

McCall's



M8504

LEARN TO FIT
With the Palmer/Pletsch
Tissue Fitting Method

APPRENDRE À AJUSTER
Avec la méthode d'ajustage
de tissu de Palmer/Pletsch



Includes Fit Instructions for:
Shoulder Princess Seam Full Bust Adjustment
Broad/Narrow Back (thru the yoke)
High Round Back (wth yoke)
Sleeve Width/Wider or narrow

Instructions d'ajustage Comprises:
Ajustement de la poitrine grande à la découpe
princesse de l'épaule
Dos large/droit (à travers l'empilement)
Dos haut rond (avec emplacement)
Largeur de manche - Élargir ou réduire

Designed and 

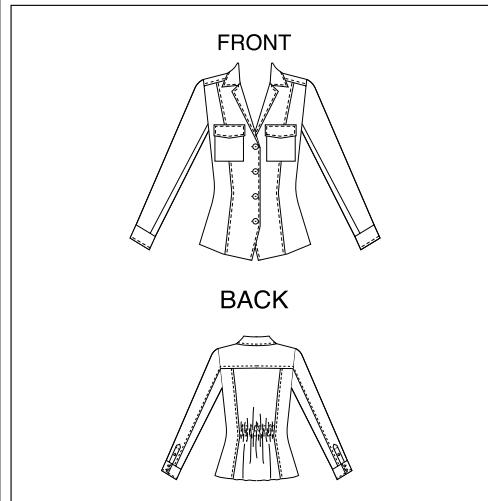
MELISSA WATSON
FOR PALMER/PLETSCH

	Average												Moins Facile																			
MISSES' JACKET													VESTE POUR JEUNES FEMMES																			
Suggested Fabrics: Cotton Blends, Dupioni, Faille, Lightweight Denim, Linen, Raw Silk, Taffeta.																																
Interfacing: Lightweight Fusible.																																
Notions: $\frac{3}{4}$ yd. (0.7m) of $1\frac{1}{2}$ " (4cm) elastic, four 1" (2.5cm) buttons, six $\frac{1}{2}$ " (1.5cm) buttons, pair of $\frac{1}{2}$ " (1.3cm) shoulder pads.																																
Sizes	8	10	12	14	16	18	20	22	24	26																						
European	34	36	38	40	42	44	46	48	50	52																						
BODY MEASUREMENTS: Select pattern size based on body measurements																																
Bust	31 $\frac{1}{2}$	32 $\frac{1}{2}$	34	36	38	40	42	44	46	48	Ins.																					
Waist	24	25	26 $\frac{1}{2}$	28	30	32	34	37	39	41	"																					
Hip-9" below waist	33 $\frac{1}{2}$	34 $\frac{1}{2}$	36	38	40	42	44	46	48	50	"																					
Back-neck to waist	15 $\frac{1}{2}$	16	16 $\frac{1}{2}$	16 $\frac{1}{2}$	17	17 $\frac{1}{2}$	17 $\frac{1}{2}$	17 $\frac{3}{4}$	18	"																						
Jacket																																
45 $^{\prime \prime}$ *	2 $\frac{3}{4}$	2 $\frac{3}{4}$	2 $\frac{3}{4}$	2 $\frac{3}{4}$	2 $\frac{7}{8}$	2 $\frac{7}{8}$	3 $\frac{1}{4}$	3 $\frac{3}{8}$	3 $\frac{3}{8}$	3 $\frac{3}{8}$	Yds.																					
60 $^{\prime \prime}$ *	2 $\frac{1}{2}$	2 $\frac{3}{8}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	2 $\frac{1}{2}$	"																										
Interfacing																																
20 $^{\prime \prime}$	1 $\frac{1}{2}$	1 $\frac{1}{2}$	Yds.																													
FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)																																
Bust	40 $\frac{1}{2}$	41 $\frac{1}{2}$	43	45	47	49	51	53	55	57	Ins.																					
Waist	35 $\frac{1}{2}$	36 $\frac{1}{2}$	38	40	42	44	46	48	50	52	"																					
Finished back length from base of neck																																
Jacket	23 $\frac{3}{4}$	24	24 $\frac{1}{4}$	24 $\frac{1}{2}$	24 $\frac{3}{4}$	25	25 $\frac{1}{4}$	25 $\frac{1}{2}$	25 $\frac{3}{4}$	26	Ins.																					

