

4304

CAREFREE PATTERNS  
FROM  
**McCALL'S**

**SELECT PATTERN PIECES FOR VIEW YOU HAVE CHOSEN**

**HOW TO USE A McCALL'S CAREFREE PATTERN**

**STUDY THE PATTERN**

Select pieces for VIEW you have chosen.

Check identification markings - Number, Size, Name and View - on each piece.

Understand the pattern markings.

← Grainline: Place line on straight grain of fabric, an even distance from selvage.

— Place on fold Fold Line: Place on fold of fabric.

— Cutting Line: For cutting.

- - - Seam Line: For sewing.

5/8" — Seam Allowance: Distance between cutting and seam lines is usually 5/8" (1,5cm).

• • Notches and Circles: For matching pattern pieces.

**ADJUST IF NECESSARY**

A pattern is made to fit specific body measurements, with extra ease for comfort and style.

Compare your body measurements to those listed on pattern envelope. Adjust pieces before placing them on fabric. Back waist and finished garment lengths can be adjusted using McCall's Easy-Rule Guide.\*

To Shorten: Crease pattern on Easy-Rule Guide. Fold pleat necessary amount. Tape in place.

To Lengthen: Cut pattern on dotted lines of Easy-Rule Guide. Spread necessary amount. Tape over paper.

**NOTE THE MEASUREMENTS**

Abbreviations "mm" and "cm" are metric equivalent for inches. They are provided for the convenience of those using the metric system of measurement.

1/8" (3mm) 1/2" (1,3cm) 1" (2,5cm)  
1/4" (6mm) 5/8" (1,5cm) 1 1/4" (3,1cm)  
3/8" (1cm) 3/4" (2cm) 2" (5cm)

**LAYOUT FOR CUTTING**

Shrink fabric not labeled pre-shrunk. Press.

Circle layout for View, Size, Fabric Width.

● Use With Nap layout for fabrics with one-way designs, nap, pile or surface shading.

● Use Without Nap layout for other fabrics.

Arrange fabric for cutting as shown on layout:

● Double Thickness - fold fabric with Right Sides Together.

● Single Thickness - place fabric Right Side Up.

Before cutting, place all pieces on fabric according to layout. Overlap margins. Pin.

**CUTTING AND MARKING**

Cut accurately through fabric and pattern on cutting line. Cut notches outward.

Before removing pattern, transfer markings to Wrong Side of fabric. One way which may be used quickly and safely on the widest range of fabrics is the Pin and Chalk Pencil method.\*

Questions about sewing? Write Meg Carter, The McCall Pattern Company, 230 Park Avenue, New York, New York 10017.

\*See McCall's Sewing Book for other adjustments and marking information.

**SEWING DIRECTIONS**

READ directions for View you are making before beginning to sew. STUDY the drawings carefully.



SEW exactly on seam lines indicated on pattern. To make a seam:

PIN two pieces of fabric, Right Sides Together matching notches and seam lines. BASTE, if desired, by hand or machine.

FIT garment before stitching major seams.

STITCH in direction of arrows. Use 5/8" (1,5cm) seam allowance unless otherwise indicated.

PRESS seams open unless otherwise noted.

FINISH raw edges of seams, facings and hems to prevent raveling:

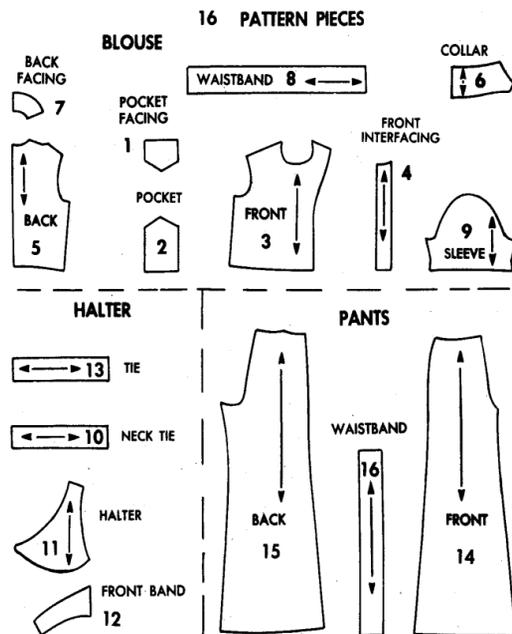


**SEWING TERMS**

GRADE: Cut seam allowances to graduated widths and interfacing close to stitching.

UNDERSTITCHING: Row of machine stitching thru facing and seam allowances close to seam line. Prevents facing from rolling to outside.

