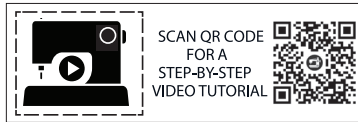


ME2048



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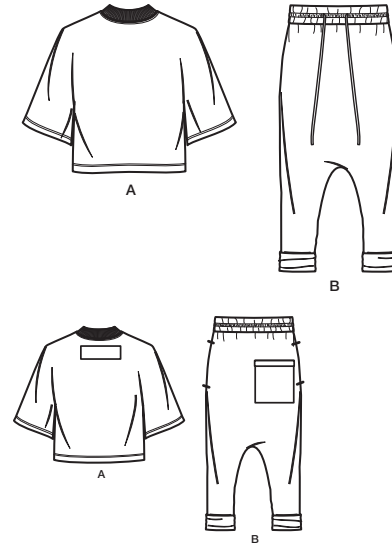
THINGS YOU NEED:

> **B:** 2 $\frac{7}{8}$ yds. (2.6m) of 1" (2.5cm) elastic.

SUGGESTED FABRICS:

> **A:** Stretch Knits only such as Cotton Knit, Interlock, ITY, Jersey, Terry Knit.

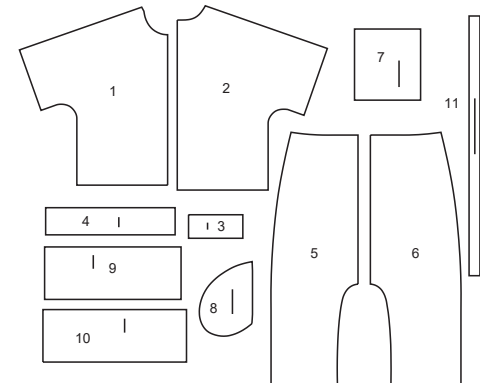
Contrast A: Rib Knit. See Stretch Gauge. **B:** Fleece, Ponte, Sweatshirt Knit, Terry Knit. **Note:** Wrong side of fabric (pocket) will show.



Your printed tile pieces should be assembled before you move on to this step!

PIECES (11)

- 1 Front-A
- 2 Back-A
- 3 Patch-A
- 4 Neckband-A
- 5 Front-B
- 6 Back-B
- 7 Back Pocket-B
- 8 Pocket-B
- 9 Front Casing-B
- 10 Back Casing-B
- 11 Drawstring-B



>> MEN'S KNIT TOP AND JOGGERS
 SKILL LEVEL: EASY



PDF PATTERNS

STRETCH GAUGE - MEASURING FABRIC STRETCH

Whenever you see a minimum stretch requirement on one of the sewing patterns, it is important that you measure the fabric stretch in both length and width!



YARDAGE CHART

SIZES	34	36	38	40	42	44	46	48	50	52	
TOP A											
60"*	1½	1½	1½	1⅝	1⅝	1⅝	1⅝	1⅝	1⅝	1⅝	yds.
150cm*	1.40	1.40	1.40	1.40	1.50	1.50	1.50	1.50	1.50	1.50	m.
CONTRAST A (NECKBAND)- 20"* (51cm*) tubular- ¼ yd. (0.2 m)											
JOGGERS B											
60"*	1⅝	1⅝	1⅝	1⅝	1⅝	1⅝	1⅝	2⅝	2⅝	2⅝	yds.
150cm*	1.50	1.50	1.50	1.50	1.50	1.50	1.50	1.90	1.90	1.90	m.

FINISHED GARMENT MEASUREMENTS

SIZES	34	36	38	40	42	44	46	48	50	52	
A CHEST	42	44	46	48	50	52	54	56	58	60	ins.
	107	112	117	122	127	132	137	142	147	152	cm.
A WAIST	42	44	46	48	50	52	54	56	58	60	ins.
	107	112	117	122	127	132	137	142	147	152	cm.
B WAIST	30	32	34	36	38	40	42	44	46	48	ins.
	76	81	86	91	97	102	107	112	117	122	cm.
B HIP	35	37	39	41	43	45	47	49	51	53	ins.
	89	94	99	104	109	114	119	124	130	135	cm.