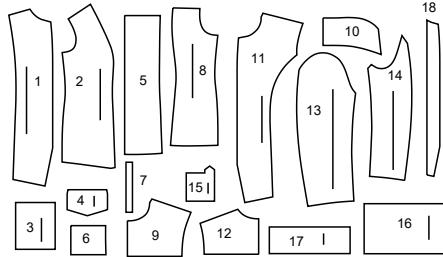
*with nap **without nap

*avec sens **sans sens



MELISSA WATSON
 FOR PALMER/PLETSCH


18 PATTERN PIECES



- 1 Front
- 2 Side Front
- 3 Pocket
- 4 Flap
- 5 Back
- 6 Back Casing
- 7 Guide for Elastic
- 8 Side Back
- 9 Yoke Back
- 10 Collar
- 11 Front Facing
- 12 Back Facing
- 13 Upper Sleeve
- 14 Undersleeve
- 15 Placket
- 16 Cuff
- 17 Cuff Interfacing
- 18 Buttonhole Guide

THE DENIM WALKING "SUIT" JACKET

Tissue Fitting Introduction and Style Tips

Because I want you to LOVE what you sew, I am including the Palmer/Pletsch tissue fitting method in all my designs. The method was developed by Pati Palmer and Marta Alto and you can find solutions to all your other fitting woes in the Fit for Real People books.



Follow these 4 easy steps:

- 1) Press tissue with a dry iron set at WOOL setting and trim and tape the pattern.
- 2) Try it on.
- 3) If it doesn't quite fit, make alterations using the handy alteration lines printed on the tissue.
- 4) After cutting, pin your fabric together and try on before you sew.

This is my attempt at "soft tailoring". I prefer structured clothing to drapey, but I wanted something a little more feminine for the summer. This design features a camp collar with shoulder princess seams and oversized pockets in the front. The back however helps to tuck in the waist with the added back elastic. I also love the shirt sleeve cuff with the placket, it adds to the casual nature of this shirt jacket. I originally made it in a crinkle silk dupioni but love it in linen for summer, or to wear year round in cooler weather.

See more versions of this design and connect with me @melissawatsondesign on Instagram. The Palmer/Pletsch blog, blog.palmerpletsch.com, features extra sewing and styling tips for the Melissa Watson and Palmer/Pletsch patterns!

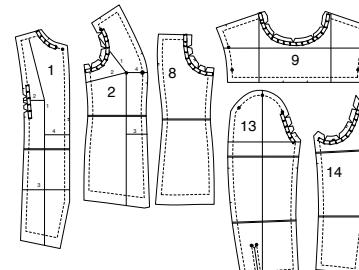
First Tip: BUY THE RIGHT SIZE!

Measure the high bust (below shoulder blades in back and above bust in front)-a snug measurement. Use this measurement as your "bust" when buying a pattern. If between sizes, go to the smaller size.

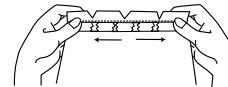


Prepare Your Tissue For Fitting and Try It On

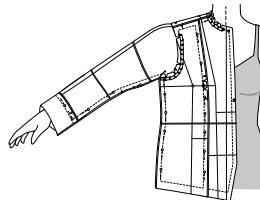
- A) Trim around the fronts, backs, and yokes.
- B) Press tissue with dry iron set at wool setting.
- C) Mark your 5/8"(1.5cm) stitching lines on the shoulder, yoke, side front, side back and side seams, armhole.
- D) Tape around the armhole curves, neckline and front bust area. You will have to tape around the armhole seams on the bodice and sleeve, in order to try the bodice with the sleeve attached. Tape on the inside of the stitching line, use little pieces, and overlap them to ensure you don't tear the tissue. Tape all the way through the stitching line at the underarm seams. Finally clip the seam allowance in the curved areas of the armhole. Clip to the tape, but not through it.



