



@thecornyrainbow



>> MISSES' SHIRTDRESS AND KNIT  
 TANK DRESS  
 SKILL LEVEL: AVERAGE

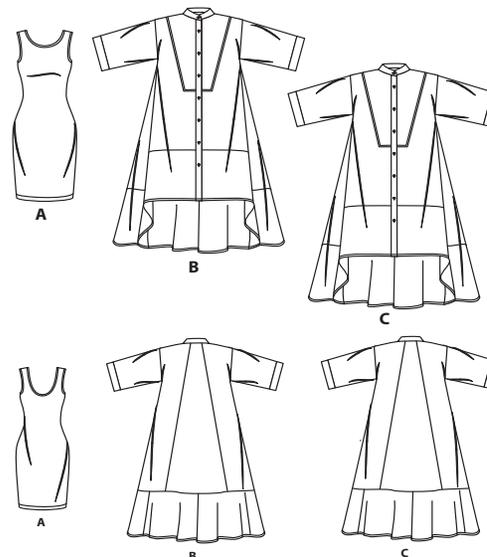


### THINGS YOU NEED:

> **B,C:** Eight 5/8" (1.5cm) buttons.

### SUGGESTED FABRICS:

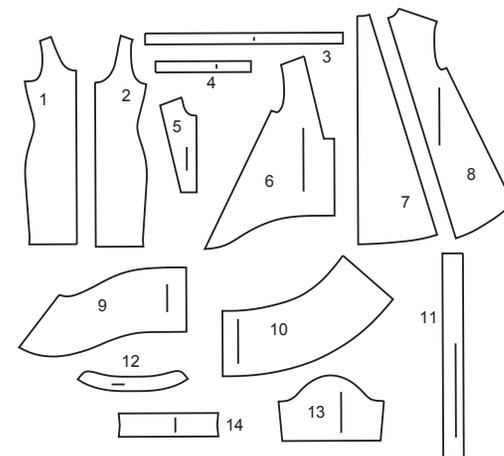
> **A:** Stretch Knits only such as Interlock, ITY, Jersey, Rib Knit. See Stretch Gauge.  
 > **B,C, Contrast C:** Batiks, Chambray, Cotton Blends, Cotton Lawn, Jacquard, Linen Blends, Shirtings, Voile. **B,C:** also in Burnouts, Georgette, Novelty Sheer, Organza. **Interfacing B,C:** Lightweight Fusible.



Your printed tile pieces should be assembled before you move on to this step!

### PIECES (14)

- 1 FRONT - A
- 2 BACK - A
- 3 NECKBAND - A
- 4 ARMHOLE BAND - A
- 5 YOKE FRONT - B,C
- 6 UPPER FRONT - B,C
- 7 UPPER BACK - B,C
- 8 UPPER SIDE BACK - B,C
- 9 LOWER FRONT - B,C
- 10 LOWER BACK - B,C
- 11 FRONT BAND - B,C
- 12 NECKBAND - B,C
- 13 SLEEVE - B,C
- 14 SLEEVE BAND - B,C





## FINISHED GARMENT MEASUREMENTS

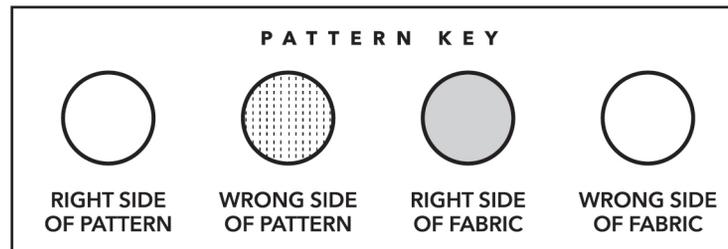
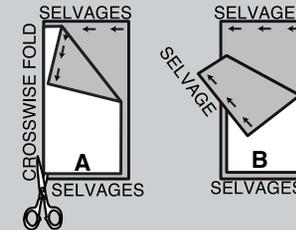
SIZES	8	10	12	14	16	18	20	22	24	26	
<b>A BUST</b>	33	34	35½	37½	39½	41½	43½	45½	47½	49½	in.
	84	86	90	95	100	105	110	116	121	126	cm.
<b>B,C BUST</b>	46	47	48½	50½	52½	54½	56½	58½	60½	62½	in.
	117	119	123	128	133	138	144	149	154	159	cm.
<b>A WAIST</b>	27	28	29½	31½	33½	35½	37½	39½	41½	43½	in.
	69	71	75	80	85	90	95	100	105	110	cm.
<b>A HIP</b>	34	35	36½	38½	40½	42½	44½	46½	48½	50½	in.
	86	89	93	98	103	108	113	118	123	128	cm.
<b>WIDTH, LOWER EDGE</b>											
<b>A</b>	31	32	33½	35½	37½	39½	41½	43½	45½	47½	ins.
	79	81	85	90	95	100	105	110	116	121	cm.
<b>FINISHED BACK LENGTH FROM BASE OF NECK</b>											
<b>A</b>	35¾	36	36¼	36½	36¾	37	37¼	37½	37¾	38	ins.
	91	91	92	93	93	94	95	95	96	97	cm.
<b>B,C</b>	50¼	50½	50¾	51	51¼	51½	51¾	52	52¼	52½	ins.
	128	128	129	130	130	131	132	132	133	133	cm.