FINISHED GARMENT MEASUREMENTS (CONTINUED)

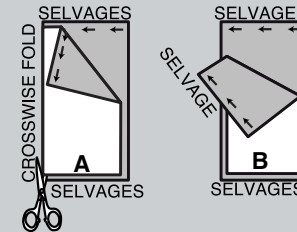
SIZES	34	36	38	40	42	44	46	48	50	52	
WIDTH, LOWER EDGE											
TOP A	42	44	46	48	50	52	54	56	58	60	ins.
	107	112	117	122	127	132	137	142	147	152	cm.
WIDTH, EACH LEG											
JOGGERS B	14½	15	15½	16	16½	17	17½	18	18½	19	ins.
	37	38	39	41	42	43	44	46	47	48	cm.
FINISHED BACK LENGTH FROM BASE OF NECK											
TOP A	21¼	21½	21¾	22	22¼	22½	22¾	23	23¼	23½	ins.
	54	55	55	56	57	57	58	58	59	60	cm.
FINISHED SIDE LENGTH FROM WAIST											
JOGGERS B	29¼	29½	29¾	30	30¼	30½	30¾	31	31¼	31½	ins.
	74	75	76	76	77	77	78	79	79	80	cm.

BODY MEASUREMENTS

SIZES	34	36	38	40	42	44	46	48	50	52	
CHEST	34	36	38	40	42	44	46	48	50	52	ins.
	87	92	97	102	107	112	117	122	127	132	cm.
WAIST	28	30	32	34	36	39	42	44	46	48	ins.
	71	76	82	87	92	99	107	112	117	122	cm.
HIP	35	37	39	41	43	45	47	49	51	53	ins.
	89	94	99	104	109	115	119	124	128	135	cm.

