



@alissahthreads



>> MISSES' KNIT CARDIGAN AND SKIRT
 SKILL LEVEL: EASY



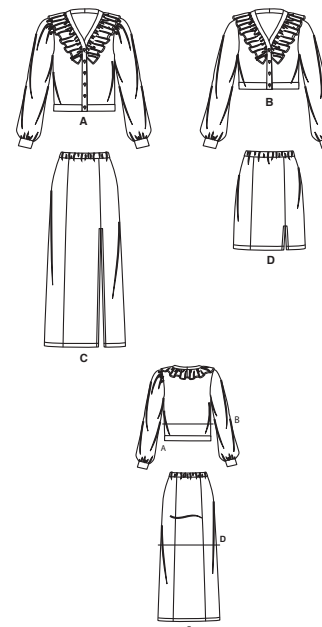
PDF PATTERNS

THINGS YOU NEED:

- > **A:** Six 5/8" (1.5cm) buttons. **B:** Four 5/8" (1.5cm) buttons.
- C,D:** 1 1/2 yds. (1.4m) of 1 1/4" (3.2cm) wide elastic.

SUGGESTED FABRICS:

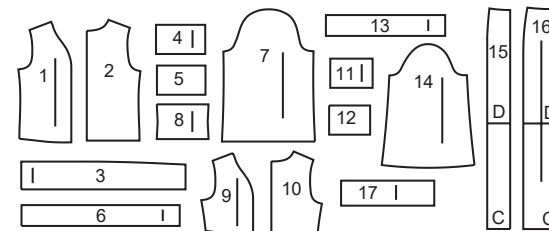
- > Stretch Knits only. **A,B:** Jersey Knit, ITY, Sweater Knits. **C,D:** Ponte, Double Knit, Sweater Knits. See Stretch Gauge.



Your printed tile pieces should be assembled before you move on to this step!

PIECES (17)

- 1 FRONT A
- 2 BACK A
- 3 RUFFLE A,B
- 4 FRONT BAND A
- 5 BACK BAND A
- 6 FRONT AND BACK BAND A
- 7 SLEEVE A
- 8 SLEEVE BAND A,B
- 9 FRONT B
- 10 BACK B
- 11 FRONT BAND B
- 12 BACK BAND B
- 13 FRONT AND BACK BAND B
- 14 SLEEVE B
- 15 FRONT AND BACK C,D
- 16 SIDE FRONT AND SIDE BACK C,D
- 17 CASING C,D



STRETCH GAUGE - MEASURING FABRIC STRETCH

Whenever you see a minimum stretch requirement on one of the sewing patterns, it is important that you measure the fabric stretch in both length and width!



YARDAGE CHARTS

| SIZES | S | M | L | XL | XXL | |
|-------------------|-----------------|-----------------|-----------------|-----------------|-----------------|------|
| | (8-10) | (12-14) | (16-18) | (20-22) | (24-26) | |
| CARDIGAN A | | | | | | |
| 60"* | 1 $\frac{7}{8}$ | 2 | 2 | 2 | 2 $\frac{7}{8}$ | yds. |
| 150cm* | 1.8 | 1.9 | 1.9 | 1.9 | 2.0 | m. |
| CARDIGAN B | | | | | | |
| 60* | 1 $\frac{3}{8}$ | 1 $\frac{1}{2}$ | 1 $\frac{1}{2}$ | 1 $\frac{5}{8}$ | 1 $\frac{3}{4}$ | yds. |
| 150cm* | 1.3 | 1.4 | 1.4 | 1.5 | 1.5 | m. |
| SKIRT C | | | | | | |
| 60"* | 1 $\frac{3}{8}$ | 1 $\frac{3}{8}$ | 1 $\frac{3}{8}$ | 1 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | yds. |
| 150cm* | 1.3 | 1.3 | 1.3 | 1.3 | 2.2 | m. |
| SKIRT D | | | | | | |
| 60"* | $\frac{7}{8}$ | $\frac{7}{8}$ | $\frac{7}{8}$ | $\frac{7}{8}$ | 1 $\frac{3}{8}$ | yds. |
| 150cm* | 0.8 | 0.8 | 0.8 | 0.8 | 1.2 | m. |

