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>> MISSES' KNIT DRESSES  
 SKILL LEVEL: AVERAGE



PDF PATTERNS

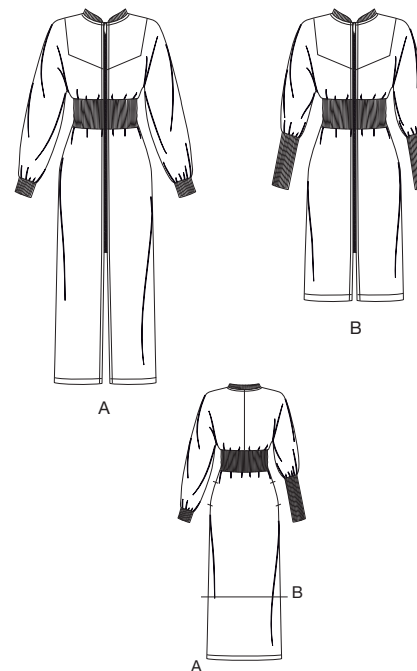
### THINGS YOU NEED:

- > One 30" (76cm) separating zipper.

### SUGGESTED FABRICS:

- > Moderate stretch knits only such as Double Knit, Ponte, Scuba, Sweatshirt Fleece, Terry Knit. **Contrast:** Rib Knit. See Stretch Gauge.

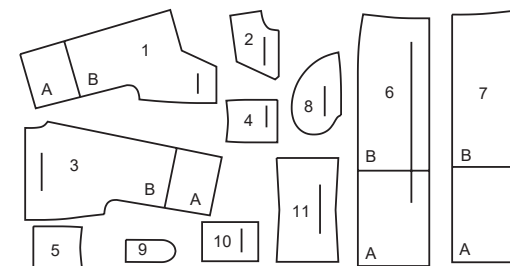
**Interfacing:** Lightweight fusible.



Your printed tile pieces should be assembled before you move on to this step!

### PIECES (11)

- 1 Bodice Front-A,B
- 2 Yoke Front-A,B
- 3 Bodice Back-A,B
- 4 Midriff Front-A,B
- 5 Midriff Back-A,B
- 6 Skirt Front-A,B
- 7 Skirt Back-A,B
- 8 Pocket-A,B
- 9 Neckband-A,B
- 10 Sleeve Band-A
- 11 Sleeve Band-B





## FINISHED GARMENT MEASUREMENTS

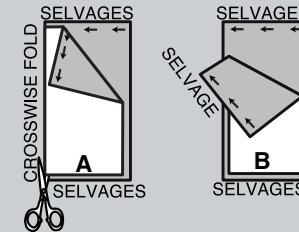
SIZES	8	10	12	14	16	18	20	22	24	26	
<b>A,B BUST</b>	40½	41½	43	45	47	49	51	53	55	57	in.
	103	105	109	115	120	125	130	135	140	145	cm.
<b>A,B WAIST</b>	24	25	26½	28½	30½	32½	34½	36½	38½	40½	in.
	61	64	67	72	78	83	88	93	98	103	cm.
<b>A,B HIP</b>	36	37	38½	40½	42½	44½	46½	48½	50½	52½	in.
	92	94	98	103	108	113	118	123	128	133	cm.
<b>WIDTH, LOWER EDGE</b>											
<b>DRESS A,B</b>	37	38	39½	41½	43½	45½	47½	49½	51½	53½	ins.
	94	96.5	100.5	106	111	116	121	126	131	136	cm.
<b>FINISHED BACK LENGTH FROM BASE OF NECK</b>											
<b>DRESS A</b>	51¾	52	52¼	52½	52¾	53	53¼	53½	53¾	54	in.
	131	132	132	133	134	135	135	136	137	138	cm.
<b>DRESS B</b>	37¾	38	38¼	38½	38¾	39	39¼	39½	39¾	40	in.
	96	96.5	97	98	98.5	99	100	100.5	101	102	cm.

## BODY MEASUREMENTS

SIZES	8	10	12	14	16	18	20	22	24	26	
<b>BUST</b>	31½	32½	34	36	38	40	42	44	46	48	in.
	80	83	87	92	97	102	107	112	117	122	cm.
<b>WAIST</b>	24	25	26½	28	30	32	34	37	39	41	in.
	61	64	67	71	76	81	87	94	99	104	cm.
<b>HIP</b>	33½	34½	36	38	40	42	44	46	48	50	in.
	85	88	92	97	102	107	112	117	122	127	cm.
<b>BACK WAIST LENGTH</b>	15¾	16	16¼	16½	16¾	17	17¼	17½	17¾	18	in.
	40	40.5	41.5	42	42.5	43	44	44.5	45	46	cm.