INVISIBLE STITCH: Used for hemming. Turn hem back. Pick up a thread of garment; then pick up a thread of hem diagonally above.



FOR BLOUSE - USE PIECES 1 thru 9  
FOR HALTER - USE PIECES 10 thru 13  
FOR PANTS - USE PIECES 14, 15, 16

**CUTTING LAYOUTS**

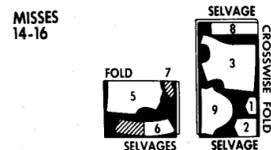
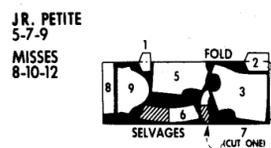
Disregard any perforations on pattern pieces.

Black area denotes fabric. Pattern pieces to be placed with printed side down.  
Pattern pieces to be placed with printed side up. Pattern pieces to be cut a second time.

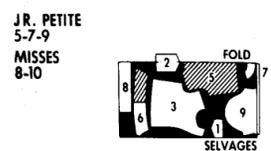
Metric measurements are given in parenthesis.

**BLOUSE**

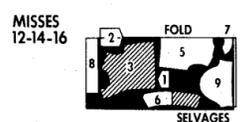
35" 36" (90cm) FABRIC WITHOUT NAP



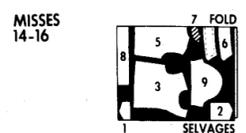
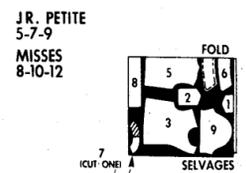
44" 45" (115cm) FABRIC WITHOUT NAP



44" 45" (115cm) FABRIC WITHOUT NAP (CONTINUED)

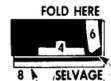


58" 60" (150cm) FABRIC WITH NAP



**INTERFACING**  
25" (65cm) FABRIC

ALL SIZES



37" (94cm) FABRIC

JR. PETITE 5-7-9

MISSES 8-10-12

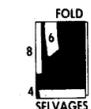


MISSES 14-16



45" (115cm) FABRIC

ALL SIZES



**HALTER**

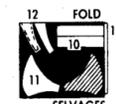
35" 36" (90cm) FABRIC WITHOUT NAP

ALL SIZES



44" 45" (115cm) FABRIC WITHOUT NAP

ALL SIZES



58" 60" (150cm) FABRIC WITH NAP

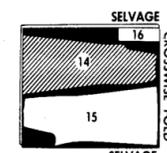
ALL SIZES



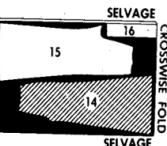
**PANTS**

35" 36" (90cm) FABRIC WITHOUT NAP

JR. PETITE 5-7-9  
MISSES 8-10-12



MISSES 14-16



44" (115cm) TO 60" (150cm) FABRIC WITH or WITHOUT NAP

ALL SIZES



4304

NOTE: If FUSIBLE non-woven interfacing is used, follow manufacturer's instructions.

**BLOUSE**

**1. FRONT**

**POCKET**

Finish long, UN-NOTCHED edge of pocket facing: see SEWING DIRECTIONS.

Stitch facing to pocket RIGHT SIDES TOGETHER, matching notches, continuing to stitch along outer edge of pocket on seam line as illustrated.

GRADE seam allowances: see SEWING TERMS. Cut corners diagonally.

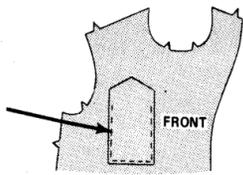
Turn facing to INSIDE, turning under seam allowance below facing on line of stitching, folding corners. Press.

If desired, top-stitch 1/4" (6mm) from outer edges.

CONTINUED ON OTHER SIDE

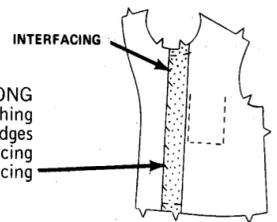
1. CONTINUED

Pin pocket to position on RIGHT front, RIGHT SIDES UP. Stitch close to sides and lower edge below flap line.



INTERFACING

Baste interfacing to WRONG SIDE of fronts, matching notches and having front edges of interfacing along facing lines. Sew loosely at facing lines.



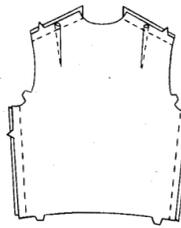
2. BACK DARTS

Stitch darts. Press toward center.



