sizes



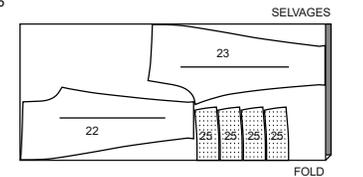
LEGGINGS C

use pieces: 22 23 25

60" (150 cm)
 with nap
 sizes 8 10 12 14 16 18 20



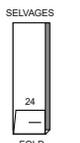
60" (150 cm)
 with nap
 sizes 22 24 26



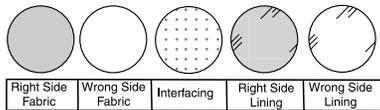
CONTRAST C (POCKET)

use piece: 24

60" (150 cm)
 with nap
 all sizes

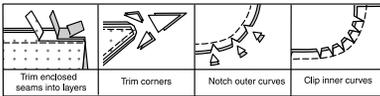


SEWING INFORMATION
FABRIC KEY



SEAM ALLOWANCES

Use 5/8" (1.5cm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, **RIGHT SIDE TOGETHER**, matching notches. Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

FINISH – Stitch 1/4" (6mm) from raw edge and finish with one of the following: (1) Pink OR (2) Overcast OR (3) Turn in along stitching and stitch close to fold OR (4) Overlock.

GATHER – Stitch along seamline and again 1/4" (6mm) away in seam allowance, using long machine stitches. Pull thread ends when adjusting to fit.

SLIPSTITCH – Slide needle through a folded edge, then pick up a thread of underneath fabric.

STAYSTITCH – Stitch 1/8" (3mm) from seamline in seam allowance in direction of arrows (usually 1/2" (13mm) from raw edge).

TOPSTITCH – On outside, stitch 1/4" (6mm) from edge, seam or previous stitching.

UNDERSTITCH – Open out facing or underside of garment; stitch to seam allowance close to seam.



SCAN QR CODE FOR A STEP-BY-STEP VIDEO TUTORIAL

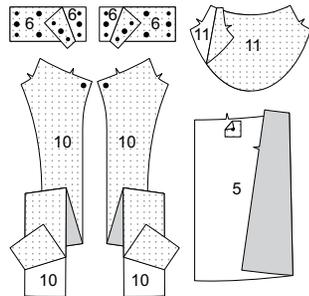
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SEWING DIRECTIONS

JACKET A

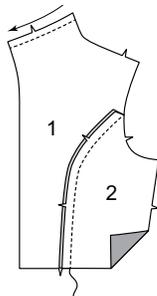
INTERFACING

1. Pin interfacing to wrong side of **WELT (6)**, **FRONT FACING (10)**, and **BACK FACING (11)** sections. To reinforce underside of **LOWER FRONT (5)** sections, cut two 1-1/2" (3.8cm) squares of fusible interfacing. On wrong side, center interfacing over grommet marking (small dot). Fuse interfacing in place, following manufacturer's instructions.

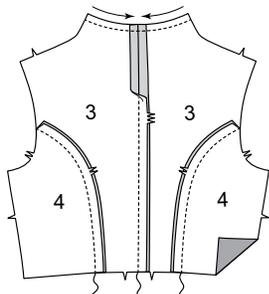


UPPER FRONT AND UPPER BACK

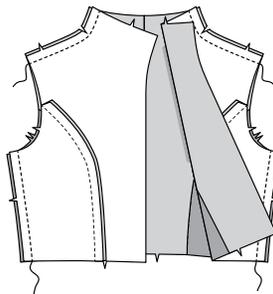
2. **STAYSTITCH** neck edge of **UPPER FRONT (1)**. With right sides together and raw edges even, pin upper front to **UPPER SIDE FRONT (2)** at side front edges, matching notches. Stitch. Press seam toward upper front.



3. **STAYSTITCH** neck edge of **UPPER BACK (3)**. Stitch center back edges of upper back. With right sides together and raw edges even, pin upper back to **UPPER SIDE BACK (4)** at side back edges, matching notches. Stitch. Press seam toward upper back.