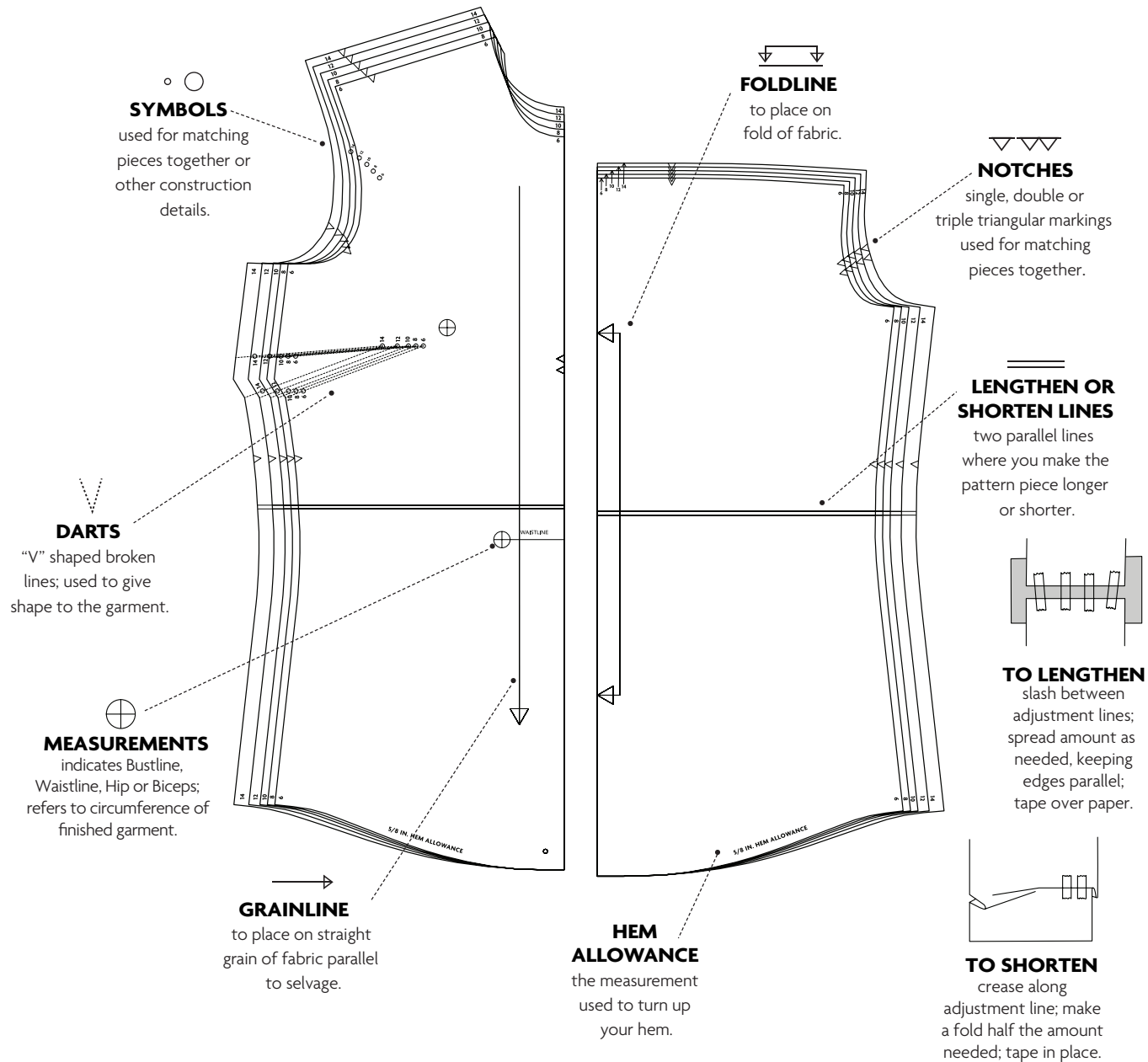
## CUTTING AND MARKING

- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > \***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.  
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.  
**NOTE:** Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.
- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.

## PATTERN MARKINGS

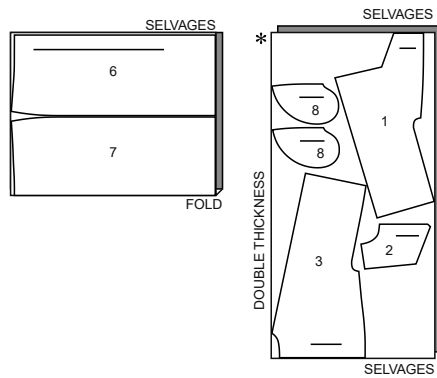


**CUTTING LAYOUTS**

**DRESS A**

use pieces: 1,2,3,6,7,8

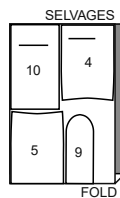
60" (150 cm)  
with nap  
all sizes



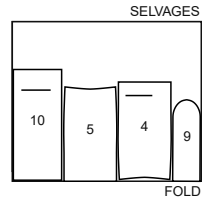
**CONTRAST A (MIDRIFF, SLEEVE BANDS, NECKBAND)**