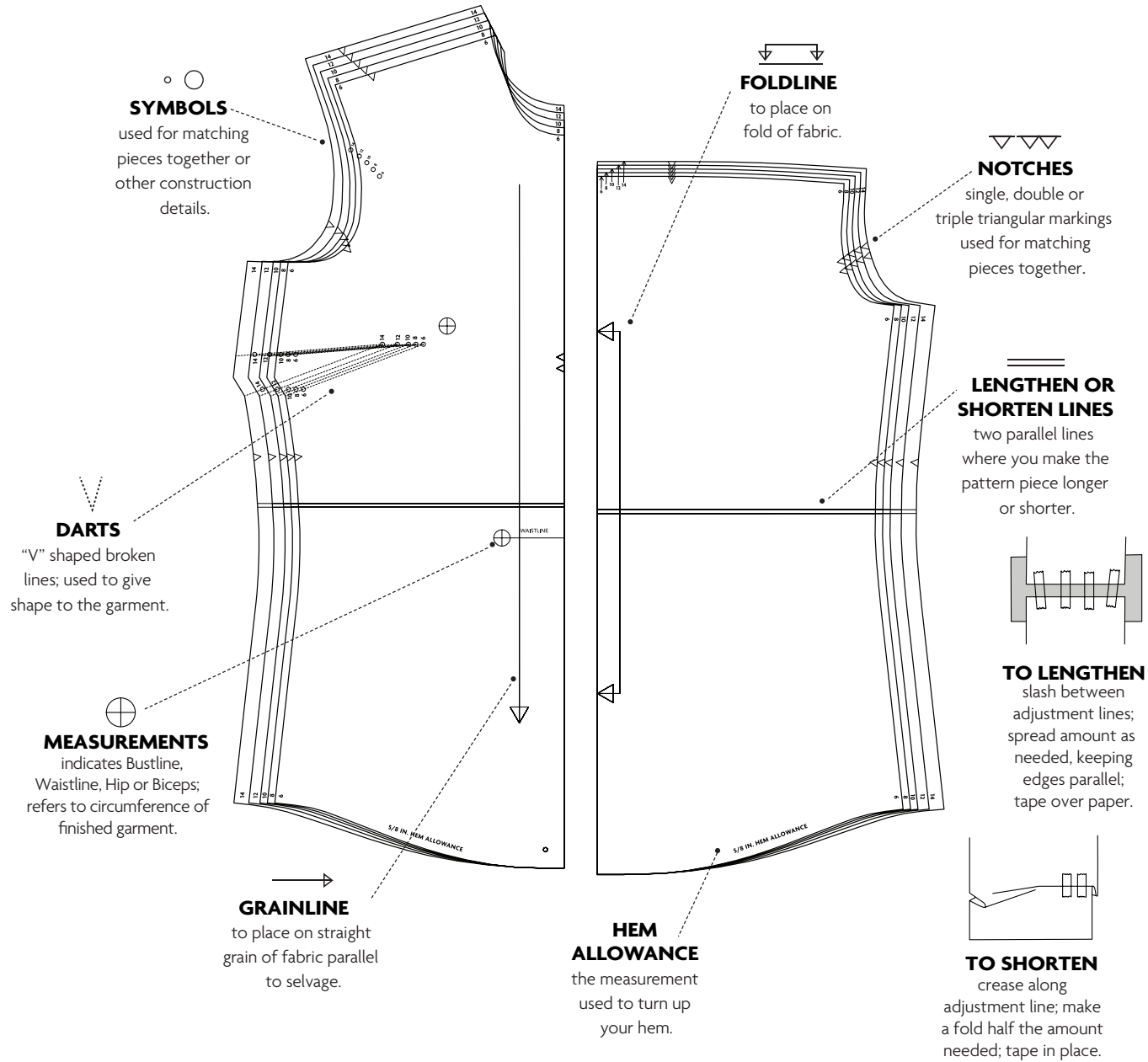
CUTTING AND MARKING

- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > ***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.
- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.

PATTERN MARKINGS

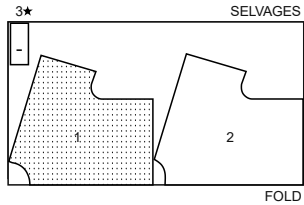


CUTTING LAYOUTS

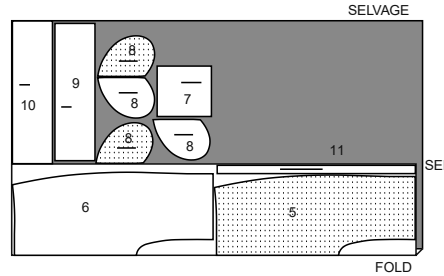
TOP A

use pieces: 1 2 3

60" (150 cm)
with nap
all sizes



60" (150 cm)
with nap
sizes 48-50-52

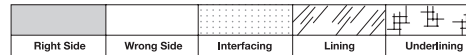


PATTERN PIECES WILL BE IDENTIFIED
BY NUMBERS THE FIRST TIME THEY ARE USED.

SEWING INFORMATION

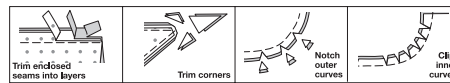
$\frac{5}{8}$ " (1.5cm) SEAM ALLOWANCES ARE
INCLUDED,
(unless otherwise indicated)

ILLUSTRATION SHADING KEY



Pin or baste seams, right side together, matching notches. Fit garment before stitching major seams.

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.



GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

DOUBLE-STITCH - Stitch seam along seamline; stitch again 1/4" (6mm) away in seam allowance using a straight stitch OR zigzag stitch; trim close to second stitching OR overlock seam.

EDGESTITCH - Stitch close to finished edge or seam.

FINISH - Stitch 1/4" (6mm) from raw edge and finish with one of the following: (1) Pink OR (2) Overcast OR (3) Turn in along stitching and stitch close to fold OR (4) Overlock.

SLIPSTITCH - Slide needle through a folded edge, then pick up a thread of underneath fabric.

TOPSTITCH - see how to topstitch video



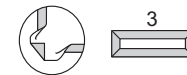
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SEWING DIRECTIONS

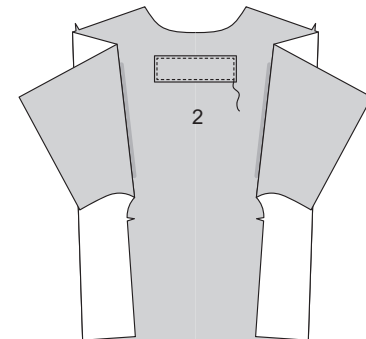
TOP A

FRONT AND BACK

1. Press under raw edges of PATCH (3) along seam line. Folding in fullness at corners if necessary.



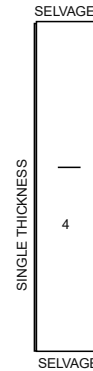
2. On OUTSIDE, pin patch to upper edge of BACK (2) placing pressed edges along solid lines. **EDGESTITCH** patch in place.