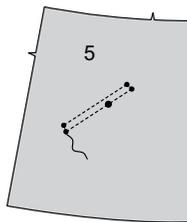


4. Stitch front to back at shoulder and side edges. Trim seam; clip curves.

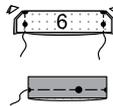


LOWER FRONT AND LOWER BACK

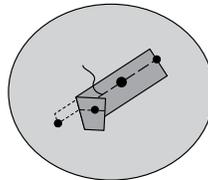
5. On outside, stitch along stitching lines for pocket on **LOWER FRONT (5)**, squaring stitching at small dots.



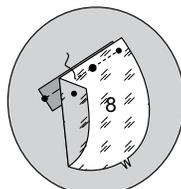
6. Fold **WELT (6)** along foldline with right sides together. Stitch ends. Trim seams; clip corners. Turn welt; press. Machine-baste 5/8" (1.5cm) from raw edge.



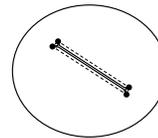
7. On outside, pin welt to lower front, placing basting line along lower stitching line, matching small and large dots. Baste.



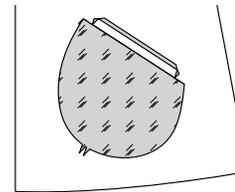
8. With right sides together, pin **POCKET FACING (8)** to lower front (over welt), matching small dots. Stitch between the small dots in a 5/8" (1.5cm) seam, backstitching to reinforce. Trim seam to 1/4" (6mm).



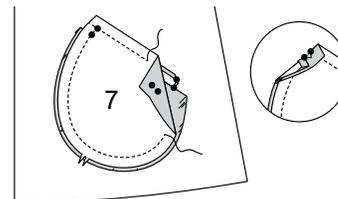
9. Slash lower front separately along slash line, clipping diagonally to small dots at corners. (Do not clip welt or pocket facing.)



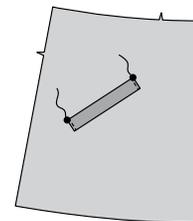
10. Turn pocket facing and clipped corners to inside; press.



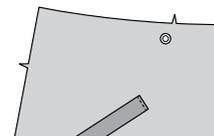
11. On inside, with right sides together, pin **POCKET (7)** to pocket facing and lower front along stitching line, matching small dots and notches. Stitch raw edges together, catching in clipped corners, as shown.



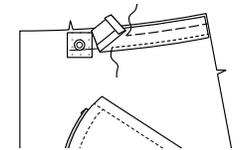
12. On outside, press welt up, matching large dots. Stitch close to ends of welt, or, if you prefer, invisibly **SLIPSTITCH** ends to lower front.



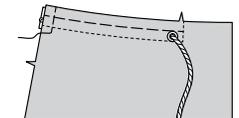
13. Apply grommet to lower front at small dot following manufacturer's directions.



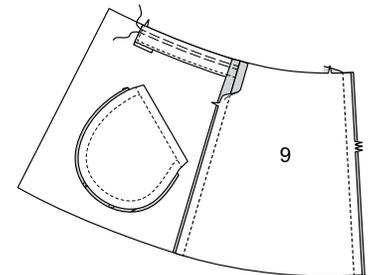
14. To make casing for tie for each lower front section, cut a piece of bias tape the length of the upper stitching line, plus 1/4" (6mm). Open out one long edge of tape; press. Press under inner end 1/4" (6mm). On inside, pin tape to lower front with pressed edges just lapping stitching line. Stitch close to pressed edges of tape. Baste upper edge.



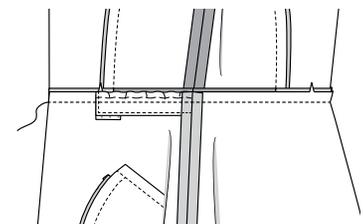
15. Cut two pieces of cording or twill tape 18" (46cm) long. Thread cording through grommet to meet side edge of lower front, sandwiched between front and bias tape. Baste tape to side catching in end of cord, keeping remaining length of cord free within the casing.



16. Stitch center back edge of **LOWER BACK (9)** sections. Stitch lower front to lower back at side edges. **GATHER** upper edge of lower front from side seam to front notch.

