

McCall's

M8485



Designed and printed in USA

Average

MEN'S KNIT TOPS AND SHORTS

Suggested Fabrics: Stretch Knits only such as: Athletic Knits, Cotton Knit, Interlock, Jerseys. See Stretch Gauge. **Interfacing A,B:** Fusible Knit.

Notions: A,B: Three 3/8" (1cm) buttons. **Also for A:** 2 1/4 yds. (2.0m) of stretch piping. **Also for B:** 1 1/2 yds. (1.4m) of 3/8" (1cm) flexible trim. **C,D:** 1 3/8 yds. (1.3m) of 1 1/2" (4cm) elastic, 2 1/4 yds. (2.0m) of 3/8" (1cm) drawstring cord, 2% yds. (2.4m) of stretch piping.

Sizes	34	36	38	40	42	44	46	48	50	52
BODY MEASUREMENTS: Select pattern size based on body measurements										
Chest	34	36	38	40	42	44	46	48	50	52
Waist	28	30	32	34	36	39	42	44	46	48
Hip	35	37	39	41	43	45	47	49	51	53

Top A 60"* 1 1/4 1 1/4 1 1/4 1 1/4 1 1/2 1 1/2 1 1/2 1 1/2 1 1/2 Yds.

Interfacing A,B - 20" - 7/8 yd.

Top B 60"* 1 1/8 1 1/8 1 1/8 1 1/8 1 1/8 1 1/8 1 1/8 1 1/8 1 1/8 Yds.

Contrast 1 (Yoke Front and Back, Upper Sleeves)

60"* - 1/2 yd.

Contrast 2 (Undersleeve Front and Back)

60"* 3/8 3/8 3/8 3/8 3/8 3/8 3/8 1/2 1/2 1/2 Yd.

Shorts C 60"* 1 1/4 1 3/8 1 3/8 1 1/2 1 1/2 1 1/2 1 1/2 1 1/2 1 1/2 Yds.

Shorts D 60"* 1 1/8 1 1/8 1 1/4 1 1/4 1 1/4 1 1/4 1 1/4 1 1/4 1 3/8 Yds.

Contrast (Side Panels)

60"* - 3/4 yd.

NOTE: Please refer to the sewing instructions for **FINISHED GARMENT MEASUREMENTS.**

*with nap **without nap

Moins Facile

HAUTS ET SHORT EN TRICOT POUR HOMMES

Tissus Conseillés: Tricot extensibles seulement tels que Mailles de Sport, Tricot de coton, Interlock, Jerseys. Reportez-vous au taux d'élasticité. **Entoilage A,B:** Tricot thermocollant.

Mercerie: A,B: 3 boutons de 1cm. **Aussi pour A:** 2.0m de passepoil extensible. **Aussi pour B:** 1.4m de garniture souple de 1.3cm. **C,D:** 1.3m d'élastique de 4cm, 2.0m de cordon de coulisse, 2.4m de passepoil extensible.

Tailles	34	36	38	40	42	44	46	48	50	52
MESURES DU CORPS: Choisissez la taille du patron basée sur les mesures du corps										
Poitrine	87	92	97	102	107	112	117	122	127	132
Taille	71	76	82	87	92	99	107	112	117	122
Hanches (23cm au-dessous de la taille)	89	94	99	104	109	115	119	124	128	135

Haut A 150cm* 1.0 1.1 1.1 1.1 1.3 1.3 1.4 1.4 1.4 1.5 m

Entoilage A,B - 51cm - 0.7m

Haut B 150cm* 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 1.0 m

Contraste 1 (Empiècement devant et dos, Manches supérieur)

150cm* - 0.5m

Contraste 2 (Sous le manche devant et dos)

150cm* 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 0.3 m

Short C 150cm* 1.1 1.3 1.3 1.3 1.4 1.4 1.4 1.4 1.4 1.4 m

Short D 150cm* 1.0 1.0 1.1 1.1 1.1 1.1 1.1 1.1 1.1 1.3 m

Contrasts (Panneaux latéraux)

150cm* - 0.7m

NOTE: S'il vous plaît, reportez-vous aux instructions de couture pour les **MESURES DES VÊTEMENTS FINI.**

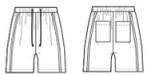
*avec sens **sans sens



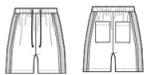
A



B



C



D

Use the 1 inch (2.54cm) box to ensure you are using rule at 100%

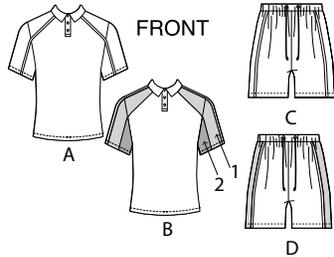
Utilisez la boîte de 2.54 cm pour vous assurer d'utiliser la règle à 100%.

