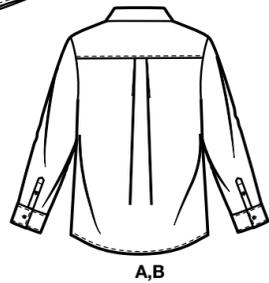




A

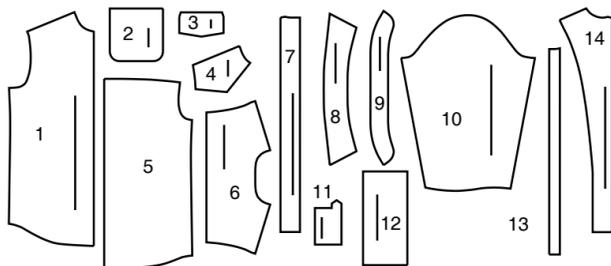


B



A,B

14 PATTERN PIECES



- 1 Front-A,B
- 2 Pocket-A,B
- 3 Flap-A,B
- 4 Yoke Front-A
- 5 Back-A,B
- 6 Back Yoke-A,B
- 7 Placket-A,B
- 8 Collar-A,B
- 9 Collar Band-A,B
- 10 Sleeve-A,B
- 11 Placket-A,B
- 12 Cuff-A,B
- 13 Guide for Buttonholes-A,B
- 14 Placket-B

PATTERN MARKINGS

- GRAINLINE:** Place on straight grain of fabric, parallel to selvage or fold.
- FOLDLINE:** Place line on fold of fabric.
- BUTTONHOLE MARKING:** Indicates exact length and placement of buttonholes.
- BUTTON MARKING:** Indicates button placement.
- NOTCHES AND SYMBOLS:** For matching seams and construction details.
- Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.
- SEAM ALLOWANCE:** 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

ADJUST IF NECESSARY

- Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.
- TO SHORTEN:** Crease along adjustment line. Make a fold half the amount needed. Tape in place.
- TO LENGTHEN:** Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.
- When Alteration lines are not on tissue, lengthen or shorten at lower edge.

CUTTING AND MARKING

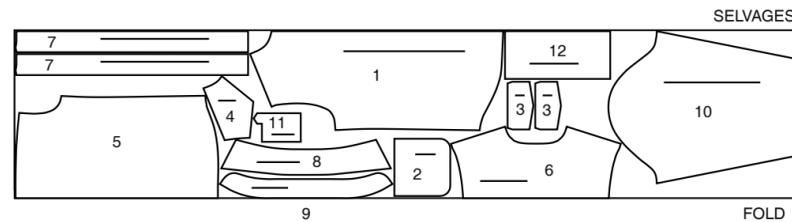
- SHRINK FABRIC** if not labeled pre-shrunk. Press.
- CIRCLE LAYOUT** for View, Size, Fabric Width.
- Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
- For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.
- * DOUBLE THICKNESS (WITHOUT FOLD)** - For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
- For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)
- ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.
- Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.
- Before **CUTTING** place all pieces on fabric according to layout. Pin. (Layouts show approximate position of pattern pieces; position may vary according to your pattern size.) Cut **ACCURATELY**, cutting notches outward.
- Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
- NOTE:** Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