3. SHOULDER AND SIDE SEAMS

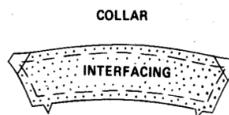
Stitch back to fronts at shoulders and sides.



4. COLLAR AND FACING

COLLAR

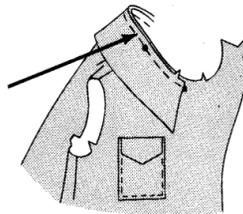
Pin interfacing to WRONG SIDE of collar. Trim interfacing corners diagonally as illustrated. Hand-baste.



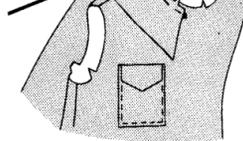
Baste facing to collar along UN-NOTCHED edges, RIGHT SIDES TOGETHER. Stitch. GRADE seam allowances. Clip curves.



Turn collar RIGHT SIDE OUT. Press.



Baste collar to neck edge, RIGHT SIDES UP, matching notches, collar circles to shoulder seams and front edges of collar to small circles.



FACING

Stitch back facing to shoulder edges of front facings.

Finish long UN-NOTCHED edge of facing.

Fold fronts on facing lines, RIGHT SIDES TOGETHER. Pin Facing to neck edge, matching notches. Stitch.

GRADE seam allowances. Cut corners diagonally. Clip curves.

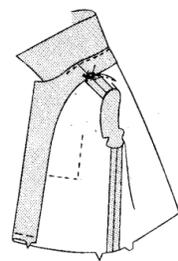


4. CONTINUED

Press facing and seam allowances away from neck. UN-DERSTITCH: see SEWING TERMS.

Turn facing to INSIDE. Fold fronts on facing lines. Press. Catch-stitch to seams.

Baste facing to front at lower edge, matching notches.

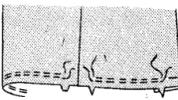


5. WAISTBAND

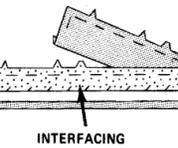
To gather lower edge of blouse, machine-baste along lines indicated.

Turn under 5/8" (1,5cm) on long, UN-NOTCHED edge of waistband. Press.

Baste interfacing to WRONG SIDE of NOTCHED edge of waistband. Sew loosely at fold line.



WAISTBAND



INTERFACING

Pin lower edge of blouse to waistband, RIGHT SIDES TOGETHER, matching notches, centers and waistband circles to front edges of blouse.

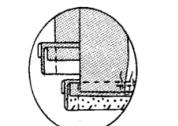
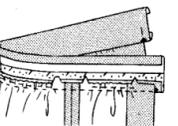
Draw up and adjust gathers to fit. Baste, adjusting gathers evenly. Stitch.

GRADE seam allowances.

Fold waistband, RIGHT SIDES TOGETHER. Stitch ends.

GRADE seam allowances. Cut corners diagonally.

Turn waistband RIGHT SIDE OUT. Hem free edge over seam. Press.



6. SLEEVES

SLEEVE PREPARATION

Gather sleeve cap by machine-basting along lines indicated.

Stitch sleeve seam.

Finish lower edge of sleeve.

Sew with INVISIBLE STITCH: see SEWING TERMS.

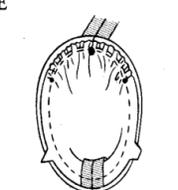
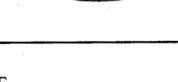
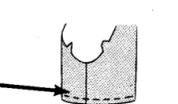
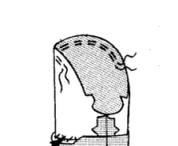
If desired, top-stitch 1/4" (6mm) from lower edge of sleeves.

SETTING SLEEVE INTO ARMHOLE

Pin sleeve into armhole, RIGHT SIDES TOGETHER, matching notches, underarm seams, small circles and LARGE circle to shoulder seam. Draw up and adjust gathers to fit.

Baste, adjusting gathers evenly. Stitch. Turn seam allowances toward sleeve.

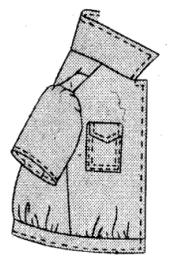
SLEEVE



7. FINISHING

OPTIONAL TOP-STITCHING

Top-stitch 1/4" (6mm) from lower, front and collar edges of blouse.



FRONT FASTENINGS

Make worked buttonholes in RIGHT front.

Lap RIGHT front over left, matching center fronts. Mark and sew buttons to LEFT front beneath buttonholes.