Utilizar un cuadrado de 2.54 cm para asegurarse de estar usando la regla al 100%.

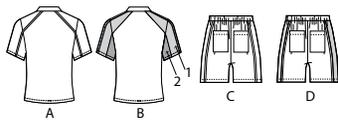
4" of crosswise folded fabric must **STRETCH** from here
10 cm de tricot plié sur le travers et sur le droit-fil doivent s'étirer de cette limite à celle là
10 cm de tejido de punto doblado (a lo largo y luego al través) deben estirarse desde acá

To Here 50%
jusqu'ici 50%
hasta acá 50%

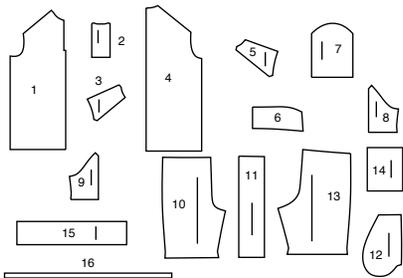
When using the Pick-A-Knit® rule to measure your fabrics stretch capacity, rule must be viewed or printed at 100%.
Quand vous utilisez le taux d'élasticité pour mesurer la capacité d'élasticité des tissus, le taux doit être visible ou imprimé à 100%.
Al utilizar el calibre de elasticidad para medir la capacidad de elasticidad de las telas, el calibre debe estar visible o impreso al 100%.



BACK



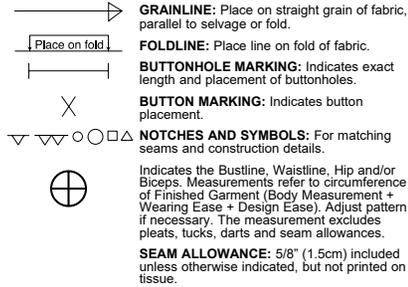
16 PATTERN PIECES



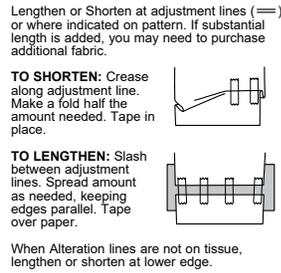
- 1 FRONT - A,B
- 2 PLACKET - A,B
- 3 YOKE FRONT - A,B
- 4 BACK - A,B
- 5 YOKE BACK - A,B
- 6 COLLAR - A,B
- 7 SLEEVE - A,B
- 8 UNDERSLEEVE FRONT - A,B
- 9 UNDERSLEEVE BACK - A,B
- 10 FRONT - C,D
- 11 SIDE PANEL - C,D
- 12 SIDE POCKET - C,D
- 13 BACK - C,D
- 14 BACK POCKET - C,D
- 15 CASING - C,D
- 16 GUIDE FOR ELASTIC - C,D

Sizes	34	36	38	40	42	44	46	48	50	52
FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)										
A,B Chest	37	39	41	43	45	47	49	51	53	55
A,B Waist	37	39	41	43	45	47	49	51	53	55
C,D Hip	38 1/4	40 1/4	42 1/4	44 1/4	46 1/4	48 1/4	50 1/4	52 1/4	54 1/4	56 1/4
Width, lower edge										
Top A,B	37	39	41	43	45	47	49	51	53	55
Width, each leg	20 1/4	21 1/4	22 1/4	24	25 1/4	26 1/4	27 1/4	29	30 1/4	31 1/4
Finished back length from base of neck										
Top A,B	26 1/4	26 1/4	26 1/4	27	27 1/4	27 1/4	28	28 1/4	28 1/4	28 1/4
Finished side length from waist										
Shorts C,D	19 1/4	20	20 1/4	20 1/4	21	21 1/4	21 1/4	21 1/4	22	22 1/4

PATTERN MARKINGS



ADJUST IF NECESSARY



CUTTING AND MARKING

SHRINK FABRIC if not labeled pre-shrunk. Press.
CIRCLE LAYOUT for View, Size, Fabric Width.
 Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.
 For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.
*** DOUBLE THICKNESS (WITHOUT FOLD)** - For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).
 For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)

★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.
 Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.
 Before **CUTTING** place all pieces on fabric according to layout. Pin. (**Layouts show approximate position of pattern pieces; position may vary according to your pattern size.**) Cut **ACCURATELY**, cutting notches outward.
 Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.
NOTE: Broken-line boxes (a! b! c!) in layouts represent pieces cut by measurements provided.

