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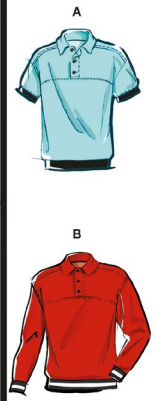

Designed and printed in USA

Average

UNISEX KNIT PULLOVER TOPS

Suggested Fabrics: Moderate Stretch Knits only such as Cotton Knits, French Terry, Rib Knit. See Stretch Gauge.

Notions: A,B,C: Three ½" (1.3cm) buttons, 7" x 38" (18cm x 97cm) rib knit trim: two strips for **A**, three strips for **B,C**, one pkg. of ½" (1.3cm) single fold bias tape. **Also for A:** Two strips of at least 1¾" wide x 30" long (4.5cm x 76cm) rib knit trim (for sleeve band).

Sizes	**XS**	**S**	**M**	**L**	**XL**	**XXL**	
	(30-32)	**(34-36)**	**(38-40)**	**(42-44)**	**(46-48)**	**(50-52)**	
European	**30-32**	**34-36**	**38-40**	**42-44**	**46-48**	**50-52**	
BODY MEASUREMENTS: Select pattern size based on body measurements							
Bust/ Chest	30-32	34-36	38-40	42-44	46-48	50-52	Ins.
Waist	24-26	28-30	32-34	36-39	42-44	46-48	"
Hip	32-34	35-37	39-41	43-45	47-49	51-53	"
Interfacing A,B,C							
20"	⅝	⅝	⅝	¾	¾	¾	Yd.
Top A 60"*	1⅛	1⅛	1⅛	1⅝	1⅝	1¾	Yds.
Top B 60"*	1½	1½	1½	1¾	1¾	1⅞	Yds.
Top C 60"*	1	1⅛	1¼	1⅜	1½	1½	Yds.
Contrast C (Front, Yoke Front and Back)							
60"*	⅝	⅝	⅝	⅝	⅝	⅝	Yd.
FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)							
A,B,C Chest	42	44	48	52	56	60	Ins.
Finished back length from base of neck							
Top A,B,C	25¼	25½	26	26½	27	27½	Ins.

*with nap **without nap

Moins Facile

HAUTS EN TRICOT UNISEXE À PASSER PAR LA TÊTE

Tissus Conseillés: Tricots à élasticité moyenne (35% en largeur) tels que Tricots de coton, Tissu Éponge, Tricot à côtes. Reportez-vous au taux d'élasticité.

Mercerie: A,B,C: 3 boutons de 1.3cm, galon de tricot à côtes de 18cm x 97cm: 2 bandes pour **A,** 3 bandes pour **B,C,** 1 paquet de ruban de biais simple de 1.3cm. **Aussi pour A:** 2 bandes de galon de tricot à côtes d'au moins 4.5cm de large x 76cm de longueur (pour la bande de manche).

Tailles	**TP/XS**	**P/S**	**M**	**G/L**	**TG/XL**	**TTG/XXL**	
Françaises	**32-34**	**36-38**	**40-42**	**44-46**	**48-50**	**52-54**	
Européen	**30-32**	**34-36**	**38-40**	**42-44**	**46-48**	**50-52**	
MESURES DU CORPS: Choisissez la taille du patron basée sur les mesures du corps							
Poitrine	76-81	87-92	97-102	107-112	117-122	127-132	cm
Taille	61-66	71-76	81-87	92-99	107-112	117-122	"
Hanches	81-87	89-94	99-104	109-115	119-124	128-135	"
Entoilage A,B,C							
51cm	0.6	0.6	0.6	0.7	0.7	0.7	m
Haut A 150cm*	1.0	1.0	1.0	1.5	1.5	1.6	m
Haut B 150cm*	1.4	1.4	1.4	1.5	1.6	1.7	m
Haut C 150cm*	0.9	1.0	1.1	1.3	1.3	1.4	m
Contraste C (Devant, Empiècement devant et dos)							
150cm*	0.6	0.6	0.6	0.6	0.6	0.6	m
MESURES DES VÊTEMENTS FINI (Motif et aisance de port compris)							
A,B,C Poitrine	107	112	122	132	142	152	cm
Longueur finie – dos, votre nuque à l'ourlet							
Haut A,B,C	64	65	66	67	69	70	cm

*avec sens **sans sens

Use the 1 inch (2.54cm) box to ensure you are using rule at 100%

Utilisez la boîte de 2.54 cm pour vous assurer d'utiliser la règle à 100%.

