

McCall's

M8473

LEARN TO FIT
With the Palmer/Pletsch
Tissue Fitting Method

APPRENDRE A AJUSTER
Avec la méthode d'ajustage
de patron de Palmer/Pletsch



Includes Fit Instructions for:
Crotch Length and Width
Full Front Thigh Pleases
Flat Seat
Waist and Hip Width

Instructions D'ajustage Comprises:
Longueur et largeur d'entrejambe
Cuisse devant forte/Coutures intérieures
Fond plat
Largeur de taille et des hanches

Designed and
printed in USA



MELISSA WATSON
FOR PALMER/PLETSCH

Average

MISSES' PANTS

Suggested Fabrics: Cotton Blends, Denim, Linen, Twill. **Interfacing:** Lightweight Fusible.

Notions: One 7" (18cm) zipper (cut to fit), one ¾" (2cm) button.

| Sizes | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|----------|----|----|----|----|----|----|----|----|----|----|
| European | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 |

BODY MEASUREMENTS: Select pattern size based on body measurements

| | | | | | | | | | | | |
|---------------------------|-----|-----|-----|-----|-----|----|-----|-----|-----|----|------|
| Bust | 31½ | 32½ | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | Ins. |
| Waist | 24 | 25 | 26½ | 28 | 30 | 32 | 34 | 37 | 39 | 41 | " |
| Hip-9" below waist | 33½ | 34½ | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | " |
| Back-neck to waist | 15¾ | 16 | 16¼ | 16½ | 16¾ | 17 | 17¼ | 17½ | 17¾ | 18 | " |

Pants

| | | | | | | | | | | | |
|------|----|----|----|----|----|----|----|----|----|----|------|
| 45"* | 2% | 2% | 2% | 2¾ | 2¾ | 2¾ | 2¾ | 2¾ | 2¾ | 2¾ | Yds. |
| 60"* | 1% | 1% | 1% | 2 | 2% | 2½ | 2½ | 2½ | 2½ | 2½ | " |

Interfacing

| | | | | | | | | | | | |
|-----|---|---|---|----|----|----|----|----|----|----|------|
| 20" | 1 | 1 | 1 | 1½ | 1½ | 1½ | 1¾ | 1¾ | 1¾ | 1½ | Yds. |
|-----|---|---|---|----|----|----|----|----|----|----|------|

FINISHED GARMENT MEASUREMENTS (Includes Design and Wearing Ease)

| | | | | | | | | | | | |
|--|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| Waist | 26¼ | 27¼ | 28¾ | 30¾ | 32¾ | 34¾ | 36¾ | 38¾ | 40¾ | 42¾ | Ins. |
| Hip | 40 | 41 | 42½ | 44½ | 46½ | 48½ | 50½ | 52½ | 54½ | 56½ | " |
| Width, each leg | | | | | | | | | | | |
| Pants | 15½ | 16 | 16½ | 17 | 17½ | 18 | 18½ | 19 | 19½ | 20 | Ins. |
| Finished side length from waist | | | | | | | | | | | |
| Pants | 38¾ | 39 | 39½ | 39¾ | 39¾ | 40 | 40¼ | 40½ | 40¾ | 41 | Ins. |

*with nap **without nap

Moins Facile

PANTALON POUR JEUNES FEMMES

Tissus Conseillés: Cotonnades, Denim, Toile de lin, Twill. **Entoilage:** Thermocollant léger.

Merceries: 1 fermeture à glissière de 18cm (coupée pour ajuster), 1 bouton de 2cm.

| Tailles | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 |
|------------|----|----|----|----|----|----|----|----|----|----|
| Françaises | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
| Européen | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 |

MESURES DU CORPS: Choisissez la taille du patron basée sur les mesures du corps

| | | | | | | | | | | | |
|---|----|------|------|----|------|-----|-----|------|-----|-----|----|
| Poitrine | 80 | 83 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | cm |
| Taille | 61 | 64 | 67 | 71 | 76 | 81 | 87 | 94 | 99 | 104 | " |
| Hanches (23cm au-dessous de la taille) | 85 | 88 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | cm |
| Dos du cou à la taille | 40 | 40.5 | 41.5 | 42 | 42.5 | 43 | 44 | 44.5 | 45 | 46 | " |

