



@needleandthebelle



>> WOMEN'S TOP AND PANTS
 SKILL LEVEL: AVERAGE

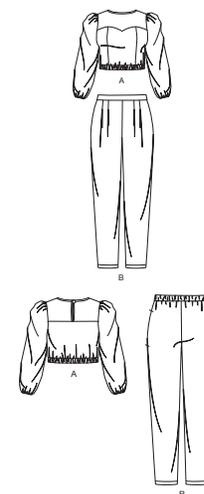


THINGS YOU NEED:

- > **A,B:** 1 1/4" (3.2cm) wide elastic: 1 1/2 yds. (1.5m) for **A**, 7/8 yd. (0.8m) for **B**.
- Also for A:** 1 yd. (1.0m) of 1/4" (6mm) wide elastic (for sleeves), one 3/8" (1cm) dome button. **Also for B:** 9" (23cm) invisible zipper.

SUGGESTED FABRICS:

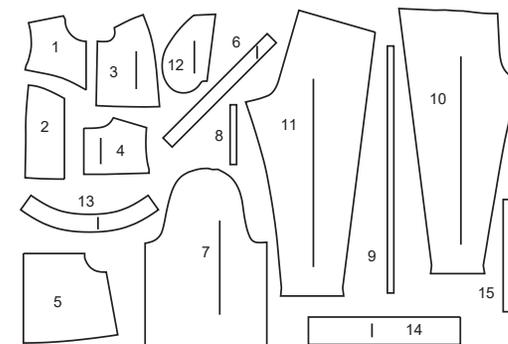
- > **A,B:** Cotton Blends, Linen Blends, Stretch Wovens, Ponte, Double Knit.
- A** also in Crepe de Chine, Silky Types. **Contrast A:** Novelty Sheer, Georgette, Chiffon. **Interfacing B:** Lightweight Fusible.



Your printed tile pieces should be assembled before you move on to this step!

PIECES (15)

- 1 Yoke Front-A
- 2 Front-A
- 3 Side Front-A
- 4 Yoke Back-A
- 5 Back-A
- 6 Neck Facing-A
- 7 Sleeve-A
- 8 Guide For Elastic-A (sleeve)
- 9 Guide For Elastic-A (waist)
- 10 Front-B
- 11 Back-B
- 12 Pocket-B
- 13 Front Waistband-B
- 14 Back Casing-B
- 15 Guide For Elastic-B (back)



YARDAGE CHARTS

SIZES	16W	18W	20W	22W	24W	26W	28W	30W	32W	34W	36W	38W	
TOP A													
45, 60"*	$\frac{7}{8}$	$\frac{7}{8}$	1	1	1	1	1	1	1	1	1	1	yds.
115, 150cm*	0.8	0.8	0.8	0.8	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	m.
CONTRAST A (YOKE FRONT, YOKE BACK, NECK FACING, SLEEVES)													
45"*	$1\frac{1}{4}$	$1\frac{1}{4}$	$1\frac{3}{8}$	$1\frac{3}{8}$	$1\frac{3}{8}$	$1\frac{3}{8}$	$1\frac{1}{2}$	$1\frac{5}{8}$	$1\frac{3}{4}$	$1\frac{7}{8}$	$1\frac{7}{8}$	2	yds.
60"*	$1\frac{1}{8}$	$1\frac{1}{8}$	$1\frac{1}{8}$	$1\frac{1}{8}$	$1\frac{1}{8}$	$1\frac{1}{4}$	"						
115cm*	1.2	1.2	1.3	1.3	1.3	1.3	1.4	1.5	1.6	1.8	1.8	1.9	m.
150cm*	1.1	1.1	1.1	1.1	1.1	1.1	1.2	1.2	1.2	1.2	1.2	1.2	"
PANTS B													
45"*	$2\frac{7}{8}$	$2\frac{7}{8}$	$2\frac{7}{8}$	$2\frac{7}{8}$	3	3	$3\frac{3}{8}$	$3\frac{1}{4}$	$3\frac{1}{2}$	$3\frac{5}{8}$	4	$4\frac{3}{8}$	yds.
60"*	$2\frac{1}{4}$	$2\frac{3}{8}$	$2\frac{3}{8}$	$2\frac{3}{8}$	$2\frac{3}{8}$	$2\frac{1}{2}$	$2\frac{1}{2}$	$2\frac{3}{4}$	$2\frac{3}{4}$	$2\frac{3}{4}$	$2\frac{3}{4}$	$2\frac{3}{4}$	"
115cm*	2.7	2.7	2.7	2.7	2.7	2.7	2.9	3.0	3.1	3.4	3.7	4.0	m.
150cm*	2.1	2.2	2.2	2.2	2.2	2.3	2.3	2.6	2.6	2.6	2.6	2.6	"
INTERFACING B													
20"	$\frac{5}{8}$	$\frac{3}{4}$	$\frac{3}{4}$	$\frac{3}{4}$	$\frac{3}{4}$	$\frac{3}{4}$	$\frac{7}{8}$	$\frac{7}{8}$	$\frac{7}{8}$	$\frac{7}{8}$	$\frac{7}{8}$	$\frac{7}{8}$	yds.
51cm	0.6	0.7	0.7	0.7	0.7	0.7	0.7	0.8	0.8	0.8	0.8	0.8	m.