- E) Tug lightly on tissue to see if it is taped securely. Clip curves to stitching line but NOT THROUGH THE TAPE.



- F) Pin your tissue wrong sides together, with the seam allowances sticking out and try it on! Look for the fitting adjustments that you may have to make, following the fitting order.



START FITTING!

Broad and Narrow Back Adjustments

Always alter the back first in order to accurately measure the amount you need to get the center front of the tissue to your center front. If the center back doesn't reach yours when the armhole is properly placed at your armhole, you need a broad back adjustment. Alternatively, if the center back reaches past your center back then you want to do a narrow back adjustment.

BROAD

- 1) If you have a broad back, measure how much width you need to add to meet the center back to yours. Cut on the broad back alteration lines (on the back and the yoke) and spread the amount you need. Insert Pattern Paper to fill in the gap. Tape in place.



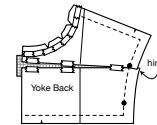
NARROW

- 2) If you have a narrow back, measure how much center back overlap there is. Take the back and yoke pieces apart, draw a line next to the broad back alteration line in the amount you want to narrow and fold the two lines together and tape.



- 3) Take the back yoke pattern piece and cut the high round back adjustment line. Cut from the center back to the armhole seamline to form your "hinge".

- 4) Raise the upper section from the center back (usually no more than 1/4"(6mm) -3/8"(1cm), so it looks like a sliver of a triangle. Fill in with tissue.



Now try the tissue back on to check the fit. If cutting on the fold, you will have a little extra width at the back neck to ease to the facing.

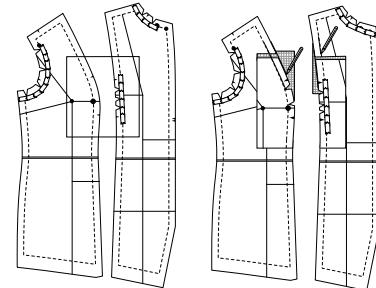
Full Bust For Princess Seam Adjustments

Now you can move around to the front of your body. Check for a full bust adjustment. The amount of alteration depends on the style. You will see a gap in the armhole and draglines pointing to the bust. The pattern's center front also won't reach your center front.

BEFORE THE FULL BUST ADJUSTMENT, CHECK BUST CURVE HEIGHT:

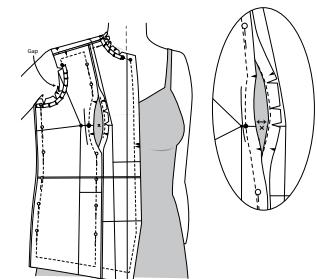
It is common that the bust curve is higher than your curve. It is important to do this alteration before you do the Full Bust Adjustment. Mark where your apex is and note the apex point on the pattern. Lower the curve that amount before you determine how much of a Full Bust Adjustment you need.

To lower the curve, you will just draw a box above the notches on the front and side front, cut the boxes out. Lower the box to where your fullness is. Add tissue and tape in place. True the edges as shown.