Utilizar un cuadrado de 2.54 cm para asegurarse de estar usando la regla al 100%.

4" of crosswise folded fabric must STRETCH from here
10 cm de tricot plié sur le travers et sur le droit-fil doivent s'étirer de cette limite à celle là
10 cm de tejido de punto doblado (a lo largo y luego al través) deben estirarse desde acá

To Here 35%
jusqu'ici 35%
hasta acá 35%

When using the Pick-A-Knit® rule to measure your fabrics stretch capacity, rule must be viewed or printed at 100%.
Quand vous utilisez le taux d'élasticité pour mesurer la capacité d'élasticité des tissus, le taux doit être visible ou imprimé à 100%.
Al utilizar el calibre de elasticidad para medir la capacidad de elasticidad de las telas, el calibre debe estar visible o impreso al 100%.

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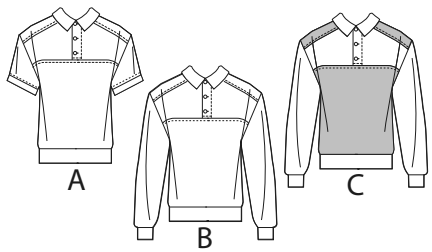
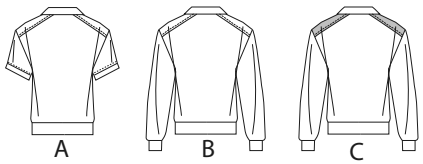
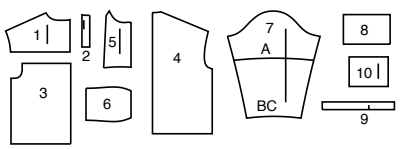




10 PATTERN PIECES



1 Yoke Front-A,B,C
2 Yoke Front Interfacing-A,B,C
3 Front-A,B,C
4 Back-A,B,C
5 Yoke Front and Back-A,B,C
6 Collar-A,B,C
7 Sleeve-A,B,C (c.l. A)
8 Lower Band-A,B,C
9 Sleeve Band-A
10 Sleeve Band-B,C

PATTERN MARKINGS

GRAINLINE: Place on straight grain of fabric, parallel to selvage or fold.

Place on fold

FOLDLINE: Place line on fold of fabric.

BUTTONHOLE MARKING: Indicates exact length and placement of buttonholes.

BUTTON MARKING: Indicates button placement.

NOTCHES AND SYMBOLS: For matching seams and construction details.

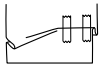
Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.

SEAM ALLOWANCE: 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

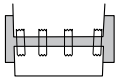
ADJUST IF NECESSARY

Lengthen or Shorten at adjustment lines (═) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.

TO SHORTEN: Crease along adjustment line. Make a fold half the amount needed. Tape in place.



TO LENGTHEN: Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.



When Alteration lines are not on tissue, lengthen or shorten at lower edge.

CUTTING AND MARKING

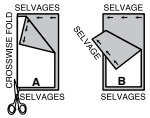
SHRINK FABRIC if not labeled pre-shrunk. Press.

CIRCLE LAYOUT for View, Size, Fabric Width.

Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.

For **DOUBLE THICKNESS (WITH FOLD) -** fold fabric with right sides together.

✻ **DOUBLE THICKNESS (WITHOUT FOLD) -** For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).



For **SINGLE THICKNESS -** place fabric right side up. (For Fur Pile fabrics, place pile side down.)

★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.

Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.

Before **CUTTING** place all pieces on fabric according to layout. Pin. (**Layouts show approximate position of pattern pieces; position may vary according to your pattern size.**) Cut **ACCURATELY,** cutting notches outward.