CUTTING LAYOUTS

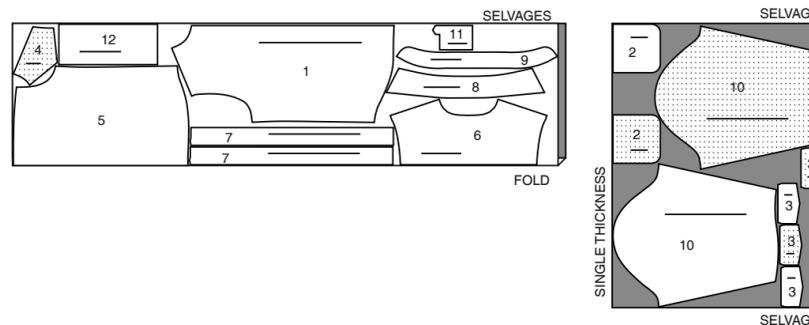
SHIRT A

USE PIECES 1 2 3 4 5 6 7 8 9 10 11 12

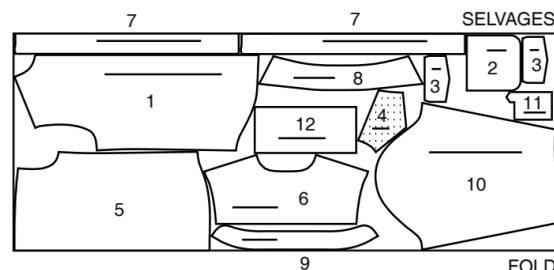
45" (115CM)
WITH NAP
SIZES XS-S-M-L



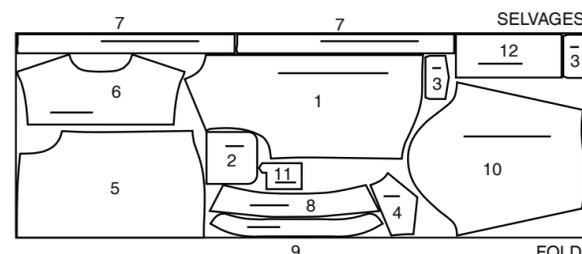
45" (115CM)
WITH NAP
SIZES XL-XXL



60" (150CM)
WITH NAP
SIZES XS-S-M-L



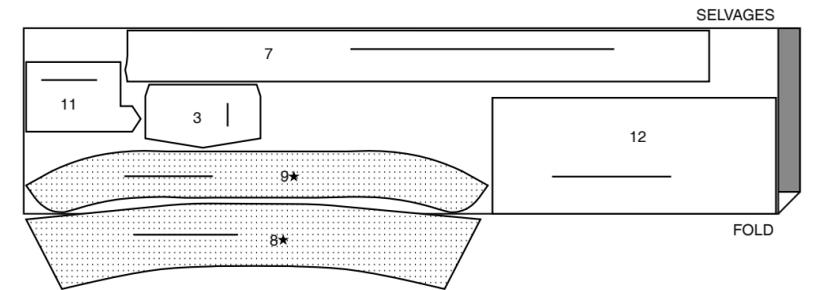
60" (150CM)
WITH NAP
SIZES XL-XXL



INTERFACING A

USE PIECES 3 7 8 9 11 12

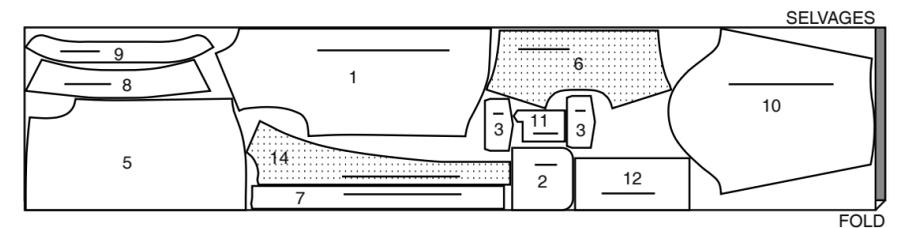
20" (51CM)
WITHOUT NAP
ALL SIZES



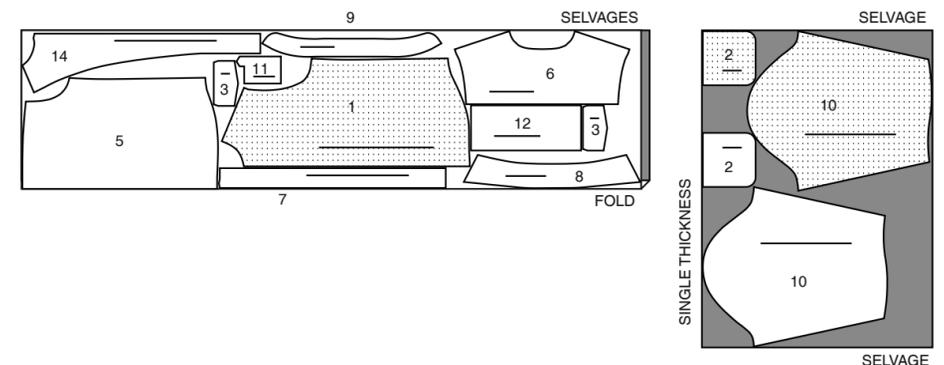
SHIRT B

USE PIECES 1 2 3 5 6 7 8 9 10 11 12 14

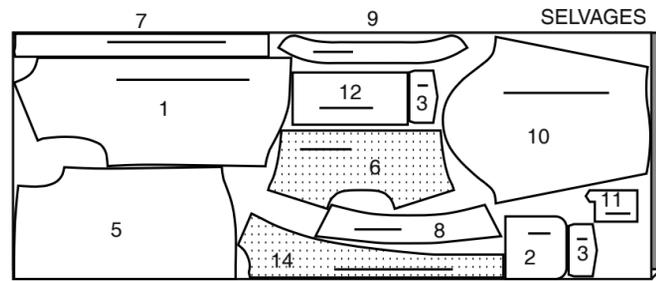
45" (115CM)
WITH NAP
SIZES XS-S-M-L



45" (115CM)
WITH NAP
SIZES XL-XXL

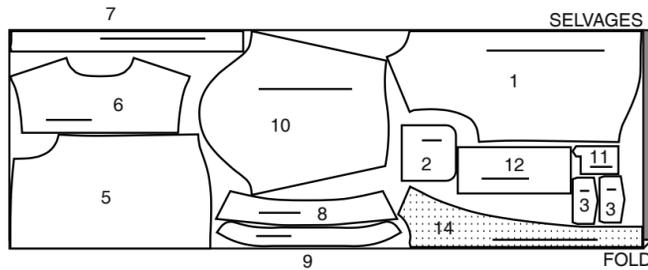


60" (150CM)
WITH NAP
SIZES XS-S-M-L



FOLD

60" (150CM)
WITH NAP
SIZES XL-XXL

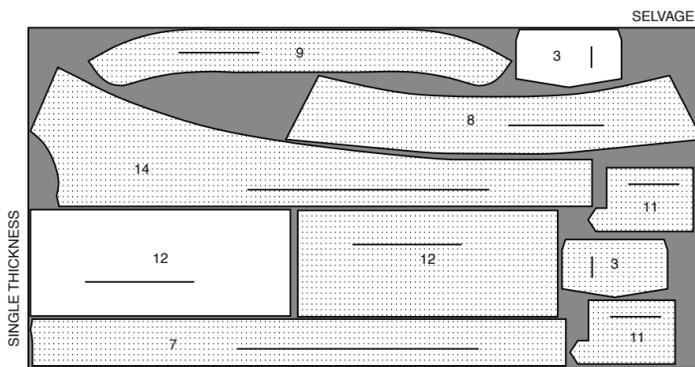


FOLD

INTERFACING B

USE PIECES 3 7 8 9 11 12 14

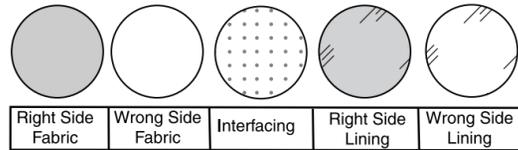
20" (51CM)
WITHOUT NAP
ALL SIZES



SSELVAGE

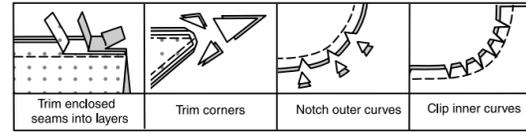
SEWING INFORMATION

FABRIC KEY



SEAM ALLOWANCES

Use 5/8" (1.5cm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, **RIGHT SIDE TOGETHER**, matching notches.
Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated.
Clip where necessary so they lie flat.

GLOSSARY

GLOSSARY OF SEWING METHODS

Sewing methods shown in **BOLD** are defined below:

STAYSTITCH – Stitch 1/2" (1.3cm) from cut edge in direction of arrows. This stitching stays in permanently to prevent stretching on curved edges. (Shown only in the first illustration.)

UNDERSTITCH – Press facing and seam away from garment, stitching through facing and seam allowances close to seam.



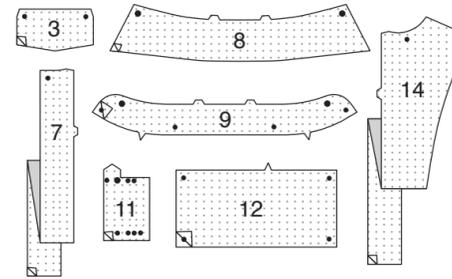
PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

STITCH 5/8" (1.5CM) SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

SHIRT A, B

INTERFACING

1. Pin interfacing to **WRONG** side of **FLAP (3)**, **PLACKET (7)**, **COLLAR (8)**, **COLLAR BAND (9)**, **PLACKET (11)**, **CUFF (12)**, and additionally for **View B PLACKET (14)**. Fuse interfacing in place following manufacturer's directions.

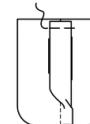


FRONT AND POCKET

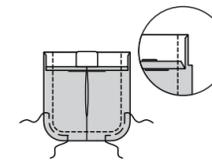
2. To make an inverted pleat on **POCKET (2)**, on **INSIDE**, bring solid and broken lines together, matching small dots. Stitch along broken lines to small dots. Baste along solid line between small dots.



