

Mint Aero (Frozen)

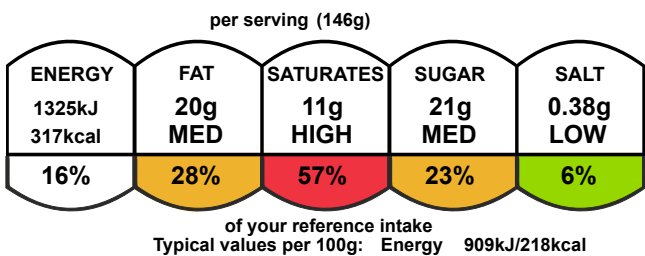
Serving Size

Number of servings 12

Pack Size

Pack size 1750.0g
Number of servings 12

Graphics



Nutrition Facts		
12 servings per container		
Serving size		5oz (146g)
Amount per serving		
Calories		320
% Daily Value*		
Total fat	20g	25%
Saturated Fat	11g	57%
Trans Fat	0g	
Cholesterol	40mg	13%
Sodium	150mg	6%
Total Carbohydrate	33g	12%
Dietary Fiber	2g	6%
Total Sugars	21g	
Includes 12g Added Sugars		25%
Protein	3g	
Vitamin D	0.2mcg	0%
Calcium	63mg	4%
Iron	0.7mg	4%
Potassium	87mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Nutrients

	per 100g	per 146 g serving
Energy	908.8kJ	1325.4kJ
Energy	217.7kcal	317.5kcal
Fat	13.6g	19.9g
of which saturates	7.8g	11.4g
Carbohydrate	21.5g	31.3g
of which sugars	14.3g	20.8g
Added Sugar	8.5g	12.4g
Fibre	1.2g	1.7g
Protein	2.1g	3.0g
Salt	0.26g	0.38g
Sodium	102.0mg	148.8mg

Ingredients and Allergens

Full Fat Cream Cheese, Cream (**Milk**), Digestive Biscuits (**Wheat**, **Milk**, **Soya**), Icing Sugar, Butter (**Milk**), Sugar, Vegetable Fats (Mango Kernel/ Palm/ Sal/ Shea, Sunflower, Coconut), Lactose And Proteins From Whey (from **Milk**), Whey Powder (from **Milk**), Skimmed **Milk** Powder, Dried Whole **Milk**, Cocoa Butter, Cocoa Mass, Butterfat (from **Milk**), Emulsifier (Sunflower Lecithin), Glazing Agent (Gum Arabic), Glucose Syrup, Natural Flavouring, Colours (Copper Complexes Of Chlorophyllins, Curcumin), Sugar,Cocoa Butter, Dried Whole **Milk**, Cocoa Mass, Whey Powder (**Milk**), **Milk** Fat, Emulsifier (sunflower Lecithins) Flavouring, Locust Bean Gum, Xanthan Gum, Vanilla Extract, Rapeseed Oil, Peppermint Extract., **milk**, Glycerol, Water, Emulsifier (E433), Spirulina Concentrate, Colour (Curcumin) Preservative (E330).

Allergen advice. For allergens, including cereals containing gluten, see ingredients in **bold**.

Notes

Self Life: Frozen 6 Months. Defrosted 4 days.

Storage <-18oC, once thawed Chilled <5oC

Defrost in Chill for minimum of 6 Hours.

generated by alacalc.com
6th June 2022 20:33