FINISHED GARMENT MEASUREMENTS

| SIZES | S | M | L | XL | XXL | |
|----------------------------|------------------|------------------|------------------|------------------|------------------|------|
| | (8-10) | (12-14) | (16-18) | (20-22) | (24-26) | |
| A BUST | 35 | 38 $\frac{1}{2}$ | 42 $\frac{1}{2}$ | 46 $\frac{1}{2}$ | 50 $\frac{1}{2}$ | ins. |
| | 89 | 98 | 108 | 118 | 128 | cm. |
| A WIDTH (WITH BAND) | 32 $\frac{1}{2}$ | 36 | 40 | 44 | 48 | ins. |
| | 82.5 | 91.5 | 102 | 112 | 122 | cm. |
| B BUST | 32 $\frac{1}{2}$ | 36 | 40 | 44 | 48 | ins. |
| | 82.5 | 91.5 | 102 | 112 | 122 | cm. |
| B WIDTH (WITH BAND) | 29 | 32 $\frac{1}{2}$ | 36 $\frac{1}{2}$ | 40 $\frac{1}{2}$ | 44 $\frac{1}{2}$ | ins. |
| | 73.5 | 82.5 | 92.5 | 103 | 113 | cm. |
| C,D WAIST | 31 | 34 $\frac{1}{2}$ | 38 $\frac{1}{2}$ | 42 $\frac{1}{2}$ | 46 $\frac{1}{2}$ | ins. |
| | 78 | 87 | 98 | 108 | 118 | cm. |
| C,D HIP | 36 | 39 $\frac{1}{2}$ | 43 $\frac{1}{2}$ | 47 $\frac{1}{2}$ | 51 $\frac{1}{2}$ | ins. |
| | 91.5 | 100.5 | 111 | 121 | 131 | cm. |

FINISHED GARMENT MEASUREMENTS CONTINUED

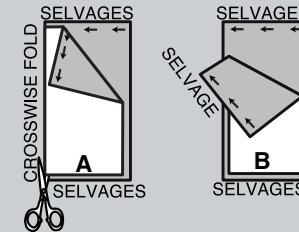
| SIZES | S | M | L | XL | XXL | |
|---|--------|---------|---------|---------|---------|------|
| | (8-10) | (12-14) | (16-18) | (20-22) | (24-26) | |
| C,D WIDTH LOWER EDGE | 36 | 39½ | 43½ | 47½ | 51½ | ins. |
| | 91.5 | 100.5 | 111 | 121 | 131 | cm. |
| FINISHED BACK LENGTH FROM BASE OF NECK | | | | | | |
| CARDIGAN A | 22 | 22½ | 23 | 23½ | 24 | ins. |
| | 56 | 57 | 58.5 | 59.5 | 61 | cm. |
| CARDIGAN B | 15 | 15½ | 16 | 16½ | 17 | ins. |
| | 38 | 39.5 | 40.5 | 42 | 43 | cm. |
| FINISHED BACK LENGTH FROM WAIST | | | | | | |
| SKIRT C | 39 | 39½ | 40 | 40½ | 41 | ins. |
| | 99 | 100.5 | 102 | 103 | 104 | cm. |
| SKIRT D | 20 | 20½ | 21 | 21½ | 22 | ins. |
| | 51 | 52 | 53.5 | 54.5 | 56 | cm. |

BODY MEASUREMENTS

| SIZES | S | M | L | XL | XXL | |
|---------------------------|---------|---------|---------|---------|---------|------|
| | (8-10) | (12-14) | (16-18) | (20-22) | (24-26) | |
| BUST | 31½-32½ | 34-36 | 38-40 | 42-44 | 46-48 | ins. |
| | 80-83 | 87-92 | 97-102 | 107-112 | 117-122 | cm. |
| WAIST | 24-25 | 26½-28 | 30-32 | 34-37 | 39-41½ | ins. |
| | 61-64 | 67-71 | 76-81 | 87-94 | 99-105 | cm. |
| HIP | 33½-34½ | 36-38 | 40-42 | 44-46 | 48-50 | ins. |
| | 85-88 | 92-97 | 102-107 | 112-117 | 122-127 | cm. |
| BACK-NECK TO WAIST | 15¾-16 | 16¼-16½ | 16¾-17 | 17¼-17½ | 17¾-18 | ins. |
| | 40-40.5 | 41.5-42 | 42.5-43 | 44-44.5 | 45-45.5 | cm. |

