



@sinsofmany



>> MEN'S TOP, HOODIE AND PANTS
SKILL LEVEL: AVERAGE



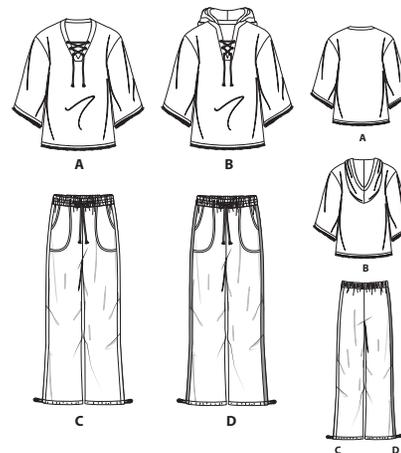
THINGS YOU NEED:

> **A,B:** 1½ yds. (1.4m) of ¼" - ⅜" (6mm - 10mm) cording, six ⅜" (1cm) grommets. **C,D:** 2¾ yds. (2.6m) of ½" (1.3cm) elastic, 1⅝ yds. (1.5m) of ⅜" (1cm) twill tape or cording, 2 yds. (1.9m) of ¼" (6mm) elastic cording, two barrel stops.

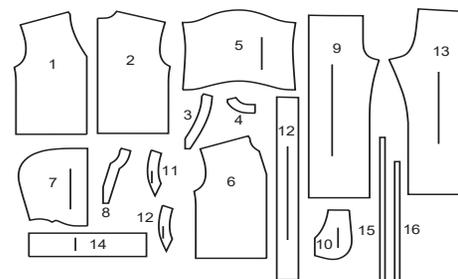
SUGGESTED FABRICS:

> Linen Blends, Cotton Blends, Knit, Lightweight Denim.

Interfacing: Lightweight Fusible.



Your printed tile pieces should be assembled before you move on to this step!



PIECES (16)

- | | |
|-------------------|--------------------------------|
| 1 FRONT-A | 9 FRONT-C,D |
| 2 BACK-A,B | 10 POCKET-C,D |
| 3 FRONT FACING-A | 11 POCKET FACING-C,D |
| 4 BACK FACING-A,B | 12 SIDE PANEL-C,D |
| 5 SLEEVE-A,B | 13 BACK-C,D |
| 6 FRONT-B | 14 CASING-C,D |
| 7 HOOD-B | 15 ELASTIC GUIDE FOR WAIST-C,D |
| 8 FRONT FACING-B | 16 ELASTIC GUIDE FOR LEG-C,D |

YARDAGE CHART

SIZES	34	36	38	40	42	44	46	48	50	52	
TOP A											
45"*	2¼	2¼	2¼	2⅞	2⅞	2⅞	2⅞	2⅞	2⅞	3	yds.
60"*	1¾	1¾	1¾	1¾	1¾	1¾	1¾	1⅞	2⅜	2⅜	"
115cm*	2.1	2.1	2.1	2.6	2.7	2.7	2.7	2.7	2.7	2.7	m.
150cm*	1.6	1.6	1.6	1.6	1.6	1.6	1.6	1.6	2.2	2.2	"
INTERFACING A											
20"	⅝	⅝	⅝	⅝	⅝	⅝	⅝	⅝	⅝	⅝	yds.
51cm	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	m.
HOODIE B											
45"*	2¼	2¼	2¼	2⅞	2⅞	2⅞	2⅞	2⅞	2⅞	3	yds.
60"*	1⅞	1⅞	2	2	2	2	2	2	2⅜	2⅜	"
115cm*	2.1	2.1	2.1	2.6	2.7	2.7	2.7	2.7	2.7	2.7	m.
150cm*	1.6	1.8	1.8	1.9	1.9	1.9	1.9	1.9	2.2	2.2	"
INTERFACING B											
20"	⅝	⅝	⅝	⅝	⅝	⅝	⅝	⅝	⅝	⅝	yds.
51cm	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	0.5	m.
PANTS C											
45"*	2⅞	2⅞	2⅞	2⅞	2⅞	2⅞	2⅞	3	3	3	yds.
60"*	1⅞	1¾	2¼	2⅜	2⅜	2¾	2¾	2¾	2¾	2¾	"
115cm*	2.6	2.6	2.6	2.6	2.6	2.6	2.6	2.6	2.7	2.7	m.
150cm*	1.5	1.6	2.1	2.1	2.2	2.5	2.5	2.5	2.5	2.5	"
PANTS D											
45"*	2⅞	2¾	2⅞	2⅞	2⅞	2⅞	2⅞	3	3	3	yds.
60"*	1⅞	1⅞	1¾	1¾	1¾	2⅜	2½	2½	2½	2¾	"
115cm*	2.4	2.5	2.6	2.6	2.6	2.6	2.6	2.6	2.7	2.7	m.
150cm*	1.5	1.5	1.5	1.6	1.6	2.2	2.2	2.3	2.3	2.5	"
CONTRAST D (SIDE PANEL)- 45, 60"* (115,150cm*)- 1⅜ yds. (1.3m)											
INTERFACING C,D- 20" (51cm) - ½ yd. (0.5m)											