Before removing pattern**, TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

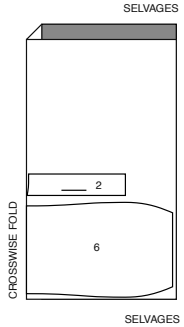
CUTTING LAYOUTS

RIGHT SIDE OF PATTERN	WRONG SIDE OF PATTERN	RIGHT SIDE OF FABRIC	WRONG SIDE OF FABRIC

INTERFACING A,B,C

USE PIECES: 2 6

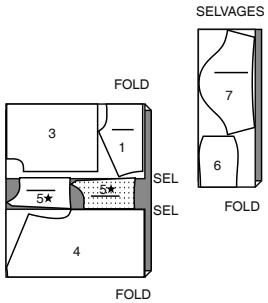
20" (51 CM)
ALL SIZES



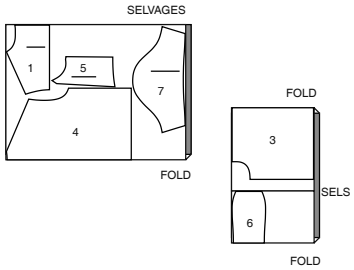
TOP A

USE PIECES: 1 3 4 5 6 7

60" (150 CM)
WITH NAP
SIZES XS S M



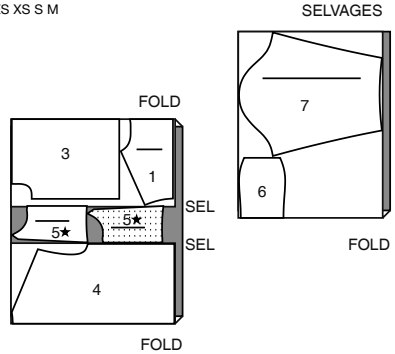
60" (150 CM)
WITH NAP
SIZES L XL XXL



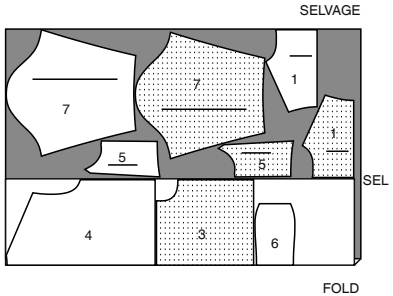
TOP B

USE PIECES: 1 3 4 5 6 7

60" (150 CM)
WITH NAP
SIZES XS S M



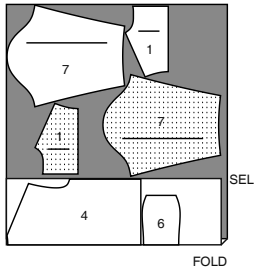
60" (150 CM)
WITH NAP
SIZES L XL XXL



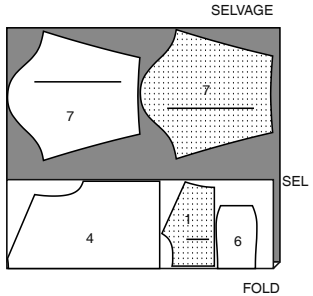
TOP C

USE PIECES: 1 4 6 7

60" (150 CM)
WITH NAP
SIZES XS S M



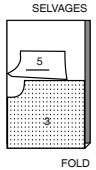
60" (150 CM)
WITH NAP
SIZES L XL XXL



CONTRAST C (YOKE, LOWER FRONT)

USE PIECES: 3 5

60" (150 CM)
WITH NAP
ALL SIZES



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SEWING INFORMATION

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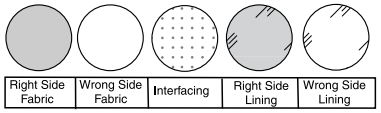
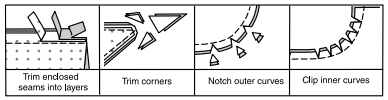


SEAM ALLOWANCES

Use 5/8" (1.5cm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, RIGHT SIDE TOGETHER, matching notches. Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

GLOSSARY

Sewing methods in **BOLD TYPE** have Sewing Tutorial Video available. Scan **QR CODE** to watch videos:

EDGESTITCH – See **Machine Stitches: "how to sew an edgestitch"** video.

FINISH – See **Seams: "how to finish seam allowances"** video.

TRIM SEAM – See **Seams: "how to trim, clip and layer seams"** video.

UNDERSTITCH – See **Machine Stitches: "how to understitch"** video.

SEWING TUTORIALS

SCAN ME

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PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

STITCH SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED

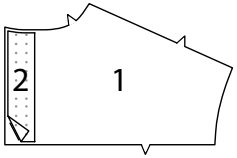
TOP A, B, C

NOTE: Under each sub-heading, the first view will be shown, unless otherwise indicated.