Pantalon

| | | | | | | | | | | | |
|--------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|
| 115cm* | 2.4 | 2.4 | 2.4 | 2.4 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | m |
| 150cm* | 1.7 | 1.7 | 1.7 | 1.8 | 1.9 | 1.9 | 1.9 | 1.9 | 2.1 | 2.2 | " |

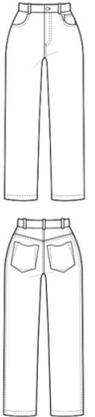
Entoilage

| | | | | | | | | | | | |
|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|
| 51cm | 0.9 | 0.9 | 0.9 | 1.0 | 1.0 | 1.1 | 1.1 | 1.3 | 1.3 | 1.3 | m |
|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|

MESURES DES VÊTEMENTS FINI (Motif et aisance de port compris)

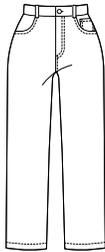
| | | | | | | | | | | | |
|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|---|
| Taille | 67 | 69 | 73 | 78 | 83 | 88 | 93 | 98 | 104 | 109 | m |
| Hanches | 102 | 104 | 108 | 113 | 118 | 123 | 128 | 133 | 138 | 144 | " |
| Largeur, chaque jambe | | | | | | | | | | | |
| Pantalon | 39 | 41 | 42 | 43 | 44 | 46 | 47 | 48 | 50 | 51 | m |
| Longueur finie – côté, taille à l'ourlet | | | | | | | | | | | |
| Pantalon | 98 | 99 | 100 | 100 | 101 | 102 | 102 | 103 | 104 | 104 | m |

*avec sens **sans sens

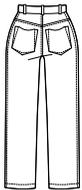


MELISSA WATSON
FOR PALMER/PLETSCH

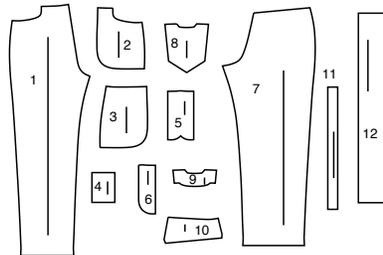
FRONT



BACK



12 PATTERN PIECES



- 1 Front
- 2 Pocket Facing
- 3 Side Front and Pocket
- 4 Pocket
- 5 Right Fly
- 6 Left Fly Facing
- 7 Back
- 8 Back Pocket
- 9 Pocket Facing
- 10 Yoke Back
- 11 Carriers
- 12 Waistband

THE DENIM WALKING "SUIT" PANT

TISSUE FITTING INTRODUCTION AND STYLE TIPS

Because I want you to LOVE what you sew, I am including the Palmer/Pletsch tissue fitting method in all my designs. The method was developed by Pati Palmer and Marta Alto and you can find solutions to all your other fitting woes in the Fit For Real People books.



Follow these 4 easy steps:

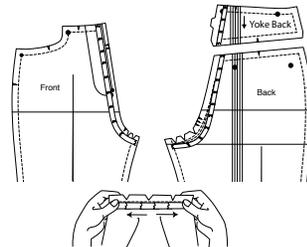
- 1) Press tissue with a dry iron set at WOOL setting and trim and tape the pattern.
- 2) Try it on.
- 3) If it doesn't quite fit, make alterations using the handy alteration lines printed on the tissue.
- 4) After cutting, pin your fabric together and try on before you sew.

This denim pant, (you could call it a jean) is a part of a "walking suit" matching set that I made as a denim tuxedo, if you will. Inspired by vintage Levi, Wrangler, and Lee ads of men's matching denim sets from the 1970's. The style is updated but the concept is true vintage. The fabric it's made in is pretty special to me too; from an Italian mill called Pontoglio that we visited last summer. They specialize in cotton velvet, corduroy, and twill. I loved what they did with this acid wash drill cotton twill.

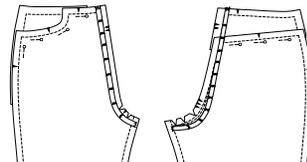
See more versions of this design and connect with me @melissawatsondesign on Instagram. The Palmer/Pletsch blog, blog.palmerpletsch.com, features extra sewing and styling tips for the Melissa Watson and Palmer/Pletsch patterns!