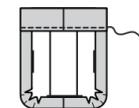
3. Press pleat flat bringing stitching to center. Baste across upper and lower edges. Remove solid line basting.



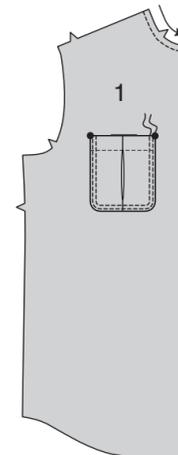
4. Press under 1/4" (6mm) on upper edge of pocket. Turn upper edge to **OUTSIDE** along fold line, forming facing. To ease curved edge of pocket, stitch 1/4" (6mm) **INSIDE** the seamline, using a long machine-stitch. Trim seam allowance in the facing area to 1/4" (6mm).



5. Turn corners **RIGHT** side out, turning facing to the **WRONG** side; press, pressing under raw edges along stitching. Pull up ease stitches to shape the curve. To eliminate bulk, notch out the fullness in seam allowance along curves as far as ease stitches. Stitch facing close to inner edge.



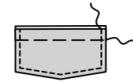
6. **STAYSTITCH** neck edge of **FRONT (1)** in the direction of the arrow. On **OUTSIDE**, pin pocket to front matching large dots. Edgestitch close to side and lower edges and topstitch 1/4" (6mm) from first stitching.



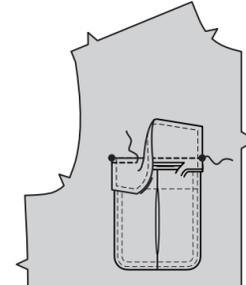
7. With **RIGHT** sides together, stitch facing to **FLAP (3)**, leaving edge with small dots open. Trim seam and corners.



8. Turn flap; press. Machine-baste 5/8" (1.5cm) from raw edge. On **OUTSIDE**, topstitch 1/4" (6mm) from finished edge.



9. On **OUTSIDE**, pin flap to front, placing basting along flap line, matching small dots, as shown. Stitch along basting. Trim close to stitching. Turn flap down; press. Topstitch 1/4" (6mm) from upper edge.

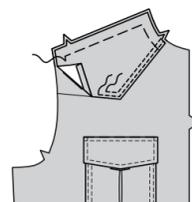


YOKE FRONT A

10. Machine-stitch along 3/8" (1cm) seamline on lower edge of **YOKE FRONT (4)**. Press under lower edge along stitching, folding in fullness at corner.

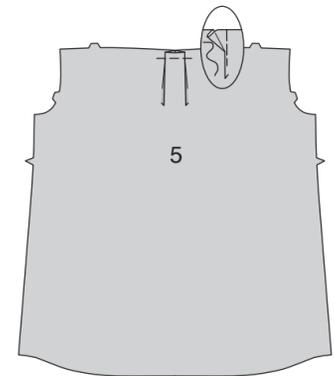


11. On **OUTSIDE** pin pressed edge of yoke to front along placement line. Edgestitch close to finished edge and topstitch 1/4" (6mm) from first stitching. Baste raw edges together.

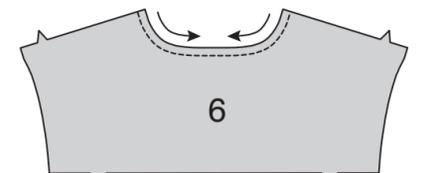


BACK AND BACK YOKE

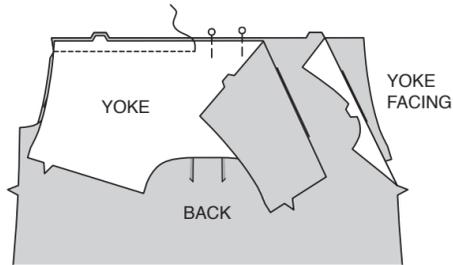
12. To make pleats on **BACK (5)**, on **OUTSIDE**, fold along solid lines. Bring folds to broken lines; pin. Baste across raw edge.



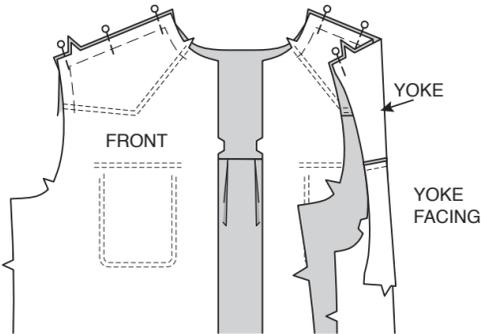
13. **STAYSTITCH** neck edge of **BACK YOKE (6)** sections in the direction of the arrow.