FRONT AND BACK

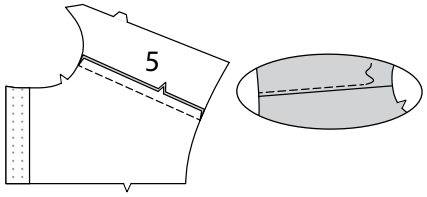
1. Pin YOKE FRONT INTERFACING (2) to front edge of each YOKE FRONT (1). Fuse in place following manufacturer's directions.

TIP: FINISH front edge of yoke, if you prefer.



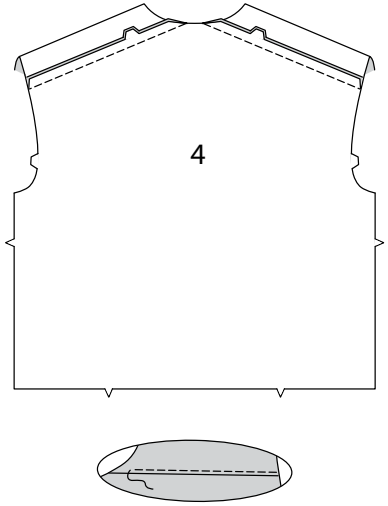
2. With RIGHT sides together pin YOKE FRONT AND BACK (5) sections to each yoke front section, matching notches. Stitch. Press seam toward yoke front and back.

On OUTSIDE, **TOPSTITCH** yoke front and back, catching in pressed seam on INSIDE.



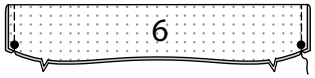
3. With RIGHT sides together, stitch yoke front and back, to BACK (4) at shoulders. Press seam toward yoke.

On OUTSIDE, **TOPSTITCH** yoke, catching in pressed seam on INSIDE.

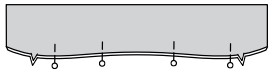


4. Pin INTERFACING to wrong side COLLAR (6). Fuse, following manufacturer's instructions.

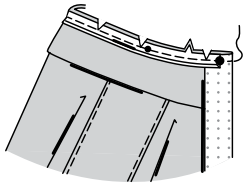
With RIGHT sides together, fold collar in half lengthwise, along fold line. Press. Stitch ends in a 3/8" (1cm) seam.



5. Turn collar RIGHT side out. Press. Pin raw edges together.

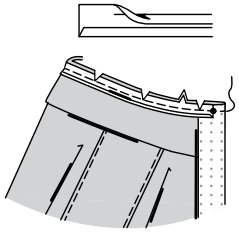


6. On OUTSIDE, pin collar to neck edge having raw edges even, matching small and large dots. Turn front edges of yoke to OUTSIDE, along foldline. Baste entire neck edge.



7. Cut a piece of single fold bias tape, the length of neck edge between large dots.

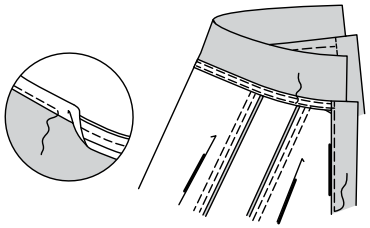
Open out one edge of bias tape. With RIGHT sides together, pin tape to neck edge, over collar having raw edges even. Stitch entire neck edge in a 3/8" (1cm) seam. **TRIM SEAM**; clip curves.



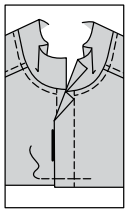
8. **UNDERSTITCH** tape. Turn tape and front edge to INSIDE, so that it encases the raw edge. Press. Baste close to inner edge of tape ending at stitching line.

On OUTSIDE, **TOPSTITCH** as basted, keeping collar free.

Stitch front edges of yoke along stitching lines, forming facing.



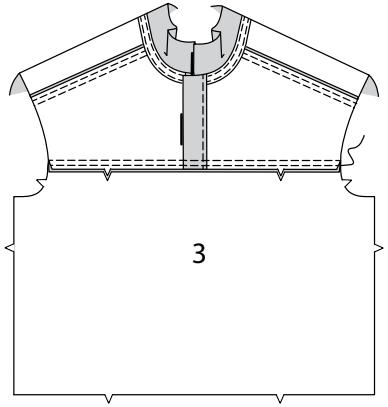
9. On OUTSIDE, lap LEFT yoke front sections over RIGHT, matching centers. Baste yoke sections together at lower edge.

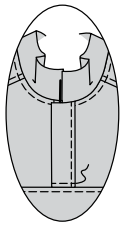


10. With RIGHT sides together, pin yoke front to upper edge of FRONT (3) matching notches, having raw edges even. Stitch. Press seam down.