FINISHED GARMENT MEASUREMENTS

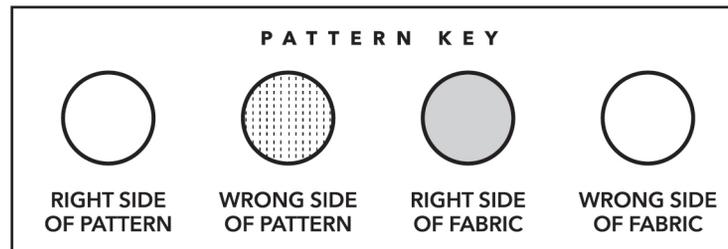
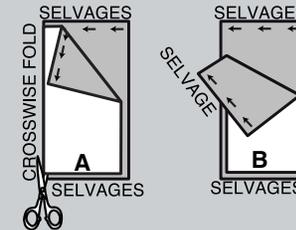
SIZES	34	36	38	40	42	44	46	48	50	52	
A,B CHEST	48	50	52	54	56	58	60	62	64	66	ins.
	122	127	132	137	142	147	152	157	163	168	cm.
A,B WAIST	47	49	51	53	55	57	59	61	63	65	ins.
	119	124	130	135	140	145	150	155	160	165	cm.
C,D WAIST	27	29	31	33	35	37	39	41	43	45	ins.
	69	74	79	84	89	94	99	104	109	114	cm.
C,D HIP	39½	41½	43½	45½	47½	49½	51½	53½	55½	57½	ins.
	100	105	110	116	121	126	131	136	141	146	cm.
WIDTH, LOWER EDGE											
A,B	47	49	51	53	55	57	59	61	63	65	ins.
	119	124	130	135	140	145	150	155	160	165	cm.
WIDTH, EACH LEG											
C,D	23½	24	24½	25	25½	26	26½	27	27½	28	ins.
	60	61	62	64	65	66	67	69	70	71	cm.
FINISHED BACK LENGTH FROM BASE OF NECK											
A,B	26¼	26½	26¾	27	27¼	27½	27¾	28	28¼	28½	ins.
	67	67	68	69	69	70	70	71	72	72	cm.
FINISHED SIDE LENGTH FROM WAIST											
C,D	42¼	42½	42¾	43	43¼	43½	43¾	44	44¼	44½	ins.
	107	108	109	109	110	110	111	112	112	113	cm.

BODY MEASUREMENTS

SIZES	34	36	38	40	42	44	46	48	50	52	
CHEST	34	36	38	40	42	44	46	48	50	52	ins.
	87	92	97	102	107	112	117	122	127	132	cm.
WAIST	28	30	32	34	36	39	42	44	46	48	ins.
	71	76	82	87	92	99	107	112	117	122	cm.
HIP	35	37	39	41	43	45	47	49	51	53	ins.
	89	94	99	104	109	115	119	124	128	135	cm.