PREPARE YOUR TISSUE FOR FITTING AND TRY IT ON

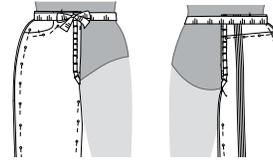
- A. Trim around the pant front and back, pockets and yokes.
- B. Press tissue with dry iron set at wool setting.
- C. Tape the FRONT and BACK crotch on the inside of the seam stitching line, as shown, to keep tissue from tearing. Make sure pattern is anchored to cutting board before taping. Use 1/2"(1.3cm) Scotch™ Magic™ Tape. Use short pieces around curve and lap tape ends. (Tape the pant BACK next to LOWEST crotch stitching line.)
- D. Clip curves to stitching line but NOT THROUGH the tape. Tug lightly on tissue to see if it is taped securely.



E. Pin tissue pieces wrong sides together.



F. Tie 1/2"(1.3cm) elastic around your waist and place the elastic approximately where you want THE BOTTOM of your waistband to sit; that will be the seam where the waistband meets the pant. Try on tissue, tuck the tissue under the elastic, lining up the seamline to the bottom of the elastic.

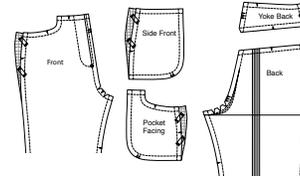


P.S. You may ask, where is my waist? The top of the hip bone is normal, but some people want to wear pants higher or lower. YOU decide where YOU want to wear your pants.

WAIST AND HIP WIDTH ADJUSTMENTS

TOO TIGHT: If the pants center front won't meet yours, you may need more waist and/or hip width.

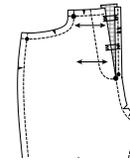
1. Un-pin the upper side seam. Tape tissue to sides. Cut tissue wide enough to allow for 1"(2.5cm) seam allowances. What you add to the front should be exactly the same as the back.



If you need width in the upper waist, only add in that area. If you need width from the waist down to the thigh area, add tissue from the waist down the hip/thigh. Be sure to make the same adjustment on pocket facing, if necessary.

2. Place side front on top of back to make sure you've added the same to both.
3. Pin back together evenly on an imaginary seamline, try them back on, and let the pins out until the center front and center back of the pants meet yours. This will take some trial and error.

FIT BONUS: Another way to get more waist room when you have a FULL TUMMY is to cut on center front line and straighten it to be parallel to grainline. Insert tissue.

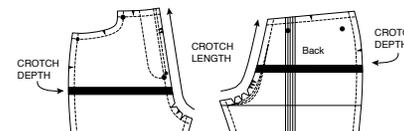


TOO LOOSE: You want the tissue to fit close to your body, because fabric will have more natural stretch than tissue.

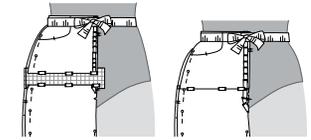
4. If you have a lot of extra room in the waist and the hip, pin side seams deeper until tissue skims your body.

CROTCH LENGTH AND DEPTH ADJUSTMENTS

TOO LONG OR SHORT IN CROTCH (DEPTH): The pattern crotch should be approximately 3/4"(2cm) from yours.

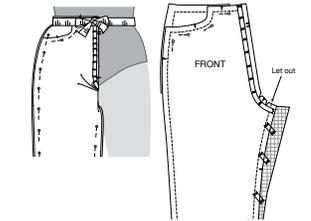


5. Cut and spread FRONT and BACK evenly to lengthen or tuck to shorten until crotch is comfortable.

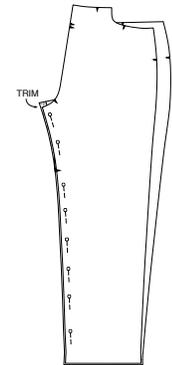


SMILES IN CROTCH (TOO LITTLE LENGTH): Once the crotch depth is good, meaning it is not too long or short, but you are seeing pulls from the inseam, called "Smiles", in the front or back, let out the inseam until they are gone. You will be adding to CROTCH LENGTH when you do so.

6. Un-pin the inseam and add tissue to the front or back crotch, wherever you need it, down into the thigh and try it back on. You will gradually let the pins out until the smiles are gone.

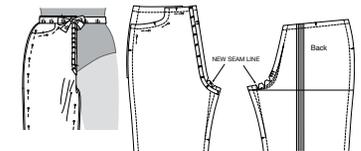


7. If you have added a lot to one inseam and not to the other, match legs at hemline and if uneven at top, trim the longer one to match the shorter.