## BODY MEASUREMENTS

SIZES	8	10	12	14	16	18	20	22	24	26	
<b>BUST</b>	31½	32½	34	36	38	40	42	44	46	48	in.
	80	83	87	92	97	102	107	112	117	122	cm.
<b>WAIST</b>	24	25	26½	28	30	32	34	37	39	41	in.
	61	64	67	71	76	81	87	94	99	104	cm.
<b>HIP-9" (23CM) BELOW WAIST</b>	33½	34½	36	38	40	42	44	46	48	50	in.
	85	88	92	97	102	107	112	117	122	127	cm.
<b>BACK-NECK TO WAIST</b>	15¾	16	16¼	16½	16¾	17	17¼	17½	17¾	18	in.
	40	40.5	41.5	42	42.5	43	44	44.5	45	46	cm.

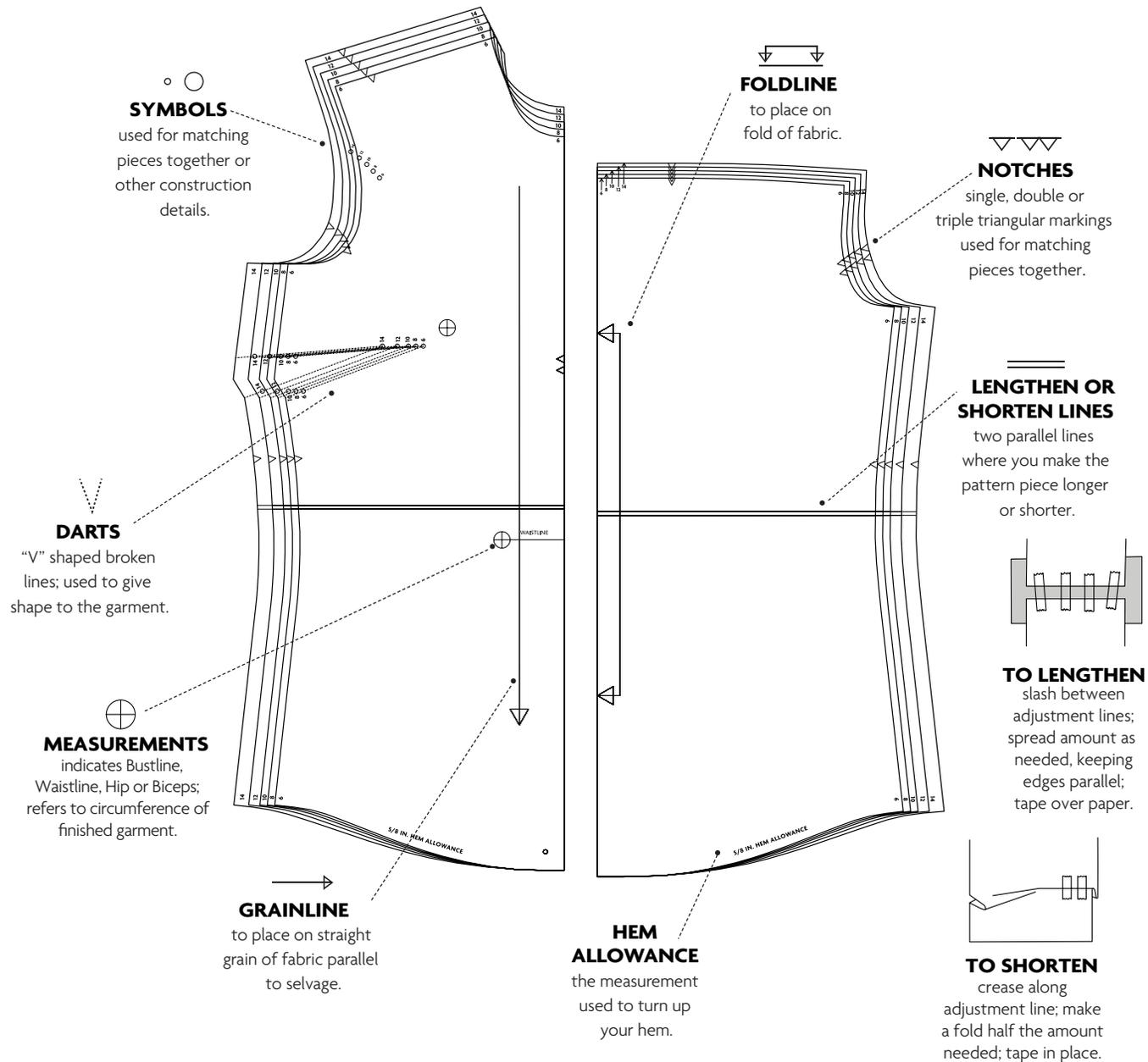
## CUTTING AND MARKING

- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > \***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.  