FINISHED GARMENT MEASUREMENTS

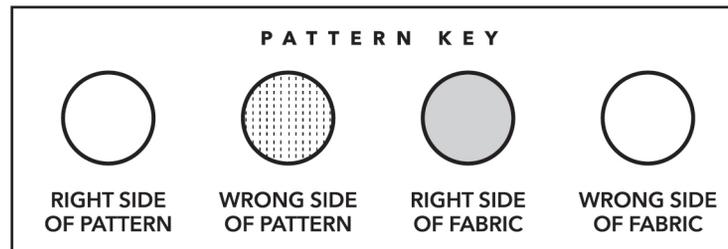
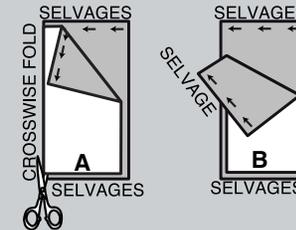
SIZES	16W	18W	20W	22W	24W	26W	28W	30W	32W	34W	36W	38W	
A BUST	44½	46½	48½	50½	52½	54½	56½	58½	60½	62½	64½	66½	yds.
	113	118	123	128	133	138	143	149	154	159	164	169	m.
B WAIST	40	42	44	46	48	50	52	54	56	58	60	62	yds.
	101	107	112	117	122	127	132	137	143	148	153	158	m.
B HIP	46½	48½	50½	52½	54½	56½	58½	60½	62½	64½	66½	68½	yds.
	118	123	128	133	138	143	149	154	159	164	169	174	m.
WIDTH, EACH LEG													
PANTS B	13½	14	14½	15	15½	16	16½	17	17½	18	18½	19	yds.
	35	36	37	38	40	41	42	43	45	46	47	49	m.
FINISHED SIDE LENGTH FROM WAIST													
PANTS B	41	41	41	41	41	41	41	41	41	41	41	41	yds.
	104	104	104	104	104	104	104	104	104	104	104	104	m.

BODY MEASUREMENTS

SIZES	16W	18W	20W	22W	24W	26W	28W	30W	32W	34W	36W	38W	
BUST	38	40	42	44	46	48	50	52	54	56	58	60	ins.
	97	102	107	112	117	122	127	132	137	142	147	152	cm.
WAIST	31	33	35	37	39	41½	44	46½	49	51½	54	56½	ins.
	79	84	89	94	99	105	112	118	124	131	138	144	cm.
HIP	40	42	44	46	48	50	52	54	56	58	60	62	ins.
	102	107	112	117	122	127	132	137	142	147	152	157	cm.
BACK WAIST LENGTH	17	17½	17¼	17¾	17½	17¾	17¾	17¾	18	18½	18½	18¾	ins.
	43	43.5	44	44	44.5	45	45	45.5	46	46	47	47.5	cm.