HALTER

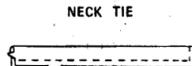
1. NECK TIES

Fold each tie on line indicated RIGHT SIDES TOGETHER. Stitch seam edges, leaving NOTCHED end free.

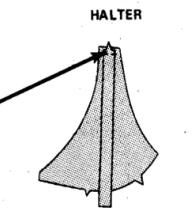
GRADE seam allowances: see SEWING TERMS. Cut corner diagonally.

Turn RIGHT SIDE OUT. Press.

Baste neck tie to halter at shoulder edge between seam lines, RIGHT SIDES TOGETHER, having raw edges even and fold of tie toward center.



NECK TIE



HALTER

2. FACING

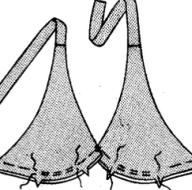
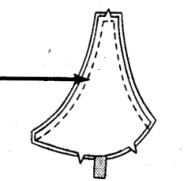
With RIGHT SIDES TOGETHER, stitch facing to halter as illustrated.

GRADE seam allowances. Clip curves. Cut corners diagonally.

Turn RIGHT SIDE OUT. Press. Baste free edges together.

Tack seam allowances together at center front as illustrated.

Gather lower edges of halter by machine-basting along lines indicated.

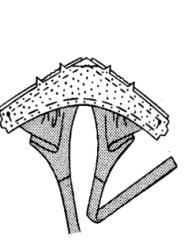
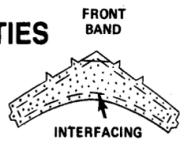


3. FRONT BAND AND TIES

Pin interfacing to WRONG SIDE of front band. Trim interfacing point as illustrated. Hand-baste.

Pin halter to front band, RIGHT SIDES TOGETHER, matching notches, center fronts and circles. Draw up gathers to fit. Baste, adjusting gathers evenly. Stitch.

GRADE seam allowances. Turn seam allowances toward band.



3. CONTINUED

Fold each tie on line indicated RIGHT SIDES TOGETHER. Stitch seam edges, leaving NOTCHED end free.

GRADE seam allowances. Cut corners diagonally.

Turn RIGHT SIDE OUT. Press.

Pin ties to side edges of front band between seam lines, RIGHT SIDES TOGETHER, matching notches and having fold of ties toward halter. Baste.

Stitch 5/8" (1,5cm) from long NOTCHED edge of front band facing. Turn under on line of stitching and press, folding at point.

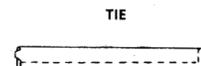
Pin facing to band, RIGHT SIDES TOGETHER. Stitch along lower and side edges.

GRADE seam allowances. Cut corners diagonally.

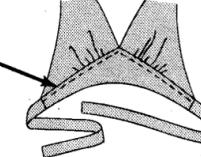
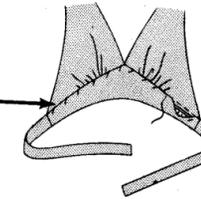
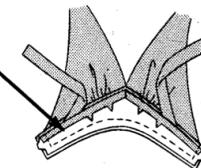
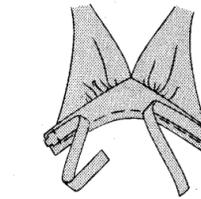
Turn RIGHT SIDE OUT. Press.

Hem free edge of facing over seam stitching on INSIDE. Press.

Top-stitch 1/4" (6mm) from seam as illustrated.



TIE

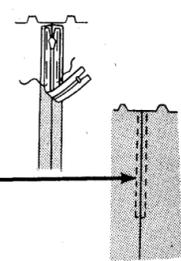


1. CONTINUED

ZIPPER

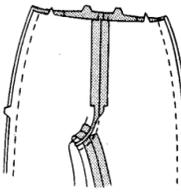
On INSIDE, center zipper face down over seam, with pull-tab 1" (2,5cm) from upper edge. Hand-baste.

On OUTSIDE, stitch 1/4" (6mm) from seam, using a zipper foot. Remove basting.



SIDE SEAMS

Stitch front to back at sides.



2. WAISTBAND

Turn under 5/8" (1,5cm) on long, UN-NOTCHED edge of waistband. Press.

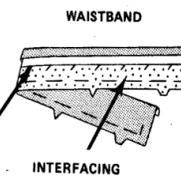
Baste interfacing to WRONG SIDE of NOTCHED edge of waistband. Sew loosely at fold line.

Pin and baste NOTCHED edge of waistband to pants, RIGHT SIDES TOGETHER, matching notches and circles to opening. Stitch.