use pieces: 4,5,9,10

40" (102 cm)  
with nap  
sizes 8-10-12-14-16



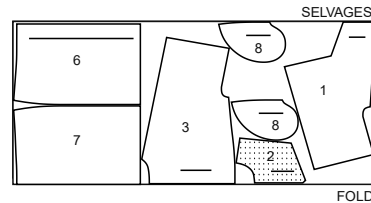
40" (102 cm)  
with nap  
sizes 18-20-22-24-26



**DRESS B**

use pieces: 1,2,3,6,7,8

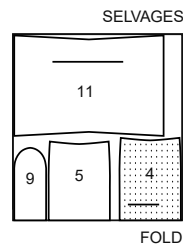
60" (150 cm)  
with nap  
all sizes



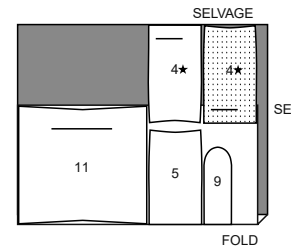
**CONTRAST B (MIDRIFF, SLEEVE BANDS, NECKBAND)**

use pieces: 4,5,9,11

40" (102 cm)  
with nap  
sizes 8-10-12-14



40" (102 cm)  
with nap  
sizes 16-18-20-22-24-26



PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

**SEWING INFORMATION**

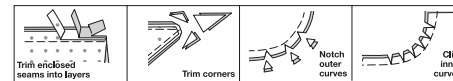
**5/8" (1.5cm) SEAM ALLOWANCES ARE INCLUDED,**  
(unless otherwise indicated)

**ILLUSTRATION SHADING KEY**

Right Side	Wrong Side	Interfacing	Lining	Underlining

Pin or baste seams, right side together, matching notches. Fit garment before stitching major seams.

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.



**GLOSSARY**

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

**TOPSTITCH** - On outside, stitch 1/4" (6mm) from edge, seam or previous stitching, using presser foot as guide, or stitch where indicated in instructions.



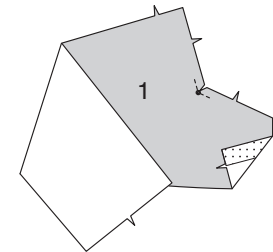
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**SEWING DIRECTIONS**

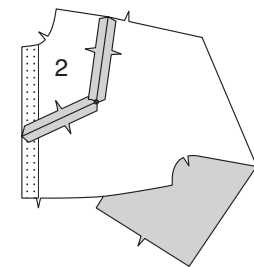
**DRESS A, B**

**NOTE:** To keep knit fabric stable for inserting zipper, cut two 1-1/4" (3.2cm) wide strips of fusible interfacing. Apply to center front edges of bodice front (1), yoke front (2), midriff front (4), and skirt front (6) sections above large dot, following manufacturer's directions, before continuing.

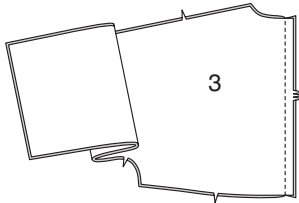
**1.** To reinforce inner edge of bodice front (1) at small dot, stitch along seam line for about 1" (2.5cm) each side of small dot, stitching through dots, as shown. Clip to stitching at dots.



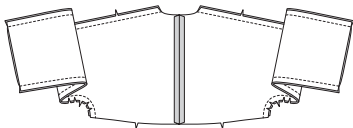
**2.** With right sides together and raw edges even, pin bodice front to yoke front (2), matching small dots and notches. Stitch, pivoting with needle in fabric at small dot.



**3.** Stitch center back edges of bodice back (3).



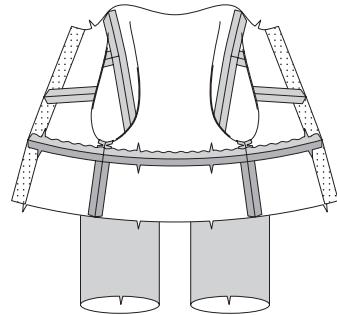
**4.** With right sides together and raw edges even, pin bodice front to bodice back at shoulder edges. Stitch. Stitch bodice front to bodice back at entire underarm seam. Clip curves.