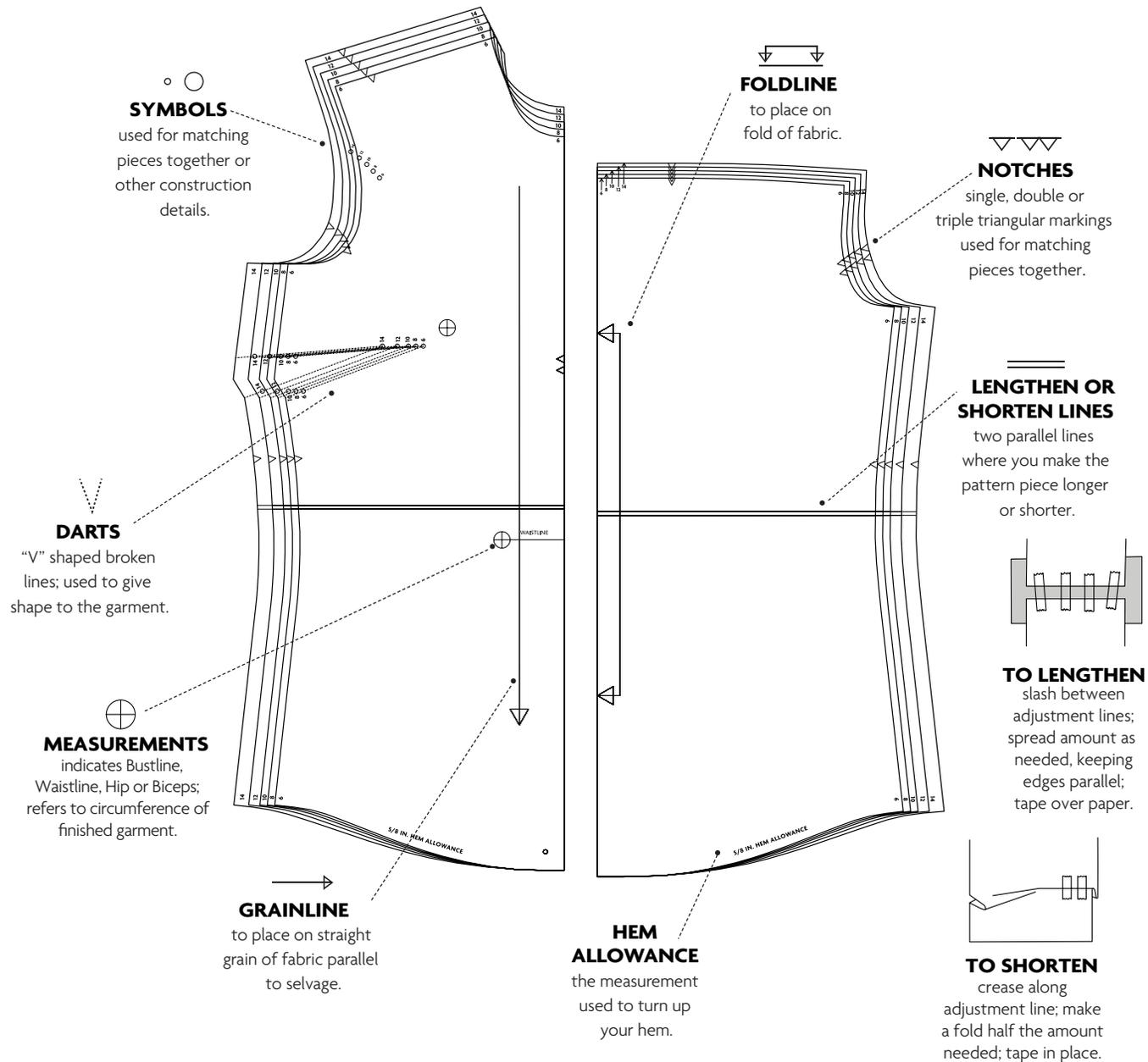
CUTTING AND MARKING

- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > ***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.
- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.