GRADE seam allowances: see SEWING TERMS. Turn seam toward waistband.

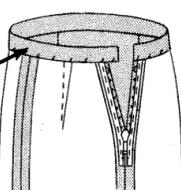
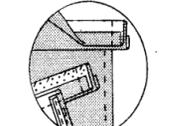
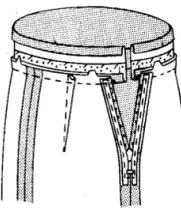
Fold waistband, RIGHT SIDES TOGETHER. Stitch ends. GRADE seam allowances.

Turn waistband RIGHT SIDE OUT. Hem free edge over seam. Press.

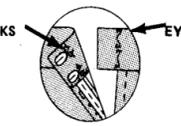


WAISTBAND

INTERFACING



Sew 2 hooks and eyes to waistband as illustrated.



HOOKS EYES

PANTS

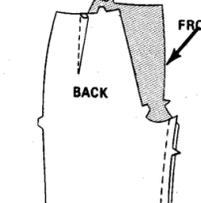
1. FRONT AND BACK

BACK DARTS

Stitch darts. Press toward center.

INSIDE LEG SEAMS

Stitch backs to fronts at inside leg edges.

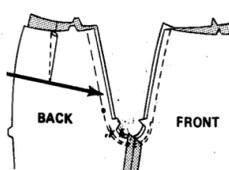


CROTCH SEAM

Stitch crotch seam to circle matching inside leg seams.

Machine-baste opening above circle. Press.

To reinforce curve, stitch again over previous stitching between notches. Cut seam allowances to 3/8" (1cm) between notches.



3. HEMS

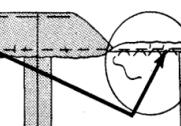
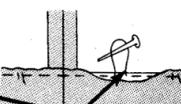
Turn up hem. Hand-baste.

Machine-baste 1/4" (6mm) from raw edge. Pull up bobbin thread to ease in fullness.

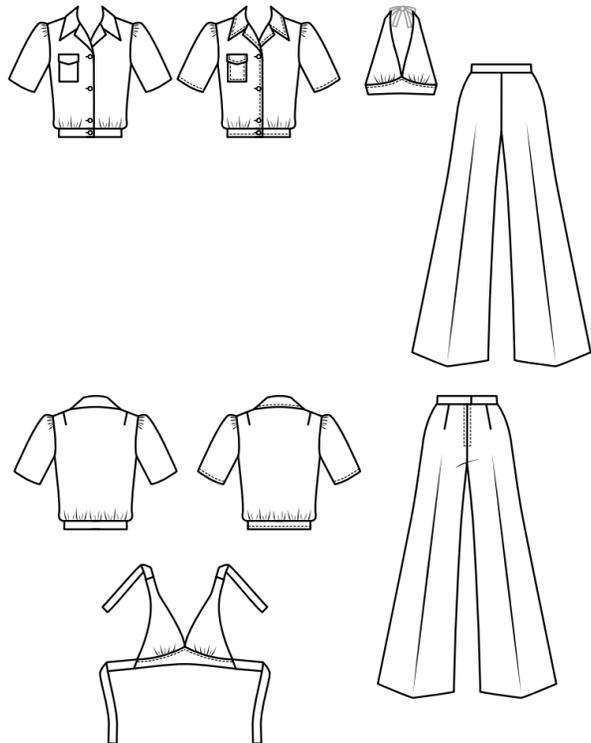
Finish raw edge: see SEWING DIRECTIONS.

Sew with INVISIBLE STITCH: see SEWING TERMS.

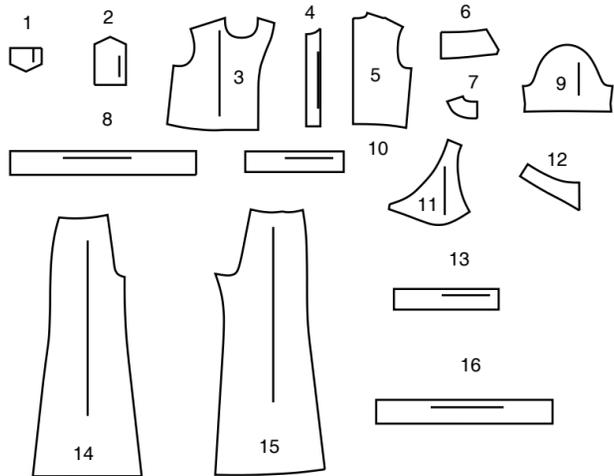
OR, use seam binding, stretch lace or foldover flexi-lace.