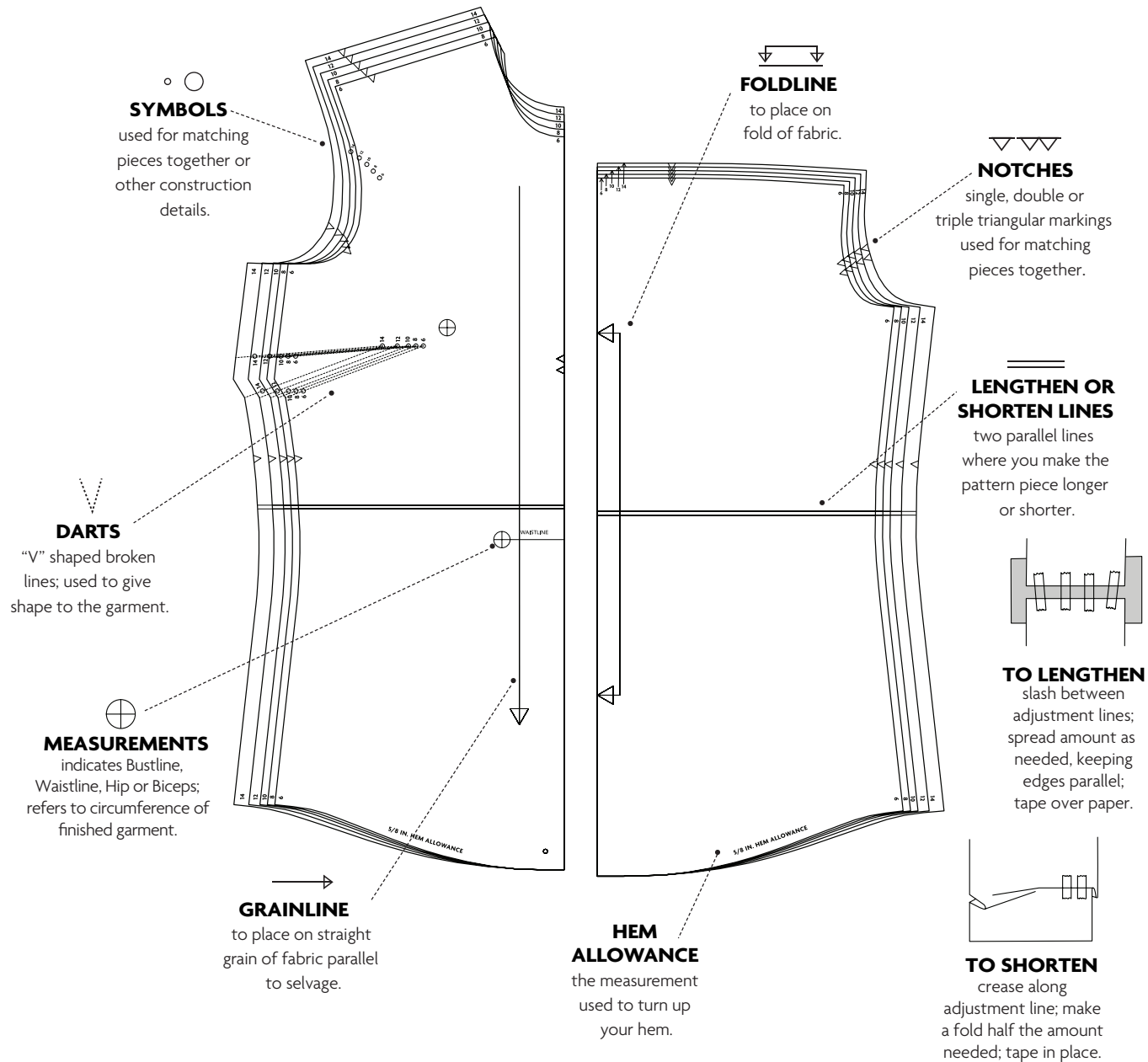
CUTTING AND MARKING

- > **SHRINK FABRIC** if not labeled pre-shrunk. Press.
- > **CIRCLE LAYOUT** for View, Size, Fabric Width.
- > Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- > For **DOUBLE THICKNESS (WITH FOLD)**, fold fabric with right sides together.
- > ***DOUBLE THICKNESS (WITHOUT FOLD)**, for fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- > For **SINGLE THICKNESS**, place fabric right side up. (For Fur Pile fabrics, place pile side down.)