PATTERN MARKINGS



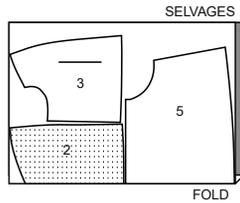
To customize your look like needleandthebelle, see Sew Along video.

CUTTING LAYOUTS

TOP A

use pieces: 2,3,5

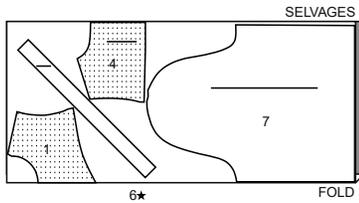
45, 60" (115, 150 cm)
with nap
all sizes



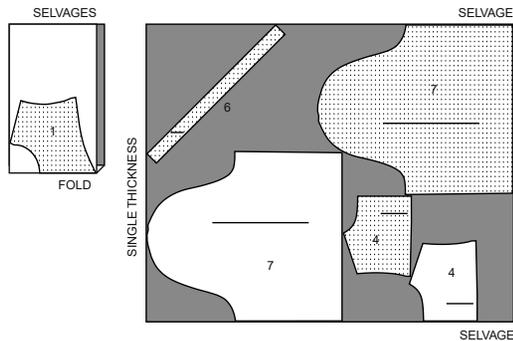
CONTRAST A (FRONT AND BACK YOKE, NECK FACING, SLEEVES)

use pieces: 1,4,6,7

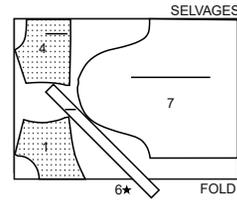
45" (115 cm)
with nap
sizes 16W-18W-20W-22W-24W-26W-28W



45" (115 cm)
with nap
sizes 30W-32W-34W-36W-38W



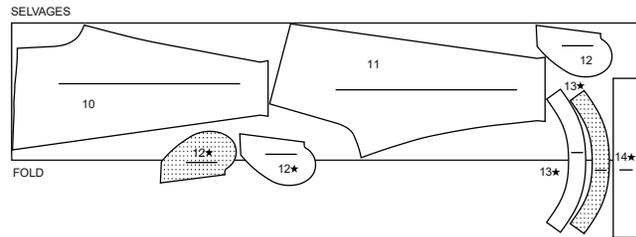
60" (150 cm)
with nap
all sizes



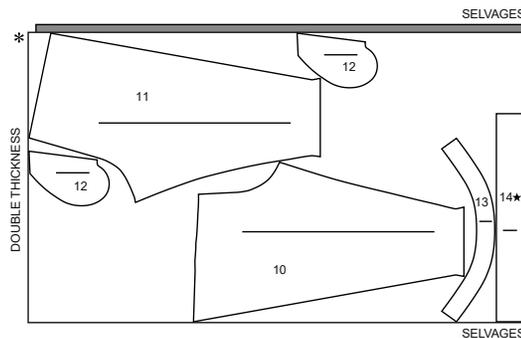
PANTS B

use pieces: 10,11,12,13,14

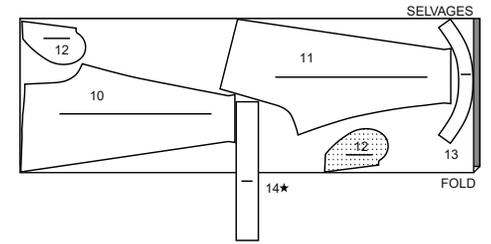
45" (115 cm)
with nap
sizes 16W-18W-20W-22W-24W-26W



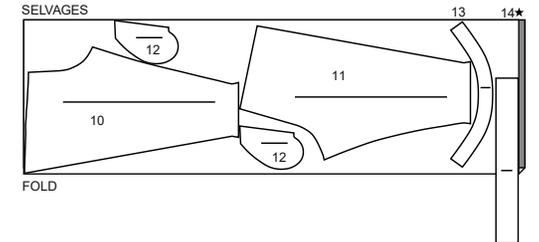
45" (115 cm)
with nap
sizes 28W-30W-32W-34W-36W-38W