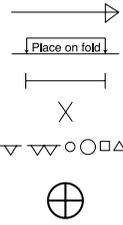


FROWNS IN CROTCH (TOO MUCH LENGTH):

8. If you have vertical drag lines/fullness in front and/or back, take in the inseam until the fullness is gone.



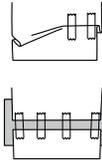
PATTERN MARKINGS



GRAINLINE: Place on straight grain of fabric, parallel to selvage or fold.
FOLDLINE: Place line on fold of fabric.
BUTTONHOLE MARKING: Indicates exact length and placement of buttonholes.
BUTTON MARKING: Indicates button placement.
NOTCHES AND SYMBOLS: For matching seams and construction details.
 Indicates the Bustline, Waistline, Hip and/or Biceps. Measurements refer to circumference of Finished Garment (Body Measurement + Wearing Ease + Design Ease). Adjust pattern if necessary. The measurement excludes pleats, tucks, darts and seam allowances.
SEAM ALLOWANCE: 5/8" (1.5cm) included unless otherwise indicated, but not printed on tissue.

ADJUST IF NECESSARY

Lengthen or Shorten at adjustment lines (==) or where indicated on pattern. If substantial length is added, you may need to purchase additional fabric.
TO SHORTEN: Crease along adjustment line. Make a fold half the amount needed. Tape in place.
TO LENGTHEN: Slash between adjustment lines. Spread amount as needed, keeping edges parallel. Tape over paper.
 When Alteration lines are not on tissue, lengthen or shorten at lower edge.



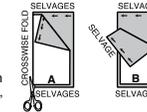
SHRINK FABRIC if not labeled pre-shrunk. Press.

CIRCLE LAYOUT for View, Size, Fabric Width.

Use **WITH NAP** layout for fabrics with one-way designs, nap, pile or surface shading. Because most knits have surface shading, a with nap layout is used.

For **DOUBLE THICKNESS (WITH FOLD)** - fold fabric with right sides together.

* **DOUBLE THICKNESS (WITHOUT FOLD)**- For fabrics with nap, fold fabric crosswise, right sides together. Mark as shown. Cut along crosswise fold of fabric (A). Turn upper layer 180° so arrows go in same direction and place over lower layer, right sides together (B).



For **SINGLE THICKNESS** - place fabric right side up. (For Fur Pile fabrics, place pile side down.)

CUTTING AND MARKING

★ Cut other pieces first, allowing enough fabric to cut this piece. Open fabric. For "Cut 1" pieces, cut piece once on single layer of fabric with piece face up on right side of fabric.

Pattern may have cutting lines for several sizes. Select the proper cutting line or pattern pieces for your size.

Before **CUTTING** place all pieces on fabric according to layout. Pin. (Layouts show approximate position of pattern pieces; position may vary according to your pattern size.) Cut **ACCURATELY**, cutting notches outward.

Before removing pattern, **TRANSFER MARKINGS** and lines of construction to Wrong Side of fabric, using the Pin and Chalk Pencil method or Tracing Paper and Dressmaker Wheel. Markings needed on right side of fabric should be thread traced.

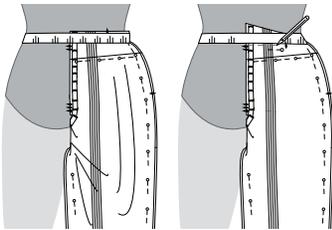
NOTE: Broken-line boxes (a| b| c|) in layouts represent pieces cut by measurements provided.

CUTTING LAYOUTS

| | | | |
|-----------------------|-----------------------|----------------------|----------------------|
| RIGHT SIDE OF PATTERN | WRONG SIDE OF PATTERN | RIGHT SIDE OF FABRIC | WRONG SIDE OF FABRIC |
|-----------------------|-----------------------|----------------------|----------------------|

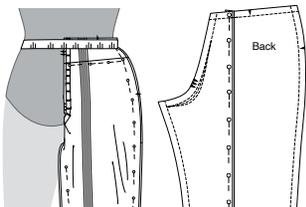
FLAT SEAT ADJUSTMENTS

If the back is baggy, first pull up the tissue at center back and mark new back waist stitching line below the elastic.