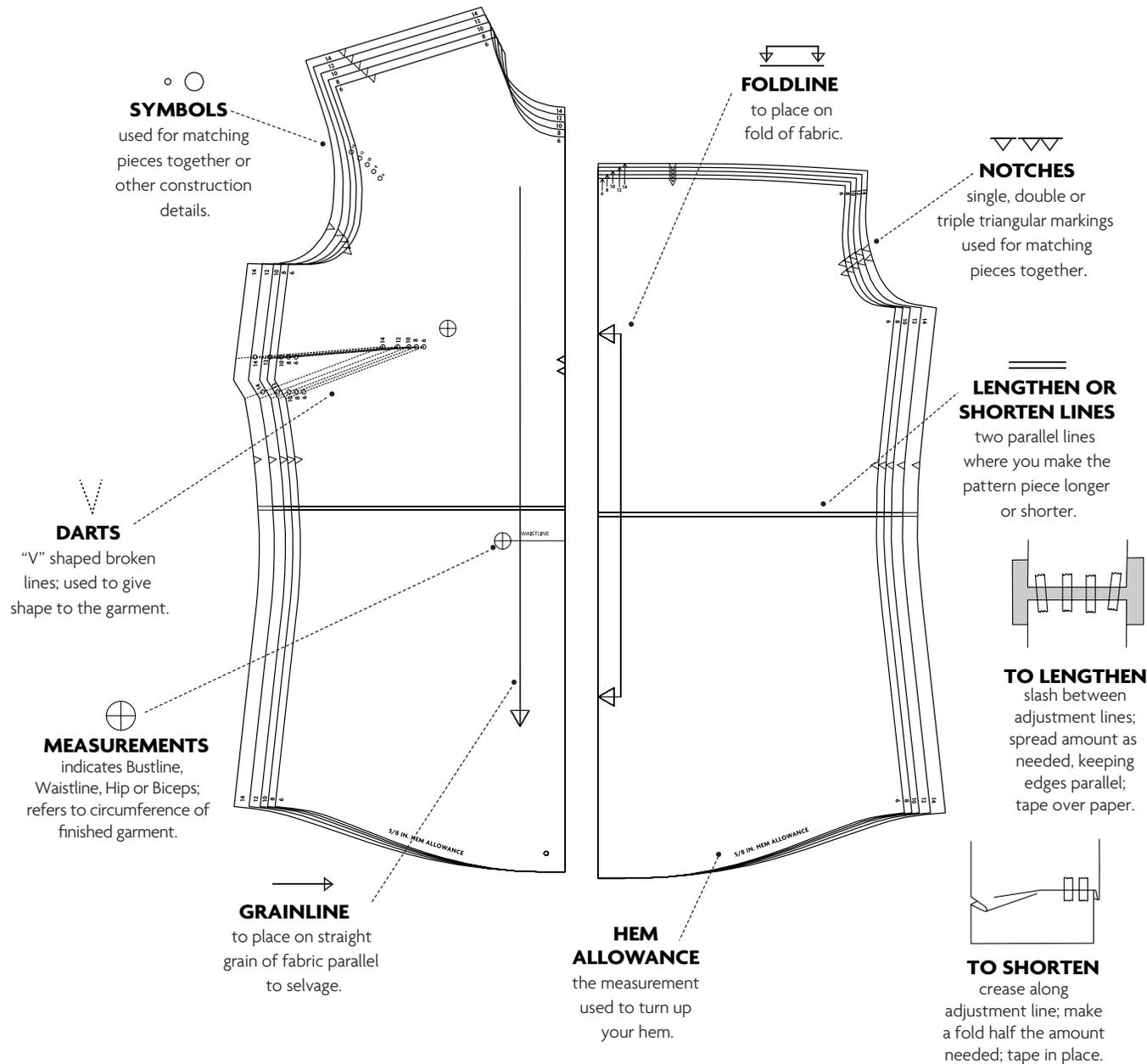
CUTTING AND MARKING

- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > ***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.
- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.