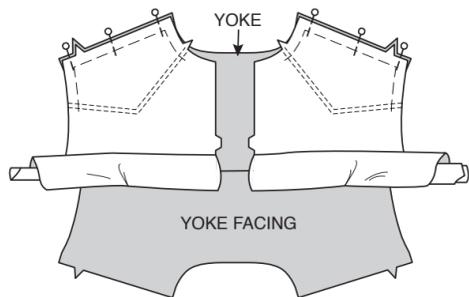
14. With RIGHT sides together, pin yoke to back, having raw edges even. Pin RIGHT side of yoke facing to WRONG side of back, having raw edges even. Stitch through all thicknesses. Trim seam.



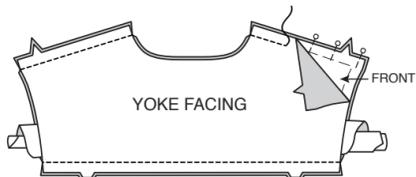
15. Press yoke up, leaving yoke facing down toward back, as shown. With RIGHT sides together, pin yoke to fronts at shoulder edges.



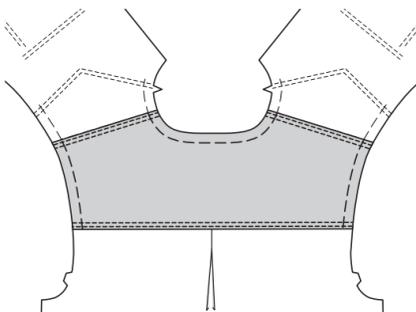
16. Roll back and both front sections together toward yoke, as shown.



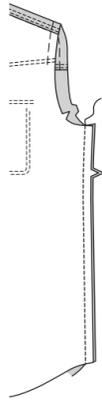
17. Bring the yoke facing up and pin shoulder edges together. (Rolled shirt is between yoke layers.) Stitch through all thicknesses, being careful not to catch in rolled shirt. Trim seams.



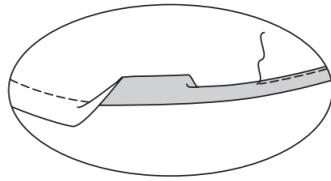
18. Pull out rolled shirt through one armhole opening, turning shirt RIGHT side out. Press all yoke seams. Machine-baste neck and armhole edges together. Edgestitch yoke close to seams and topstitch yoke 1/4" (6mm) from first stitching.



19. Stitch front to back at side edges.

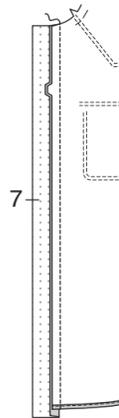


20. Machine-stitch 5/8" (1.5cm) from lower edge of shirt. Press up hem along stitching. To form a narrow hem, turn under raw edge 1/4" (6mm); press. Edgestitch close to inner pressed edge.

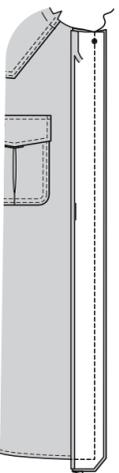


FRONT PLACKET A

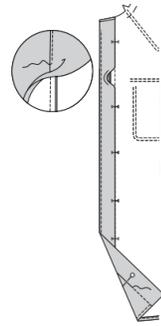
21. With RIGHT sides together and raw edges even, pin PLACKET (7) sections to right front and left front edges, matching notches. (Lower edge of plackets will extend 5/8" (1.5cm) below shirt). Stitch. Press seams toward plackets, pressing plackets out.



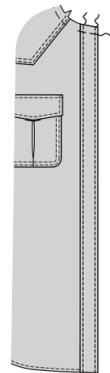
22. Press under a scant 1/2" (1.3cm) on notched edge of placket facing. Trim to 1/4" (6mm). With RIGHT sides together and raw edges even, pin placket facing to placket, matching small dots. Stitch front and lower edge. Trim seam and corner.



23. UNDERSTITCH the facing as far as possible. Turn facing to INSIDE; press. On INSIDE, pin pressed edge of facing over seam, placing pins on OUTSIDE. On OUTSIDE, stitch in the ditch of the seam, catching in pressed edge of facing on the INSIDE.