9. This raises/shortens the crotch, which is why we have to tape below the lowest line. Do you need it even lower? Take off the tissue, draw another line 1/4"-1/2"(6mm-1.3cm) lower. Tape below it. Clip to tape and try on again.

10. If there is still too much fullness horizontally, pin a vertical tuck using the lines printed on the pattern. If the waist is now too tight, let out upper side seams.



CONGRATS! YOU HAVE FITTED YOUR PANTS!

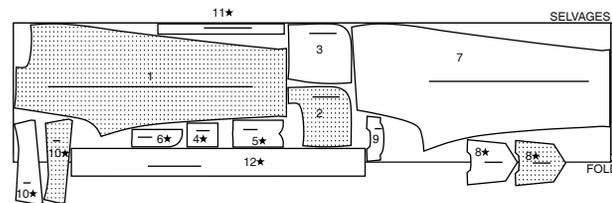
Just a reminder, make sure you check that the length is right for you and that the leg width is to your preference. These are really style choices that you can make on your own!

Much love,
Melissa

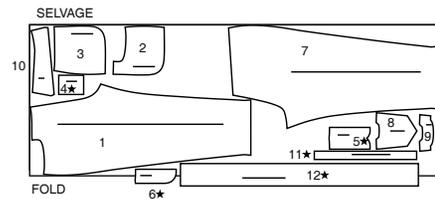
PANTS

use pieces: 1 2 3 4 5 6 7 8 9 10 11 12

45" (115 cm)
with nap
all sizes



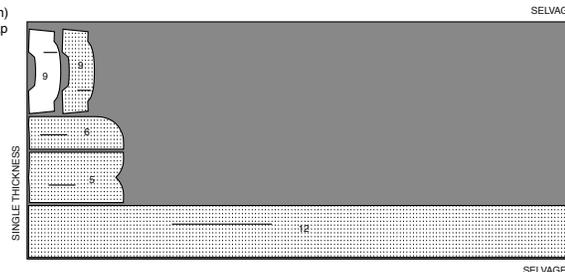
60" (150 cm)
with nap
all sizes



INTERFACING

use pieces: 5 6 9 12

20" (51 cm)
without nap
all sizes



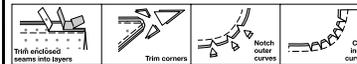
SEWING INFORMATION

5/8" (1.5cm) SEAM ALLOWANCES ARE INCLUDED, (unless otherwise indicated)

ILLUSTRATION SHADING KEY

| | | | | |
|------------|------------|-------------|--------|-------------|
| Right Side | Wrong Side | Interfacing | Lining | Underlining |
|------------|------------|-------------|--------|-------------|

Press as you sew. Press seams flat, then press open, unless otherwise instructed. Clip seam allowances, where necessary, so they lay flat.



GLOSSARY

Read General Directions on page 1 before you begin.-

Sewing methods in **BOLD TYPE** have Sewing Tutorial Video available. Scan **QR CODE** to watch videos:

EDGESTITCH - Stitch close to finished edge or seam.

EASE/GATHER - see Gathering: "sewing two row gathers" video

FINISH - Stitch 1/4" (6mm) from raw edge and finish with one of the following: (1) Pink OR (2) Overcast OR (3) Turn in along stitching and stitch close to fold OR (4) Overlock. **OPTIONAL FOR HEMS:** Apply Seam Binding.

NARROW HEM - Turn in hem; press, easing in fullness if necessary. Open out hem. Turn in again so raw edge is along crease; press. Turn in along crease; stitch.

SLIPSTITCH - Slide needle through a folded edge, then pick up a thread of underneath fabric.

TOPSTITCH - On outside, stitch 1/4" (6mm) from edge, seam or previous stitching, using presser foot as guide, or stitch where indicated in instructions.

UNDERSTITCH - Open out facing or underside of garment; stitch to seam allowance close to seam.

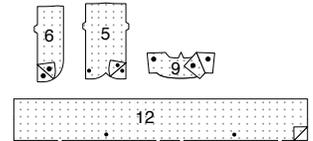
PATTERN PIECES WILL BE IDENTIFIED BY NUMBERS THE FIRST TIME THEY ARE USED.

STITCH SEAMS WITH RIGHT SIDES TOGETHER UNLESS OTHERWISE STATED.