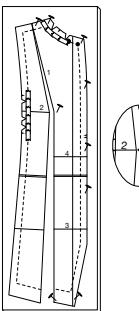


Now Try on the Tissue

Unpin the tissue in your bust area. If you are very full busted, you may need to unpin to the hemline and measure the distance over the apex from seamline to seamline. That is what you will need to add. To make sure the princess seam is centered over your bust, you may need to add to BOTH the FRONT and SIDE FRONT. Decide how much to add to each. In our instructions we will assume you need to add to both. X = bust point (apex)

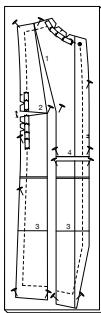


1) Pin the FRONT pattern piece right side up to cardboard to keep it anchored. Cut on line 1 and widen the distance you measured from your tissue fitting at the apex point.



2) Cut on Line 2 from the side front seam toward the apex, but not through, leaving a tiny hinge. Swing the bottom half of line 2 down until the long edges of line 1 are parallel. When positioned correctly, anchor the two side sections with pins on all edges.

3) Cut on Line 4 and drop down until the bottom edges of the pattern sections are even and anchor with pins.

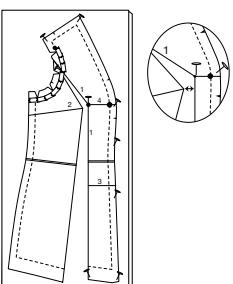


NOTE: You will finish the front AFTER you alter the side front.

Now Move to the Side Front

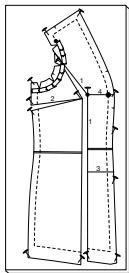
Pin the SIDE FRONT pattern piece right side up to cardboard to keep it anchored.

4) Cut on line 1 and widen the distance you measured from your tissue fitting at the apex point.

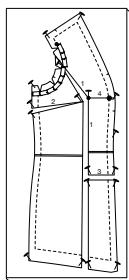


NOTE: If you raised or lowered the curve, you will need to redraw any broken lines.

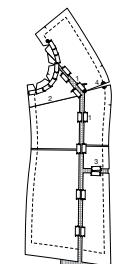
5) Cut on Line 2 from the side seam toward the apex, but not through, leaving a tiny hinge. Swing the bottom half of line 2 down until the long edges of line 1 are parallel. When positioned correctly, anchor the two side sections with pins on all edges.



6) Cut on line 3 and drop down until the bottom edges of the pattern sections are even and anchor with pins.



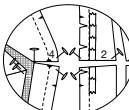
7) Fill in the openings with tissue on the wrong side. Make sure all pieces are flat and there are no wrinkles in the tissue. Tape in place. Cut from the side front edge at the large dot (4) to line 2. Close line 2 and 4 will open.



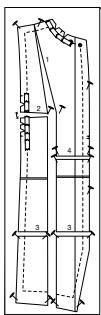
Now Back to the Front

8) Cut along line 2 across the FRONT. Spread so the line 2 opening on the front matches the line 4 opening on the SIDE FRONT. Match the FRONT and SIDE FRONT at the stitching line, NOT at the cut edge!

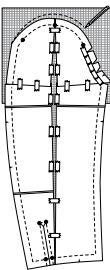
NOTE: Line 2 will be uneven because you opened part of it in Step #2 and again in Step #8.



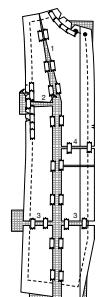
9) Cut the FRONT on line 3 and lengthen same amount as line 3 on the SIDE FRONT.



2) TIP: Cap height – If you've widened the sleeve 3/4"(2cm), raise the cap 3/8"(1cm). If more than 3/4"(2cm), add 5/8"(1.5cm) to the seam allowance at the top of the cap, just in case you need it. This will prevent drag lines pointing to the cap.



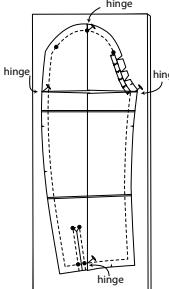
10) Fill in the openings with tissue on the wrong side. Make sure all pieces are flat and there are no wrinkles in the tissue. Tape in place. Don't remove pins until all pieces are secured.



Baste sleeve in first. If this is too much to ease in, you can unstitch the cap and trim some of what you added.