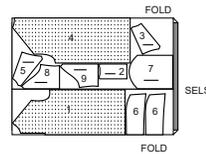
CUTTING LAYOUTS

RIGHT SIDE OF PATTERN	WRONG SIDE OF PATTERN	RIGHT SIDE OF FABRIC	WRONG SIDE OF FABRIC
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TOP A

use pieces: 1 2 3 4 5 6 7 8 9

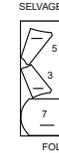
60" (150 cm) with nap
 sizes 34 36 38 40



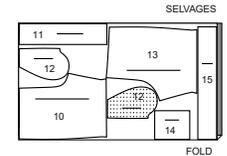
CONTRAST 1 (Yoke Front and Back, Upper Sleeves)

use pieces: 3 5 7

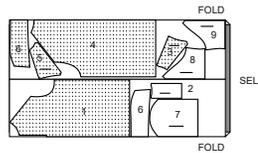
60" (150 cm) with nap
 all sizes



60" (150 cm) with nap
 sizes 44 46 48 50 52



60" (150 cm) with nap
 sizes 42 44 46 48 50 52



CONTRAST 2 (Undersleeve Front and Back)

use pieces: 8 9

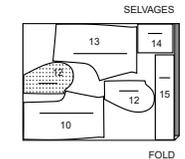
60" (150 cm) with nap
 all sizes



SHORTS D

use pieces: 10 12 13 14 15

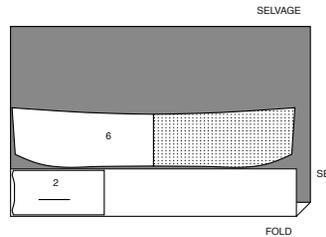
60" (150 cm) with nap
 sizes 34 36 38



INTERFACING A, B

use pieces: 2 6

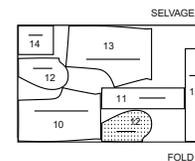
20" (51 cm) all sizes



SHORTS C

use pieces: 10 11 12 13 14 15

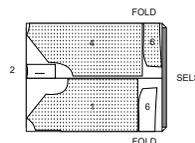
60" (150 cm) with nap
 sizes 34 36 38 40 42



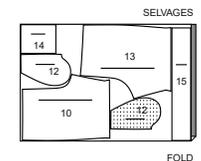
TOP B

use pieces: 1 2 4 6

60" (150 cm) with nap
 all sizes



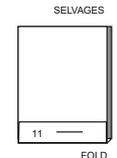
60" (150 cm) with nap
 sizes 40 42 44 46 48 50 52



CONTRAST 2 (Side Panels)

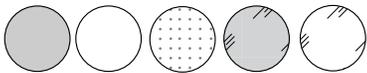
use pieces: 11

60" (150 cm) with nap
 all sizes



SEWING INFORMATION

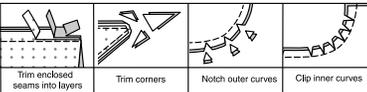
FABRIC KEY



Right Side Fabric	Wrong Side Fabric	Interfacing	Right Side Lining	Wrong Side Lining
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SEAM ALLOWANCES

Use 1/4" (6mm) seam allowances unless otherwise indicated.



PIN AND FIT

Pin or baste seams, **RIGHT SIDE TOGETHER**, matching notches. Fit garment before stitching major seams.

PRESS

Press seam allowances flat; then open unless otherwise stated. Clip where necessary so they lie flat.