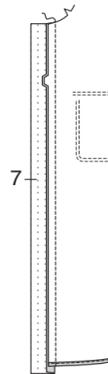


24. On OUTSIDE, topstitch placket 1/4" (6mm) from seam and finished edge. Baste across upper edge.

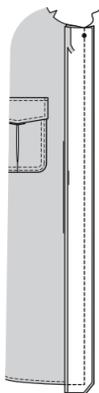


FRONT PLACKET B

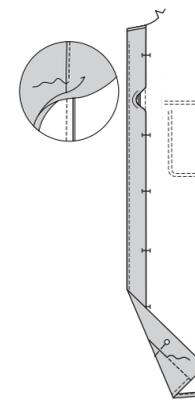
25. With RIGHT sides together and raw edges even, pin PLACKET (7) section to RIGHT front edge, matching notches. (Lower edge of placket will extend 5/8" (1.5cm) below shirt). Stitch. Press seam toward placket, pressing placket out.



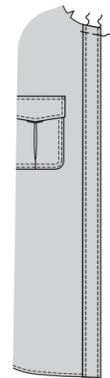
26. Press under a scant 1/2" (1.3cm) on notched edge of placket facing. Trim to 1/4" (6mm). With RIGHT sides together and raw edges even, pin placket facing to placket, matching small dots. Stitch front and lower edge. Trim seam and corner.



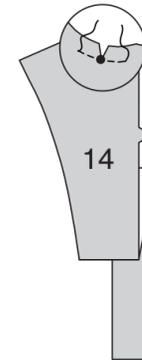
27. UNDERSTITCH the facing as far as possible. Turn facing to INSIDE; press. On INSIDE, pin pressed edge of facing over seam, placing pins on OUTSIDE. On OUTSIDE, stitch in the ditch of the seam, catching in pressed edge of facing on the INSIDE.



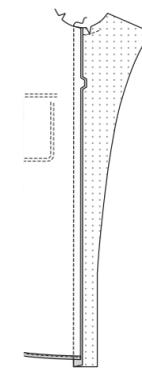
28. On OUTSIDE, topstitch placket 1/4" (6mm) from seam and finished edge. Baste across upper edge.



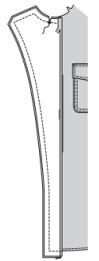
29. To reinforce neck edge of PLACKET (14) at small dot, stitch along seam line for about 1" (2.5cm) each side of small dot, stitching through dot, as shown. Clip to stitching at dots. Reinforce and clip placket facing in the same manner.



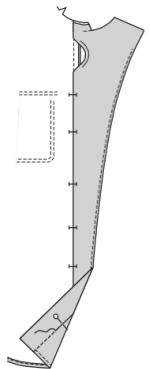
30. With RIGHT sides together and raw edges even, pin placket to LEFT front edge, matching notches. (Lower edge of placket will extend 5/8" (1.5cm) below shirt). Stitch. Press seam toward placket, pressing placket out.



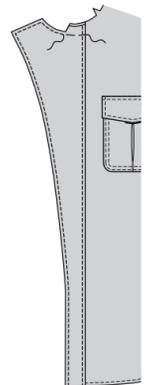
31. Press under a scant 1/2" (1.3cm) on notched edge of placket facing. Trim to 1/4" (6mm). With RIGHT sides together and raw edges even, pin placket facing to placket, matching small dots. Stitch lower, front, shoulder, and neck edge to the small dot, back-stitching at dot to reinforce the seam. Trim seam and corner.



32. UNDERSTITCH the facing on front edge as far as possible. Turn facing to INSIDE; press. On INSIDE, pin pressed edge of facing over seam, placing pins on OUTSIDE. On OUTSIDE, stitch in the ditch of the seam, catching in pressed edge of facing on the INSIDE.

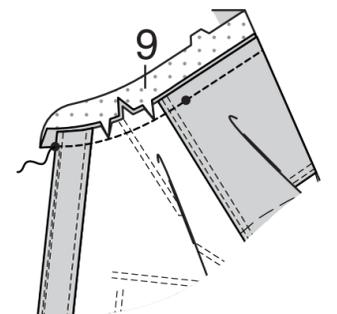


33. On OUTSIDE, topstitch placket 1/4" (6mm) from seam and finished edges. Baste across upper edge.

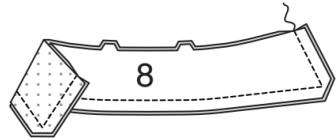


COLLAR BAND AND COLLAR

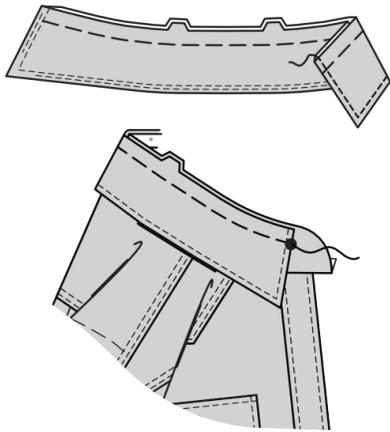
34. Clip neck edge of shirt to staystitching. With RIGHT sides together, pin single notched edge of COLLAR BAND (9) to neck edge, matching centers back and small dots. (Neckband extends 5/8" (1.5cm) beyond front opening edges.) Stitch neck edge. Trim seam; clip curves. Press band out; press seam toward band.