THIN ARMS

1) For a narrower sleeve, push in on sides and the sleeve will lap vertically.



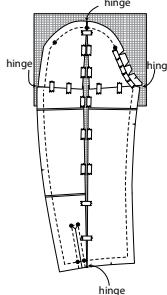
NOTE: Make adjustments to the front facing pattern piece same as done for front.

Sleeve Adjustments

Pin upper and under sleeves, wrong sides together. With bodice tissue on, bring sleeve tissue up until underarm seam matches the garment underarm seam. Check the width. For woven fabrics, you should be able to pinch at least 1"(2.5cm) of tissue at the full upper arm area for 2"(6cm) of ease.

FULL ARMS

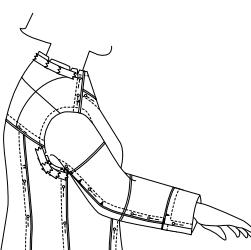
1) Cut on the horizontal and vertical alteration lines on the UPPER SLEEVE. Your "hinges" will be at the seamlines. Pull on the tissue at the sides of the horizontal cut and widen sleeve the amount you need. The pattern will lap at the horizontal line. Insert tissue and tape in place. Try on again. Check fit.



2) Insert tissue and tape in place. Try on again. Check fit.

SLEEVE LENGTH

Pin cuff in place and check that the sleeve is the length you desire! Use the lengthen or shorten line to get the length how you like it.

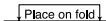


CONGRATS! YOU HAVE FITTED YOUR JACKET!

Much love,
Melissa

PATTERN MARKINGS

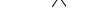
GRAINLINE: Place on straight grain of fabric, parallel to selvedge or fold.



FOLDLINE: Place line on fold of fabric.



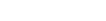
BUTTONHOLE MARKING: Indicates exact length and placement of buttonholes.



BUTTON MARKING: Indicates button placement.



NOTCHES AND SYMBOLS: For matching seams and construction details.



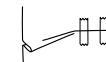
Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.

SEAM ALLOWANCE: 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

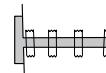
ADJUST IF NECESSARY

Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.

TO SHORTEN: Crease along adjustment line. Make a fold half the amount needed. Tape in place.



TO LENGTHEN: Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.



When Alteration lines are not on tissue, lengthen or shorten at lower edge.

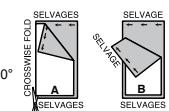
CUTTING AND MARKING

SHRINK FABRIC if not labeled pre-shrunk. Press.

CIRCLE LAYOUT for View, Size, Fabric Width.

Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.

For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.



★ DOUBLE THICKNESS (WITHOUT FOLD)- For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).

For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)

★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.

Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.

Before **CUTTING** place all pieces on fabric according to layout. Pin. (Layouts show approximate position of pattern pieces; position may vary according to your pattern size.) Cut **ACCURATELY**, cutting notches outward.

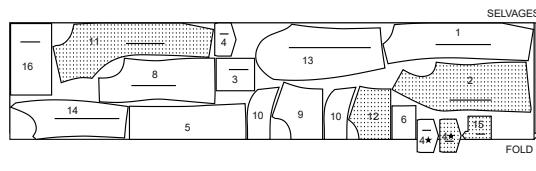
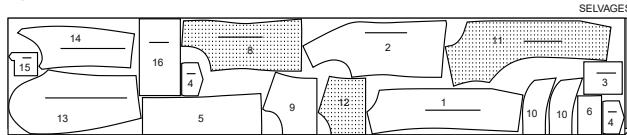
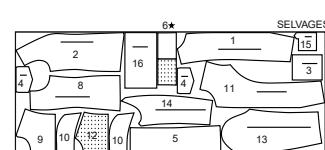
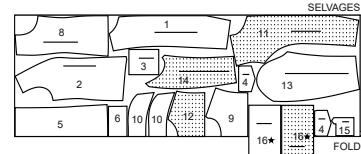
Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