GLOSSARY

Read **General Directions** on page 1 before you begin.~

Sewing methods in **BOLD TYPE** have Sewing Tutorial Video available. Scan **QR CODE** to watch videos:

EASE – see **Gathering**: "sewing two row gathers" video

EDGESTITCH – see **Machine Stitches**: "how to sew an edgestitch" video

SLIP STITCH – see **Hand Stitching**: "how to slip stitch" video

STITCH IN THE DITCH – see **Machine Stitches**: "how to stitch in the ditch" video

TRIM SEAM – see **Seams**: "how to trim, clip and layer seams" video

UNDERSTITCH – see **Machine Stitches**: "how to understitch" video

PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

STITCH SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

SEWING TUTORIALS



Build your skills viewing short, easy-to-follow videos at simplicity.com/sewingtutorials

SIMPLY THE BEST SEWING TECHNIQUES FOR KNITS

- Use a ball point or stretch needle.

- Narrow zigzag stitch or a stretch stitch.

- To prevent shoulder seams from stretching, pin center of hem tape, clear elastic or twill tape along seam line on front shoulder edges, then stitch the shoulder seams.

WITH OVERLOCK/SERGER

- The Overlock/Serger can be used alone or as a supplement to your conventional sewing machine.

- Overlock sewing machines stitch, trim and finish all in one operation. Therefore, it is **VERY** important to Check Fit before stitching seams.

- Using matching color thread, baste seams and try garment on. If no adjustments are needed, overlock seams along basting.

- The three thread overlock is ideal for major seams such as shoulder, side, underarm and sleeve seams.

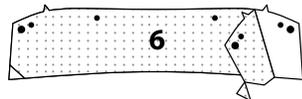
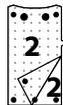
- For stress areas such as crotch seams and armholes, the four thread overlock/safety stitch is best...OR, use a three thread overlock, and stitch along seam with a conventional machine to reinforce.

- The two or three thread overlock stitch is a perfect finish for edges of facings, hems and seam allowances.

TOP A, B

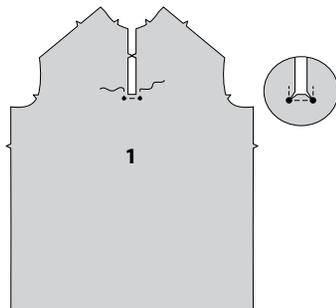
INTERFACING

1. Pin interfacing to wrong side of **PLACKET (2)** and **COLLAR (6)** sections. Fuse in place following manufacturer's directions.



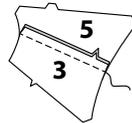
FRONT AND PLACKET

2. To reinforce **FRONT (1)** at inner corners, stitch along stitching lines, squaring stitching at small dots. Clip inner corners to stitching at dots.

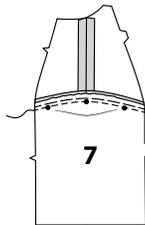


SHOULDER, SLEEVE, AND BACK

3. Pin **YOKE FRONT (3)** to **YOKE BACK (5)** at shoulder edges, matching notches.

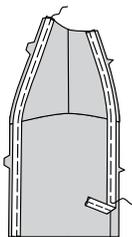


4. EASE upper edge of **SLEEVE (7)** between the small dots. With right sides together and raw edges even, pin sleeve to yoke at armhole edge, matching small dots, pulling up ease stitches to fit. Baste; stitch. Press seam toward yoke.

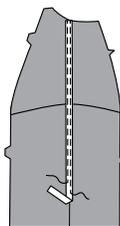


5. FOR VIEW A – Cut a piece of stretch piping the length of the front edge. On outside, pin piping to front edge from neck edge to lower edge of sleeve, having cord extend beyond seam line and flat edge within the seam allowance. Machine-baste as close to cord as possible without catching in the cord.

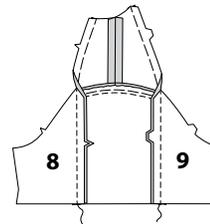
Tip: Use a zipper or cording foot when stitching piping. Apply piping to back edge in the same manner as front edge.



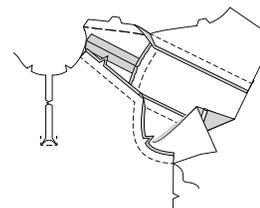
6. FOR VIEW B – Cut a piece of 3/8" (1cm) wide flexible trim the length of the shoulder edge. On outside, pin trim to yoke and sleeve, centered over shoulder seam and placement line from neck edge to lower edge of sleeve. **EDGESTITCH** trim in place.