PATTERN MARKINGS



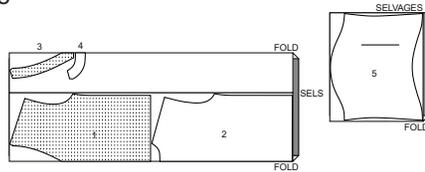
To customize your look like Sinsofmany, see Sew Along video.

CUTTING LAYOUTS

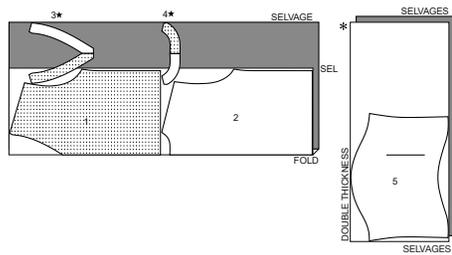
TOP A

PIECES 1 2 3 4 5

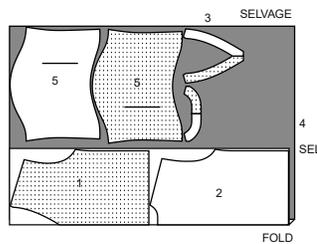
45" (115CM)
WITH NAP
SIZES 34 36 38



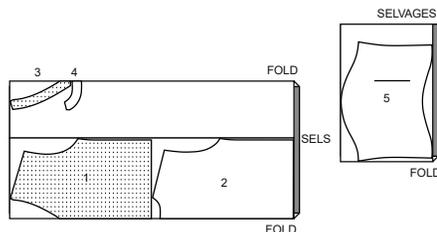
45" (115CM)
WITH NAP
SIZES 40 42 44 46 48 50 52



60" (150CM)
WITH NAP
SIZES 34 36 38 40 42
44 46 48



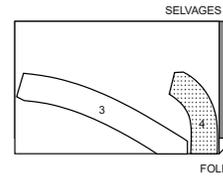
60" (150CM)
WITH NAP
SIZES 50 52



INTERFACING A

PIECES 3 4

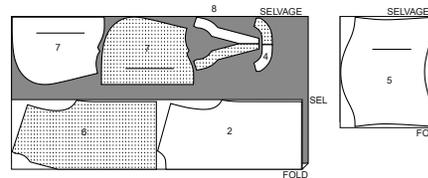
20" (51CM)
ALL SIZES



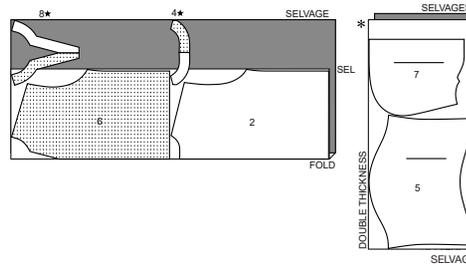
HOODIE B

PIECES 2 4 5 6 7 8

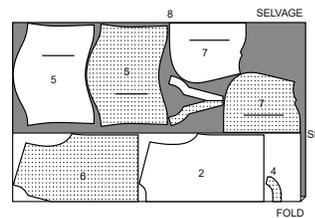
45" (115CM)
WITH NAP
SIZES 34 36 38



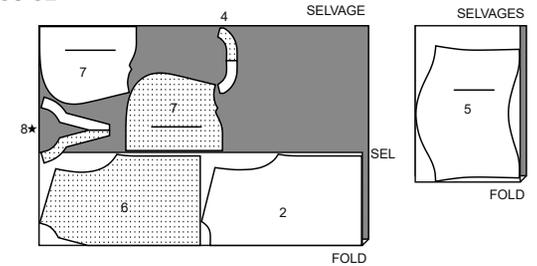
45" (115CM)
WITH NAP
SIZES 40 42 44 46 48 50 52



