Moins Facile

Simplicity[®].com



MEN'S POLO SHIRTS

Suggested Fabrics: Stretch Knits only such as: Cotton Knits, Pique Knit, Interlock. See Stretch Gauge.

Sizes		S	M	L	XL	XXL	
		(34-36)	(38-40)	(42-44)	(46-48)	(50-52)	
European		34-36	38-40	42-44	46-48	50-52	
BODY MEASU	JREMEN'	TS: Select pa	ttern size bas	ed on body n	neasurement	is	
Bust/ Chest		34-36	38-40	42-44	46-48	50-52	Ins.
Waist		28-30	32-34	36-39	42-44	46-48	11
Hip		35-37	39-41	43-45	47-49	51-53	
Interfacing .	A,B,C						
	20"	5/8	5/8	3/4	3/4	3/4	Yds.
Shirt A	60"*	1%	1¾	13/4	13/4	1%	Yds.
Shirt B	60"*	1%	1%	11/2	1½	1½	Yds.
Shirt C	60"*	7/8	7/8	1	1	1%	Yds.
Contrast 1 (I	ront, Ba	rck)					
	60"*	5/8	5/8	5/8	5/8	5/8	Yds.
Contrast 2 (I	Placket,	Collar, Sleeve	e Band, Front	Band, Back B	Band)		
	60"*	5/8	5/8	5/8	5/8	5/8	Yds.
Shirt D	60"*	11/2	11/2	11/2	1%	1%	Yds.
Interfacing	20"	3/4	3/4	3/4	3/4	7/8	"
FINISHED G	ARMENT	MEASUREM	ENTS (Includ	es Design and	l Wearing Ea	se)	
A,B,C,D Ches	it	40	44	48	52	56	Ins.
A,B,C,D Waist		39	43	47	51	55	"
Width, lowe	r edge						
Shirt A,B,C,D		39	43	47	51	55	Ins.
Finished bad	k lengtl	n from base o	of neck				
Shirt A,B,C,[)	261/2	27	271/2	28	281/2	Ins.

*with nap **without nap

POLO CHEMISES POUR HOMMES

Average

Tissus Conseillés: Tricots extensible seulement tels que: Tricot de coton, Piqué, Interlock. Reportez-vous au taux d'élasticité

Mercerie: A,	B,C: 3 bout	ons de 1cm.	D: 1 fermeture	à glissière de	23cm (coupée	pour ajuster)	
Tailles		Р	М	G	TG/XG	TTG/XXG	
Françaises		36-38	40-42	44-46	48-50	52-54	
Europèen		34-36	38-40	42-44	46-48	50-52	
MESURES DU	J CORPS: C	hoisissez la	taille du pat	ron basée su	r les mesures	du corps	
Poitrine		87-92	97-102	107-112	117-122	127-132	cm
Taille		71-76	81-87	92-99	107-112	117-122	"
Hanches		89-94	99-104	109-115	119-124	128-135	"
Entoilage A,	B,C						
	51cm	0.6	0.6	0.6	0.7	0.7	m
Chemise A	150cm*	1.5	1.6	1.6	1.6	1.6	m
Chemise B	150cm*	1.3	1.3	1.3	1.4	1.4	m
Chemise C	150cm*	0.8	0.8	0.9	0.9	1.3	m
Contraste 1	(Devant, D	los)					
	150cm*	0.6	0.6	0.6	0.6	0.6	m
Contraste 2	(Patte, Col	, Bande de	mamche, Ba	nde devant,	Bande dos)		
	150cm*	0.6	0.6	0.6	0.6	0.6	m
Chemise D	150cm*	1.4	1.4	1.4	1.5	1.5	m
Entoilage	51cm	0.7	0.7	0.7	0.7	8.0	m
MESURES D	ES VÉTEMI	NTS FINI (Motif et aisaı	nce de port co	ompris)		
A,B,C,D Poitrine		102	112	122	132	142	cm
A,B,C,D Taille		99	109	119	130	140	m
Largeur à l'o	urlet						
Chemise A,B,C,D		99	109	119	130	140	cm
Longueur fi	nie – dos,	votre nuqu	e à l'ourlet				
Chemise A,B	3,C,D	67	69	70	71	72	cm

*avec sens **sans sens

Use the 1 inch (2.54cm) box to ensure you are using rule at 100%

Utilisez la boîte de 2.54 cm pour vous assurer d'utiliser la règle à 100%.