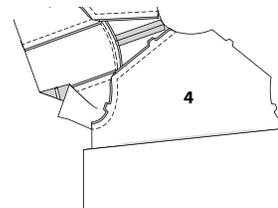
7. With right sides together and raw edges even, pin **UNDERSLEEVE FRONT (8)** and **UNDERSLEEVE BACK (9)** to sleeve, matching notches. Stitch, (using a zipper or cording foot for **View A**). Press seam toward sleeve.



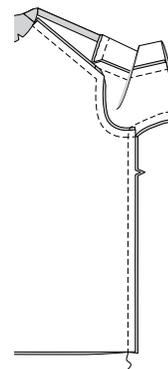
8. With right sides together and raw edges even, pin yoke front and sleeve to front at armhole edge, matching notches. Stitch. Press seam toward yoke and sleeve.



9. With right sides together and raw edges even, pin yoke back and sleeve to **BACK (4)** at armhole edge, matching notches. Stitch. Press seam toward yoke and sleeve.

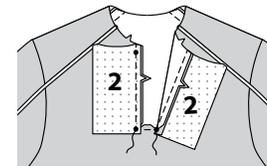


10. Stitch front to back at entire underarm seam, matching armhole seams.

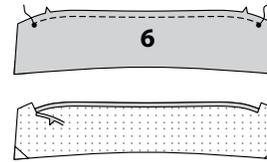


COLLAR AND PLACKET

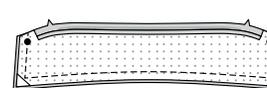
11. With right sides together and raw edges even, pin **PLACKET (2)** sections to front, matching small dots and notches. Stitch from neck edge to small dots in a 3/8" (1cm), back-stitching at dots to reinforce the seam. Press seam toward placket, pressing placket out.



12. Machine-stitch 1/2" (1.3cm) from notched edge of **COLLAR (6)**. Clip notched edge of collar to stitching at outer small dots. Press under 1/2" (1.5cm) on raw edge between clips. Trim to 3/8" (1cm).

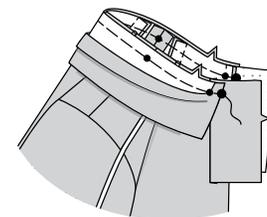


13. With right sides together, stitch facing to collar, leaving notched edge open.



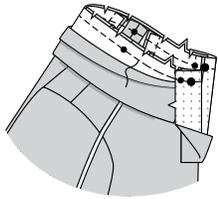
TRIM SEAM.

14. UNDERSTITCH the facing. Turn collar; press. On outside, pin collar (facing side) to neck edge, matching centers, small dots, large dots, and notches, placing inner small dot at shoulder seam. Baste both collar and facing sections to front neck edge as far as outer small dot. Baste only the collar facing section to remaining neck edge between small dots.



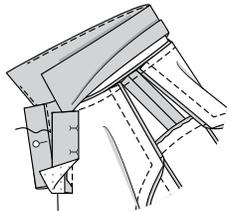
15. Turn placket to outside along fold line, forming facing; baste to neck edge.

Clip neck edge though all thicknesses at outer small dot. Stitch entire neck edge as basted, being careful not to catch in free edge of collar.

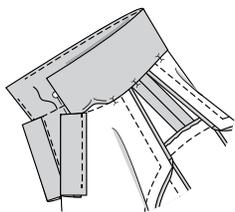


TRIM SEAM.

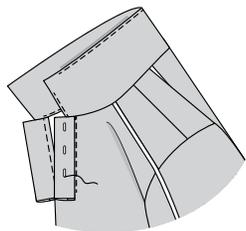
16. Turn placket facing to inside along foldline, turning back neck seam toward collar; press, pressing out corner of placket. Pin placket in place, placing pins on outside. On outside, **EDGESTITCH** front close to seam from neck edge to small dot, catching in placket facing on the inside.



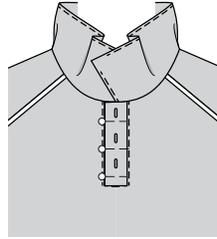
17. On inside, pin pressed edge of collar over seam, placing pins on outside. On outside **STITCH IN THE DITCH** of the seam, catching in pressed edge of collar on the inside.



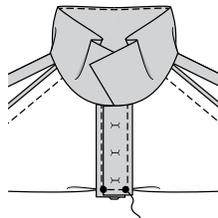
18. Make buttonhole in left placket at markings.