On OUTSIDE, **TOPSTITCH** front, catching in pressed seam on INSIDE.

TOPSTITCH lower edge of front plackets through all thicknesses, as shown.

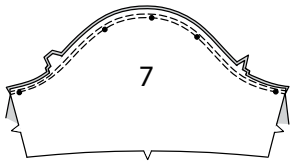




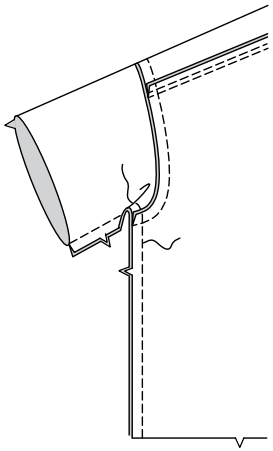
SLEEVES AND SEAMS

11. With RIGHT sides together, pin SLEEVE (7) to armhole edge matching center small dot, notches and remaining small dots.

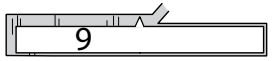
Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press seam toward sleeve.



12. With RIGHT sides together, stitch front to back at entire underarm seam, matching armhole seams. Stitch again over first stitching at underarm to reinforce.

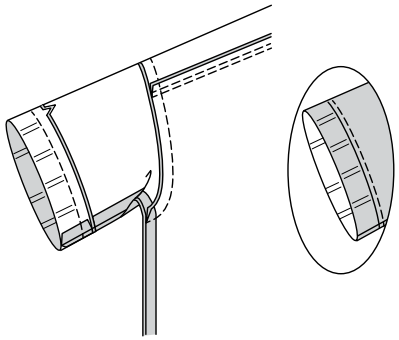


13. VIEW A-
Pin SLEEVE BAND (9) to rib knit strip for sleeve band, placing lower unnotched edge of pattern piece along finished edge of rib knit trim. Transfer markings. Cut out two sections.

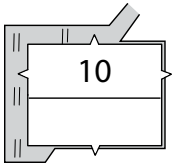


14. With RIGHT sides together, stitch ends of each sleeve band sections.

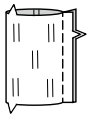
15. On OUTSIDE, with RIGHT sides together, pin band to lower edge of sleeve matching notches and underarm seams, stretching band to fit. Stitch. Press seam toward sleeve, pressing band out.
On OUTSIDE, **TOPSTITCH** sleeve, catching in seam on INSIDE.



16. VIEW B, C-
Open out rib knit section if necessary. Pin SLEEVE BAND (10) to rib knit strip, matching fold on strip to foldlines. Transfer markings. Cut out two sections.

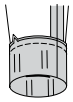


17. With RIGHT sides together, stitch ends of each sleeve band sections.



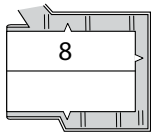
18. With WRONG sides together, fold sleeve band along foldline; press lightly. Pin raw edges together.

19. Pin sleeve band to lower edge of sleeve, matching seams. Stitch, stretching band to fit. Press seam up, pressing band out.



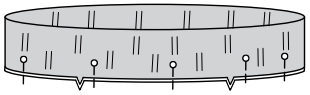
FINISHING

20. Open out rib knit section if necessary. Fold strip in half lengthwise. Pin LOWER BAND (8) to rib knit strip, placing the center fold on pattern piece on folded edge of trim, matching the horizontal fold on strip to foldline on pattern piece. Transfer markings. Cut out two section, as shown.

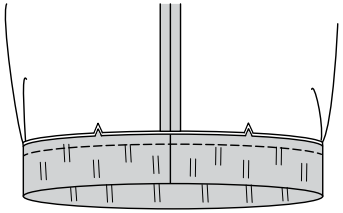


21. With RIGHT sides together, stitch ends of lower band sections.

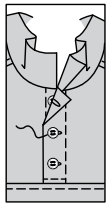
22. With WRONG sides together, fold lower band in half along foldline; press lightly. Pin raw edges together.



23. Pin band to lower edge of garment, matching centers and side seams. Stitch, stretching band to fit. Press seam up, pressing band out.



24. Make buttonholes in LEFT yoke front at markings. Lap LEFT over RIGHT front. Sew buttons under buttonholes.



Congrats!

You've completed your sewing adventure

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