60" (150 cm)
with nap
sizes 16W-18W-20W-22W-24W-26W-28W



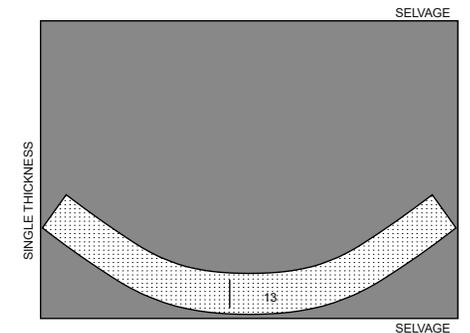
60" (150 cm)
with nap
sizes 30W-32W-34W-36W-38W



INTERFACING B

use piece: 13

20" (51 cm)
all sizes



PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

SEWING INFORMATION

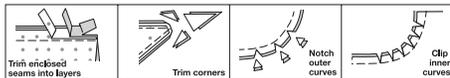
5/8" (1.5cm) SEAM ALLOWANCES ARE INCLUDED,
(unless otherwise indicated)

ILLUSTRATION SHADING KEY

Right Side	Wrong Side	Interfacing	Lining	Underlining

Pin or baste seams, right side together, matching notches. Fit garment before stitching major seams.

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.



GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

GATHER - Stitch along seamline and again 1/4" (6mm) away In seam allowance, using long machine stitches. Pull thread ends when adjusting to fit.

NARROW HEM - Turn in hem; press, easing in fullness if necessary. Open out hem. Turn in again so raw edge is along crease; press. Turn in along crease; stitch.

SLIPSTITCH - Slide needle through a folded edge, then pick up a thread of underneath fabric.

STAYSTITCH - Stitch 1/2" (1.3cm) from seamline in seam allowance.

UNDERSTITCH - Open out facing or underside of garment; stitch to seam allowance close to seam.



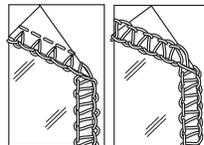
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SEWING DIRECTIONS

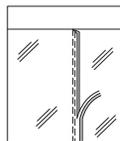
SEAM FINISHES FOR SHEER FABRICS

Seams can be finished with one of the three methods mentioned below. Choose the one you would like to use from the selections below:

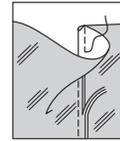
A. OVERLOCK/SERGE - Overlock over raw edges of seam, using an overlock/serger machine.



B. DOUBLE STITCHED SEAM - Stitch seam again 1/8" (3mm) from first stitching. Trim close to stitching. Press seam to one side.



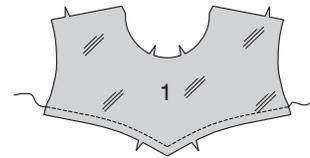
C. FRENCH SEAM - To make French seam, stitch first seam on **OUTSIDE**, a scant 1/4" (6mm) from seam line; trim close to stitching. Turn to **INSIDE** and stitch through seam allowance, encasing first seam.



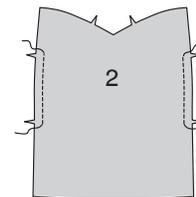
TOP A

Front and Back

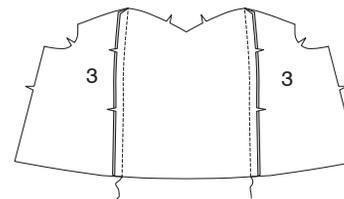
1. STAYSTITCH lower edge of **YOKE FRONT** (1).



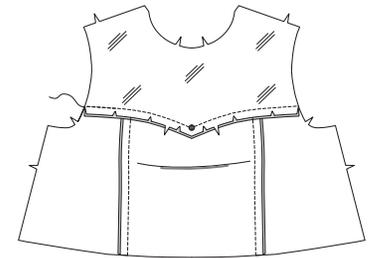
2. STAYSTITCH side edges of **FRONT** (2), between notches.