CUTTING LAYOUTS

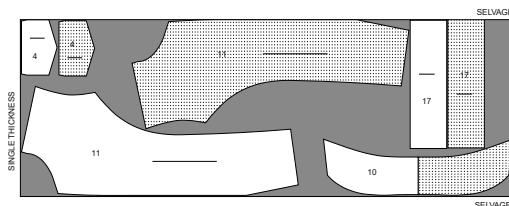
JACKET

use pieces: 1 2 3 4 5 6 8 9 10 11 12 13 14 15 16

45" (115 cm)
with nap
sizes 8 10 12 14 16 1845" (115 cm)
with nap
sizes 20 22 24 2660" (150 cm)
with nap
sizes 8 10 12 14 16 1860" (150 cm)
with nap
sizes 20 22 24 26

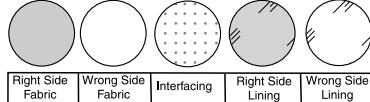
INTERFACING

use pieces: 4 10 11 17

20" (51 cm)
without nap
all sizes

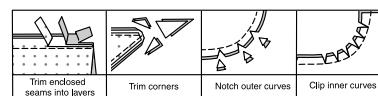
SEWING INFORMATION

FABRIC KEY



SEAM ALLOWANCES

Use 5/8" (1.5cm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, RIGHT SIDE TOGETHER, matching notches. Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

GLOSSARY

Sewing methods in **BOLD TYPE** have Sewing Tutorial Video available. Scan QR CODE to watch videos:**EASESTITCH** - Stitch along seamline, using long machine stitches. Pull thread ends when adjusting to fit.

NOTE: For sleeve caps, make a second row of long machine stitches 1/4" (6mm) away in seam allowance, for more control.

EDGESEITCH - Stitch close to finished edge or seam.**FINISH** - Stitch 1/4" (6mm) from raw edge and finish with one of the following: (1) Pink OR (2) Overcast OR (3) Turn in along stitching and close to fold OR (4) Overlock.

OPTIONAL FOR HEMS: Apply Seam Binding.

REINFORCE - Stitch along seamline where indicated in sewing instructions, using small machine stitches.**SLIPSTITCH** - Slide needle through a folded edge, then pick up a thread of underneath fabric.**STAYSTITCH** - Stitch 1/8" (3mm) from seamline in seam allowance (usually 1/2" (13mm) from raw edge).**TOPSTITCH** - On outside, stitch 1/4" (6mm) from edge, seam or previous stitching, using presser foot as guide, or stitch where indicated in instructions.**UNDERSTITCH** - Open out facing or underside of garment; stitch to seam allowance close to seam.

SEWING TUTORIALS

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PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

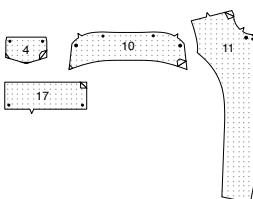
STITCH SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

SEWING DIRECTIONS

JACKET

Interfacing

- Trim corners of INTERFACING as shown. Fuse INTERFACING to WRONG side of each matching FABRIC section following manufacturer's instructions.

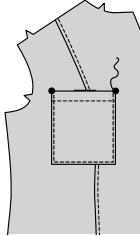


Front and Back

- STAYSTITCH side edges of FRONT (1) between notches.



- On OUTSIDE, pin pocket to front matching large dots. EDGESEITCH side and lower edges of pocket.



- Stitch interfaced and uninterfaced FLAP (4) sections RIGHT sides together leaving upper edge open. Trim.



- Turn flap. Press. Baste raw edge. TOPSTITCH finished edge.



- On OUTSIDE, pin flap to front, placing basting along placement line, matching small dots, as shown. Stitch along basting. Trim close to stitching.



- Turn flap down. Press. TOPSTITCH 1/4"(6mm) from upper edge of flap.