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.  
**NOTE:** Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.
- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.

## PATTERN MARKINGS

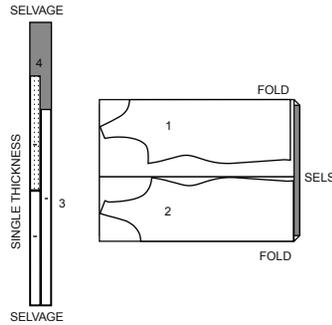


**CUTTING LAYOUTS**

**DRESS A**  
SIZED FOR STRETCH KNITS ONLY

use pieces: 1 2 3 4

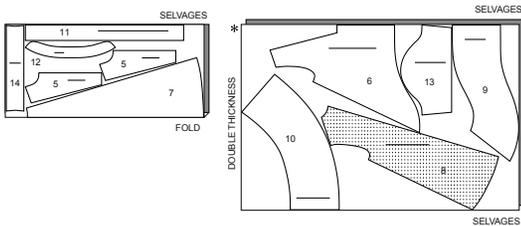
60" (150 cm)  
with nap  
all sizes



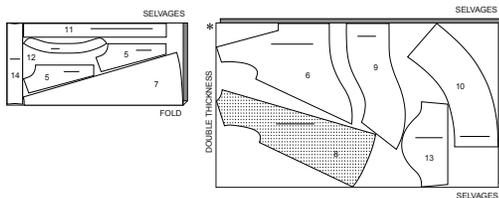
**DRESS B**

use pieces: 5 6 7 8 9 10 11 12 13 14

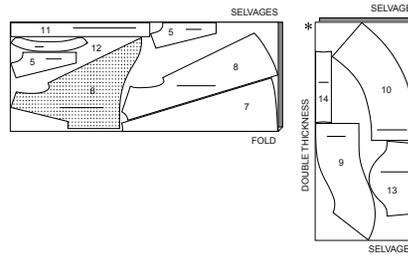
45" (115 cm)  
with nap  
Sizes 8 10 12 14 16 18 20



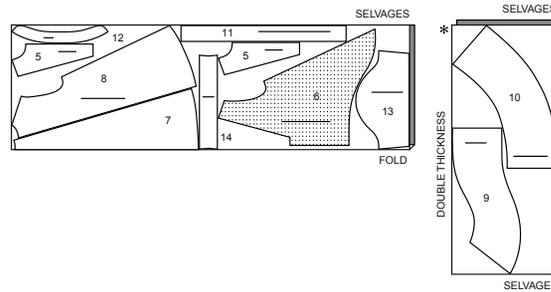
45" (115 cm)  
with nap  
Sizes 22 24 26