PANTS

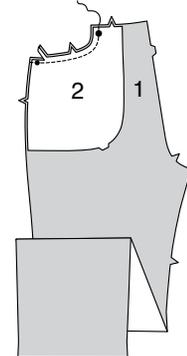
INTERFACING

1. Fuse **INTERFACING** to **WRONG** side of each matching **FABRIC** section following manufacturer's instructions.

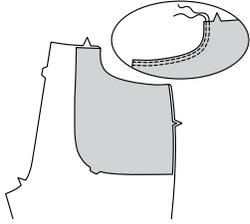


FRONT AND BACK

2. Stitch **POCKET FACING** (2) section to upper side edge of **FRONT** (1), matching symbols. Trim.



3. Turn pocket facing to inside. **EDGESTITCH** and **TOPSTITCH** upper side edge of front.



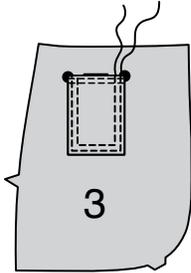
4. Make a 3/4"(2cm) **NARROW HEM** on upper edge of **POCKET (4)**. **EDGESTITCH** upper edge of pocket.



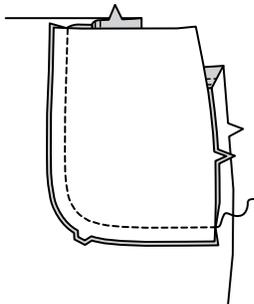
5. Turn in 5/8"(1.5cm) on sides and lower edge of pocket. Press.



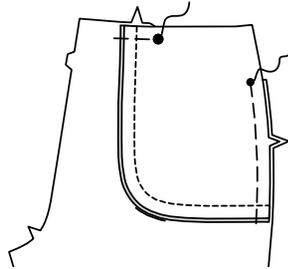
6. Pin pocket to **OUTSIDE** of **LEFT SIDE FRONT AND POCKET (3)** matching large dots. **EDGESTITCH** and **TOPSTITCH** side and lower edges of pocket.



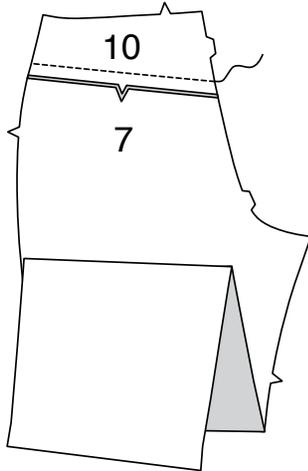
7. Pin side front and pocket to outer edge of pocket facing, **RIGHT** sides together, matching notches. Stitch, keeping front free.



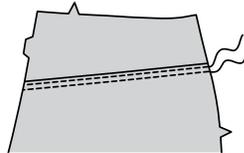
8. Baste upper and side edges matching large and small dots.



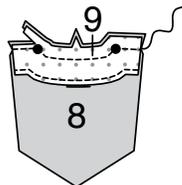
9. With **RIGHT** sides together, stitch **YOKE BACK (10)** to **BACK (7)** matching notches. Press seam toward back.



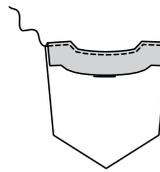
10. **EDGESTITCH** and **TOPSTITCH** back along yoke seam.



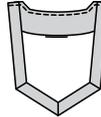
11. **FINISH** lower edge of **POCKET FACING (9)**. Pin pocket facing to **BACK POCKET (8)**, **RIGHT** sides together, matching notches and large dots. Stitch upper edge. Trim.



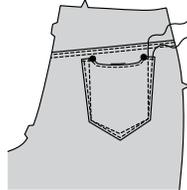
12. Turn facing to inside. Press. **EDGESTITCH** upper edge of pocket.



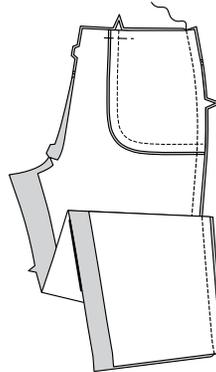
13. Turn in 5/8"(1.5cm) seam allowances on sides and lower edges of back pocket, folding in corners. Press.



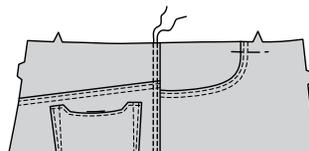
14. Pin pocket to **OUTSIDE** of back matching large dots. **EDGESTITCH** sides and lower edges of pocket. Stitch again along stitching lines.