- On OUTSIDE, pin pocket to front matching large dots. EDGESEITCH side and lower edges of pocket.



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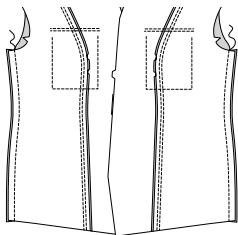


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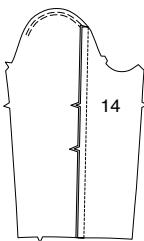
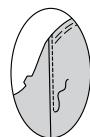
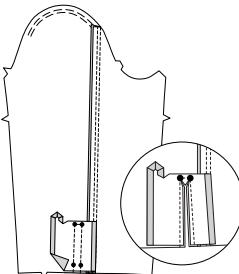
19. Stitch front to back at sides.



Sleeve

20. **EASESTITCH** cap of UPPER SLEEVE (13) between outer small dots.

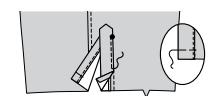
21. Stitch upper sleeve to UNDER SLEEVE (14) at back edges, matching notches, as shown. Press seam toward upper sleeve.

22. **TOPSTITCH** upper sleeve $1/4"$ (6mm) away from seam.23. **REINFORCE** inner corner of PLACKET (15) through large dot, as shown. Clip to large dot.24. Turn in $1/4"$ (6mm) on side edges and upper end of placket, folding in fullness at corners. Press.25. Pin **RIGHT** side of placket to **WRONG** side of upper sleeve matching small dots, as shown. Stitch along stitching lines on placket, pivoting at small dots at upper edge. Slash between stitching, clipping diagonally to small dots at upper edge, as shown.26. Turn placket and clipped corners to **OUTSIDE**, pressing seams toward placket and triangular end up.

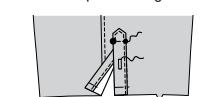
27. To form underlap, fold shorter side of placket along foldline, placing pressed edge over seam. Stitch close to edge from upper small dot to lower edge. Baste across lower edge.



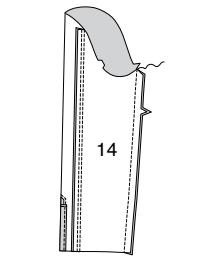
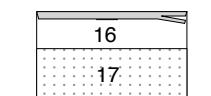
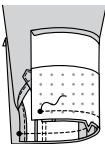
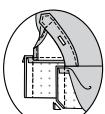
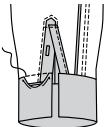
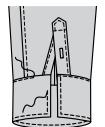
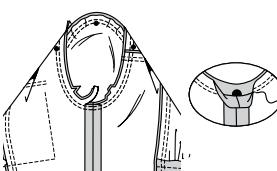
28. For overlap, fold remaining half of placket along foldline, placing pressed edge over seam. Stitch close edge from upper small dot to lower edge. Baste across lower edge.



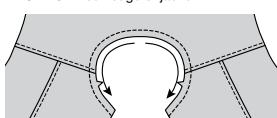
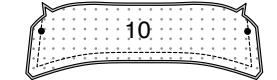
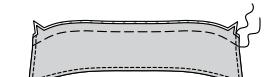
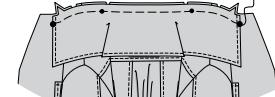
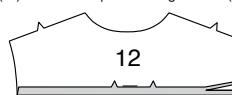
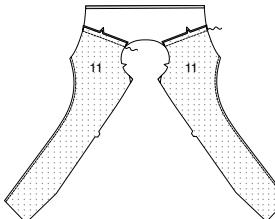
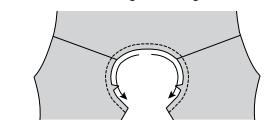
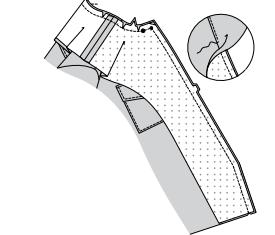
29. Pin upper edge of overlap to sleeve. Stitch close to edges and along stitching line. Make buttonhole in overlap at marking.