60" (150 cm)  
with nap  
Sizes 8 10 12 14



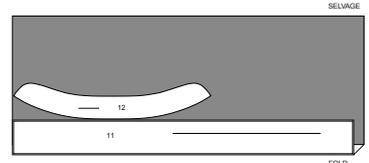
60" (150 cm)  
with nap  
Sizes 16 18 20 22 24 26



**INTERFACING B, C**

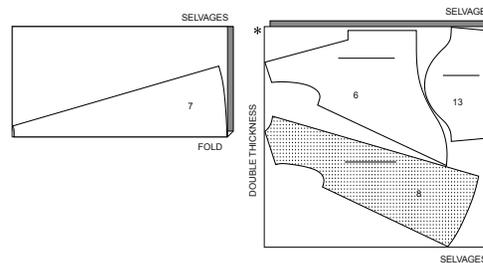
use pieces: 11 12

20" (51 cm)  
with nap  
all sizes

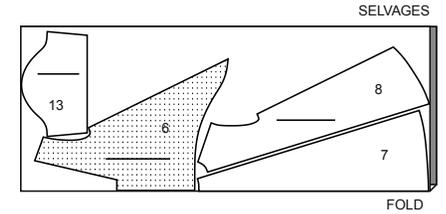


**DRESS C**

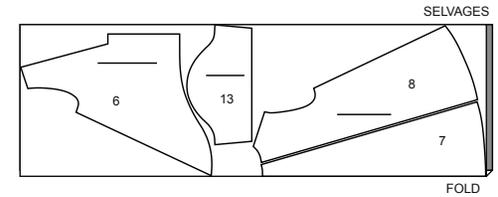
use pieces: 6 7 8 13  
45" (115 cm)  
with nap  
all sizes



60" (150 cm)  
with nap  
Size 8

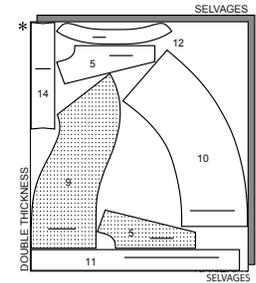


60" (150 cm)  
with nap  
Sizes 10 12 14 16 18 20 22 24 26

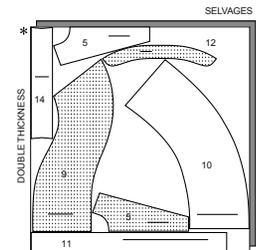


**DRESS CONTRAST C**

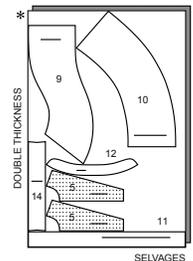
use pieces: 5 9 10 11 12 14  
45" (115 cm)  
with nap  
Sizes 8 10 12 14



45" (115 cm)  
with nap  
Sizes 16 18 20 22 24 26



60" (150 cm)  
with nap  
all sizes



PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

## SEWING INFORMATION

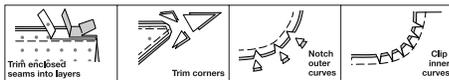
**5/8" (1.5cm) SEAM ALLOWANCES ARE INCLUDED,**  
(unless otherwise indicated)

### ILLUSTRATION SHADING KEY

Right Side	Wrong Side	Interfacing	Lining	Underlining

Pin or baste seams, right side together, matching notches. Fit garment before stitching major seams.

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.



## GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

**DOUBLE - STITCH** - Stitch seam along seamline; stitch again 1/4" (6mm) away in seam allowance using a straight stitch OR zigzag stitch; trim close to second stitching OR overlock seam.

**EDGESTITCH** - Stitch close to finished edge or seam.

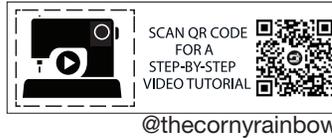
**REINFORCE** - Stitch along seamline where indicated in sewing instructions, using small machine stitches.

**SLIPSTITCH** - Slide needle through a folded edge, then pick up a thread of underneath fabric.

**STAYSTITCH** - Stitch 1/8" (3mm) from seamline in seam allowance [usually 1/2" (1.3cm) from raw edge].

**TOPSTITCH** - On outside, stitch 1/4" (6mm) from edge, seam or previous stitching, using presser foot as guide, or stitch where indicated in instructions.