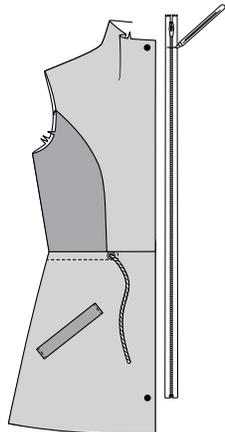


17. Pin upper jacket to lower jacket, matching seams and notches, pulling up gathering stitches evenly. Stitch. Press seam toward upper jacket.

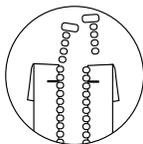


ZIPPER

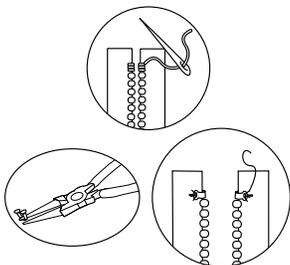
NOTE: It may be necessary to shorten length of zipper.
18. Always shorten a separating zipper from the top. Place closed zipper along opening edge with bottom zipper stop at lower large circle. Mark placement of new top stop at upper large circle.



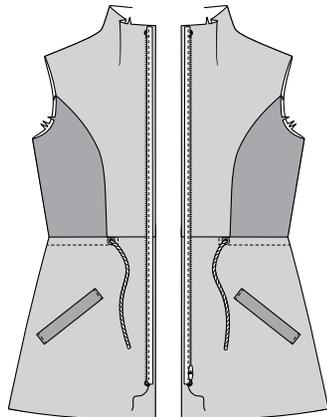
19. Open zipper from the top, bringing slider well below the mark. Using pliers or a wire cutter, remove teeth above mark for 1" (2.5cm). Any excess zipper above this can be trimmed away.



20. Create a new top stop, by making several whipstitches over tape at marking, or by bending a straight metal eye with pliers and sewing securely to each tape at new marking, or by purchasing a zipper repair kit and installing the stop using pliers. Make sure the new top stop is large enough to prevent the slider from passing.



21. Separate zipper. With right sides together, pin left half of zipper to right front opening edges and right half of zipper to left front opening edges. Place zipper teeth 1/8" (3mm) over the seamline and top and bottom stops at large circles, as shown. Baste. (When stitching, use a zipper foot.)

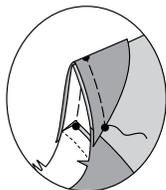


SLEEVES

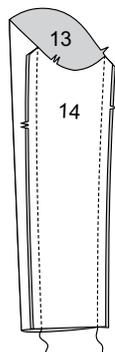
22. Fold FLANGE (12) along fold line with wrong sides together. Baste.



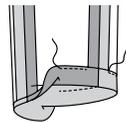
23. Pin flange to armhole edge, matching small and large dots, placing inner small dot at shoulder seam. Baste.



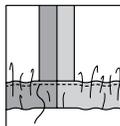
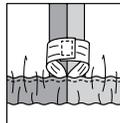
24. With right sides together, pin UNDER SLEEVE (14) to SLEEVE (13), matching notches. Stitch.



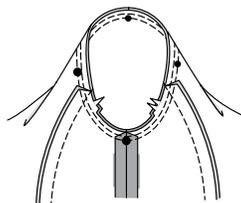
25. To make casing for elastic on lower edge of sleeve, press up 1-3/8" (3.5cm). Turn under raw edge 1/4" (6mm). Press. Stitch close to inner pressed edge, leaving an opening on undersleeve to insert elastic.



26. Cut a piece of elastic for each sleeve the length of ELASTIC GUIDE FOR SLEEVE (15). Insert elastic through casing; adjust to fit. Stitch ends of elastic together securely. Stitch opening closed. Distribute fullness evenly. **TIP** - To secure elastic so it won't twist in wearing, stitch through all thicknesses of casing in the groove of one seam.

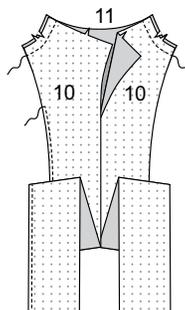


27. Turn sleeve right side out. Hold jacket wrong side out with armhole toward you. With right sides together, pin sleeve to armhole edge with center small dot at shoulder seam and lower large dot at underarm seam, matching notches and remaining small and large dots. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.