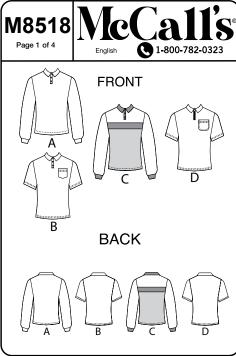
Utilizar un cuadrado de 2.54 cm para asegurarse de estar usando la regla al 100%.

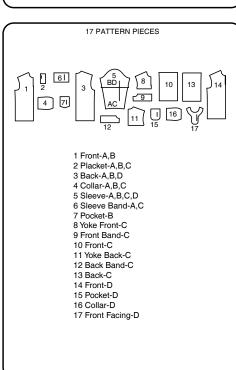
4" of crosswise folded fabric must STRETCH from here 10 cm de tricot plié sur le travers et sur le droit-fil doivent s'étirer de cette limite à celle là 10 cm de tejido de punto doblado (a lo largo y luego al través) deben estirarse desde acá

To Here 35% jusqu'ici 35%

When using the Pick-A-Knit® rule to measure your fabrics stretch capacity, rule must be viewed or printed at 100%. Quand vous utilisez le taux d'élasticité pour mesurer la capacité d'élasticité des tissus, le taux doit être visible ou imprimé à 100%. Al utilizar el calibre de elasticidad para medir la capacidad de elasticidad de las telas, el calibre debe estar visible o impreso al 100%.







PATTERN MARKINGS

GRAINLINE: Place on straight grain of fabric, parallel to selvage or fold.

Place on fold FOLDLINE: Place line on fold of fabric. **BUTTONHOLE MARKING:** Indicates exact length and placement of buttonholes.

BUTTON MARKING: Indicates button

▼ ▼ ○ ○ □ △ NOTCHES AND SYMBOLS: For matching seams and construction details.



Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease, + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.

SEAM ALLOWANCE: 5/8" (1.5cm) included unless otherwise indicated, but not printed on

ADJUST IF NECESSARY

Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric

TO SHORTEN: Crease along adjustment line. Make a fold half the amount needed. Tape in



When Alteration lines are not on tissue lengthen or shorten at lower edge

SHRINK FABRIC if not labeled pre-shrunk. Press CIRCLE LAYOUT for View, Size, Fabric Width.

Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.

For DOUBLE THICKNESS (WITH FOLD) - fold fabric with right sides together.

* DOUBLE THICKNESS (WITHOUT FOLD) - For fabrics with nap, fold fabric SELVAGES SELVAGES

crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).

For SINGLE THICKNESS - place fabric right side up. (For Fur Pile fabrics, place pile side down.

CUTTING AND MARKING ★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut

piece once on single layer of fabric with piece face up on right side of fabric.

Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.

Before CUTTING place all pieces on fabric according to layout. Pin. (Layouts show approximate position of pattern pieces; position may vary according to your pattern size.) Cut ACCURATELY, cutting notches outward.

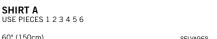
Before removing pattern, TRANSFER MARKINGS and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

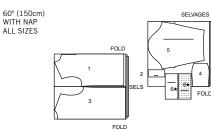
NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided

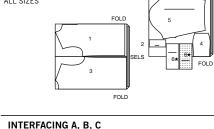
CUTTING LAYOUTS

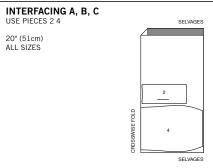
RIGHT SIDE OF FABRIC WRONG SIDE OF PATTERN

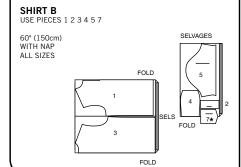
R





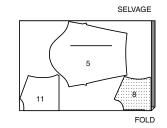






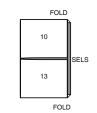
SHIRT C USE PIECES 5 8 11

60" (150cm) WITH NAP ALL SIZES



CONTRAST 1C (LOWER FRONT AND BACK) USE PIECES 10 13

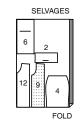
60" (150cm) WITH NAP ALL SIZES



CONTRAST 2C (COLLAR, PLACKET, BANDS)

USE PIECES 2 4 6 9 12

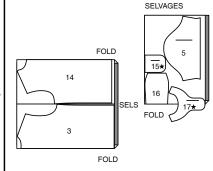
60" (150cm) WITH NAP ALL SIZES



SHIRT D

USE PIECES 3 5 14 15 16 17

60" (150cm) WITH NAP ALL SIZES



INTERFACING D USE PIECES 16 17

20" (51cm)

ALL SIZES

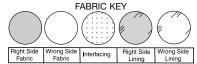
SELVAGES 17★ 16

SELVAGES

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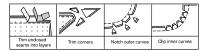
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SEWING INFORMATION



SEAM ALLOWANCES

Use 1/4" (6mm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, RIGHT SIDE TOGETHER, matching notches. Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

GLOSSARY

Read General Directions on page 1 before you begin.