SUPPLEMENTAL CUTTING LAYOUTS



16 PATTERN PIECES



- 1 POCKET FACING (FOR BLOUSE)
- 2 POCKET
- 3 BLOUSE FRONT
- 4 FRONT INTERFACING (FOR BLOUSE)
- 5 BLOUSE BACK
- 6 COLLAR
- 7 BACK FACING
- 8 WAISTBAND (FOR BLOUSE)
- 9 SLEEVE
- 10 NECK TIE (FOR HALTER)
- 11 HALTER
- 12 FRONT BAND (FOR HALTER)
- 13 TIE (FOR HALTER)
- 14 PANTS FRONT
- 15 PANTS BACK
- 16 WAISTBAND (FOR PANTS)

PATTERN MARKINGS

- GRAINLINE:** Place on straight grain of fabric, parallel to selvage or fold.
- FOLDLINE:** Place line on fold of fabric.
- BUTTONHOLE MARKING:** Indicates exact length and placement of buttonholes.
- BUTTON MARKING:** Indicates button placement.
- NOTCHES AND SYMBOLS:** For matching seams and construction details.
- Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.
- SEAM ALLOWANCE:** 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

ADJUST IF NECESSARY

- Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.
- TO SHORTEN:** Crease along adjustment line. Make a fold half the amount needed. Tape in place.
- TO LENGTHEN:** Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.
- When Alteration lines are not on tissue, lengthen or shorten at lower edge.

CUTTING AND MARKING

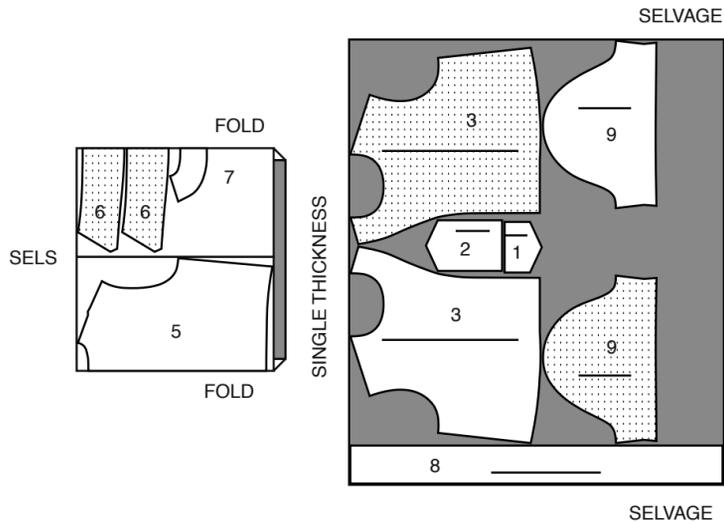
- SHRINK FABRIC** if not labeled pre-shrunk. Press.
- CIRCLE LAYOUT** for View, Size, Fabric Width.
- Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.
- \* DOUBLE THICKNESS (WITHOUT FOLD)** - For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)
- ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.
- Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.
- Before **CUTTING** place all pieces on fabric according to layout. Pin. (**Layouts show approximate position of pattern pieces; position may vary according to your pattern size.**) Cut **ACCURATELY**, cutting notches outward.
- Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
- NOTE:** Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