**UNDERSTITCH** - Open out facing or underside of garment; stitch to seam allowance close to seam.



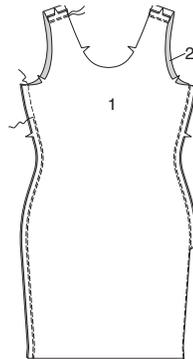
## SEWING DIRECTIONS

### DRESS A

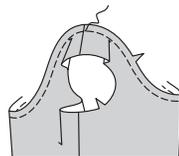
**NOTE:** Stretch fabric evenly in front and back of needle while stitching.

### FRONT AND BACK

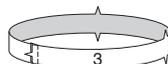
**1.** Stitch **FRONT** (1) to **BACK** (2) at shoulders and sides in **DOUBLE-STITCHED** seams. Press seams toward back.



**2.** **STAYSTITCH** neck edge of dress.



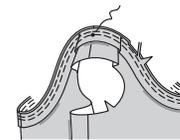
**3.** Stitch ends of **NECK BAND** (3) together.



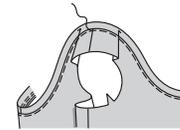
**4.** With wrong sides together, fold neck band in half lengthwise; press lightly. Pin raw edges together.



**5.** Pin neck band to neck edge, matching centers, placing small dots at shoulder seams. Stitch in a 1/2" (1.3cm) seam, stretching neck band to fit. Stitch again 1/4" (6mm) away in seam allowance. Trim close to stitching. Press seam down.



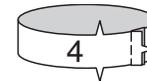
**6.** **EDGESTITCH** neck edge.



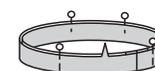
**7.** **STAYSTITCH** armhole edge of dress.



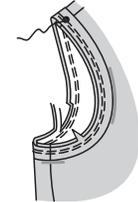
**8.** Stitch ends of **ARMHOLE BAND** (4) together.



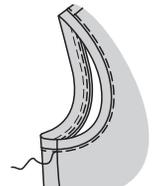
**9.** With wrong sides together, fold armhole band in half lengthwise; press lightly. Pin raw edges together.



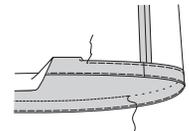
**10.** Pin band to armhole edge, matching seams, placing small dot at shoulder seams. Stitch in a 1/2" (1.3cm) seam, stretching armhole band to fit. Stitch again 1/4" (6mm) away in seam allowance. Trim close to stitching. Press seam toward dress.



**11.** **EDGESTITCH** armhole edge.



**12.** Turn up dress hem. Baste close to fold. Turn in 1/4" (6mm) on raw edge. Baste hem in place close to upper edge. Press **TOPSTITCH** hem along upper basting.

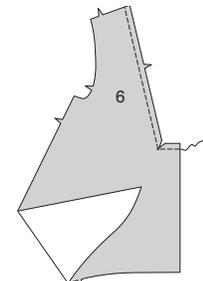


### DRESS B,C

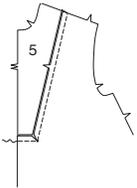
**NOTE:** Illustrated for **View B**.

### FRONT AND BACK

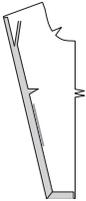
**1.** **REINFORCE** inner corner of **UPPER FRONT** (6) along stitching line, pivoting at small dot. Clip to small dot.



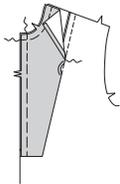
**2.** For each side, with right sides together, pin one YOKE FRONT (5) section to upper front, matching small dots. Stitch. Trim. Press seam toward yoke.



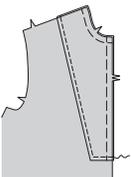
**3.** For each side, for facing, turn in seam allowances on side and lower edges of one remaining yoke front section. Press. Trim pressed seam allowance to 3/8" (1cm).



**4.** With wrong sides together, pin yoke front facing to yoke front, matching notches and small dots, placing pressed edges along seam, as shown. **SLIPSTITCH** pressed edges over seam. Baste raw edges.