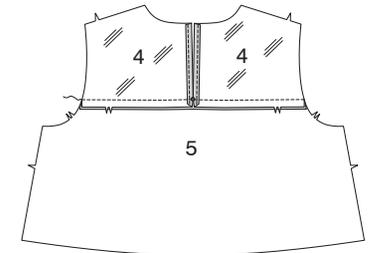
3. With **RIGHT** sides together, pin **SIDE FRONT** (3) sections to front matching notches. Clip to stay-stitching if necessary; baste. Stitch. Press seam toward side.



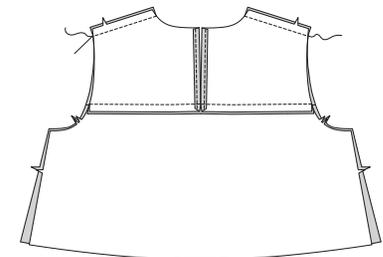
4. Pin yoke to upper edge of front matching markings, clipping to stay-stitching if necessary; baste. Stitch. Press seam down.



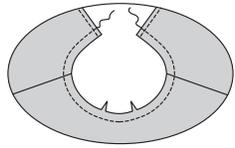
5. NARROW HEM back opening edges of **YOKE BACK** (4). With **RIGHT** sides together, pin yoke to **BACK** (5) matching notches. Stitch. Press seam down.



6. With **RIGHT** sides together, stitch front to back at shoulder seams.



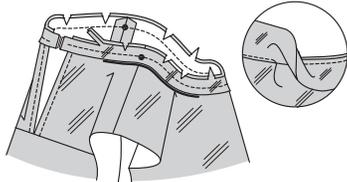
7. STAYSTITCH neck edge.



8. With wrong sides together, fold NECK FACING (6) in half lengthwise along fold line. Press lightly. Pin raw edges together.



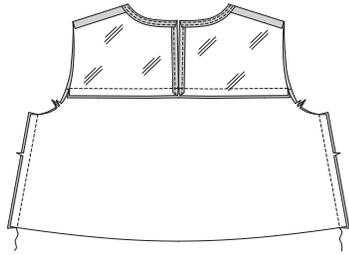
9. Pin facing to neck edge, placing small dots at shoulder seams. Stitch. Trim. **UNDERSTITCH** facing.



10. Turn facing to inside, turning under seam allowance at back opening edges. Press. Baste in place. Stitch close to basted edge.

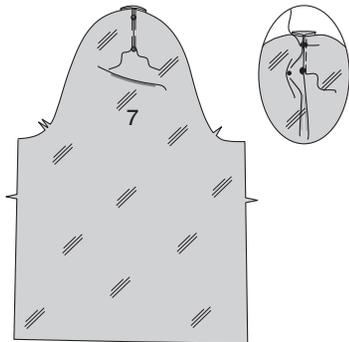


11. Stitch front to back at side seams.

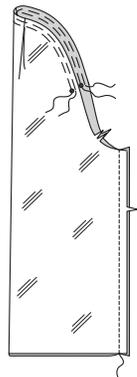


Sleeves

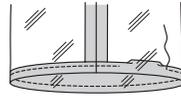
12. To make pleats in SLEEVE (7) on outside, crease along lines of small dots. Bring creases to lines of large and small dots at center; baste. Baste across upper edge. Press.



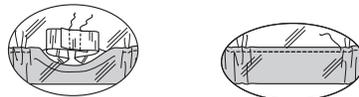
13. GATHER upper edge of sleeve between small dots. Stitch sleeve seam.



14. Press under 1/4" (6mm) on lower edge of sleeve. Press lower edge to **INSIDE** along foldline for casing. Stitch close to inner pressed edge of casing, leaving an opening to insert elastic.