Sewing methods in **BOLD TYPE** have Sewing Tutorial Video available. Scan QR CODE to watch videos:

EDGESTITCH – see Machine Stitches: "how to sew an edgestitch" video.

SET IN SLEEVE – see Armholes/Sleeves: "sewing a set in sleeve" video.

STITCH IN THE DITCH – see Machine Stitches: "how to stitch in the ditch" video.

TOPSTITCH - see Machine Stitches: "how to topstitch" video.

TRIM SEAM – see Seams: "how to trim, clip and layer seams"

SEWING TUTORIALS



Build your skills viewing short, easy-to-follow videos at simplicity.com/sewingtutorials

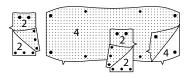
PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

STITCH 5/8" (1.5CM) SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

POLO SHIRT A, B, C

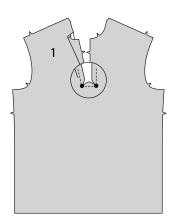
INTERFACING

1. Pin interfacing to WRONG side of PLACKET (2) and COLLAR (4). Fuse interfacing in place following manufacturer's directions.



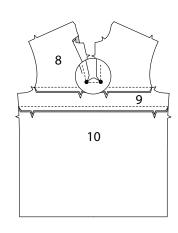
FRONT AND PLACKET

2. FOR VIEW A, B – To reinforce the FRONT (1) at small dots, stitch along stitching lines. Clip to stitching at small dots.

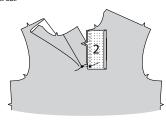


3. FOR VIEW C – Pin lower edge of YOKE FRONT (8) to upper edge of FRONT BAND (9), matching notches. Stitch. Press seam toward band. Pin lower edge of front band to upper edge of FRONT (10), matching notches. Stitch. Press seam toward front.

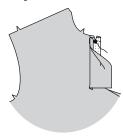
To reinforce the yoke front at small dots, stitch along stitching lines. Clip to stitching at small dots.



4. FOR VIEW A, B, C – Press under 3/8" (1.5cm) on unnotched edge of PLACKET (2) sections. With RIGHT sides together and raw edges even, pin plackets to front edges, matching small dots and notches. Stitch from upper edge to small dot in a 3/8" (1.5cm) seam, back-stitching at dot to reinforce. Press seam toward placket, pressing placket pit.



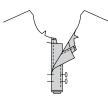
Turn pressed edge of placket to OUTSIDE along foldline. Stitch neck edge from fold to large dot, backstitching at dot to reinforce the seam. Clip to stitching at dot. TRIM SEAM.



6. Turn placket facing to INSIDE; press, pressing out front corner. On INSIDE, pin pressed edge of placket over seam, placing pins on OUTSIDE. On OUTSIDE, EDGESTITCH inner edge of placket from neck edge to small dot, catching in placket on INSIDE. Baste neck edges together.



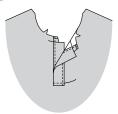
7. Slip ends of plackets through to INSIDE of front. On INSIDE, lap RIGHT placket over LEFT. Pin, as shown, above lower markings.



8. On INSIDE, fold lower portion of the shirt up to expose the flap at the bottom of the front opening. Baste the flap and placket together along the stitching line. Machine-stitch as basted, keeping garment free.



9. On OUTSIDE, **TOPSTITCH** lower edge of plackets together 1/4" (6mm) from finished seam



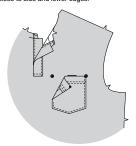
10. FOR VIEW B – Turn upper edge of POCKET (7) to OUTSIDE along fold line, forming facing. Stitch along seam line on raw edges. Trim seam allowance in the facing area to 1/4" (6mm).



11. Turn corners RIGHT side out, turning facing to the WRONG side; press, pressing under raw edges along stitching. Stitch facing 1/4" (6mm) from raw edge, and 1/4" (6mm) from first stitching.

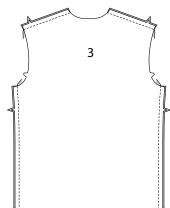


12. On OUTSIDE, pin pocket to LEFT front, matching large dots. EDGESTITCH close to side and lower edges.



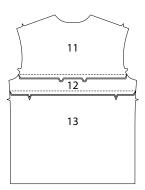
BACK

13. FOR VIEW A, B – With RIGHT sides together and raw edges even, pin front to BACK (3) at shoulder edges and side edges. Stitch. Press seams toward front.