CUTTING LAYOUTS

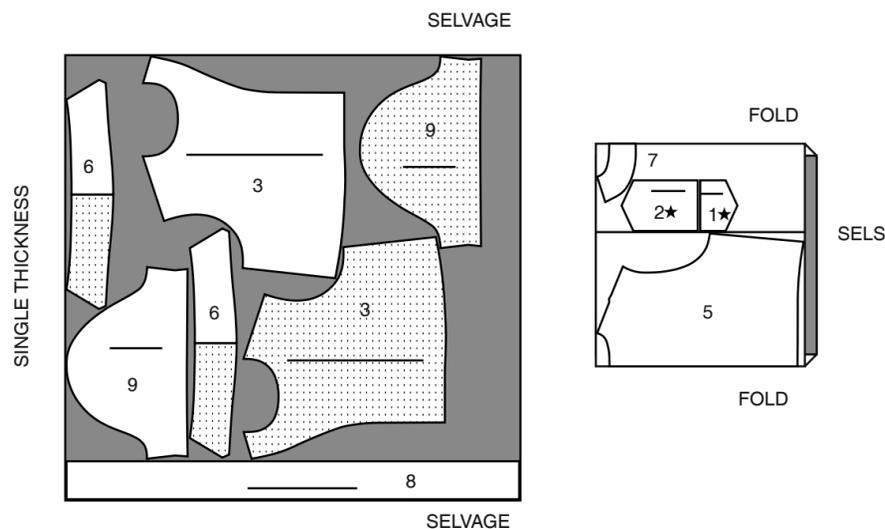
BLOUSE

PIECES 1 2 3 5 6 7 8 9

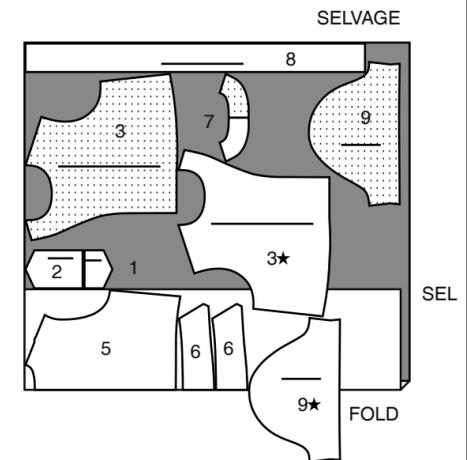
45" (115CM)  
WITH NAP  
SIZES 8 10 12 14 16 18