15. With **RIGHT** sides together, stitch front to back at sides. Press seam toward back.



16. On **OUTSIDE**, **EDGESTITCH** and **TOPSTITCH** back.



ZIPPER AND CROTCH SEAMS

NOTE: It may be necessary to shorten zipper. To make new zipper stop, place zipper along opening edge with pull tab 1/8"(3mm) below seamline. Mark placement of new zipper stop. Whipstitch across teeth at marking. Cut zipper 3/4"(2cm) below the new stop.

17. Construct front fly as follows:

A- Stitch front sections together at center front between large dot and notch.

B- Turn in right front opening edge along foldline; press.

C- Place closed zipper (face up) under right front opening edge, having pressed edge close to zipper teeth and zipper stop at small dot. Using a zipper foot, baste close to pressed edge.

D- Fold **RIGHT FLY (5)**, **WRONG** sides together along foldline. Baste raw edges.

E- On inside, pin right fly to right front opening edge (over zipper), matching notches and small dots, having raw edges even. Baste along previous basting for zipper.

F- On outside, using a zipper foot, stitch close to pressed edge of front through all layers.

G- **FINISH** outer curved edge of **LEFT FLY FACING (6)**. Pin fly facing to left front opening edge, matching notches, and large dots. Stitch, ending at large dot. Trim. **UNDERSTITCH** fly facing. Turn facing to inside.

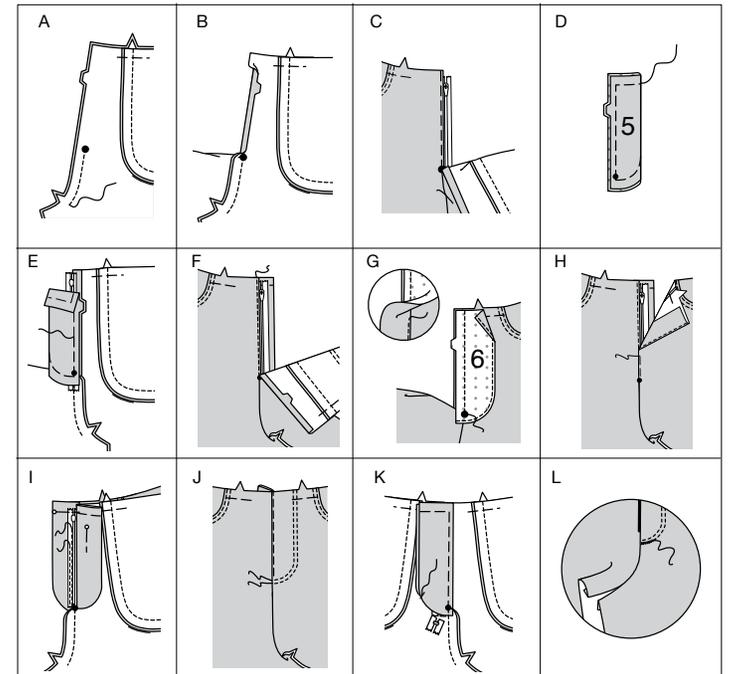
H- Lap left front over right, matching centers. Baste close to edge through all thicknesses.

I- Pin right fly out of the way. Open out fly facing. Pin remaining zipper tape to fly facing, keeping left front free. Using a zipper foot, stitch in place close to zipper teeth and along center of zipper tape.

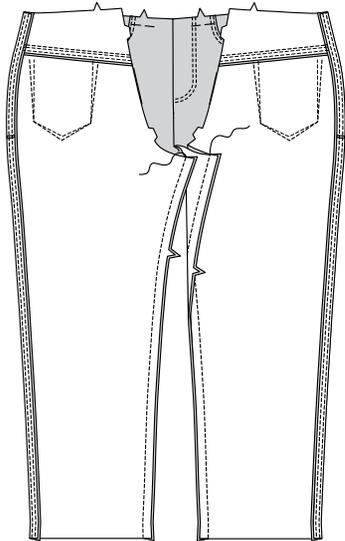
J- Turn facing down. On outside, stitch left front along stitching line, keeping right fly free. **TOPSTITCH** 1/4"(6mm) away from first stitching.