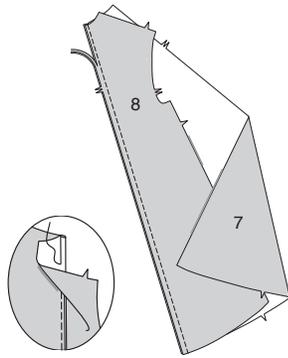


**5. TOPSTITCH** yoke seam, as shown.



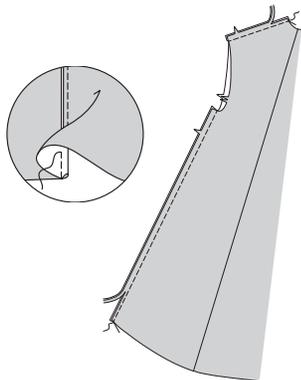
**6.** Stitch UPPER SIDE BACK (8) sections to side edges of UPPER BACK (7), using French seams.

To make French seam, with wrong sides together, stitch 1/4" (6mm) from seamline in seam allowance. Trim close to stitching. With right sides together, crease along seam; press. Stitch along seamline, encasing raw edges. Press seams toward upper back.



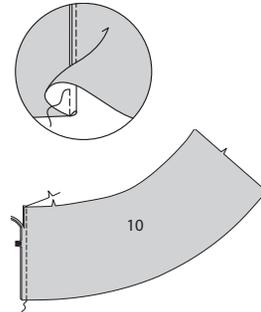
**7.** Stitch front to back at shoulders and sides, using French seams.

To make French seam, with wrong sides together, stitch 1/4" (6mm) from seamline in seam allowance. Trim close to stitching. With right sides together, crease along seam; press. Stitch along seamline, encasing raw edges. Press seams toward back.



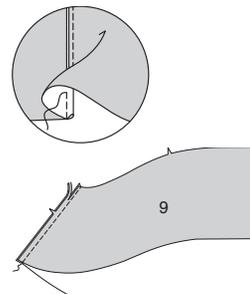
**8.** Stitch center back edges of LOWER BACK (10) together in a French seam.

To make French seam, with wrong sides together, stitch 1/4" (6mm) from seamline in seam allowance. Trim close to stitching. With right sides together, crease along seam; press. Stitch along seamline, encasing raw edges. Press seam toward one side.

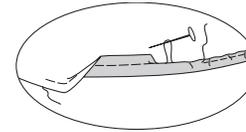


**9.** Stitch LOWER FRONT (9) sections to side edges of lower back, using French seams.

To make French seam, with wrong sides together, stitch 1/4" (6mm) from seamline in seam allowance. Trim close to stitching. With right sides together, crease along seam; press. Stitch along seamline, encasing raw edges. Press seams toward back.

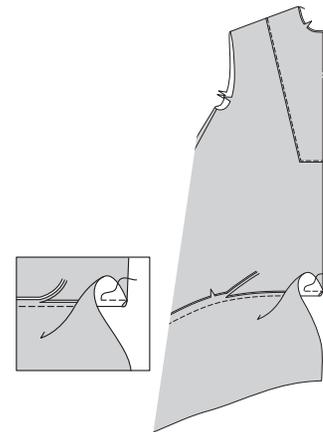


**10.** Stitch 1/4" (6mm) from lower edge of lower front and back, using long machine stitches. Turn up 5/8" (1.5cm) hem, turning in 1/4" (6mm) on raw edge. Pull thread to ease in fullness. Stitch. Press.



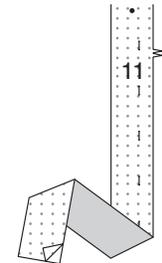
**11.** Stitch lower front and back to lower edge of dress, using a French seam.

To make French seam, with wrong sides together, stitch 1/4" (6mm) from seamline in seam allowance. Trim close to stitching. With right sides together, crease along seam; press. Stitch along seamline, encasing raw edges. Press seam up.

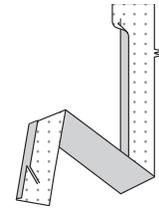


## FRONT AND NECK BANDS

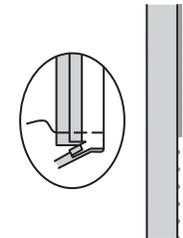
**12.** Pin INTERFACING (11) to wrong side of FRONT BAND (11). Fuse, following manufacturer's instructions.



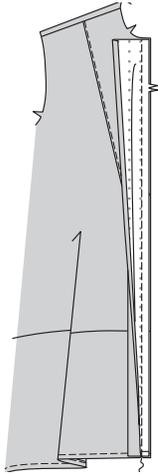
**13.** Turn in seam allowance on long unnotched edge of front band. Press. Trim pressed seam allowance to 3/8" (1cm).