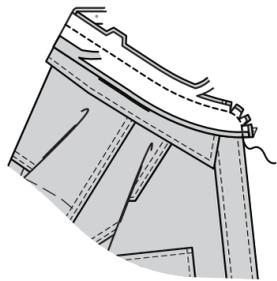
35. With RIGHT sides together and raw edges even, stitch facing to COLLAR (8), leaving notched edges open. Trim seam and corners.



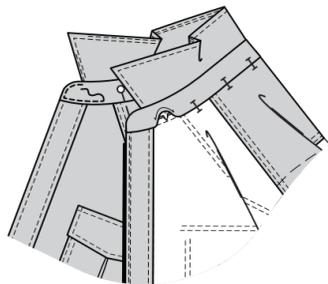
36. UNDERSTITCH upper edge of collar facing as far as possible. Turn collar; press. Machine-baste raw edges together. Topstitch collar 1/4" (6mm) from finished edges. With RIGHT sides together and raw edges even, pin collar (facing side) to collar band, matching centers back and double notches and placing ends at large dots. Machine-baste.



37. Press under 5/8" (1.5cm) on single notched edge of collar band facing; trim to 1/4" (6mm). With RIGHT sides together, pin collar band facing to collar band (over collar), matching centers. Stitch front and double notched edge. Trim seam; clip curves.

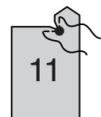


38. Turn collar band facing to INSIDE; press. Pin pressed edge of facing over seam, placing pins on OUTSIDE. On OUTSIDE, stitch close to all edges of collar band, catching in pressed edge of facing on INSIDE.



SLEEVE

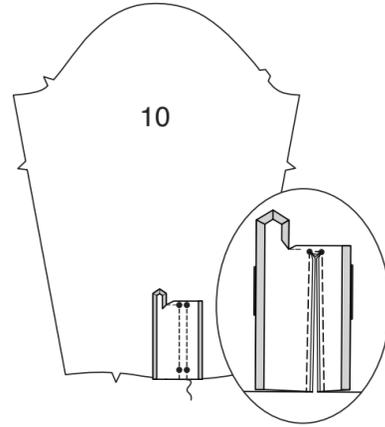
39. To reinforce corner of PLACKET (11) at the large dot, stitch along seamline for 3/8" (1cm) each side of the dot. Clip inner corner to large dot, as shown.



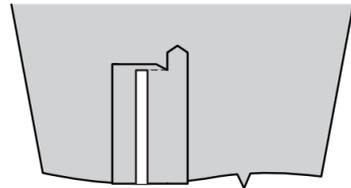
40. Turn in 1/4" (6mm) on side edges and upper end of placket, folding in fullness at corners. Press.



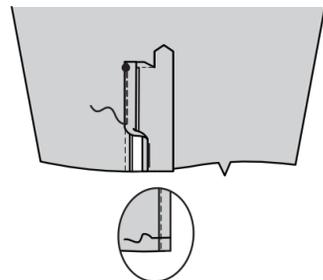
41. Pin RIGHT side of placket to WRONG side of SLEEVE (10), matching stitching lines. Stitch along stitching lines, pivoting at small dots. Slash between stitching, clipping diagonally to small dots.



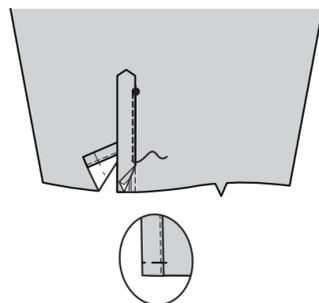
42. Turn placket to OUTSIDE. Press seams toward placket and triangular end up.



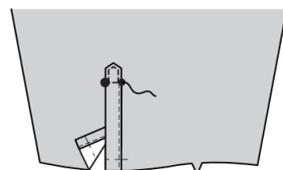
43. Fold narrower side of placket along foldline, placing pressed edge over seam. Stitch close to edge, from small dot to lower edge. Baste across lower edge.