- > Before **CUTTING**, place all pieces on fabric according to layout. Pin.
(Layouts show approximate position of pattern pieces; position may vary according to your pattern size.)
- > ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. Cut piece on single layer of fabric with piece face up on right side of fabric.
- > Cut accurately, cutting notches outward.
- > Before removing pattern, **TRANSFER MARKINGS** and lines of construction to **WRONG SIDE** of fabric, using Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.
- > Prewash your fabric using a method that's suitable for the fabric type.
- > Fold fabric with right sides together, matching **SELVAGES**.
- > Pin your pattern pieces to the fabric as shown below and cut them out using a sharp pair of dressmaker's shears.

PATTERN MARKINGS



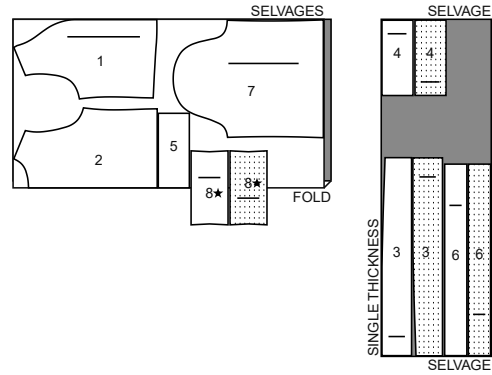
To customize your look like alissathreads, see Sew-Along video.

CUTTING LAYOUTS

CARDIGAN A

use pieces: 1,2,3,4,5,6,7,8

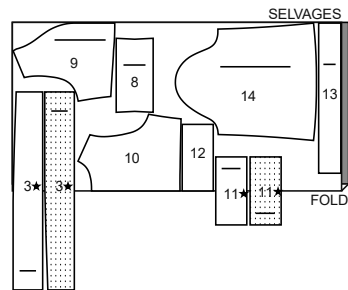
60" (150 cm)
with nap
all sizes



CARDIGAN B

use pieces: 3,8,9,10,11,12,13,14

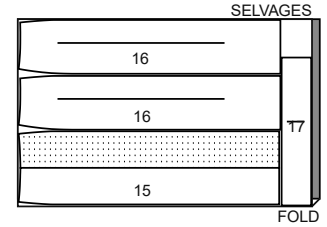
60" (150 cm)
with nap
all sizes



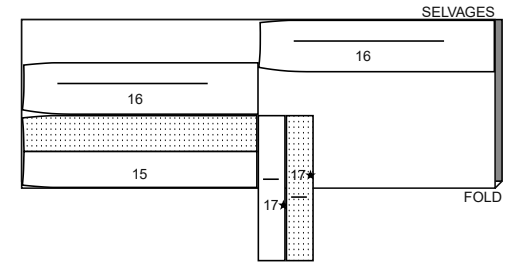
SKIRT C

use pieces: 15,16,17

60" (150 cm)
with nap
sizes S-M-L-XL



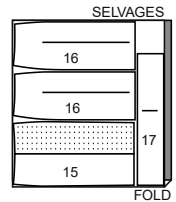
60" (150 cm)
with nap
size XXL



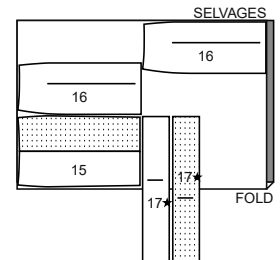
SKIRT D

use pieces: 15,16,17

60" (150 cm)
with nap
sizes S-M-L-XL



60" (150 cm)
with nap
size XXL



PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

SEWING INFORMATION

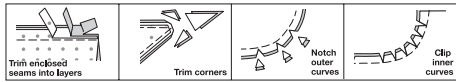
5/8" (1.5cm) SEAM ALLOWANCES ARE INCLUDED,
(unless otherwise indicated)

ILLUSTRATION SHADING KEY

| | | | | |
|------------|------------|-------------|--------|-------------|
| | | | | |
| Right Side | Wrong Side | Interfacing | Lining | Underlining |

Pin or baste seams, right side together, matching notches. Fit garment before stitching major seams.

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.



GLOSSARY

Sewing terms appearing in **BOLD TYPE** in Sewing Instructions are explained below.

EASESTITCH - Stitch along seamline, using long machine stitches. Pull thread ends when adjusting to fit.

NOTE: For sleeve caps, make a second row of long machine stitches 1/4" (6mm) away in seam allowance. for more control.