K- Turn right fly back in place. On inside, hand tack fly and facing together at lower edge, as shown. Trim away excess zipper tape even with lower edge of fly, if needed.

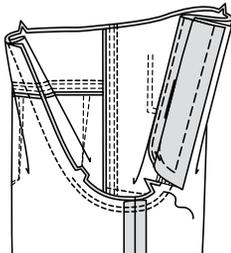
L- If desired, on outside, machine-stitch a bar tack across lower end of fly through all thicknesses.



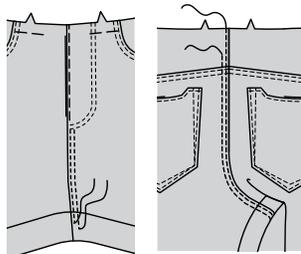
18. Pin front to back at inner leg seams. Stitch.



19. Turn one leg RIGHT side out and insert into other leg that is WRONG side out. Pin center back seam and remainder of center front seam, RIGHT sides together. Stitch. Stitch again 1/4"(6mm) away in seam allowances between notches. Trim close to second stitching. Press seam toward LEFT side of pants.



20. EDGESTITCH and TOPSTITCH crotch seam ending at stitching on front.



WAISTBAND

21. Fold CARRIER (11) in half lengthwise, WRONG sides together. Press.

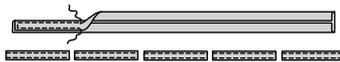


22. Open out long edges of carrier and turn them to WRONG side so that they meet at the crease. Press.

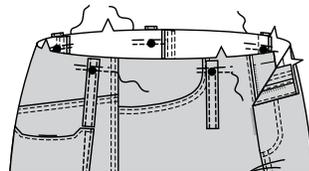


23. Fold carrier in half lengthwise, bringing pressed edges together. Stitch close to both long edges.

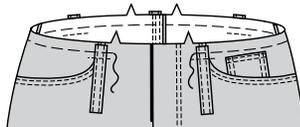
Cut five pieces each measuring 4"(10cm) long.



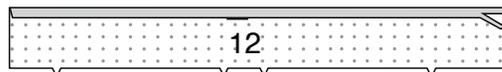
24. On OUTSIDE, pin carriers to upper edge of pants, centering ends over large dots, having raw edges even. Baste. Stitch across carriers 3/8"(1cm) below seamline.



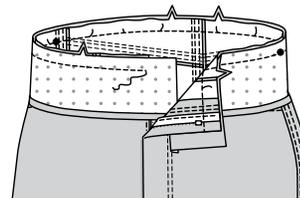
25. EASESTITCH upper edge of pants ending at front notches.



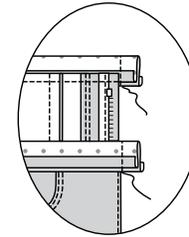
26. Press under 5/8"(1.5cm) on long unnotched edge of WAISTBAND(12). Trim pressed edge to 3/8"(1cm).



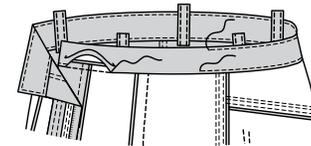
27. Pin waistband to pants, RIGHT sides together matching notches and small dots to side seams. Adjust ease. Stitch. Trim.



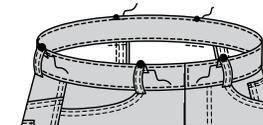
28. Fold waistband on foldline, RIGHT sides together. Stitch ends. Trim.



29. Turn RIGHT sides out. Press. SLIPSTITCH pressed edge of waistband over seam. EDGESTITCH waistband, as shown.

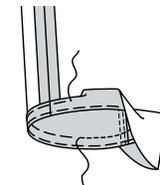


30. Turn under 1/2"(1.3cm) on remaining ends of carriers and pin to positions on waistband. Stitch carriers in place.

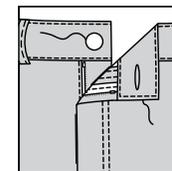


FINISHING

31. Turn up hem. Baste close to fold. Trim hem to an even width. Turn under 1/4" (6mm) on raw edge; press. Baste close to upper pressed edge. TOPSTITCH hem in place along upper basting, as shown.



32. Make buttonhole in LEFT front waistband at marking. Sew button to RIGHT front at marking.





Congrats!

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