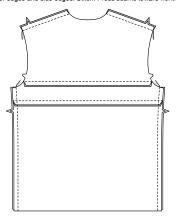


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14. FOR VIEW C – Pin lower edge of YOKE BACK (11) to upper edge of BACK BAND (12), matching notches. Stitch. Press seam toward band. Pin lower edge of front band to upper edge of BACK (13), matching notches. Stitch. Press seam toward back.

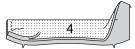


15. With RIGHT sides together and raw edges even, pin front to back at shoulder edges and side edges. Stitch. Press seams toward front.

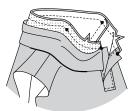


COLLAR

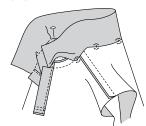
16. Press under 1/2" (1.3cm) on unnotched edge of COLLAR (4). Trim to 1/4" (6mm). Fold collar along foldline with RIGHT sides together. Stitch ends. TRIM SEAM.



17. Turn collar; press. On OUTSIDE, pin notched edge of collar to neck edge, matching centers, large dots, and notches, placing small dots at shoulder seams, keeping collar facing free. Stitch neck edge. TRIM SEAM.

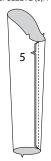


18. On INSIDE, pin pressed edge of collar facing over seam. On OUTSIDE, STITCH IN THE DITCH of the seam, catching in pressed edge of facing on the INSIDE.



SLEEVE A. C

19. Stitch underarm seam of SLEEVE (5). Press seam toward back.



20. Stitch notched ends of SLEEVE BAND (6) together. Fold sleeve band along foldline with WRONG sides together and raw edges even; press. Pin.



21. On OUTSIDE, pin sleeve band to lower edge of sleeve, matching seams and notches. Stitch seam, stretching band while stitching. Press seam toward sleeve, pressing band out.



22.To SET IN SLEEVE, turn sleeve RIGHT side out. Hold shirt WRONG side out with armhole toward you. With RIGHT sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams, notches and remaining small dots. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press seam toward sleeve.



SLEEVE B

23. Stitch underarm seam of SLEEVE (5). Press seam toward back. Press up 1-1/4" (3.2cm) hem allowance on lower edge of sleeve. Stitch 1/4" (6mm) from raw edge. and 1/4" (6mm) from first stitching.



24. To SET IN SLEEVE, turn sleeve RIGHT side out. Hold shirt WRONG side out with armhole toward you. With RIGHT sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams, notches and remaining small dots. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness.

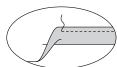


FINISHING

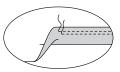
25. Make buttonholes on LEFT front placket at markings. Sew buttons to RIGHT front placket under buttonholes.



26. FOR VIEW A, C – Press up 1-1/4" (3.2cm) hem allowance on lower edge of shirt. Stitch 1/4" (6mm) from raw edge.



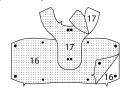
27. FOR VIEW B – Press up 1-1/4" (3.2cm) hem allowance on lower edge of shirt. Stitch 1/4" (6mm) from raw edge, and 1/4" (6mm) from first stitching.



POLO SHIRT D

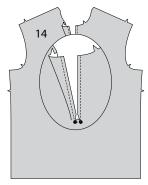
INTERFACING

1. Pin interfacing to WRONG side of COLLAR (16) and FRONT FACING (17). Fuse interfacing in place following manufacturer's directions.

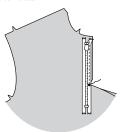


FRONT AND ZIPPER

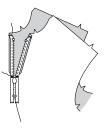
2. To reinforce the FRONT (14) at small dots, stitch along stitching lines, pivoting with needle in fabric at small dots. Slash along center front to within 1/4" (6mm) of lower stitching line. Clip diagonally to corners.



3. Pin closed zipper face down to RIGHT front with top stop 3/4" (2cm) below raw neck edge, turning upper edge of tape toward seam allowance, and outer edge of zipper tape even with slashed edge. (Zipper is longer than the opening and will be adjusted later.) Sitch along stitching line from neck edge to small dot, back-stitching at dot to reinforce the seam.



4. Open zipper. Turn down RIGHT half of front at small dot. Machine-baste the remaining half of zipper to the LEFT front zipper opening in the same manner. Turn and check if neck edges are aligned. Turn back and stitch as basted.



5. On INSIDE, fold upper portion of the front and zipper down to expose the flap at the bottom of the front opening. Stitch the flap and zipper together along the stitching line, keeping garment free. Do not trim the zipper at this time.