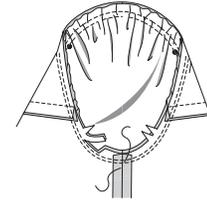


15. Cut a piece of elastic the length of **GUIDE FOR ELASTIC** (8). Insert elastic through opening in casing. Overlap ends and hold with a safety pin. Stitch ends of elastic together securely. **SLIPSTITCH** opening closed. Distribute fullness evenly. **TIP-** To secure elastic so it won't twist in wearing, stitch through all thicknesses of casing in the groove of each seam.



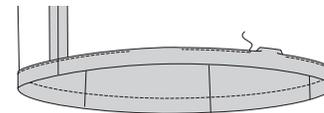
16. Turn sleeve **RIGHT** side out. Hold garment **WRONG** side out with armhole toward you. With **RIGHT** sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams, notches and remaining small dots. Pull up gathering stitches to fit.

To distribute fullness evenly, slide fabric along bobbin threads until there are no puckers or tucks on the seam line. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.



Finishing

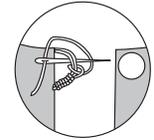
17. Press under 1/4" (6mm) on lower edge of garment. Press lower edge to **INSIDE** along foldline forming casing. Stitch close to inner pressed edge of casing, leaving an opening to insert elastic.



18. Cut a piece of elastic the length of **GUIDE FOR ELASTIC** (9). Insert elastic through opening in casing. Overlap ends and hold with a safety pin. Stitch ends of elastic together securely. **SLIPSTITCH** opening closed. Distribute fullness evenly. **TIP-** To secure elastic so it won't twist in wearing, stitch through all thicknesses of casing in the groove of each seam.



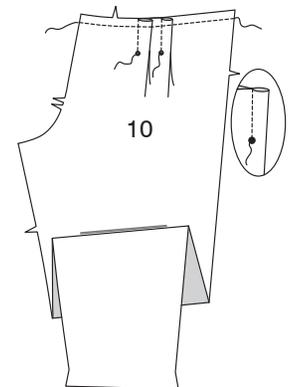
19. Make thread loop at **LEFT** back/ front neck edge large enough to fit button. Sew button opposite loop.



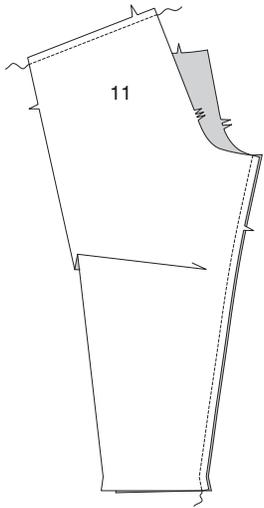
PANTS B

Front and Back

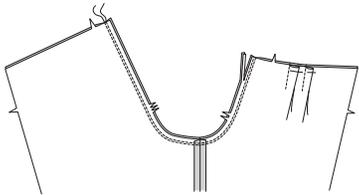
1. To make pleats in **FRONT** (10), on **INSIDE**, bring broken lines together. Stitch along broken lines ending at small dot. Press pleats away from center. Baste raw edges together. **STAYSTITCH** upper edge of front sections.



2. STAYSTITCH upper edge of BACK (11) sections. With RIGHT sides together, stitch front to back at inner leg.

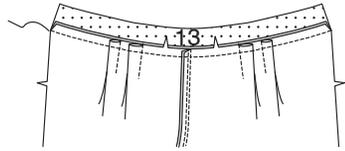


3. Stitch crotch seam. Stitch again 1/4" (6mm) away in seam allowance along curve, as shown. Trim close to second stitching.

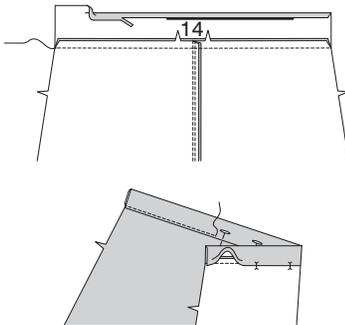


Waistband and Casing

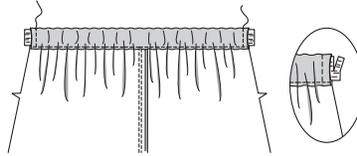
4. Pin interfacing to WRONG side of FRONT WAISTBAND (13). Fuse interfacing in place, following manufacturer's directions. With RIGHT sides together pin waistband to front matching notches, clipping to stay-stitching if necessary. Baste. Stitch. Press seam up, pressing band out.