60" (150CM)
WITH NAP
SIZES 34 36 38 40 42
44 46 48



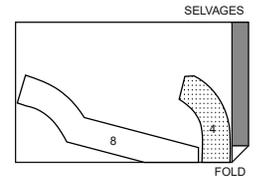
60" (150CM)
WITH NAP
SIZES 50 52



INTERFACING B

PIECES 4 8

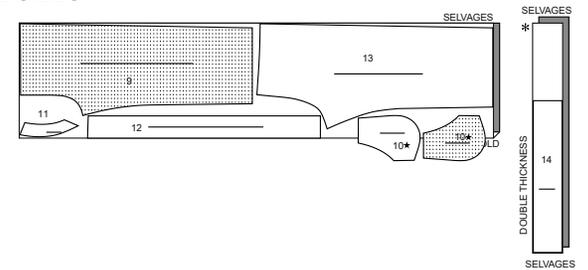
20" (51CM)
ALL SIZES



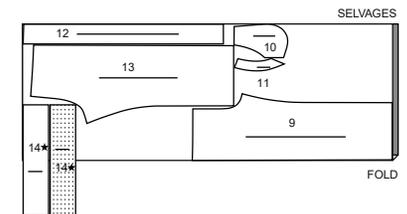
PANTS C

PIECES 9 10 11 12 13 14

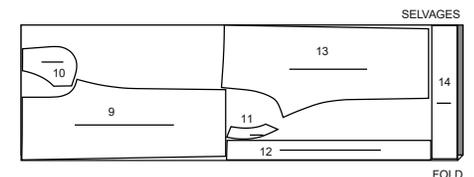
45" (115CM) WITH NAP
ALL SIZES



60" (150CM)
WITH NAP
SIZES 34 36 38
40 42



60" (150CM)
WITH NAP
SIZES 44 46
48 50 52

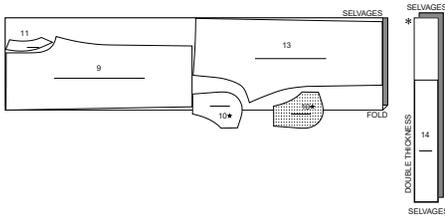


CUTTING LAYOUTS CONTINUED

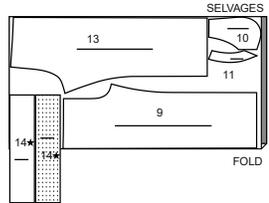
PANTS D

PIECES 9 10 11 13 14

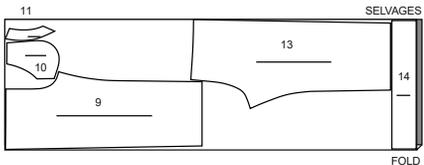
45" (115CM) WITH NAP
ALL SIZES



60" (150CM)
WITH NAP
SIZES 34 36
38 40 42

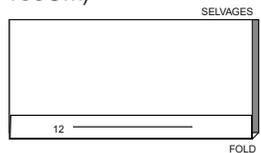


60" (150CM) WITH NAP
SIZES 44 46 48 50 52



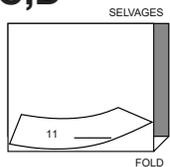
CONTRAST D

PIECE 12
45"/60" (115CM/150CM)
WITH NAP
ALL SIZES



**INTERFACING C,D
(POCKET FACING)**

PIECE 11
20" (51CM)
ALL SIZES



PATTERN PIECES WILL BE IDENTIFIED
BY NUMBERS THE FIRST TIME THEY
ARE USED.

SEWING INFORMATION

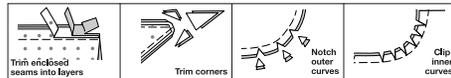
**5/8" (1.5cm) SEAM ALLOWANCES
ARE INCLUDED,**
(unless otherwise indicated)

ILLUSTRATION SHADING KEY

Right Side	Wrong Side	Interfacing	Lining	Underlining

Pin or baste seams, right side together,
matching notches. Fit garment before
stitching major seams.

Press seam allowances flat; then open
unless otherwise stated. Clip where
necessary so they lie flat.



GLOSSARY

Sewing terms appearing in **BOLD TYPE** in
Sewing Instructions are explained below.

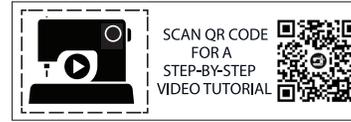
FINISH – Stitch 1/4" (6mm) from raw edge
and finish with one of the following: (1)
Pink OR (2) overcast OR (3) Turn in along
stitching and stitch close to fold OR (4)
Overlock.