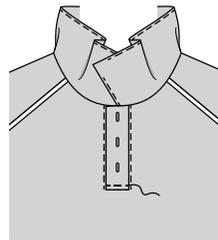
19. To finish lower edge of placket, bring ends of placket to inside. On outside, lap left placket over right, matching small dots; pin.



20. Fold top with right sides together at lower small dots, bringing raw edge of front and placket together. Stitch between the small dots, back-stitching at dots to reinforce the seam.



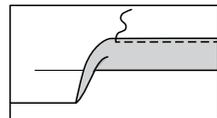
21. On outside, **EDGESTITCH** front close to seam and stitch along stitching line.



FINISHING

22. Press up 1-1/4" (3.2cm) hem allowance on lower edge of top. Stitch in place 1/4" (6mm) from raw edge.

Hem lower edges of sleeves in the same manner.



23. Sew buttons to right placket under buttonholes.



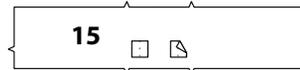
SHORTS C, D

INTERFACING AND GROMMETS

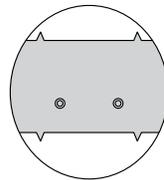
1. Cut two 1-1/4" (3.2cm) squares of interfacing from a remnant. Pin interfacing to wrong side of one **CASING** (15) section centered on small inner dots. Fuse in place following manufacturer's directions.

This will be the **FRONT CASING**.

Create grommet openings at small dots, using an awl or snipping with embroidery scissors. Apply grommets to casing at small dots.



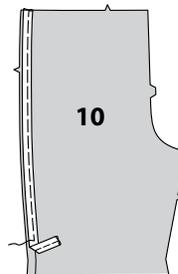
15



FRONT AND SIDE POCKETS

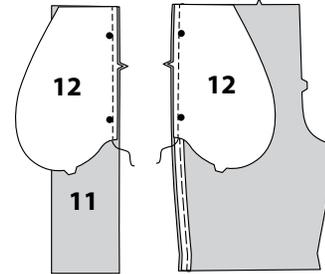
2. Cut a piece of stretch piping the length of the side front edge of **FRONT** (10). On outside, pin piping to side front edge, having cord extend beyond seam line and flat edge within the seam allowance. Machine-baste as close to cord as possible without catching in the cord.

Tip: Use a zipper or cording foot when stitching piping.



10

3. With right sides together, pin **SIDE POCKET** (12) to front (over piping) and **SIDE PANEL** (11) sections, matching large dots, having raw edges even. Stitch in 3/8" (1cm) seam.

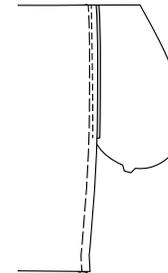


12

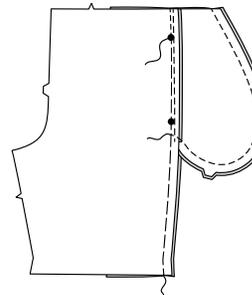
12

11

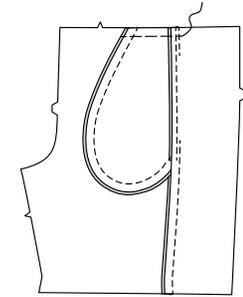
4. **UNDERSTITCH** the front pocket. Press seam toward pocket, pressing pocket out.



5. Pin front to side panel at side front seams, matching large dots. Stitch side seams, leaving an opening between large dots. Stitch pocket edges together from side seam to upper edge.

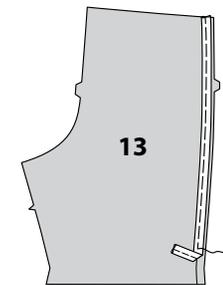


6. Press pocket and seam toward front. Baste upper edge of pocket to front, having raw edges even.



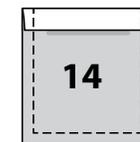
BACK AND POCKETS

7. Apply piping to side back edge of **BACK** (13) in the same manner as side front edge.

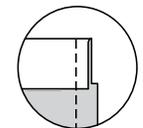


13

8. Turn upper edge of **BACK POCKET** (14) to outside along fold line, forming facing. Stitch along seam line on raw edges. Trim seam allowance in the facing area to 1/4" (6mm).