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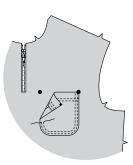
6. Turn upper edge of POCKET (15) to OUTSIDE along fold line, forming facing. Stitch along seam line on raw edges. To ease curved edge of pocket, stitch 1/4" (6mm) INSIDE the seam line, using a long machine-stitch. Trim seam allowance in the facing area to 1/4" (6mm).



7. Turn corners RIGHT side out, turning facing to the WRONG side; press, pressing under raw edges along stitching. Stitch facing 1/4" (6mm) from raw edge, and 1/4" (6mm) from first stitching. Pull up ease stitches to shape the curve. To eliminate bulk, notch out the fullness in the seam allowance along the curves as far as the ease stitches.

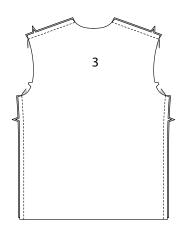


8. On OUTSIDE, pin pocket to LEFT front, matching large dots. EDGESTITCH close to side and lower edges. TOPSTITCH pocket 1/4" (6mm) from first stitching, squaring stitching at upper edge.



BACK

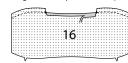
9. With RIGHT sides together and raw edges even, pin front to BACK (3) at shoulder edges and side edges, Stitch, Press seams toward front.



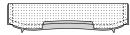
COLLAR AND FACING

10. Machine-stitch 5/8" (1.5cm) from unnotched edge of COLLAR (16). Clip unnotched edge of collar to stitching at small dots.

Press under 5/8" (1.5cm) on raw edge between clips. Trim to 3/8" (1cm)



11. Fold collar along foldline with RIGHT sides together, stitch ends. TRIM SEAM



12. Turn collar; press. Open out seam allowance of zipper at upper edge. On OUTSIDE, pin collar (facing side) to neck edge, matching centers and large dots, and placing small dot at shoulder seam. Baste both collar and facing sections to front neck edge as far as small dot, being careful not to catch in seam allowance of zipper.

Baste only the collar facing section to remaining neck edge between small dots.

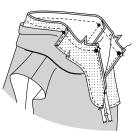


13. To reinforce the FRONT FACING (17) at small dots, stitch along stitching lines, pivoting with needle in fabric at small dots. Slash along center front to within 1/4" (6mm) of lower stitching line. Clip diagonally to corners. Press under 5/8" (1,5cm) on shoulder edges of facing. **EDGESTITCH** close to pressed edge. Trim 1/4" (6mm) from pressed edge. To finish unnotched edge of facing, machine-stitch 1/4" (6mm) from raw edge.



14. On OUTSIDE, pin RGHT side of facing to RIGHT neck and front edge of shirt (over collar) with RIGHT sides together, matching small dots and notches. Stitch RIGHT front edge from lower small dot to neck edge, using an adjustable zipper foot. Stitch neck edge from front to center back, being careful not to catch in free edge of collar. TRIM SEAM.

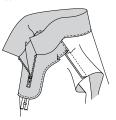
Stitch facing to LEFT front and LEFT neck edge in the same manner.



15. Turn facing to INSIDE, turning back neck seam toward collar; press.

Stitch pressed edge of collar facing over neck seam.

To keep the facing in place, tack facing to shoulder seam allowances by tacking it by hand or using a small piece of fusible web.



16. On INSIDE, fold upper portion of the front and facing down to expose the flap at the bottom of the front facing. Stitch the flap and zipper together along the stitching line through all thicknesses, keeping garment free. Trim zipper 5/8" (1.5cm) from stitching line.



17. Turn shirt RIGHT side out. On OUTSIDE, EDGESTITCH front along opening edges.



SLEEVE

18. Stitch underarm seam of SLEEVE (5). Press seam toward back. Press up 1-1/4" (3.2cm) hem allowance on lower edge of sleeve. Stitch 1/4" (6mm) from raw edge, and 1/4" (6mm) from first stitching.

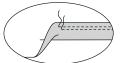


19. To SET IN SLEEVE, turn sleeve RIGHT side out. Hold shirt WRONG side out with armhole toward you. With RIGHT sides together, pin sleeve to armhole edge with center small dot at shoulder seam, matching underarm seams, notches and remaining small dots. Baste. Stitch. Stitch again 1/8" (3mm) from first stitching. Trim seam below notches close to stitching. Press only the seam allowance, shrinking out fullness



FINISHING

20. Press up 1-1/4" (3.2cm) hem allowance on lower edge of shirt. Stitch 1/4" (6mm) from raw edge, and 1/4" (6mm) from first stitching.





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