FACING AND FINISHING

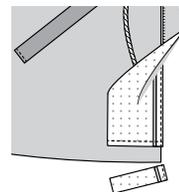
28. Pin FRONT FACING (10) sections to BACK FACING (11) at shoulder edges, matching notches. Stitch. Clip curves. **FINISH** inner edge.



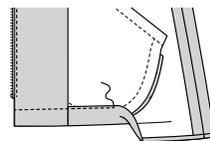
29. With right sides together and raw edges even, pin facing to front opening edges of jacket (encasing zipper tape), matching large dots. Stitch, using a zipper foot. Pin facing to neck edge of jacket. Stitch. Trim seam; clip corners and curves.



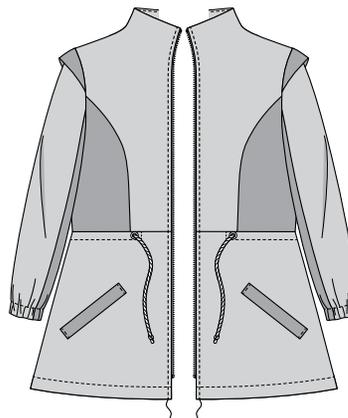
30. Stitch across facing along hem marking. Trim facing close to stitching. Trim garment to within 5/8" (1.5cm) of inner edge of facing.



31. **UNDERSTITCH** neck edge as far as possible. Turn facing to inside; turning zipper out. Press, pressing up hem along marking. Press under 1/4" (6mm) on raw edge. Stitch hem in place starting at opening edge.

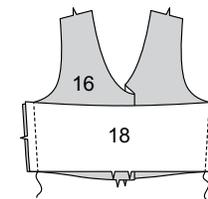


32. On outside, **TOPSTITCH** a generous 1/4" (6mm) from front edges. Knot ends of cording or tape. If you prefer, add barrel stops on cord before knotting.



BRA TOP B

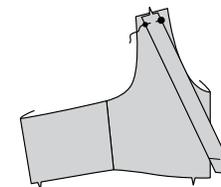
1. Stitch FRONT (16) to BACK (18) at side edges.



2. Fold STRAP (17) in half, lengthwise, with right sides together. Stitch long edge.

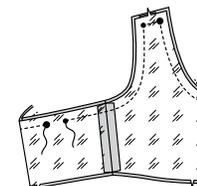


3. Turn strap; press. Baste raw edges together. On outside, pin strap to front, matching small dots, large dots, and notches. Baste shoulder edge.

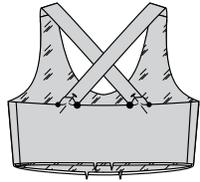


NOTE: FRONT FACING (16) and BACK FACING (18) will be illustrated as lining.

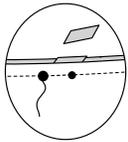
4. Stitch front facing to back facing at sides. With right sides together and raw edges even, pin facing to top along upper edge. Stitch front neck, shoulder, armhole, and upper edge of back, leaving openings between the small and large dots, and being careful not to catch in free ends of straps.



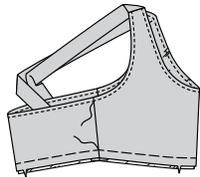
5. Turn top; press, pressing out the straps. Cross straps in back, insert free ends into upper back openings between small and large dots; pin. Try on top, adjust straps to fit.



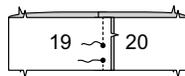
6. Turn up top and facing along upper back edge. Stitch straps to back and facing connecting to previous stitching. Trim seam.



7. Turn top; press. **TOPSTITCH** front neck, armhole, and upper back edge. Baste raw edges together.



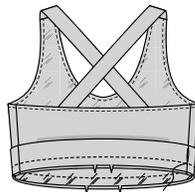
8. With right sides together, stitch FRONT BAND (19) to BACK BAND (20) at sides, leaving an opening in left side seam between small dots, as shown. Back-stitch at small dots to reinforce seam.



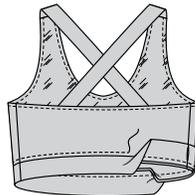
9. Press seams open. Fold band in half, lengthwise, with wrong sides together, having raw edges even. Baste raw edges together. The side with the opening is the underside of the band.