GATHER - Stitch along seamline and again 1/4" (6mm) away in seam allowance, using long machine stitches. Pull thread ends when adjusting to fit.

NARROW HEM - Turn in hem; press, easing in fullness if necessary. Open out hem. Turn in again so raw edge is along crease; press. Turn in along crease; stitch.

SLIPSTITCH - Slide needle through a folded edge, then pick up a thread of underneath fabric.



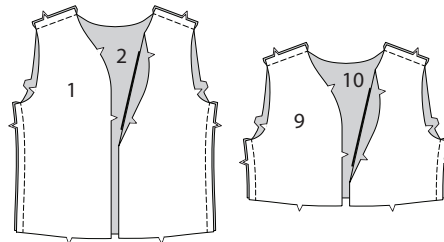
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SEWING DIRECTIONS

CARDIGAN A, B

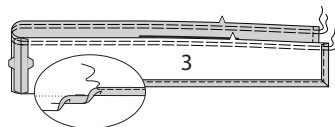
NOTE: View A will be shown unless otherwise indicated.

1. With **RIGHT** sides together, stitch front (1 OR 9) to back (2 OR 10) at shoulder and side seams.

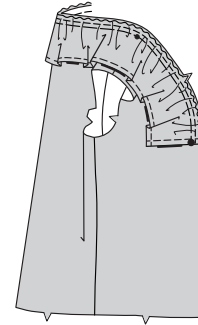


2. Stitch ruffle (3) sections together at center back seam.

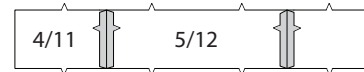
NARROW HEM unmarked edge and ends of ruffle. **GATHER** upper edge of ruffle.



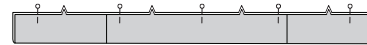
3. On **OUTSIDE**, pin **WRONG** side of ruffle to front and neck edge of cardigan, matching notches and large dots, pulling up gathering stitches to fit. Baste.



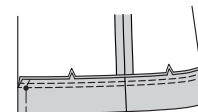
4. With **RIGHT** sides together, stitch front band (4 OR 11) to back band (5 OR 12) at side seams.



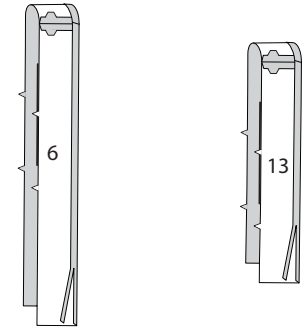
5. Fold band in half lengthwise, with **WRONG** sides together, having raw edges even. Pin.



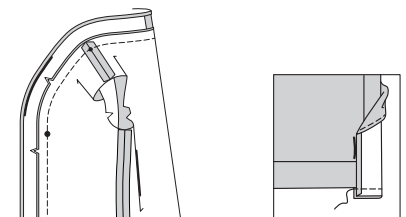
6. On **OUTSIDE**, pin band to lower edge of cardigan matching notches and small dots. Stitch, stretching band to fit. Stitch again 1/4" (6mm) from first stitching within the seam allowance. Trim close to second stitching. Press seam toward garment, pressing band out.



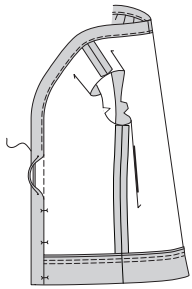
7. With **RIGHT** sides together, stitch center back seam of front and back band (6 OR 13) sections. Press under seam allowance on unmarked edge of band. Trim to 1/4" (6mm).



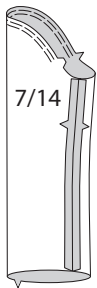
8. On **OUTSIDE**, pin band to front and neck edge of cardigan matching center back seam and large dot, placing small dot at shoulder seam, stretching band to fit. Baste. Stitch. Press seam toward band, pressing band out. Turn lower edge of band to outside along fold line. Stitch across ends of front band keeping lower band free. Trim seam.



9. Turn band to **INSIDE**. Press. Pin pressed edge of band over seam, placing pins on **OUTSIDE**. On **OUTSIDE**, stitch band close to seam, catching in pressed edge of band on **INSIDE**.

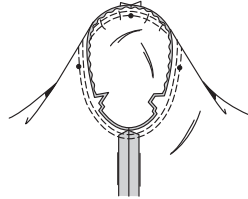


10. FOR VIEW A- GATHER top of sleeve (7) between notches. **FOR VIEW B- EASESTITCH** top of sleeve (14) between notches. Stitch underarm seam.

