Lotus cheesecake (Frozen)

Serving Size

Number of servings	12
Pack Size	
Pack size	1760.0g
Number of servings	12

Graphics

per serving (1 47g)

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ſ	ENERGY	FAT	SATURATES	SUGAR	SALT
	1753kJ 421kcal	31g HIGH	17g HIGH	20g MED	0.54g MED
Į	21%	44%	85%	22%	9%

of your reference intake Typical values per 100g: Energy 1195kJ/287kcal

Serving size	5oz (147g
Amount per serving <u>Cal</u>	ories
420	
120	% Daily Value
Total fat 31g	
	40%
Saturated Fat 17g	85%
Trans Fat 1g	
Cholesterol 60mg	<u>20%</u>
Sodium 210mg	9%
Total Carbohydrate 34g	
Fiber 2g	6%
Total Sugars 20g Includes 12g Added Su	ugars 25%
Protein 3g	
Vitamin D 0.2mcg	<u>0%</u>
Calcium 47mg	4%
Iron 0.7mg	4%
Potassium 74mg	2%

Ingredients and Allergens

Full Fat Cream Cheese, Cream (Milk), Digestive Biscuits
(Wheat, Milk, Soya), Icing Sugar, Butter (Milk), Original
Caramelised Biscuits (58%) (Wheat Flour, Sugar, Vegetable Oils
(Palm, Rapeseed), Candy Sugar Syrup, Raising Agent (Sodium
Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed
Oil,Sugar, Emulsifier (Soya Lechithin), Citric Acid, wheat Flour, Sugar,
Vegetable Oil (palm Oil, Rapseed Oil), Candy Sugar Syrup, Raising Agent (E500), Soya Flour, Salt, Cinnaman.
Locust Bean Gum, Xanthan Gum, Vanilla Extract. Allergen advice. For allergens, including cereals containing gluten, see ingredients in bold.

Nutrients

	per 100g	per 147 g serving
Energy	1195.1kJ	1752.8kJ
Energy	287.2kcal	421.2kcal
Fat	21.2g	31.1g
of which saturates	11.6g	17.0g
Carbohydrate	22.1g	32.4g
of which sugars	13.6g	19.9g
Added Sugar	8.4g	12.4g
Fibre	1.2g	1.7g
Protein	1.8g	2.6g
Salt	0.37g	0.54g
Sodium	143.9mg	211.0mg

Self Life: Frozen 6 Months. Defrosted 4 days. Storage <-18oC,

once thawed Chilled <50C Defrost in Chill for minimum of 6 Hours.

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