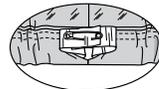
10. With the underside of band facing you, pin band to top matching centers, seams, and notches. Stitch along seam line.



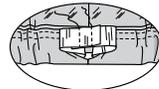
11. Press seam toward top, pressing band out. On outside, **TOPSTITCH** top close to seam. On inside, trim close to second stitching.



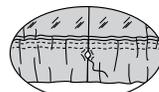
12. Cut a piece of elastic the length of the GUIDE FOR ELASTIC (21). Insert elastic through opening in casing. Overlap ends and hold with a safety pin. Try on top and adjust to fit.



13. Stitch ends of elastic together securely.

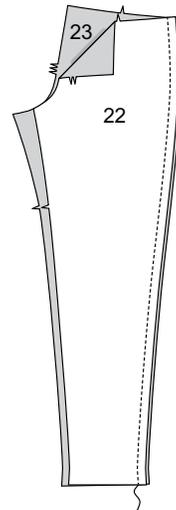


14. **SLIPSTITCH** opening edges of band together. Distribute fullness evenly. **TIP**-To secure elastic so it won't twist in wearing, stitch through all thicknesses of band in the groove of each seam.

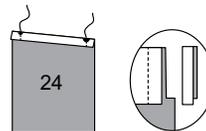


LEGGINGS C

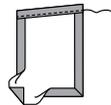
1. Stitch FRONT (22) to BACK (23) at side edges.



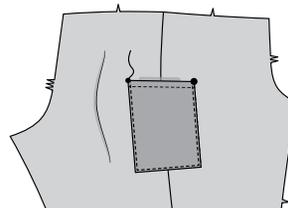
2. Turn upper edge of POCKET (24) to outside 5/8" (1.5cm) forming facing. Stitch along seam line on raw edges. Trim seam allowance in the facing area to 1/4" (6mm).



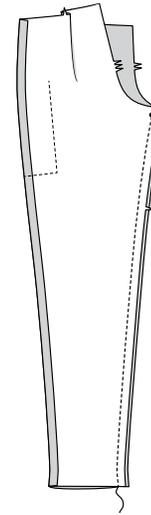
3. Turn corners right side out, turning facing to the wrong side; press, pressing under raw edges along stitching, and fullness at corners. Stitch facing 1/4" (6mm) from pressed edge.



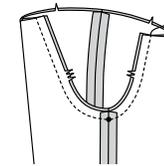
4. On outside, pin pocket to front and back along pocket line, matching small and large dots. Stitch close to side and lower edges.



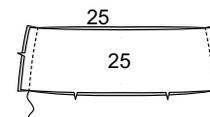
5. Pin front to back at inner leg seam, matching small dots and notches, stretching back to fit. Stitch.



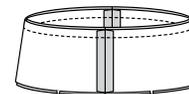
6. With right sides together, insert one leg inside the other, pin center seam, matching inner leg seams, small dots, and notches. Stitch. To reinforce seam, stitch again over first stitching.



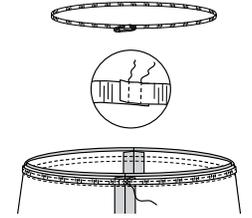
7. Stitch two YOKE FRONT AND BACK (25) sections at side edges. Stitch yoke front and back facing sections together in the same manner.



8. With right sides together and raw edges even, pin facing to yoke at upper edge, matching seams. Stitch.



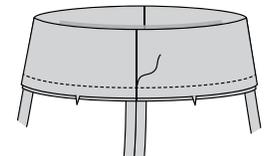
9. Cut a piece of 3/8" (1cm) elastic the length of the GUIDE FOR ELASTIC (26). Transfer markings. Stitch ends. Pin elastic to seam allowance of yoke, having inner edge of elastic along seamline of facing, matching seam to one side seam. Stitch elastic to seam allowance through both thicknesses, stretching the elastic while stitching.



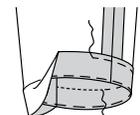
10. Turn yoke; baste raw edges together.



11. With right sides together, pin yoke to upper edge of leggings, matching seams and notches. Stitch. Press seam toward leggings, pressing yoke out.



12. Press up hem. Stitch or zigzag 1/4" (6mm) from raw edge.





Congrats!

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