CONTRAST A (NECKBAND)

use piece: 4

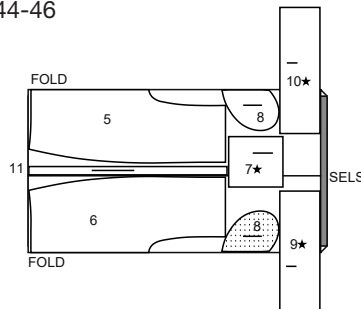
20" (51 cm)
all sizes



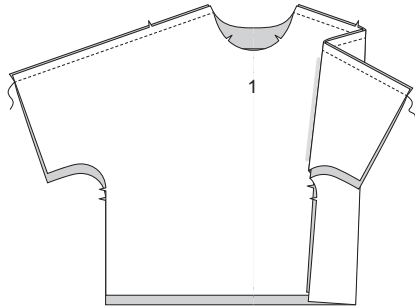
JOGGERS B

use pieces: 5 6 7 8 9 10 11

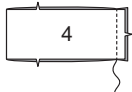
60" (150 cm)
with nap
sizes 34-36-38-40-42-44-46



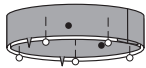
3. With right sides together, stitch FRONT (1) to back at shoulder seams.



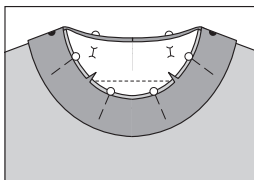
4. Stitch center back seam of NECKBAND (4).



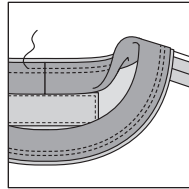
5. Fold band in half, lengthwise, with WRONG sides together; press. Pin.



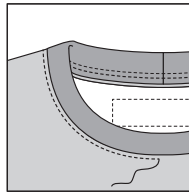
6. On OUTSIDE, pin band to neck edge, matching centers, placing small dots at shoulder seams, stretching band to fit.



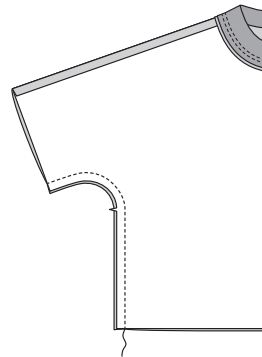
7. DOUBLE-STITCH neck seam. Press seam toward garment, pressing band out.



8. On OUTSIDE, **EDGESTITCH** garment close to neck seam.

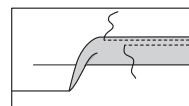


9. Stitch front to back at side seams.



FINISHING

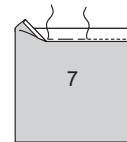
10. Turn up 1-1/4" (3.2cm) hem on lower edge of sleeve and shirt. Stitch 1/4" (6mm) from raw edge and 1/4" (6mm) below first stitching.



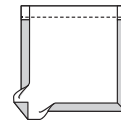
JOGGERS B

FRONT AND BACK

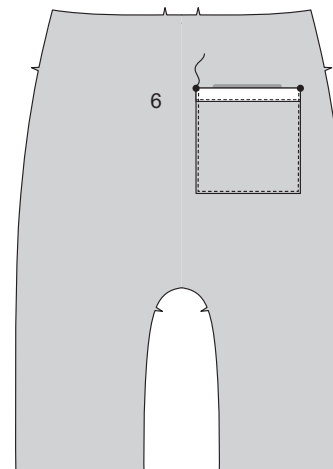
1. Turn 1/4" (6mm) on upper edge of BACK POCKET (7) to outside. Press. Turn upper edge to outside along foldline. Baste close to pressed edge. **TOPSTITCH** along basting.



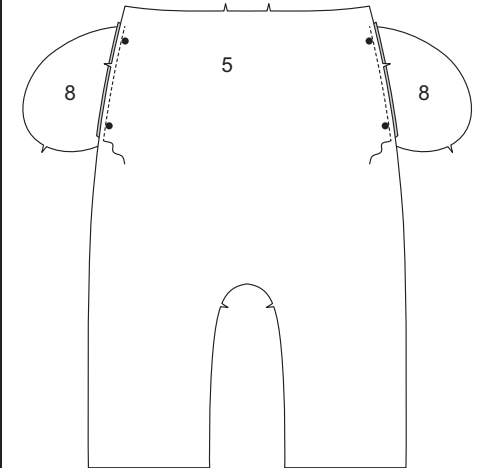
2. Turn upper edge of pocket to outside, turning in remaining seam allowances to INSIDE diagonally folding corners. Press. Baste close to inner pressed edge. **TOPSTITCH** along basting.



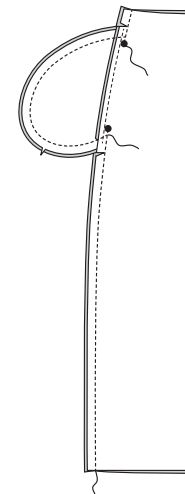
3. On OUTSIDE, pin pocket to right side of BACK (6), matching symbols, placing pressed edge along pocket line. **EDGESTITCH** side and lower edges, (reinforcing upper ends).