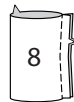


11. FOR BOTH VIEWS- Turn sleeve **RIGHT** side out. Hold garment **WRONG** side out with armhole toward you. With **RIGHT** sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams, notches and remaining small dots. Pull up ease **OR** gathering stitches to fit.

To distribute fullness evenly, slide fabric along bobbin threads until there are no puckers or tucks on the seam line. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.



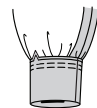
12. With **RIGHT** sides together, stitch ends of sleeve band (8).



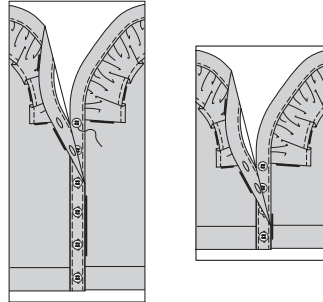
13. Fold sleeve band in half, with **WRONG** sides together and raw edges even; press. Pin.



14. On **OUTSIDE**, pin band to lower edge of sleeve, matching seams and having raw edges even. Stitch, stretching band to fit. Stitch again 1/4" (6mm) from first stitching within the seam allowance. Trim close to second stitching. Press seam toward sleeve, pressing band out.



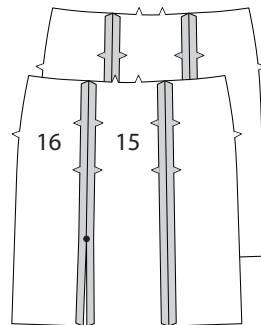
15. Make buttonholes in **RIGHT** front at markings. Lap **RIGHT** front over **LEFT** matching centers. Hand-sew buttons to **LEFT** front under buttonholes.



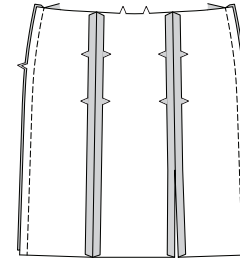
SKIRT C, D

Note: View D will be shown unless otherwise indicated.

1. Construct front and back of skirt as follows: With **RIGHT** sides together pin side front and side back (16) sections to front and back (15) matching notches. Stitch seams, stitching **LEFT** front seam above large dot. Back-stitch at large dot to reinforce seam.



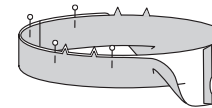
2. Stitch back to front together at side seams.



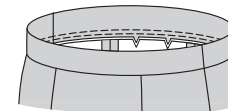
3. With **RIGHT** sides together, stitch side seams of casing (17) sections, leaving an opening between small dots on **LEFT** side seam, as shown. Back-stitch at small dots to reinforce seam.



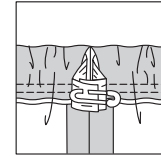
4. Press seams open. Fold casing in half, lengthwise, with **WRONG** sides together, having raw edges even. Pin raw edges together. The side with the opening is the underside of the casing.



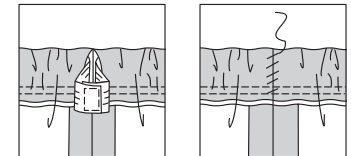
5. With the underside of casing facing you, pin casing to skirt matching centers and side seams. Stitch along seam line. Stitch again 1/4" (6mm) from first stitching within seam allowance. Trim close to second stitching. Press seam toward garment, pressing casing out.



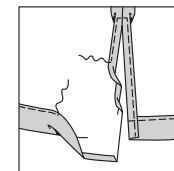
6. Cut a piece of elastic to fit waist, plus 1" (2.5cm). Insert elastic through opening in casing. Overlap ends and hold with a safety pin. Try on garment and adjust to fit if necessary.



7. Stitch ends of elastic together securely. **SLIPSTITCH** opening edges of casing together. Distribute fullness evenly. **TIP-** To secure elastic so it won't twist in wearing, stitch through all thicknesses of casing in the groove of each seam.



8. Press up hem on lower edge of skirt. Press under 1/4" (6mm) on raw edge. Stitch hem in place, close to inner pressed edge. Press under 5/8" (1.5cm) on slit opening edges. Press under 1/4" (6mm) on raw edge; stitch, squaring stitching above opening.





Congrats!


You've completed your sewing adventure!

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for a chance to be featured on our social media!

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