5. Press under 5/8" (1.5cm) on unmarked edge of CASING (14). Trim to 1/4" (6mm). With RIGHT sides together pin casing to back matching notches, clipping to stay-stitching if necessary. Baste. Stitch. Press seam up, pressing band out. On INSIDE, pin pressed edge of waistband over seam, placing pins on OUTSIDE. To form casing, on OUTSIDE, stitch close to seam catching in pressed edge on INSIDE.

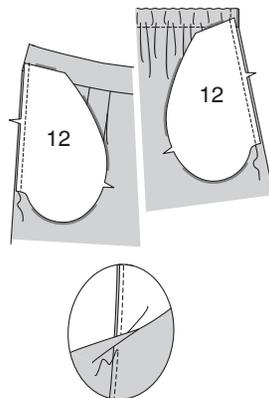


6. Cut a piece of elastic the length of GUIDE FOR ELASTIC (15). Insert elastic through opening in casing, having raw edges even. Stitch across ends of elastic along seam allowance. To reduce bulk, pull out ends of elastic and trim close to stitching.

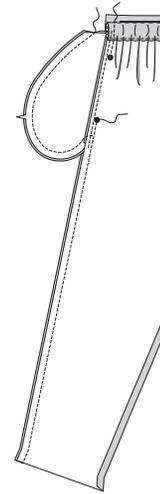


Pockets and Facing

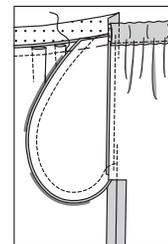
7. Apply pockets to side edges of front and back sections as follows: With RIGHT sides together, pin pockets to side edges of garment, matching large dots, having raw edges even. Stitch in a 3/8" (1cm) seam. **UNDERSTITCH** front pocket.



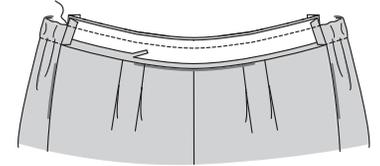
8. Pin front to back at side seam, matching large dots, having upper edge of back casing 5/8" (1.5cm) below raw edge of front waistband, as shown. Stitch side seams, leaving an opening between large dots; back-stitch at large dots to reinforce seam. Stitch pocket edges together from side seam to upper edge.



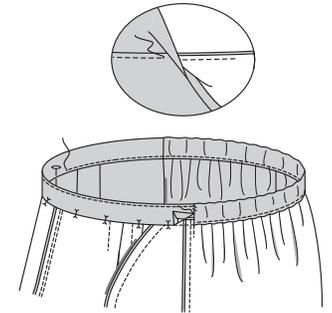
9. Clip pants back seam allowance at ends of pocket. Press seam open below clips. Press pocket toward front, pressing side seams toward front. Baste raw edges together.



10. Press under 5/8" (1.5cm) on notched edge of waistband facing. Trim to 1/4" (6mm). Press under seam allowance on side edges. With RIGHT sides together, stitch facing to waistband.

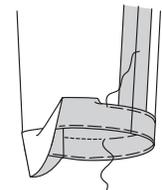


11. UNDERSTITCH waistband facing. Turn facing to INSIDE; press. Pin pressed edge of facing over seam, placing pins on OUTSIDE. On OUTSIDE, stitch in the ditch or groove of seam, catching in pressed edge on INSIDE. **SLIPSTITCH** side seam openings closed.



Finishing

12. Press up hem on lower edge of pants. Press under 1/4" (6mm) on raw edge. Stitch close to inner pressed edge.





Congrats!

You've completed your sewing adventure!

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