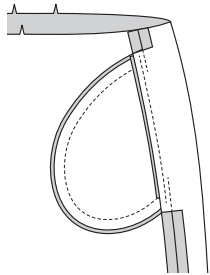
4. Stitch one POCKET (8) section to each side of FRONT (5) matching notches. Stitch pocket in a 1/4" (6mm) seam. Press seams toward pockets. Stitch remaining pockets to back in same manner as for front.



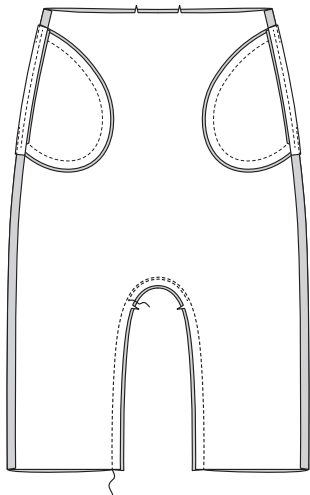
5. Stitch front and back together at sides, leaving open between large dots. Stitch pocket edges together to side seams. Clip back seam allowances above and below pockets.



6. Turn pockets toward front along seamlines; press.

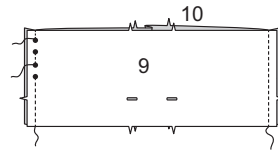


7. Stitch front to back at inner leg seams. To reinforce, stitch again over first stitching along curve.

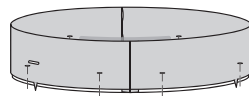


CASING

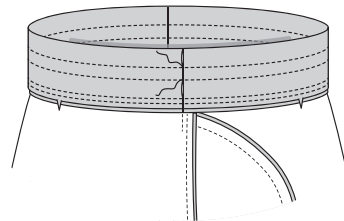
8. With **RIGHT** sides together, stitch side seams of **FRONT CASING (9)** and **BACK CASING (10)** sections, leaving openings in **LEFT** side seam between small dots, as shown. Back-stitch at small dots to reinforce seam. Make button holes in front casing at markings.



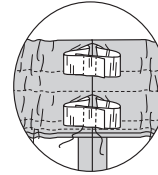
9. Fold casing in half, lengthwise, with **WRONG** sides together, having raw edges even. Pin.



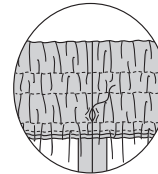
10. NOTE: The side with the opening is the underside of the casing. With the underside of casing facing you, pin casing to garment, matching centers and side seams. **DOUBLE-STITCH** waist seam. Press seam toward garment, pressing casing out. To form casings for elastic, stitch along stitching lines, as shown.



11. Cut two pieces of elastic, each the measurement of waist, plus 1" (2.5cm). Insert elastic through upper and lower openings. Lap ends; hold with safety pins. Try on and adjust if necessary. Stitch ends of elastic securely.

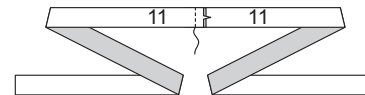


12. SLIPSTITCH openings.

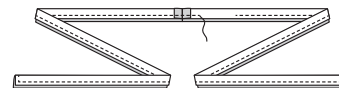


FINISHING

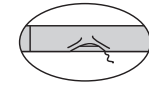
13. Stitch **DRAWSTRING (11)** sections together at notched end.



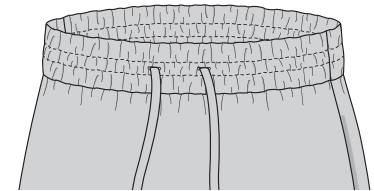
14. With right sides together, fold drawstring in half lengthwise, having raw edges even. Stitch in 1/4" (1cm) seam, leaving an opening. Trim.



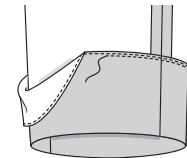
15. Turn drawstring right side out; press. **SLIPSTITCH** opening.



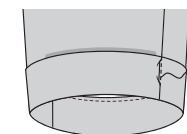
16. Insert drawstring into casing through one opening. Bring out through second opening, having ends evenly extended.



17. FINISH lower edge of pants. Turn lower edge to **INSIDE**, along fold line. Press. Stitch close to inner edge.



18. Turn 2-1/2" (6.5cm) on lower edge to outside, forming cuff. **STITCH IN THE DITCH** of each leg seam to secure.





Congrats!

You've completed your sewing adventure

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