SLIPSTITCH – Slide needle through a folded
edge, then pick up a thread of underneath
fabric.

STAYSTITCH – Stitch 1/8" (3mm) from
seamline in seam allowance [usually
1/2" (1.3cm) from raw edge].

TOPSTITCH – On outside, stitch
1/4" (6mm) from edge, seam, or previous
stitching, using presser foot as guide, or
stitch where indicated in instructions.

UNDERSTITCH – Open out facing or
underside of garment; stitch to seam
allowance close to seam.



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SEWING DIRECTIONS

**GENERAL TIPS FOR APPLYING
GROMMETS**

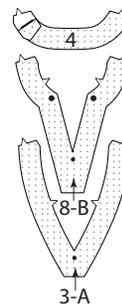
- Create grommet openings by using
an awl, or cut out small holes using
embroidery scissors.
- Set grommets on a hard surface. You
can use a scrap of hardwood or a
jewelers block.
- Hit the grommet setter with a rawhide
or rubber mallet to ensure even setting.
- Practice applying grommets on a fabric
remnant before applying to garment.

TOP A,B

NOTE: View A will be illustrated unless
otherwise indicated.

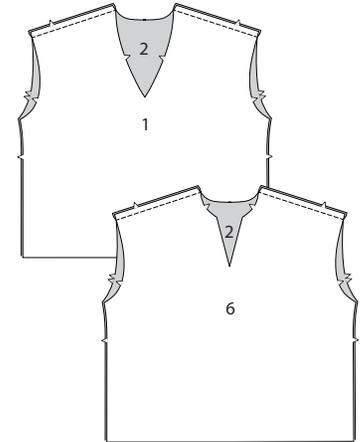
Interfacing

1. Pin Interfacing to wrong side
of each matching fabric or
lining section. Fuse, following
manufacturer's instructions.

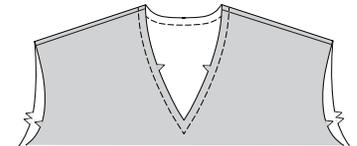


Front and Back

2. With right sides together, stitch **FRONT**
(1 OR 6) to **BACK** (2) at shoulders.

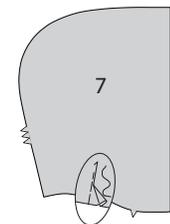


3. **STAYSTITCH** neck edge of front and
back.

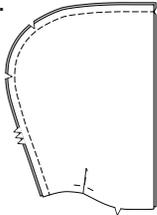


Hood B

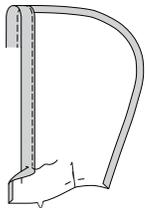
4. To make pleats, in **HOOD** (7)
sections, on **OUTSIDE**, fold along
solid lines.
Bring folds to broken lines; pin.
Baste across raw edge.



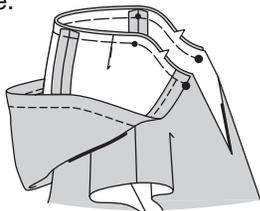
5. With right sides together, stitch center back seam of HOOD (7) sections.



6. Press front edge of hood to inside along fold line, pressing under 1/4" (6mm) on raw edge. Stitch close to inner pressed edge.

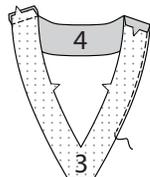


7. On outside, pin hood to neck edge matching large dots, notches and small dots to shoulder seams. Baste.

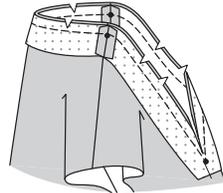


Facing and Sleeve

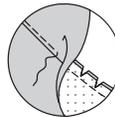
8. With right sides together, stitch FRONT FACING (3 OR 8) to BACK FACING (4) at shoulder seams. **FINISH** unnotched edge of facing.