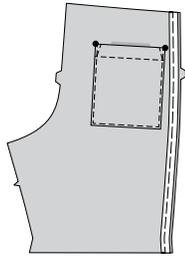
14



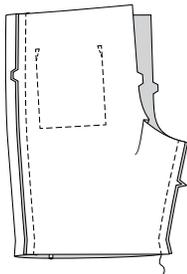
9. Turn corners right side out, turning facing to the wrong side; press, pressing under raw edges along stitching. Stitch facing 1/4" (6mm) from raw edge.



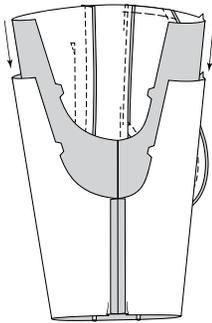
10. On outside, pin pocket to back matching large dots. Stitch close to side and lower edges. To reinforce upper edges of pocket, stitch along stitching lines.



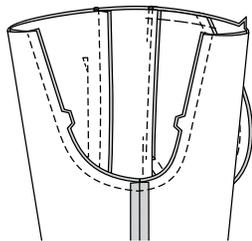
11. Stitch back to side panel at side back edges. Stitch front to back at inner leg edges.



12. With right sides together, insert one leg inside the other.

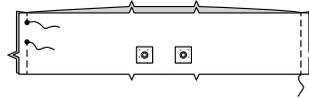


13. With right sides together, pin center seam, matching inner leg seams and notches. Stitch. To reinforce the seam, stitch again over first stitching.

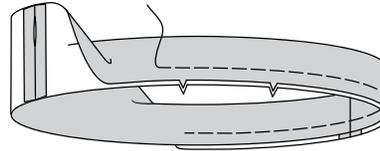


CASING

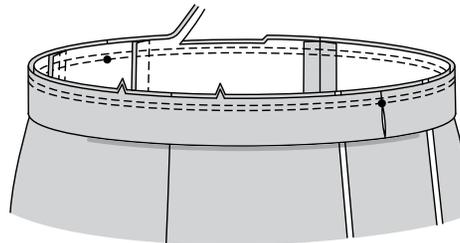
14. With right sides together, stitch seams of CASING (15), leaving an opening in left side seam between small dots, as shown. Back-stitch at small dots to reinforce seam.



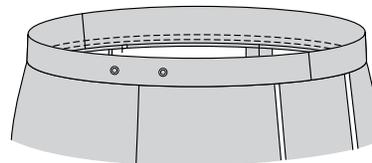
15. Press seams open. Fold casing in half, lengthwise, with wrong sides together, having raw edges even. Baste raw edges together. The side with the opening is the underside of the casing.



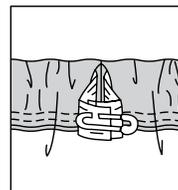
16. With the underside of casing facing you, pin casing to garment matching centers and placing side seams at small dots. Stitch along seam line. Stitch again 1/4" (6mm) from first stitching within seam allowance. Trim close to second stitching.



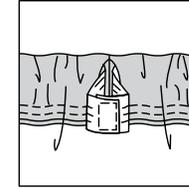
17. Press seam toward garment, pressing casing out.



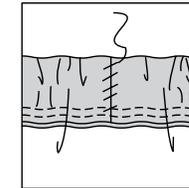
18. Cut a piece of elastic the length of the GUIDE FOR ELASTIC (16). Insert elastic through opening in casing. Overlap ends and hold with a safety pin. Try on garment and adjust to fit.



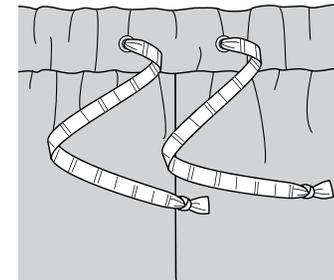
19. Stitch ends of elastic together securely.



20. SLIP STITCH opening edges of casing together. Distribute fullness evenly.

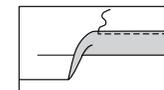


21. Cut a piece of drawstring cord, the length of the guide for elastic, plus 46" (117cm). Thread cord through grommet and casing, bringing ends to center evenly. Knot ends of cord.



FINISHING

22. Press up 1-1/4" (3.2cm) hem allowance on lower edge of shorts. Stitch in place 1/4" (6mm) from raw edge.





Congrats!

You've completed your sewing adventure

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