44. Fold remaining side of placket along foldline, placing pressed edge over seam. Stitch close to edge, from small dot to lower edge. Baste across lower edge.



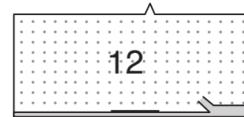
45. Pin upper edge of placket to sleeve. Stitch close to edges and along stitching line, as shown.



46. Stitch underarm edges of sleeve.



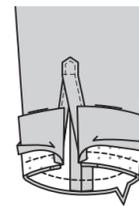
47. Press under a scant 5/8" (1.5cm) on unnotched edge of CUFF (12). Trim to 1/4" (6mm).



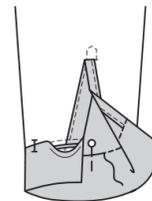
48. Fold cuff in half along foldline with RIGHT sides together. Stitch ends. Trim seam.



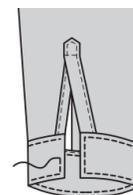
49. Turn cuff; press. Pin cuff to sleeve with RIGHT sides together, matching small dots and notches. Stitch, keeping pressed edge free. Trim seam.



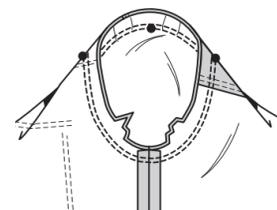
50. Press seam toward cuff, pressing cuff out. On INSIDE, pin pressed edge of facing over seam, placing pins on OUTSIDE. On OUTSIDE, stitch in the ditch of the seam, catching in pressed edge of facing on the INSIDE.



51. On OUTSIDE, topstitch cuff 1/4" (6mm) from seam and finished edges.

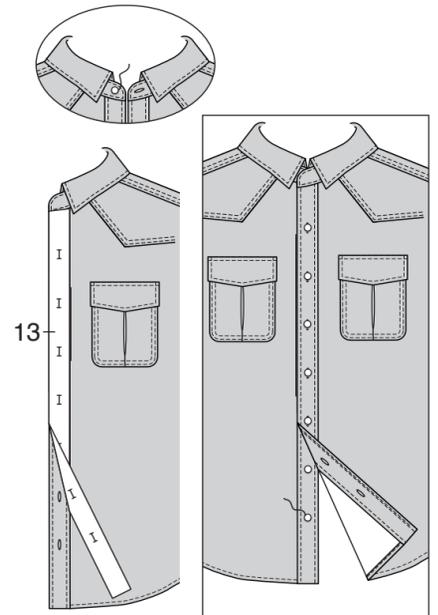


52. To set in sleeve, turn sleeve RIGHT side out. Hold shirt WRONG side out with armhole toward you. With RIGHT sides together, pin sleeve to armhole edge matching underarm seams, notches and small dots. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.

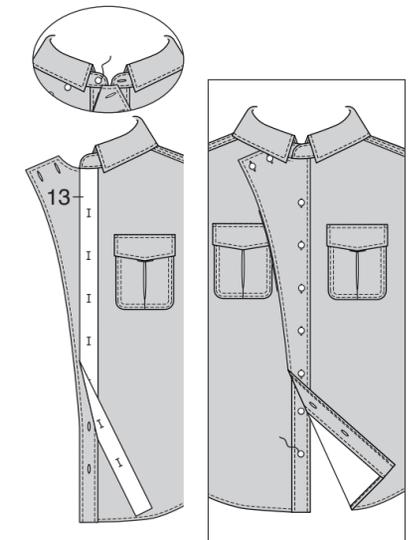


FINISHING

53. FOR VIEW A – To mark buttonholes in LEFT front placket, pin GUIDE FOR BUTTONHOLES (13) to finished front and upper edge, as shown. Transfer markings. Make buttonholes at markings. Lap LEFT front over RIGHT, matching centers. Sew buttons under buttonholes. Make buttonhole on collar band at marking; sew button at small dot.



54. FOR VIEW B – To mark buttonholes in LEFT front placket, pin GUIDE FOR BUTTONHOLES (13) to finished front and upper edge, as shown. Transfer markings. Make buttonholes at markings and at additional markings on placket. Lap LEFT front over RIGHT, matching centers. Sew buttons under buttonholes. Make buttonhole on collar band at marking; sew button at small dot.



55. FOR BOTH VIEWS – Make buttonhole on cuff and sleeve placket at markings. Sew button to cuff at small dot, and under buttonhole on placket.