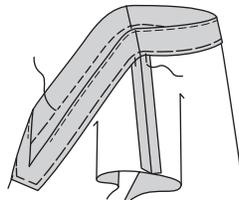
9. On outside, pin facing to neck edge, over hood for View B, matching markings. Clip to stay-stitching if necessary. Baste. Stitch. Reinforce stitching along stitching lines. Clip to stitching at small dot, being careful not to clip through stitching.



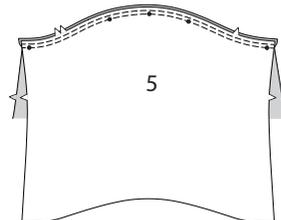
10. **UNDERSTITCH** facing as far as possible.



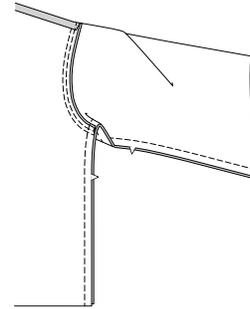
11. Turn facing to inside. Press. Hand-tack facing at shoulder seams. If desired, baste 3/8" (1cm) from finished edge of facing. On outside, top-stitch as basted.



12. With **RIGHT** sides together, pin SLEEVE (5) to armhole edges of front and back, placing middle small dot at shoulder seam, matching remaining small dots and notches. Stitch. Stitch again 1/4" (6mm) away within seam allowance. Trim close to stitching. Press seam toward sleeve.

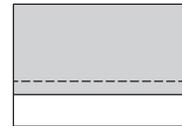


13. Pin front and back together at sides; pin sleeve edges together. Stitch in one continuous seam. Stitch underarm curve again along previous stitching, as shown.

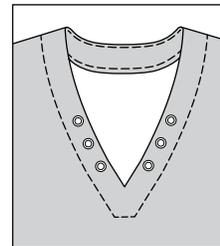


Finishing

14. To finish lower edges of sleeve and garment, stitch 1/2" (1.3cm) OR 1/4" (6mm) away from raw edges.



15. Apply grommets to front at markings, following manufacturer's directions. Thread cord through grommets as shown on front of envelope.

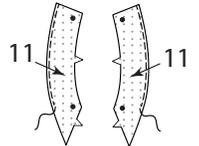


PANTS C, D

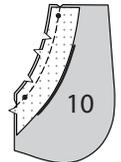
NOTE: View C will be illustrated unless otherwise indicated.

Front and Back

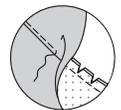
1. Pin **INTERFACING** to wrong side of **POCKET FACING** (11). Fuse, following manufacturer's instructions. **FINISH** unnotched edge of facing.



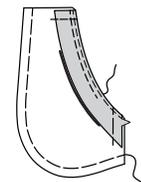
2. With right sides together, stitch pocket facing to **POCKET** (10) sections, matching notches. Stitch. Trim seam.



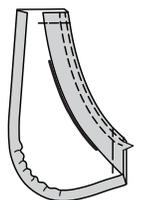
3. **UNDERSTITCH** pocket facing.



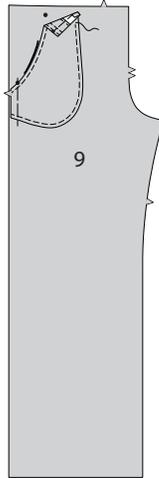
4. Turn facing to inside, press. **TOPSTITCH** finished edge. Baste raw edges together. Stitch curved edge of pocket along seamline, using long machine stitches, as shown.



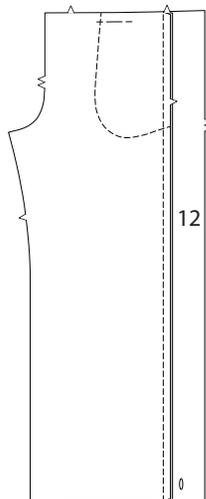
5. Turn in seam allowances on curved edge of pocket; pull threads to ease in fullness on curve. Press.