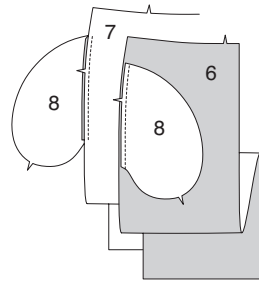
**5.** Stitch midriff front (4) to midriff back (5) at side edges.



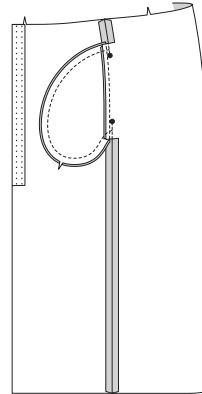
**6.** With right sides together and raw edges even, pin upper edge of midriff to lower edge of bodice, matching centers, seams, and notches. Stitch, stretching the midriff to fit. Press midriff away from bodice, press seam open.



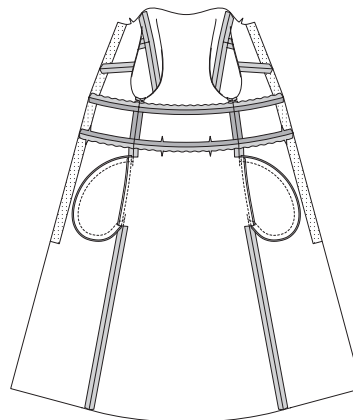
**7.** Apply pocket (8) to side edges of skirt front (6) and skirt back (7) as follows: With right sides together, pin pocket to skirt, matching notches, having raw edges even. Stitch in 3/8" (1cm) seam. Press seams toward pockets, pressing pockets out.



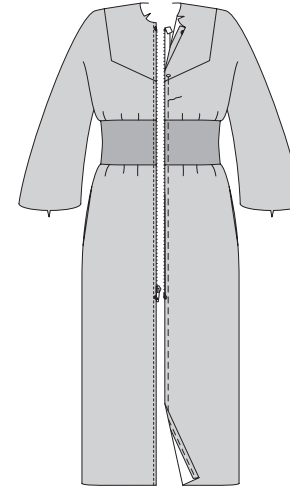
**8.** Pin front to back at side seams, matching large dots. Stitch side seams, leaving an opening between large dots. Stitch pocket edges together between the side seams. Clip skirt back seam allowance above and below pocket. Press seam open above and below clips. Press pocket toward skirt front.



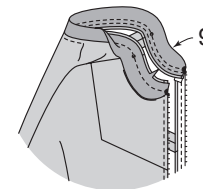
**9.** With right sides together and raw edges even, pin lower edge of midriff to upper edge of skirt, matching centers, seams, and notches. Stitch, stretching the midriff to fit. Press midriff away from skirt, pressing seam open.



**10.** Press under 5/8" (1.5cm) on front opening edges. Pin closed zipper under opening edges with tab end 3/4" (2cm) below upper edge, lower end at the large dot, and having edges just outside zipper teeth. Fold under upper edge of zipper tape. Baste. Stitch 1/4" (6mm) each side of center edges, continuing stitching to lower edge of skirt, using an adjustable zipper foot.

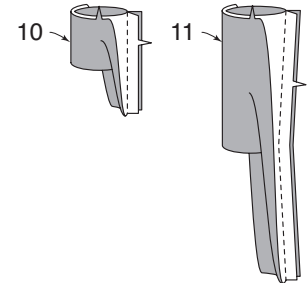


**11.** Fold neckband (9) at fold line with wrong sides together. Pin. Pin neckband to neck edge of dress with right sides together and raw edges even, matching centers, large dots, and notches, placing small dot at shoulder seam. Stitch, stretching the band to fit. Press seam toward bodice, pressing out neckband. On outside, **TOPSTITCH** bodice 1/4" (6mm) from seam.

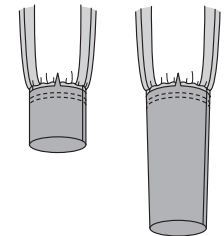


## Sleeve Band

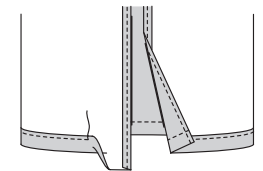
**12.** With **RIGHT** sides together, stitch notched ends of sleeve band (10 OR 11). Fold sleeve band in half, with **WRONG** sides together and raw edges even; press. Pin.



**13.** On **OUTSIDE**, pin band to lower edge of sleeve, matching underarm seams and notches, having raw edges even. Stitch, stretching band to fit. Stitch again 1/4" (6mm) from first stitching within the seam allowance. Trim close to second stitching. Press seam toward sleeve, pressing band out.



**14.** Mark length. Press up hem along marking. Mark depth of hem; trim evenly. Stitch **OR** zig-zag 1/4" (6mm) from raw edge between opening edges.





# Congrats!

You've completed your sewing adventure!


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