45" (115CM)  
WITH NAP  
SIZES 20 22 24 26



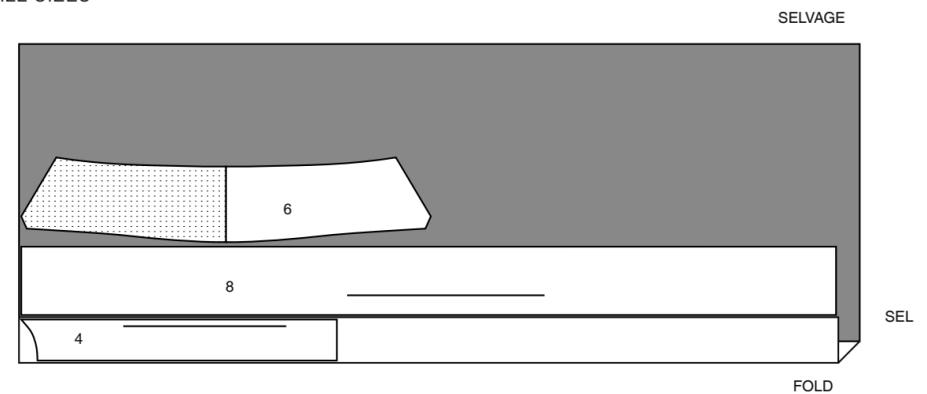
60" (150CM)  
WITH NAP  
ALL SIZES



INTERFACING

PIECES 4 6 8

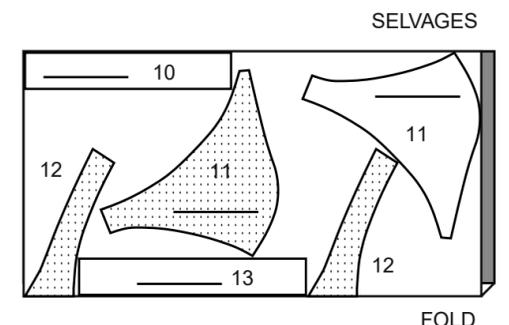
20" (51CM)  
ALL SIZES



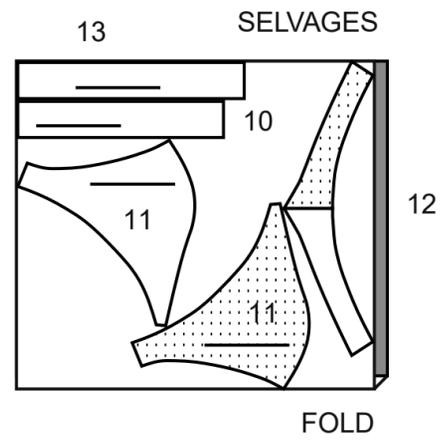
HALTER

PIECES 10 11 12 13

45" (115CM)  
WITH NAP  
ALL SIZES

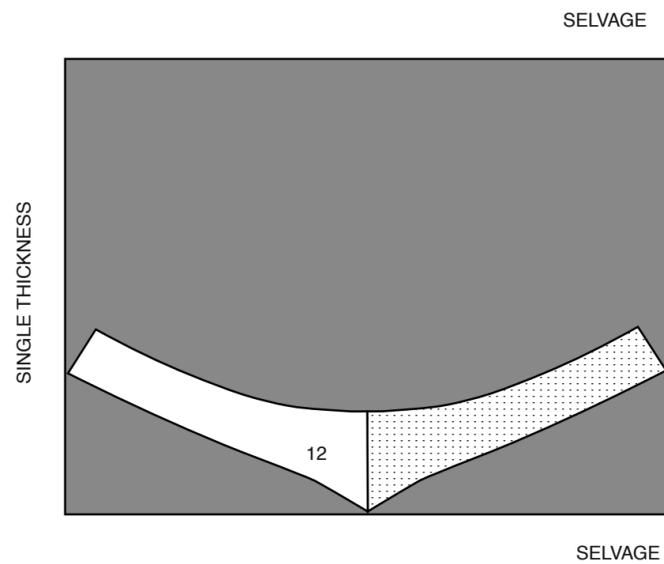


60" (150CM)  
WITH NAP  
ALL SIZES



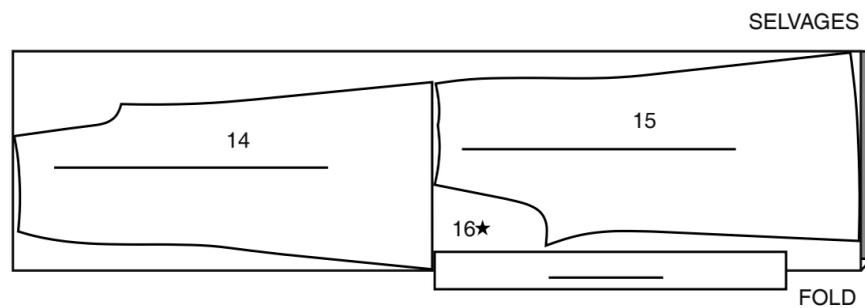
**INTERFACING**  
PIECE 12

20" (51CM)  
ALL SIZES

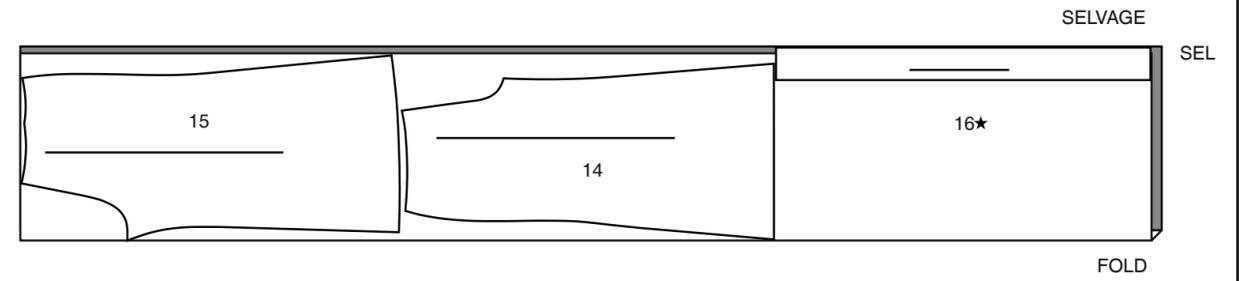


**PANTS**  
PIECES 14 15 16

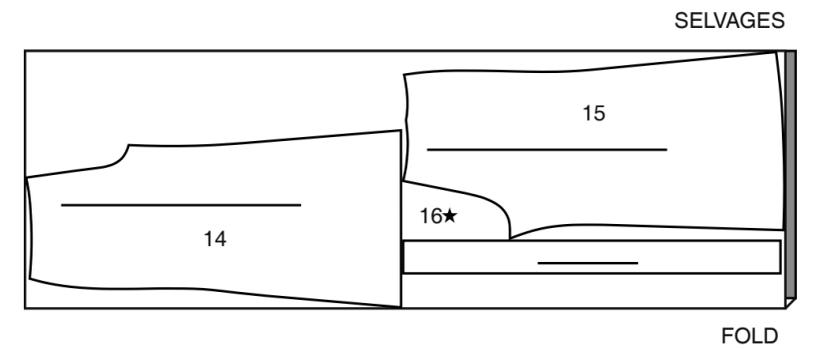
45" (115CM)  
WITH NAP  
SIZES 8 10 12 14 16 18



45" (115CM)  
WITH NAP  
SIZES 20 22 24 26



60" (150CM)  
WITH NAP  
ALL SIZES



**INTERFACING**  
PIECE 16

20" (51CM)  
ALL SIZES