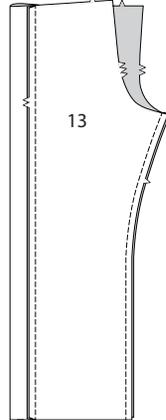
6. On outside, pin pocket to FRONT (9) sections, having pressed edges along placement lines. **TOPSTITCH** pocket along curved edge. Baste upper and side seam allowances together.



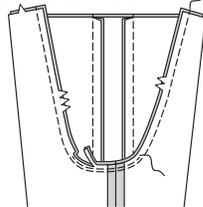
7. Make buttonholes in lower edge of SIDE PANEL (12) sections. With right sides together, pin panel to side edges of front, matching notches. Stitch. Press seam toward panel.



8. Stitch panel to BACK (13) matching notches. Press seam toward panel. Stitch front to back at inner leg seams, stretching back to fit.

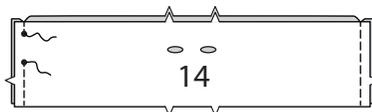


9. For crotch seam, turn one pant leg right side out; slip inside remaining pant leg. Stitch. Stitch again 1/4" (6mm) away in seam allowance along curve, as shown. Trim close to second stitching.

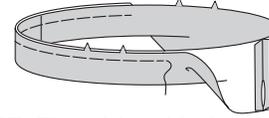


Casing

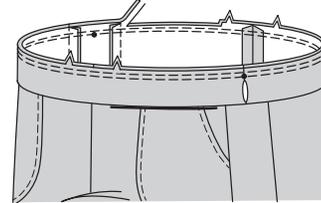
10. With RIGHT sides together, stitch side seams of CASING (14) sections, leaving an opening in LEFT side seam between small dots, as shown. Back-stitch at small dots to reinforce seam. Make button holes in front casing at markings.



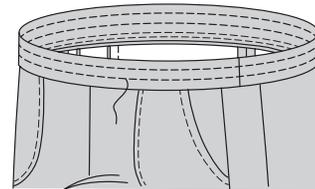
11. Fold casing in half, lengthwise, with WRONG sides together, having raw edges even. Baste raw edges together.



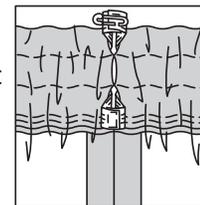
12. **NOTE:** The side with the opening is the underside of the casing. With the underside of casing facing you, pin casing to garment, matching centers and side seams. Stitch along seam line. Stitch again 1/4" (6mm) from first stitching within seam allowance. Trim close to second stitching.



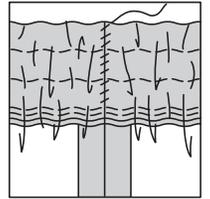
13. Press seam toward garment, pressing casing out. To form casings for elastic, stitch along stitching lines, as shown.



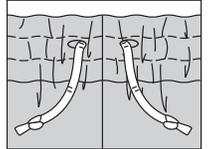
14. Cut two pieces of elastic, each the measurement of ELASTIC GUIDE FOR WAIST (15). Insert elastic through upper and lower openings. Lap ends; hold with safety pins. Try on and adjust if necessary. Stitch ends of elastic securely.



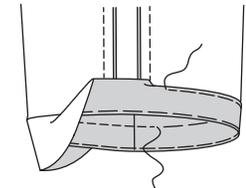
15. **SLIPSTITCH** openings.



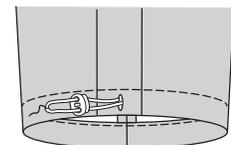
16. Insert drawstring through one buttonhole opening in front casing. Work drawstring through entire casing and out through remaining buttonhole, having ends extend evenly in the front. Knot ends of drawstring.



17. Turn up 1-1/4" (3.2cm) hem. Baste close to fold. Press under 1/4" (6mm) on raw edge. Sew hem in place close to inner pressed edge. Press.



18. Cut two pieces of elastic cording, each the measurement of ELASTIC GUIDE FOR LEG (16). Insert elastic through leg openings. Thread ends of cording through barrel stops and lap ends; stitch ends of elastic securely. Feed stitched end of cording into casing.



Adjust barrel stops as desired while wearing.



Congrats!

You've completed your sewing adventure!

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