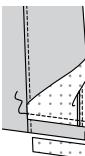
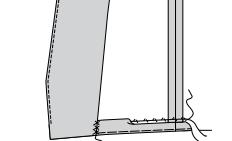
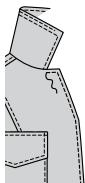
30. Stitch remaining sleeve seam.

31. Fuse CUFF INTERFACING (17) to **WRONG** side of CUFF (16). Turn under $5/8"$ (1.5cm) on lower unnotched edge of cuff. Press. Trim pressed edge to $3/8"$ (1cm).32. Pin cuff to sleeve, **RIGHT** sides together, matching notches and placing small dots at opening edges. Baste. Stitch. Trim. Press seam toward cuff.33. Fold cuff along foldline, **RIGHT** sides together. Stitch ends. Trim.34. Turn cuff. Press. **SLIPSTITCH** pressed edge of cuff over seam.35. **EDGESTITCH** cuff close to seam. **TOPSTITCH** outer edges of cuff.36. With right sides together, pin sleeve into armhole matching notches, small dots, and large dot to underarm seam. Adjust ease, baste. Stitch. Stitch again $1/4"$ (6mm) away in seam allowance. Trim close to stitching between notches.

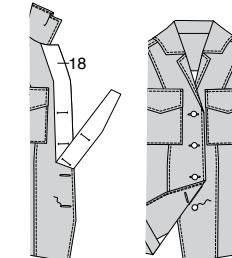
Collar

37. **STAYSTITCH** neck edge of jacket.38. Stitch sides and lower edges of COLLAR (10) sections **RIGHT** sides together. Trim seam allowances and corners. **UNDERSTITCH** upper edge of collar facing as far as possible.39. Turn **RIGHT** side out. Press. Baste raw edges together. **TOPSTITCH** finished edges of collar.40. Pin collar to neck edge, **RIGHT** sides together, matching notches, large and small dots, clipping jacket to staystitching, as needed. Baste.41. Turn under $5/8"$ (1.5cm) on lower edge of BACK FACING (12). Press. Trim pressed edge to $3/8"$ (1cm).42. **FINISH** inner curved edge of FRONT FACING (11). Pin front facing to back facing at shoulders. Stitch.43. **STAYSTITCH** neck edge of facing.44. Pin facing to jacket, **RIGHT** sides together, with collar in between, matching notches, center backs, large and small dots, clipping facing where needed. Baste. Stitch neck and front edges. Trim. **UNDERSTITCH** front edge of front facing below double notches.47. Turn facing down. **SLIPSTITCH** pressed edge of back facing over seam. Hand sew armhole edge of facing to sleeve seam.

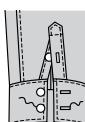
Finishing

48. **FINISH** lower edge of jacket. Turn lower edge of front facings to **OUTSIDE** on seamline. Stitch across facings $1-1/4"$ (3.2cm) above raw edge. Trim as shown.49. Turn facing to inside again. Turn up $1-1/4"$ (3.2cm) on remainder of lower edge. Baste close to fold. Sew hem in place, easing in fullness if necessary. Press. Catchstitch facing to hem.50. **TOPSTITCH** jacket $1/4"$ (6mm) from opening edges, ending at collar, as shown.

NOTE: Be sure to respace buttonholes if you did a full bust adjustment.

51. Place **BUTTONHOLE GUIDE** (18) on right front, having edges of tissue even with neck and front edges of jacket. Transfer markings. Make buttonholes in right front at markings. Lap right front over left. Mark and sew buttons under buttonholes.

52. Make buttonhole in cuff at markings. Sew buttons to cuff and underlap under buttonholes.





Congrats!

You've completed your sewing adventure

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