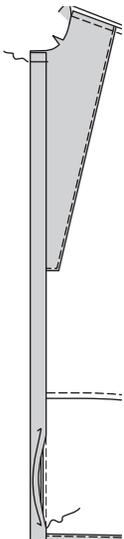
**14.** With right sides together, fold front band along foldline. Stitch lower edge. Trim. Turn; press.



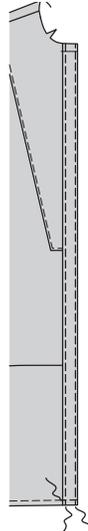
**15.** Pin front band to front, having raw edges even. Stitch, keeping pressed edge free. Trim. Press seam toward front band.



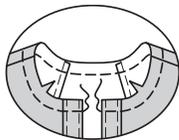
**16.** SLIPSTITCH pressed edge of front band over seam. Baste neck edge.



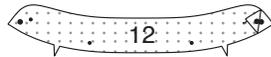
**17.** EDGESTITCH front band, as shown. TOPSTITCH lower edge, connecting with hem stitching.



**18.** STAYSTITCH neck edge.



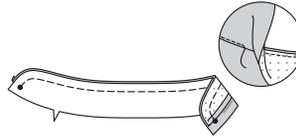
**19.** Pin INTERFACING (12) to wrong side of NECK BAND (12). Fuse, following manufacturer's instructions.



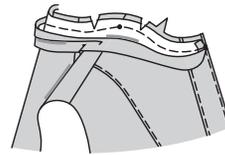
**20.** For facing, turn in seam allowance on lower notched edge of interfaced neck band section. Press, easing in fullness if necessary. Trim pressed seam allowance to 3/8" (1cm).



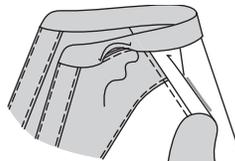
**21.** Pin neck band facing to neck band, matching centers and symbols. Stitch, leaving lower edge open. Trim. UNDERSTITCH neck band facing as far as possible. Turn. Press.



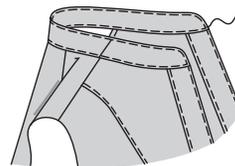
**22.** Pin band to neck edge, placing lower small dots at shoulder seams, matching centers, clipping neck edge where necessary. Stitch. Trim. Press seam toward neck band.



**23.** SLIPSTITCH pressed edge over seam.

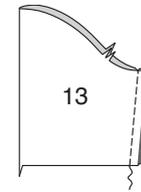


**24.** EDGESTITCH neck band, as shown.

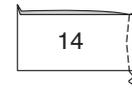


## SLEEVE AND FINISHING

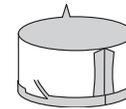
**25.** Stitch SLEEVE (13) seam.



**26.** Stitch ends of SLEEVE BAND (14) together.



**27.** Turn in seam allowance on long unnotched edge of sleeve band. Press. Trim pressed seam allowance to 3/8" (1cm).



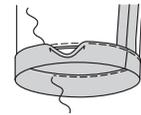
**28.** With wrong sides together, fold sleeve band along foldline. Press.



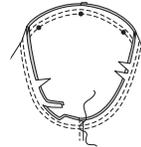
**29.** Pin sleeve band to lower edge of sleeve, matching seams and notches. Stitch, keeping pressed edge free. Trim. Press seam toward sleeve band.



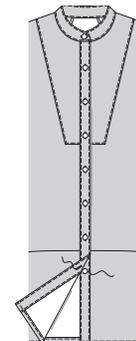
**30.** SLIPSTITCH pressed edge over seam. EDGESTITCH upper edge of sleeve band.



**31.** With right sides together, pin sleeve into armhole, placing center dot at shoulder seam. Stitch. Stitch again 1/4" (6mm) away in seam allowance. Trim close to stitching. Press seam allowances flat. Turn seam toward sleeve.



**32.** Make buttonholes in right front band and neck band at markings. Lap opening edges, matching centers. Using buttonholes as guide, make button markings on left front band. Sew buttons at markings. Sew button to neck band at small dot.





# Congrats!

You've completed your sewing adventure!

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